

Budget 2019-20

Prioritising Mental Health – Early Psychosis Youth Services

The Government will continue to support young people experiencing mental illness, by investing \$110 million in the Early Psychosis Youth Services program. This will provide specialist clinical services for young Australians at the early stages of severe mental illness. These important services will provide practical support, focusing on recovery and engagement with education and employment.

The Early Psychosis Youth Services program will be rolled out at 14 headspace centres:

- Southport and Meadowbrook, QLD
- Mount Druitt, Parramatta and Penrith, NSW
- Joondalup, Midland and Osborne Park, WA
- Bentleigh, Dandenong, Frankston and Narre Warren, VIC
- Darwin, NT
- Adelaide, SA

Why is this important?

Providing mental health services for young people is critical. About 560,000 Australian children and adolescents are estimated to have a mental illness and one in four young Australians aged 16 to 24 experiences mental illness in any given year. Two-thirds of people who have psychosis experienced their first episode before the age of 25.

This investment ensures that young people are able to access the services they need, at a time when support is critical. headspace engages young people and provides the consistent and ongoing care and support required.

Who will benefit?

Young people across Australia will benefit from additional services that support their mental health and wellbeing.

How much will this cost?

This will cost \$110 million from 2018–19 to 2020–21.