

AUSTRALIAN INFLUENZA SURVEILLANCE REPORT

No. 03, 2022

Reporting fortnight: 25 April to 08 May 2022

The Department of Health acknowledges the providers of the many sources of data used in this report and greatly appreciates their contribution.

KEY MESSAGES

It is important to note that due to the COVID-19 epidemic in Australia, data reported from the various influenza surveillance systems may not represent an accurate reflection of influenza activity. Results should be interpreted with caution, especially where comparisons are made to previous influenza seasons. Interpretation of influenza data from April 2020 onwards should take into account, but are not limited to, the impact of social distancing measures, likely changes in health seeking behaviour of the community including access to alternative streams of acute respiratory infection specific health services, and focussed testing for COVID-19 response activities. For information on COVID-19 incidence, severity, and distribution in Australia, please refer to COVID-19 epidemiology reports.

Activity

- Influenza-like-illness (ILI) activity in the community in 2022 has increased since March following the decrease in activity reported in mid-February.
- In the year to date in 2022, there have been 10,599 notifications to the National Notifiable Diseases
 Surveillance System (NNDSS) in Australia, of which 7,173 notifications had a diagnosis date this fortnight—three times higher than notifications in the previous fortnight.
- From mid-April 2022, the weekly number of notifications of laboratory-confirmed influenza reported in Australia has exceeded the 5 year mean.

Severity

- There is no indication of the potential severity of the 2022 season at this time.
- In the year to date, of the 10,599 notifications of laboratory-confirmed influenza, no influenza-associated deaths have been notified to the NNDSS.
- There have been 153 hospital admissions due to influenza, including seven ICU admissions, reported across sentinel hospitals sites since commencement of seasonal surveillance in April 2022.

Impact

• There is no indication of the potential impact of the 2022 season on society at this time.

At-risk populations

• In 2022 to date, people aged 15–24 years and children aged younger than 10 years have the highest influenza notification rates.

Virology

• To date, 96.5% of notifications of laboratory-confirmed influenza to the NNDSS were influenza A, of which 91.3% were influenza A(unsubtyped), 2.0% were influenza A(H1N1), and 6.8% were influenza A(H3N2). Influenza B accounted for 0.2% of notifications, and 3.3% were untyped.

Vaccine match and effectiveness

- Of the 259 samples referred to the WHOCC to date, all influenza A(H1N1) and 98% of influenza A(H3N2) samples were characterised as antigenically similar to the corresponding vaccine components, while the influenza B/Victoria sample was characterised as antigenically dissimilar.
- It is too early to assess vaccine match and effectiveness for this season.

Introduction

Each year, the influenza virus changes and different strains can circulate in the population. Particular subtypes of influenza can affect different groups of the population more than others. Depending on the susceptibility of the population, the subtypes that are circulating and the changes to the virus itself, the influenza season can be very different year to year. Our surveillance systems help us to understand influenza activity, severity of the infection in individuals and impact of the illness on society in Australia. We are also able to monitor which influenza viruses are circulating, which populations might be more affected, the effectiveness of the vaccine, and any resistance to antiviral drugs that has developed.

National Influenza Surveillance Systems

This report presents an overview of influenza activity based on a number of complimentary systems. No one single system, including notification data, provides the full picture on influenza, because influenza is a common disease and its presenting symptoms are non-specific. The epidemiology of influenza is informed by a number of different systems based in the community, laboratories, primary care and hospitals, as well as notifiable diseases data, which includes officially reported deaths. The information in this report is reliant on the surveillance sources available to the Department of Health at the time of production.

The **National Notifiable Diseases Surveillance System (NNDSS)** coordinates the national surveillance of more than 60 communicable diseases or disease groups. Notifications of laboratory-confirmed influenza are made to state or territory health authorities and supplied daily to the Australian Government Department of Health via the NNDSS for collation, analysis, and to assist in the coordination of public health responses.

Healthdirect provides free health triage advice and information services by telephone and online, and can assist in identifying symptoms including those that may be classified as an ILI syndrome. Community level ILI syndromic trends are monitored using Healthdirect data.

FluTracking is an online syndromic surveillance system which monitors ILI in the community.

The Australian Sentinel Practices Research Network (ASPREN) is a year-round sentinel general practice (GP) surveillance system in which general and nurse practitioners report de-identified information on the number of ILI patient presentations seen in participating practices each week.

