



The Department of Health acknowledges the providers of the many sources of data used in this report and greatly appreciates their contribution.

KEY MESSAGES

It is important to note that due to the COVID-19 epidemic in Australia, data reported from the various influenza surveillance systems may not represent an accurate reflection of influenza activity. Results should be interpreted with caution, especially where comparisons are made to previous influenza seasons. Interpretation of influenza data from April 2020 onwards should take into account, but are not limited to, the impact of social distancing measures, likely changes in health seeking behaviour of the community including access to alternative streams of acute respiratory infection specific health services, and focussed testing for COVID-19 response activities. For information on COVID-19 incidence, severity, and distribution in Australia, please refer to [COVID-19 epidemiology reports](#).

Activity

- Influenza-like-illness (ILI) activity in the community in 2022 has increased since March following the decrease in activity reported in mid-February.
- In the year to date in 2022, there have been 1,024 notifications to the National Notifiable Diseases Surveillance System (NNDSS) in Australia, of which 666 notifications had a diagnosis date this fortnight. An increase in notifications of influenza has been observed from early March 2022.
- From March 2022, the number of notifications of laboratory-confirmed influenza reported in Australia has increased. However, the number of influenza notifications year-to-date remains below pre-COVID-19 pandemic levels.

Severity

- There is no indication of the potential severity of the 2022 season at this time.
- In the year to date, of the 1,024 notifications of laboratory-confirmed influenza, no influenza-associated deaths have been notified to the NNDSS.
- There have been three hospital admissions due to influenza, including one ICU admission, reported across sentinel hospitals sites since commencement of seasonal surveillance in April 2022.

Impact

- Given the low levels of laboratory-confirmed influenza notifications, community ILI activity, and number of hospitalisations due to influenza at sentinel hospital sites, it is likely there is minimal impact on society due to influenza in 2022 to date.

At-risk populations

- In 2022 to date, people aged 15–24 years and children aged younger than 10 years have the highest influenza notification rates.

Virology

- To date, 97.3% of notifications of laboratory-confirmed influenza to the NNDSS were influenza A, of which 93.0% were influenza A(untyping), 3.1% were influenza A(H1N1), and 3.9% were influenza A(H3N2). Influenza B accounted for 0.8% of notifications, and 2.0% were untyped.

Vaccine match and effectiveness

- It is too early to assess vaccine match and effectiveness for this season.
- Please note that 2022 WHOCC data will be available from the next Australian Influenza Surveillance Report.

Introduction

Each year, the influenza virus changes and different strains can circulate in the population. Particular subtypes of influenza can affect different groups of the population more than others. Depending on the susceptibility of the population, the subtypes that are circulating and the changes to the virus itself, the influenza season can be very different year to year. Our surveillance systems help us to understand influenza activity, severity of the infection in individuals and impact of the illness on society in Australia. We are also able to monitor which influenza viruses are circulating, which populations might be more affected, the effectiveness of the vaccine, and any resistance to antiviral drugs that has developed.

National Influenza Surveillance Systems

This report presents an overview of influenza activity based on a number of complimentary systems. No one single system, including notification data, provides the full picture on influenza, because influenza is a common disease and its presenting symptoms are non-specific. The epidemiology of influenza is informed by a number of different systems based in the community, laboratories, primary care and hospitals, as well as notifiable diseases data, which includes officially reported deaths. The information in this report is reliant on the surveillance sources available to the Department of Health at the time of production.

The **National Notifiable Diseases Surveillance System (NNDSS)** coordinates the national surveillance of more than 60 communicable diseases or disease groups. Notifications of laboratory-confirmed influenza are made to state or territory health authorities and supplied daily to the Australian Government Department of Health via the NNDSS for collation, analysis, and to assist in the coordination of public health responses.

Healthdirect provides free health triage advice and information services by telephone and online, and can assist in identifying symptoms including those that may be classified as an ILI syndrome. Community level ILI syndromic trends are monitored using Healthdirect data.

FluTracking is an online syndromic surveillance system which monitors ILI in the community.

The **Australian Sentinel Practices Research Network (ASPREN)** is a year-round sentinel general practice (GP) surveillance system in which general and nurse practitioners report de-identified information on the number of ILI patient presentations seen in participating practices each week.

It should be noted that in addition to the overarching impacts of COVID-19 on influenza surveillance systems (see page 1), interpretation of ASPREN's data from 2020 onwards should consider the following COVID-19 impacts:

- changes in the health seeking behaviour at ASPREN sentinel sites due to the availability of telehealth and respiratory clinics may result in fewer presentations to General Practice (GP); and
- changes to GPs swabbing at ASPREN sentinel sites, due to the availability of telehealth and respiratory clinics, may result in a lower number of swabs being undertaken by ASPREN reporters.

