



## Implementing Sport 2030 – athlete wellbeing and pathways

The Government will fund a new national approach to help prepare talented able and disabled athletes for life before, during and after their elite sporting careers. Pathways for young athletes will be strengthened. They will be better identified, mentored and developed through improved access to the best coaches, sports clinicians, better training, and quality competition. Emerging, current and retired elite athletes will be better trained in both physical and mental health, receiving support to help them achieve the right balance between wellbeing, community engagement, and the pressure and expectations involved in high performance sport.

### Why is this important?

Elite sport presents great opportunities for success, but also unique challenges and issues around mental health, career choices, education, and personal and community expectations. Expanding athlete and wellbeing programs for elite athletes so they include emerging and retired athletes will help ensure athletes are properly supported through all these challenges.

The financial burden of pursuing sporting success that talented young athletes and their families often face are significant. Better pathways and programs will help ease these pressures.

### Who will benefit?

This will mean a better life balance for able and disabled athletes at the start, during and end of their careers. By sharing in their success, other Australians will be inspired and encouraged to pursue healthy, active lifestyles.

### How much will this cost?

This will cost \$54.1 million from 2019–20 to 2020–21.