It should be noted that in addition to the overarching impacts of COVID-19 on influenza surveillance systems (see page 1), interpretation of ASPREN's data from 2020 onwards should consider the following COVID-19 impacts:

- o changes in the health seeking behaviour at ASPREN sentinel sites due to the availability of telehealth and respiratory clinics may result in fewer presentations to General Practice (GP); and
- changes to GPs swabbing at ASPREN sentinel sites, due to the availability of telehealth and respiratory clinics, may result in a lower number of swabs being undertaken by ASPREN reporters.

The Influenza Complications Alert Network (FluCAN) conducts surveillance of severe influenza at sentinel hospitals across the country during the influenza season. The Paediatric Active Enhanced Disease Surveillance (PAEDS) network also contributes data on influenza via FluCAN.

The World Health Organization Collaborating Centre (WHOCC) for Reference and Research on Influenza analyses influenza viruses currently circulating in the human population in Australia and other countries, to inform which strains should be included in annual seasonal influenza vaccines for the Northern and Southern Hemispheres.

Sentinel laboratory surveillance systems provide fortnightly reporting of influenza testing. This includes the number of tests undertaken, the number of positive results, and the detected viruses. Please note that tests conducted at sentinel laboratory sites may include samples taken from people in home or hotel quarantine for COVID-19, and may not reflect respiratory viruses circulating in the community alone.

Data considerations

NNDSS laboratory-confirmed influenza surveillance case definition—From 01 January 2022, the NNDSS surveillance case definition for laboratory-confirmed influenza was updated to remove Point 5 'Single high titre by complement fixation test (CFT) or haemagglutination inhibition (HAI) to influenza virus' from the list of laboratory definitive evidence. This change has minimal impact on the interpretation of influenza notification trends, with the change ensuring consistency with the influenza laboratory case definition. For further information, please refer to the NNDSS laboratory-confirmed influenza case definition Technical Supplement.

Data in this summary is reported by International Organization for Standardization (ISO) 8601 weeks, with the week ending on Sunday. Throughout the summary, where the year to date is presented, this includes data from 01 January to 08 May 2022. NNDSS data is analysed and reported based on diagnosis date, which is the true onset date of a case

if known, otherwise it is the earliest of the specimen date, the notification date, or the notification received date. NNDSS data were extracted on 11 May 2022.

In interpreting these data, it is important to note that changes in notifications over time may not solely reflect changes in disease prevalence or incidence. Depending on the disease, the number of notifications may be influenced by changes in testing policies; changes in case definitions; changes in testing practices and screening programs; the use of less invasive and more sensitive diagnostic tests; and periodic awareness campaigns. In particular, analyses including data from 2020 should be interpreted with caution. In 2020, there was a significant decrease in influenza and ILI activity related to the COVID-19 pandemic and associated public health measures. Data from 2020 may reduce 5 year averages and affect usual seasonal trends. In some circumstances, comparison to data in years prior to 2020 may be more relevant.

Due to the dynamic nature of the NNDSS and other surveillance systems, data in this report are subject to retrospective revision and may vary from data reported in other national reports and reports by states and territories. Detailed notes on interpreting the data presented in this report are available at the Department of Health's <u>Australian Influenza Surveillance Report website</u> (www.health.gov.au/flureport). While every care has been taken in preparing this report, the Commonwealth does not accept liability for any injury or loss or damage arising from the use of, or reliance upon, the content of the report. Delays in the reporting of data may cause data to change retrospectively. For further details about information contained in this report please contact the <u>Influenza Surveillance Team</u> (flu@health.gov.au).

ANALYSIS

Activity

Activity measures the capacity of the circulating influenza viruses to spread person to person and may be measured indirectly through systems that monitor influenza-like illness and more directly through systems that monitor laboratory-confirmed influenza.

Influenza-like-illness (ILI)

Healthdirect:

- This fortnight (25 April to 08 May 2022, weeks 17 and 18), 9.3% of calls to the Healthdirect helpline have been related to ILI (Figure 1)—an increase from the 8.7% reported in the previous fortnight.
- In the year to date, the proportion of ILI-related calls to Healthdirect has been highest in early January (10.3%) and decreased to 5.9% in mid-February. Since March 2022, the proportion of ILI-related calls has increased over time.