The **Influenza Complications Alert Network (FluCAN)** conducts surveillance of severe influenza at sentinel hospitals across the country during the influenza season. The Paediatric Active Enhanced Disease Surveillance (PAEDS) network also contributes data on influenza via FluCAN.

The **World Health Organization Collaborating Centre (WHOCC) for Reference and Research on Influenza** analyses influenza viruses currently circulating in the human population in Australia and other countries, to inform which strains should be included in annual seasonal influenza vaccines for the Northern and Southern Hemispheres.

Sentinel laboratory surveillance systems provide fortnightly reporting of influenza testing. This includes the number of tests undertaken, the number of positive results, and the detected viruses. Please note that tests conducted at sentinel laboratory sites may include samples taken from people in home or hotel quarantine for COVID-19, and may not reflect respiratory viruses circulating in the community alone.

Data considerations

NNDSS laboratory-confirmed influenza surveillance case definition—From 01 January 2022, the [NNDSS surveillance case definition for laboratory-confirmed influenza](#) was updated to remove Point 5 'Single high titre by complement fixation test (CFT) or haemagglutination inhibition (HAI) to influenza virus' from the list of laboratory definitive evidence. This change has minimal impact on the interpretation of influenza notification trends, with the change ensuring consistency with the influenza laboratory case definition. For further information, please refer to the [NNDSS laboratory-confirmed influenza case definition Technical Supplement](#).

Data in this summary is reported by International Organization for Standardization (ISO) 8601 weeks, with the week ending on Sunday. Throughout the summary, where the year to date is presented, this includes data from 01 January to 10 April 2022. NNDSS data is analysed and reported based on diagnosis date, which is the true onset date of a case

if known, otherwise it is the earliest of the specimen date, the notification date, or the notification received date. NNDSS data were extracted on 14 April 2022.

In interpreting these data, it is important to note that changes in notifications over time may not solely reflect changes in disease prevalence or incidence. Depending on the disease, the number of notifications may be influenced by changes in testing policies; changes in case definitions; changes in testing practices and screening programs; the use of less invasive and more sensitive diagnostic tests; and periodic awareness campaigns. In particular, analyses including data from 2020 should be interpreted with caution. In 2020, there was a significant decrease in influenza and ILI activity related to the COVID-19 pandemic and associated public health measures. Data from 2020 may reduce 5 year averages and affect usual seasonal trends. In some circumstances, comparison to data in years prior to 2020 may be more relevant.

Due to the dynamic nature of the NNDSS and other surveillance systems, data in this report are subject to retrospective revision and may vary from data reported in other national reports and reports by states and territories. Detailed notes on interpreting the data presented in this report are available at the Department of Health's [Australian Influenza Surveillance Report website](http://www.health.gov.au/flureport) (www.health.gov.au/flureport). While every care has been taken in preparing this report, the Commonwealth does not accept liability for any injury or loss or damage arising from the use of, or reliance upon, the content of the report. Delays in the reporting of data may cause data to change retrospectively. For further details about information contained in this report please contact the [Influenza Surveillance Team \(flu@health.gov.au\)](mailto:flu@health.gov.au).

ANALYSIS

Activity

Activity measures the capacity of the circulating influenza viruses to spread person to person and may be measured indirectly through systems that monitor influenza-like illness and more directly through systems that monitor laboratory-confirmed influenza.

Influenza-like-illness (ILI)

Healthdirect:

- This fortnight (28 March to 10 April 2022, weeks 13 and 14), 8.7% of calls to the Healthdirect helpline have been related to ILI (Figure 1).
- In the year to date, the proportion of ILI-related calls to Healthdirect has been highest in early January (10.3%) and decreased to 5.9% in mid-February. From March 2022, the proportion of ILI-related calls has increased.

FluTracking:

- This fortnight (28 March to 10 April 2022), the proportion of FluTracking participants reporting ILI (fever and cough) was 1.49%.
- In the year to date, the proportion of FluTracking participants reporting ILI decreased in mid-February (0.47%), after which ILI activity has increased (Figure 2).