FluTracking:

- This fortnight (25 April to 08 May 2022), the proportion of FluTracking participants reporting ILI (fever and cough) was 1.50%—an increase from the 1.41% reported in the previous fortnight.
- In the year to date, the proportion of FluTracking participants reporting ILI decreased in mid-February (0.47%), after which ILI activity has generally increased (Figure 2).

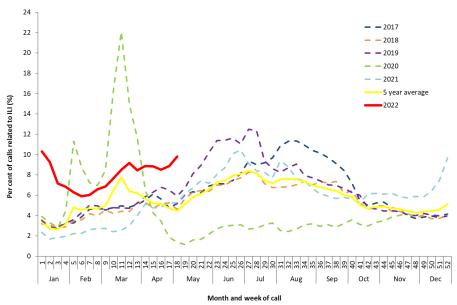
Sentinel General Practitioners (ASPREN):

- This fortnight (25 April to 08 May 2022), an average of 2.4 per 1,000 consultations due to ILI were reported by sentinel ASPREN GPs—an increase from the 2.2 per 1,000 consultations in the previous fortnight.
- In the year to date, sentinel ASPREN GPs have reported between 0.3 and 3.3 consultations due to ILI per 1,000 consultations per week (Figure 3). The highest ILI rate to date this year was observed in week 16 (3.3 per 1,000 consultations). The ILI rate in the year to date has remained below the 5 year average, except for week 2 and week 16.
- To date, of the 101 people presenting to a sentinel ASPREN GP with ILI who were tested for respiratory viruses, there have been six (5.9%) positive influenza sample identified.
- To date, of those presenting to sentinel ASPREN GPs with ILI who were tested for respiratory viruses, 58.4% (59/101) tested positive for a respiratory virus. Among those positive, the most common virus reported was rhinovirus, accounting for 52.5% (31/59) of positive results. Other viruses detected include respiratory syncytial virus (RSV) (6.8%), adenovirus (5.1%), human metapneumovirus (HMPV) (3.4%), and parainfluenza virus (PIV) type 3 (1.7%)

Sentinel laboratories:

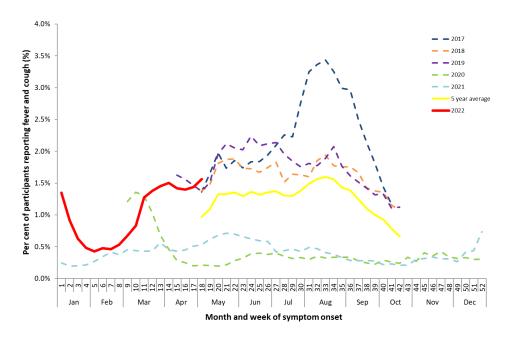
- This fortnight (25 April to 08 May 2022, weeks 17 and 18), the most commonly detected respiratory viruses by sentinel laboratory site were:
 - SARS-CoV-2 and Rhinovirus in weeks 17 and 18 in Western Australia (WA);
 - o Influenza A and Picornavirus in weeks 17 and 18 respectively in Victoria (VIC);
 - o Influenza A in weeks 17 and 18 in New South Wales (NSW); and
 - Rhinovirus in weeks 17 and 18 in Tasmania (TAS) and South Australia (SA).

Figure 1. Per cent of calls to Healthdirect related to ILI, Australia, 01 January 2017 to 08 May 2022, by month and week of call*



Source: Healthdirect

Figure 2. Proportion of fever and cough among FluTracking participants, Australia, 2017 to 2022, by month and week*#



Source: FluTracking

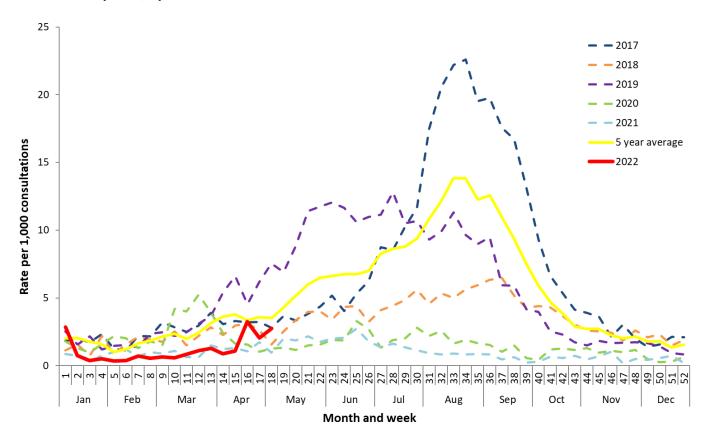
#FluTracking have expanded their reporting period from 2020 onwards due to COVID-19. As such, 5 year historical comparisons are not available for data reported before May and after October for any year before 2020. Please refer to Data considerations for interpretation of the 5 year average.

^{*}All data are preliminary and subject to change as updates are received. Please refer to Data considerations for interpretation of the 5 year average.

Note: From March 2020 onwards, the proportion of calls to Healthdirect relating to ILI were impacted by calls related to bushfires (February) and COVID-19 (March). The National Coronavirus Helpline was established on 16 March 2020, and callers to the Healthdirect helpline with concerns about COVID-19 have since been diverted to the National Coronavirus Helpline. This explains the sudden drop in ILI related calls to the helpline in mid-March 2020.

^{*}All data are preliminary and subject to change as updates are received.

Figure 3. Unweighted rate of ILI reported from ASPREN sentinel GP surveillance systems, Australia, 01 January 2017 to 08 May 2022, by month and week*#



Source: ASPREN

Laboratory-confirmed influenza

National notification data (NNDSS):

- There were 7,173 laboratory-confirmed influenza notifications with a diagnosis date this fortnight (25 April to 08 May 2022). This is 3 times higher than notifications with a diagnosis date in the previous fortnight.
- In the year to date, there have been 10,599 notifications of laboratory-confirmed influenza to the NNDSS (Figure 4). This is a national notification rate of 41.2 per 100,000 population.
- The number of notifications to date in 2022 have increased since March, however overall numbers to date remain below the 5 year average.

ASPREN:

• In the year to date, there have been six influenza detection among the 101 ILI cases presenting to sentinel GPs who were tested for respiratory viruses.

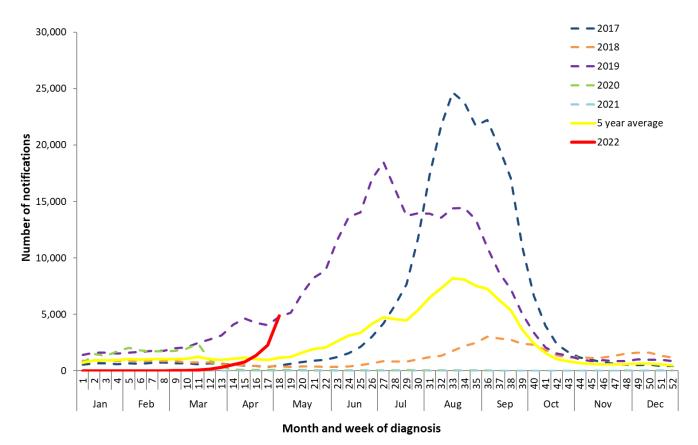
Sentinel laboratories:

- This fortnight (25 April to 08 May 2022) of the 11,693 samples tested across sentinel laboratories, there were 594 (5.1%) positive influenza samples detected.
- Of the 84,692 samples tested across sentinel laboratories in the year to date, 1,005 (1.2%) have been positive for influenza.

^{*} All data are preliminary and subject to change as updates are received. Please refer to Data considerations for interpretation of the 5 year average.

[#] Please refer to surveillance system description (Page 2) for notes on impact of COVID-19 on ASPREN data.

Figure 4. Notifications of laboratory-confirmed influenza, Australia, 01 January 2017 to 08 May 2022, by month and week of diagnosis*



Source: NNDSS

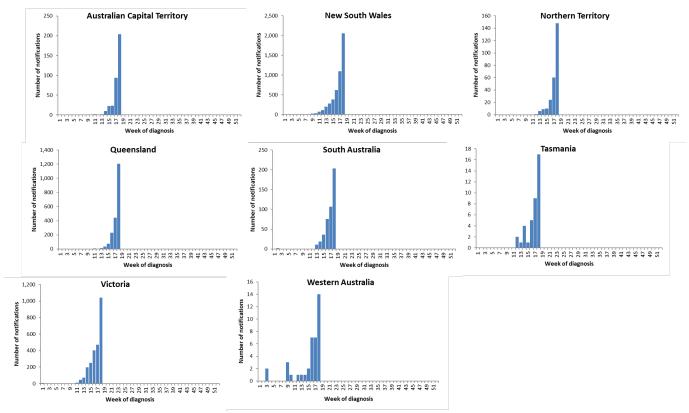
Geographical distribution of influenza activity