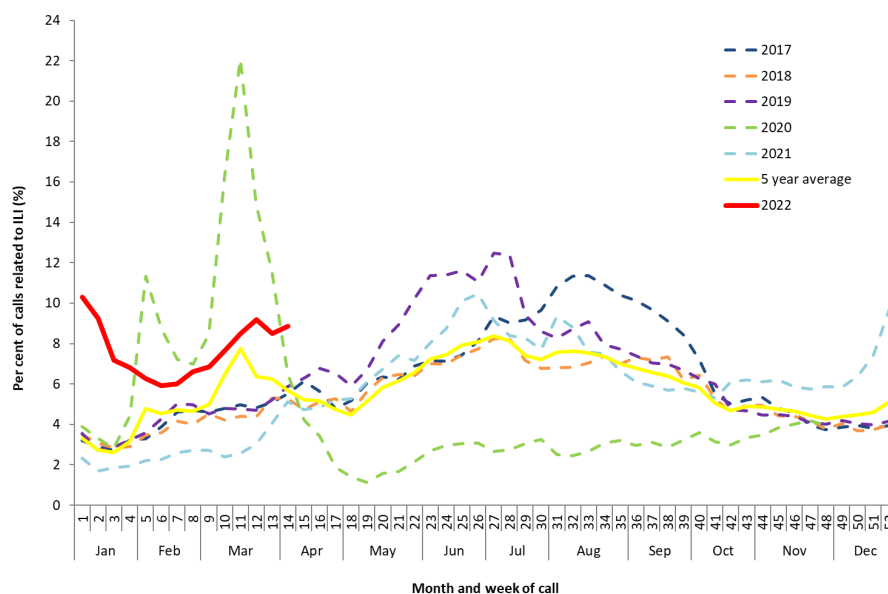
Sentinel General Practitioners (ASPREN):

- This fortnight (28 March to 10 April 2022), an average of 1.1 per 1,000 consultations due to ILI were reported by sentinel ASPREN GPs—similar to the 1.0 per 1,000 consultations in the previous fortnight.
- In the year to date, sentinel ASPREN GPs have reported between 0.3 and 2.9 consultations due to ILI per 1,000 consultations per week (Figure 3). The highest ILI rate to date this year was observed in week 1 (2.9 per 1,000 consultations). The ILI rate in the year to date remains below the 5 year average since week 2.
- To date, there has been no positive influenza sample identified in a person presenting to a sentinel ASPREN GP with ILI who was tested for respiratory viruses.
- To date, of those presenting to sentinel ASPREN GPs with ILI who were tested for respiratory viruses, 58.6% (34/58) tested positive for a respiratory virus. Among those positive, the most common virus reported was rhinovirus, accounting for 64.7% (22/34) of positive results. Other viruses detected include respiratory syncytial virus (RSV) (5.9%), human metapneumovirus (HMPV) (5.9%), and parainfluenza virus (PIV) type 3 (2.9%), adenovirus (2.9%).

Sentinel laboratories:

- This fortnight (28 March to 10 April 2022, weeks 13 and 14), the most commonly detected respiratory viruses by sentinel laboratory site were:
 - SARS-CoV-2 in weeks 13 and 14 in Western Australia (WA);
 - Picornavirus in weeks 13 and 14 in Victoria (VIC);
 - Rhinovirus in weeks 13 and 14 in New South Wales (NSW) and Tasmania (TAS); and
 - SARS-CoV-2 and Rhinovirus in weeks 13 and 14 respectively in South Australia (SA).

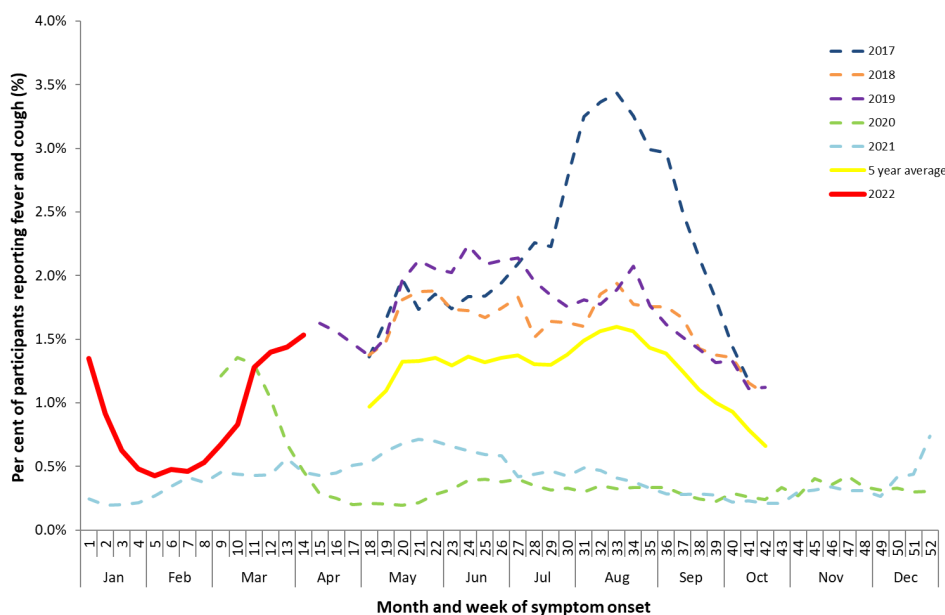
Figure 1. Per cent of calls to Healthdirect related to ILI, Australia, 01 January 2017 to 10 April 2022, by month and week of call*