National notification data (NNDSS):

- In the year to date, an increase in notifications has been observed from week 13 across most jurisdictions, however overall notifications remain below baseline levels (Figure 5).
- Of the 10,599 notifications of influenza reported to the NNDSS in the year to date, there have been:
 - 4,918 notifications in New South Wales (NSW);
 - 2,510 notifications in Victoria (VIC);
 - 2,019 notifications in Queensland (QLD);
 - 458 notifications in South Australia (SA);
 - o 358 notifications in the Australian Capital Territory (ACT);
 - o 258 notifications in the Northern Territory (NT);
 - o 39 notifications in Western Australia (WA); and
 - 39 notifications in Tasmania (TAS);
- Year to date, the influenza notification rate has been highest in Northern Territory (104.7 per 100,000 population), and the Australian Capital Territory (82.8 per 100,000 population).

^{*}NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received. Please refer to Data considerations for interpretation of the 5 year average.

Figure 5. Notifications of laboratory-confirmed influenza*, 01 January to 08 May 2022, by state or territory and week of diagnosis



Source: NNDSS

For further information regarding influenza activity at the jurisdictional level, please refer to the following State and Territory health surveillance reports:

- ACT: <u>ACT Influenza Report</u> (www.health.act.gov.au/about-our-health-system/population-health/winter-wellbeing-and-flu/flu-act)
- NSW: <u>Influenza Surveillance Report</u> (http://www.health.nsw.gov.au/Infectious/Influenza/Pages/reports.aspx)
- QLD: <u>Statewide Weekly Influenza Surveillance Report</u> (https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/diseases-infection/surveillance/reports/flu)
- SA: Weekly Epidemiological Summary (Influenza section)
 (http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/health+s tatistics/surveillance+of+notifiable+conditions)
- TAS: <u>fluTAS Reports</u> (https://www.health.tas.gov.au/health-topics/flu-influenza/flutas-reports)
- VIC: <u>Influenza Surveillance Reports</u> (https://www2.health.vic.gov.au/public-health/infectious-diseases/infectious-diseases-surveillance/seasonal-influenza-reports)
- WA: Virus WAtch (http://ww2.health.wa.gov.au/Articles/F_I/Infectious-disease-data/Virus-WAtch)

^{*}NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received.

Severity

Severity is a measure of adverse outcomes or complications as a result of ILI such as hospital referrals, admissions, need for intensive care, and deaths. Measuring and understanding the severity of circulating influenza is difficult to establish at the beginning, or during a low, influenza season. The proportion of confirmed influenza cases with serious outcomes might be skewed initially because there are only a small number of people notified. This means that the measure of severity will vary substantially fortnight to fortnight until numbers are sufficiently high and there is enough data for measurements to stabilise. An assessment of severity can be provided once the signals become clearer.

FluCAN:

• This fortnight (25 April to 08 May 2022), there have been a total of 78 hospitalisations due to influenza across FluCAN sentinel hospital sites, including 75 general hospital admissions and three ICU hospital admissions. This is a 13% increase in total hospitalisations from the previous fortnight.

National notification data (NNDSS):

 Year to date, of the 10,599 notifications of laboratory-confirmed influenza, there have been no influenzaassociated deaths notified to the NNDSS.

Note that the number of influenza-associated deaths reported to the NNDSS does not represent the true mortality associated with this disease. The number of deaths is reliant on the follow up of cases to determine the outcome of their infection. The follow up of cases is not a requirement of notification, and are only inclusive of laboratory-confirmed cases of influenza. Due to retrospective revision, the variation across jurisdictions in methodology, representativeness, and timeliness of death data, and reporting of an outcome of infection not being a requirement of notification, year on year comparisons of deaths in notified cases of influenza may not be reliable.

Impact

Impact measures how influenza affects society, including stress on health-care resources and societal and economic consequences.

Impact for the season to date, as measured through the rate of FluTracking respondents absent from normal duties and the number of FluCAN sentinel hospital beds occupied by patients with influenza, is minimal.