Source: Healthdirect

*All data are preliminary and subject to change as updates are received. Please refer to Data considerations for interpretation of the 5 year average. Note: From March 2020 onwards, the proportion of calls to Healthdirect relating to ILI were impacted by calls related to bushfires (February) and COVID-19 (March). The National Coronavirus Helpline was established on 16 March 2020, and callers to the Healthdirect helpline with concerns about COVID-19 have since been diverted to the National Coronavirus Helpline. This explains the sudden drop in ILI related calls to the helpline in mid-March 2020.

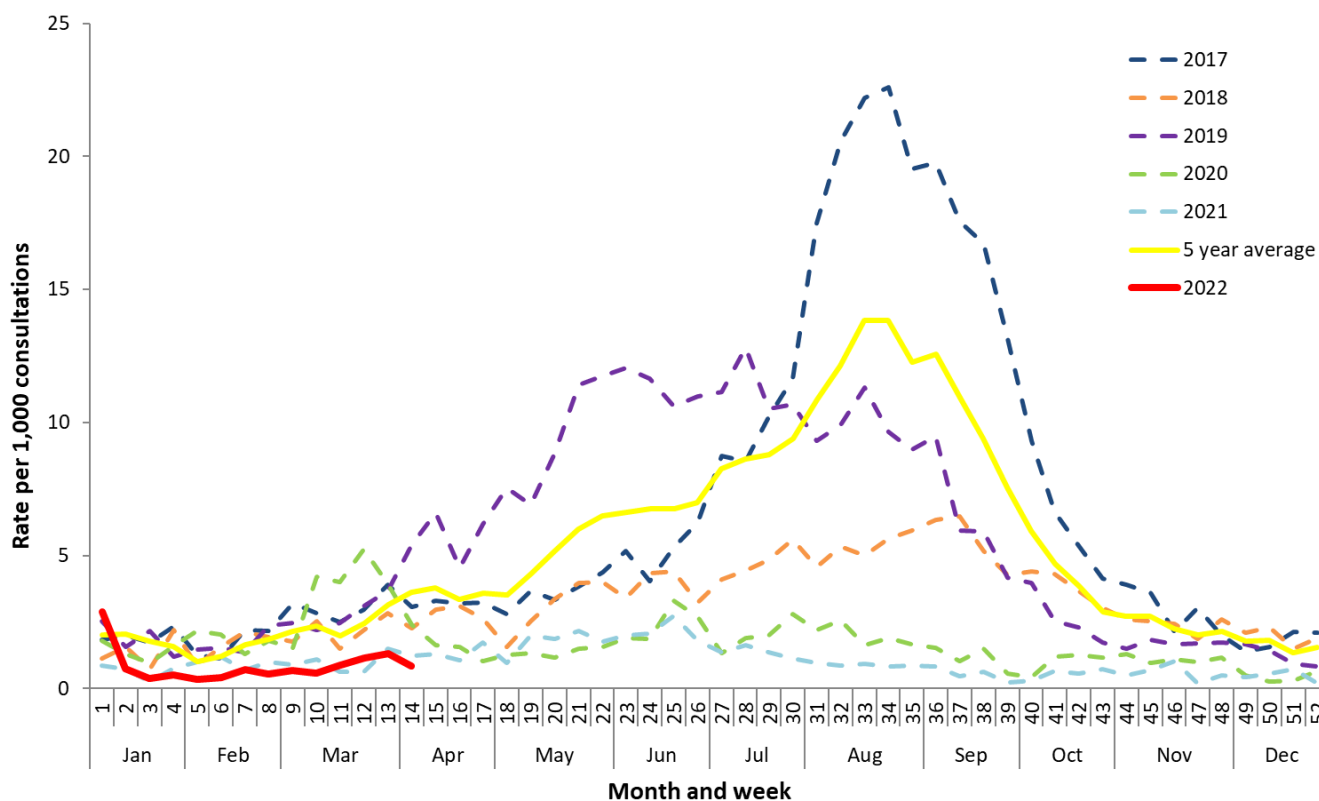
Figure 2. Proportion of fever and cough among FluTracking participants, Australia, 2017 to 2022, by month and week**



Source: FluTracking

*All data are preliminary and subject to change as updates are received. #FluTracking have expanded their reporting period from 2020 onwards due to COVID-19. As such, 5 year historical comparisons are not available for data reported before May and after October for any year before 2020. Please refer to Data considerations for interpretation of the 5 year average.

Figure 3. Unweighted rate of ILI reported from ASPREN sentinel GP surveillance systems, Australia, 01 January 2017 to 10 April 2022, by month and week**



Source: ASPREN

* All data are preliminary and subject to change as updates are received. Please refer to Data considerations for interpretation of the 5 year average.

** Please refer to surveillance system description (Page 2) for notes on impact of COVID-19 on ASPREN data.

Laboratory-confirmed influenza

National notification data (NNDSS):

- There were 666 laboratory-confirmed influenza notifications with a diagnosis date this fortnight (28 March to 10 April 2022).
- In the year to date, there have been 1,024 notifications of laboratory-confirmed influenza to the NNDSS (Figure 4). This is a national notification rate of 4.0 per 100,000 population.
- The number of notifications to date in 2022 have increased since March, however overall numbers remain below the 5 year average.

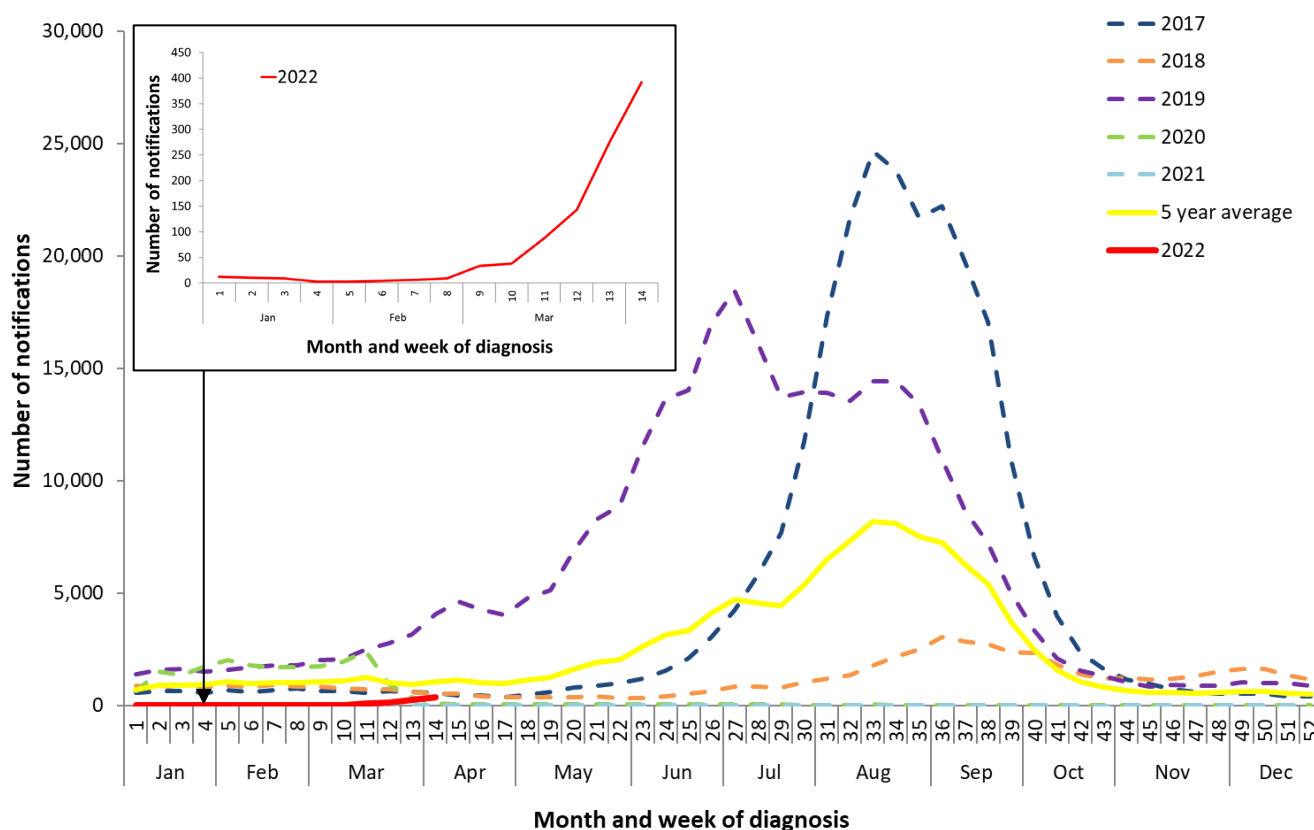
ASPREN:

- There has been no influenza detection among the 58 ILI cases presenting to sentinel GPs in the year to date who were tested for respiratory viruses.