FluTracking:

- This fortnight (25 April to 08 May 2022), the proportion of FluTracking participants reporting ILI and taking time off regular duties while unwell was 1.15%—a slight increase from 1.04% reported in the previous fortnight.
- In the year to date, the proportion of FluTracking survey respondents reporting having ILI and taking time
 off regular duties while unwell increased in March 2022, peaking to 1.22% in week 14 and to 1.18% in week
 18.

FluCAN:

 Since seasonal surveillance commenced in April 2022, there have been 153 admissions, including seven ICU admissions, across FluCAN sentinel hospitals due to confirmed influenza.

At-risk populations

At-risk populations are people who may be more susceptible to infection with the influenza virus and/or who may be more likely to experience severe outcomes from their infection.

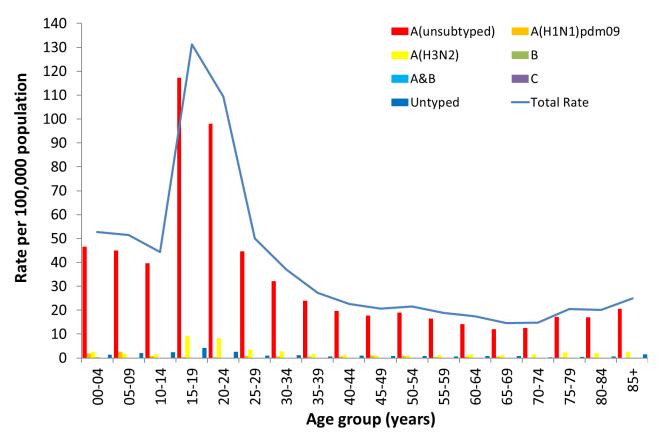
National notification data (NNDSS):

- In the year to date, notification rates have been highest in people aged 15–24 years (119.8 notifications 100,000 population) and children aged younger than 10 years (52.0 notifications per 100,000 population) (Figure 6).
- In the year to date, influenza A accounted for the highest number of notifications across all age groups.

FluCAN:

• This fortnight (25 April to 08 May 2022), of the 75 general hospital admissions due to influenza, 39 were aged younger than 16 years, 22 were aged 16–64 years of age, and 14 were aged 65 years or older. Of the three ICU admissions due to influenza, two cases were aged younger than 16 years, and one case was aged 16–64 years.

Figure 6. Rate of notifications of laboratory-confirmed influenza, Australia, 01 January to 08 May 2022, by age group and subtype



Source: NNDSS

Virology

National notification data (NNDSS):

- Of the 7,173 notifications of laboratory-confirmed influenza with a diagnosis date this fortnight (25 April to 08 May 2022) reported to the NNDSS, 95.6% (n=6,855) were influenza A (of which 90.4% were A(unsubtyped, 1.9% were A(H1N1), and 7.6% were A(H3N2)), 0.1% (n=8) were influenza B, and 4.3% (n=310) were untyped.
- In the year to date, 96.5% of notifications of laboratory-confirmed influenza to the NNDSS were influenza A, of which 91.3% were influenza A(unsubtyped), 2.0% were influenza A(H1N1), and 6.8% were influenza A(H3N2). Influenza B accounted for 0.2% of notifications, and 3.3% were untyped (Figure 7).
- Year to date, the proportion of all notifications reported as influenza A has been 84% or higher across jurisdictions (Figure 8).

ASPREN:

• There have been six influenza positive samples detected through ASPREN GPs in the year to date. All were influenza A, of which one was A(H1N1), three were A(H3N2), and two were A(unsubtyped).

FluCAN:

• This fortnight (25 April to 08 May 2022), all 75 general hospital admissions were due to influenza A, of which eight were A(H1N1), one was A(H3N2), and 66 were A(unsubtyped). Of the three ICU admissions, two were due to influenza A(H1N1) and one was due to influenza A(unsubtyped).

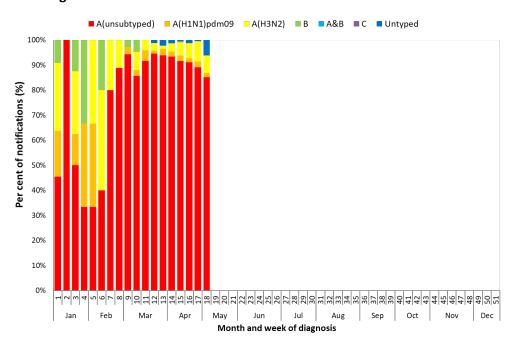
Sentinel laboratories:

In the year to date, 1.2% (n=1,005) of samples detected in sentinel laboratories were positive for influenza. Of the positive samples, 99.7% (n=1,002) were influenza A (of which 96.7% (n=969) were influenza A(unsubtyped), 2.9% (n=29) were A(H3N2), and 0.4% (n=4) were A(H1N1)), and 0.3% (n=3) were influenza B.