Sentinel laboratories:

- This fortnight (28 March to 10 April 2022) of the 12,999 samples tested across sentinel laboratories, there were 133 (1.0%) positive influenza samples detected.
- Of the 61,130 samples tested across sentinel laboratories in the year to date, 188 (0.3%) have been positive for influenza.

Figure 4. Notifications of laboratory-confirmed influenza, Australia, 01 January 2017 to 10 April 2022, by month and week of diagnosis*



Source: NNDSS

*NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received. Please refer to Data considerations for interpretation of the 5 year average.

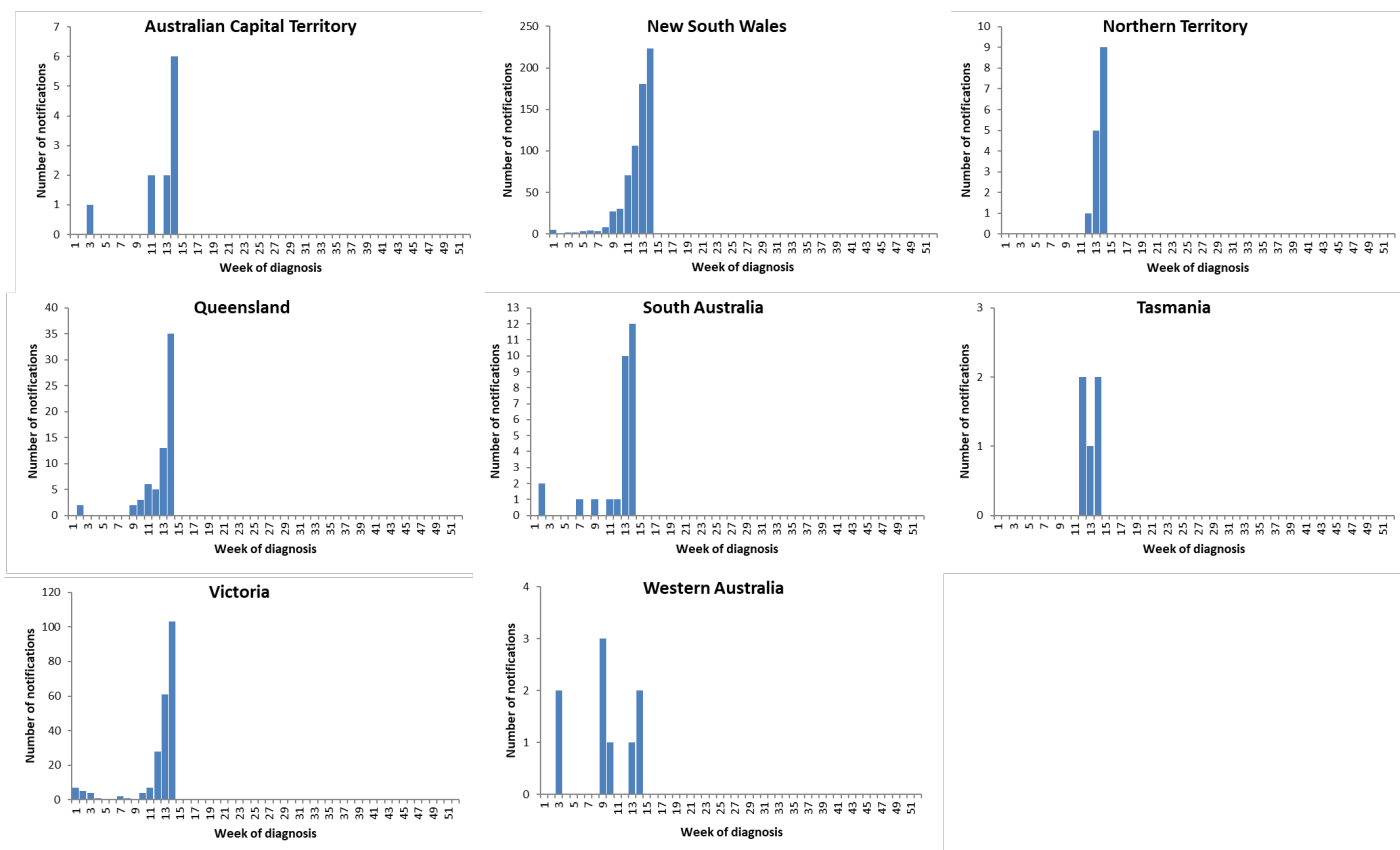
Inset: Notifications of laboratory-confirmed influenza, Australia, 01 January to 10 April 2022, by month and week of diagnosis.

Geographical distribution of influenza activity

National notification data (NNDSS):

- In the year to date, an increase in notifications has been observed from week 13 across most jurisdictions, however overall notifications remain below baseline levels (Figure 5).
- Of the 1,024 notifications of influenza reported to the NNDSS in the year to date, there have been:
 - 667 notifications in New South Wales (NSW);
 - 223 notifications in Victoria (VIC);
 - 66 notifications in Queensland (QLD);
 - 28 notifications in South Australia (SA);
 - 15 notifications in the Northern Territory (NT);
 - 11 notifications in the Australian Capital Territory (ACT).
 - 9 notifications in Western Australia (WA); and
 - 5 notifications in Tasmania (TAS);
- Year to date, the influenza notification rate has been highest in New South Wales (8.1 per 100,000 population), the Northern Territory (6.1 per 100,000 population), and Victoria (3.4 per 100,000 population).

Figure 5. Notifications of laboratory-confirmed influenza*, 01 January to 10 April 2022, by state or territory and week of diagnosis



Source: NNDSS

*NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received.

For further information regarding influenza activity at the jurisdictional level, please refer to the following State and Territory health surveillance reports:

- ACT: [ACT Influenza Report](http://www.health.act.gov.au/about-our-health-system/population-health/winter-wellbeing-and-flu/flu-act) (www.health.act.gov.au/about-our-health-system/population-health/winter-wellbeing-and-flu/flu-act)
- NSW: [Influenza Surveillance Report](http://www.health.nsw.gov.au/Infectious/Influenza/Pages/reports.aspx) (http://www.health.nsw.gov.au/Infectious/Influenza/Pages/reports.aspx)
- QLD: [Statewide Weekly Influenza Surveillance Report](https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/diseases-infection/surveillance/reports/flu) (https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/diseases-infection/surveillance/reports/flu)
- SA: [Weekly Epidemiological Summary](http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/health+statistics/surveillance+of+notifiable+conditions) (Influenza section) (http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/health+statistics/surveillance+of+notifiable+conditions)
- TAS: [fluTAS Reports](https://www.health.tas.gov.au/health-topics/flu-influenza/flutas-reports) (https://www.health.tas.gov.au/health-topics/flu-influenza/flutas-reports)
- VIC: [Influenza Surveillance Reports](https://www2.health.vic.gov.au/public-health/infectious-diseases/infectious-diseases-surveillance/seasonal-influenza-reports) (https://www2.health.vic.gov.au/public-health/infectious-diseases/infectious-diseases-surveillance/seasonal-influenza-reports)
- WA: [Virus WAtch](http://ww2.health.wa.gov.au/Articles/F_I/Infectious-disease-data/Virus-WAtch) (http://ww2.health.wa.gov.au/Articles/F_I/Infectious-disease-data/Virus-WAtch)

Severity

Severity is a measure of adverse outcomes or complications as a result of ILI such as hospital referrals, admissions, need for intensive care, and deaths. Measuring and understanding the severity of circulating influenza is difficult to establish at the beginning, or during a low, influenza season. The proportion of confirmed influenza cases with serious outcomes might be skewed initially because there are only a small number of people notified. This means that the measure of severity will vary substantially fortnight to fortnight until numbers are sufficiently high and there is enough data for measurements to stabilise. An assessment of severity can be provided once the signals become clearer.

FluCAN:

- This fortnight (28 March to 10 April 2022), there have been two general hospital admissions and one ICU hospital admission due to influenza across FluCAN sentinel hospital sites.

National notification data (NNDSS):

- Year to date, of the 1,024 notifications of laboratory-confirmed influenza, there have been no influenza-associated deaths notified to the NNDSS.

Note that the number of influenza-associated deaths reported to the NNDSS does not represent the true mortality associated with this disease. The number of deaths is reliant on the follow up of cases to determine the outcome of their infection. The follow up of cases is not a requirement of notification, and are only inclusive of laboratory-confirmed cases of influenza. Due to retrospective revision, the variation across jurisdictions in methodology, representativeness, and timeliness of death data, and reporting of an outcome of infection not being a requirement of notification, year on year comparisons of deaths in notified cases of influenza may not be reliable.

Impact

Impact measures how influenza affects society, including stress on health-care resources and societal and economic consequences.