WHOCC:

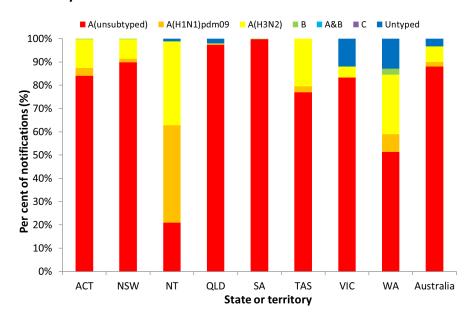
- From 01 January to 09 May 2022, the WHOCC characterised 259 influenza viruses (Table 1), of which 13% (n=33) were influenza A(H1N1), 87% (n=225) were influenza A(H3N2), and less than 1% (n=1) were influenza B/Victoria.
- The WHOCC reported that from 01 January to 09 May 2022, none of the influenza A(H1N1), influenza A(H3N2), or influenza B/Victoria samples tested for neuraminidase inhibitor resistance demonstrated reduced inhibition to Oseltamivir or Zanamivir.

Figure 7. Per cent of notifications of laboratory-confirmed influenza, Australia, 01 January to 08 May 2022, by subtype and week of diagnosis*



Source: NNDSS

Figure 8. Per cent of notifications of laboratory-confirmed influenza, Australia, 01 January to 08 May 2022, by subtype and state or territory*



Source: NNDSS

^{*}NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received.

^{*}NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received.

Table 1. Australian influenza viruses typed by haemagglutination inhibition (HI) assay from the WHOCC, 01 January to 09 May 2022*

Type/Subtype	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	TOTAL
A(H1N1) pdm09	0	6	15	4	0	0	8	0	33
A(H3N2)	12	14	2	0	1	1	194	1	225
B/Victoria lineage	0	1	0	0	0	0	0	0	1
B/Yamagata lineage	0	0	0	0	0	0	0	0	0
Total	12	21	17	4	1	1	202	1	259

Source: WHOCC

Vaccine match and effectiveness

WHOCC:

- Of the 259 isolates characterised for antigenic similarity to their corresponding vaccine components by HI assay (Table 1):
 - All influenza A(H1N1) isolates characterised in the year to date have been antigenically similar to the corresponding vaccine components;
 - 94.7% of influenza A(H3N2) isolates were antigenically similar to the corresponding vaccine components; and
 - The one influenza B/Victoria isolate characterised in the year to date was antigenically dissimilar to the corresponding vaccine components.

Australian Influenza Vaccines Composition 2022

All 2022 southern hemisphere seasonal influenza vaccinations registered for use in Australia are quadrivalent influenza vaccines (QIVs).

The influenza virus strains included in egg-based QIVs in Australia in 2022 are:

- an A/Victoria/2570/2019 (H1N1)pdm09-like virus;
- an A/Darwin/9/2021 (H3N2)-like virus;
- a B/Austria/1359417/2021-like (B/Victoria lineage) virus; and
- a B/Phuket/3073/2013-like (B/Yamagata lineage) virus.

The influenza virus strains included in <u>cell-based</u> QIVs in Australia in 2022 are:

- an A/Wisconsin/588/2019 (H1N1)pdm09-like virus;
- an A/Darwin/6/2021 (H3N2)-like virus;
- a B/Austria/1359417/2021 (B/Victoria lineage)-like virus; and
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

The best way to determine how well the vaccine protects against circulating viruses during the season is by determining the vaccine effectiveness. These estimates provide an indication of how effective the vaccine was in providing protection against influenza infection. Vaccine effectiveness is usually estimated from observational studies and is calculated after the end of the influenza season, though interim analyses are sometimes available where there is sufficient data.

Vaccine effectiveness

It is too early to assess vaccine match and effectiveness for this season.

^{*} Viruses tested by the WHOCC are not necessarily a random sample of all those in the community. State indicates the residential location for the individual tested, not the submitting laboratory. There may be up to a month delay on reporting of samples.