Impact for the season to date, as measured through the rate of FluTracking respondents absent from normal duties and the number of FluCAN sentinel hospital beds occupied by patients with influenza, is minimal.

FluTracking:

- This fortnight (28 March to 10 April 2022), the proportion of FluTracking participants reporting ILI and taking time off regular duties while unwell was 1.15%.
- In the year to date, the proportion of FluTracking survey respondents reporting having ILI and taking time off regular duties while unwell increased in March 2022, peaking to 1.18% in weeks 12 and 13.

FluCAN:

- Since seasonal surveillance commenced in April 2020, there have been three admission across FluCAN sentinel hospitals due to confirmed influenza.

At-risk populations

At-risk populations are people who may be more susceptible to infection with the influenza virus and/or who may be more likely to experience severe outcomes from their infection.

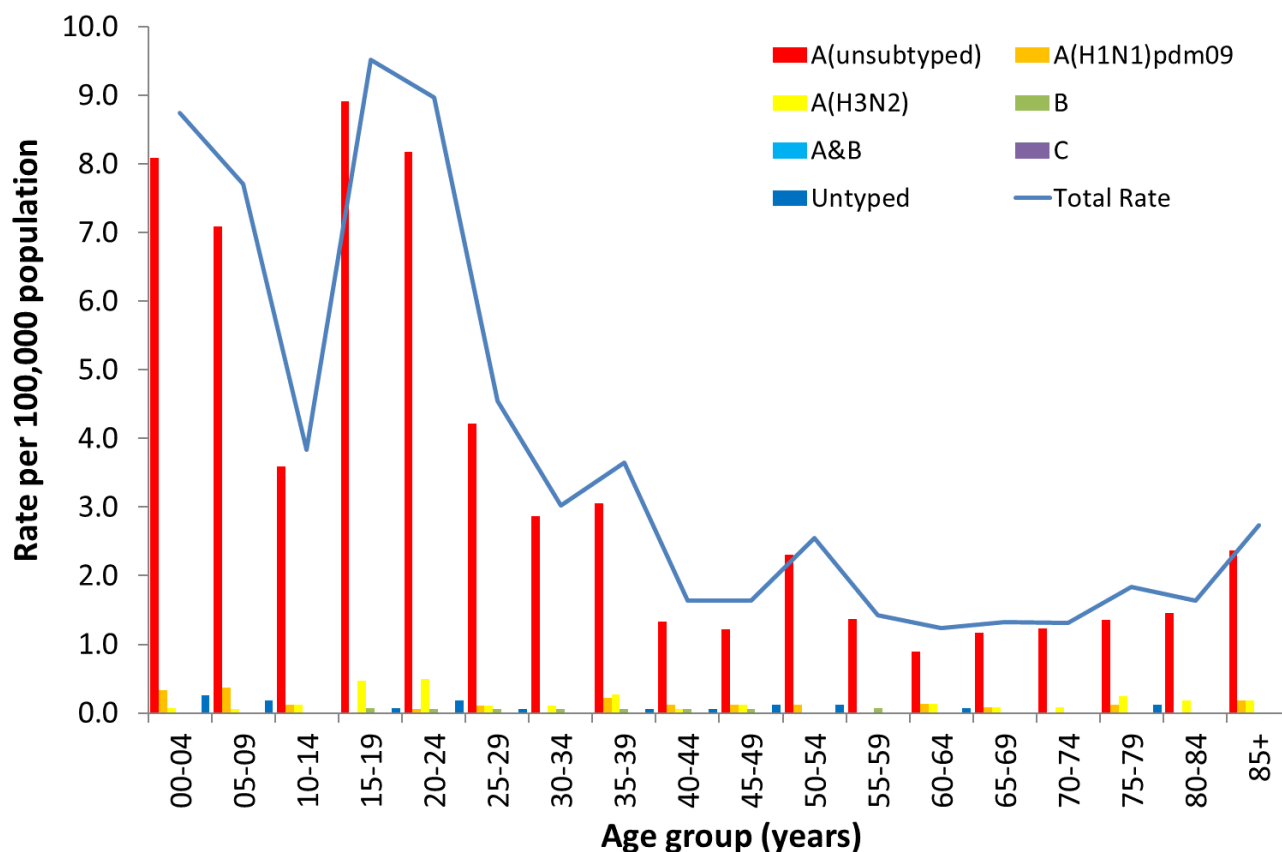
National notification data (NNDSS):

- In the year to date, notification rates have been highest in people aged 15–24 years (9.2 notifications 100,000 population) and children aged younger than 10 years (8.2 notifications per 100,000 population) (Figure 6).
- In the year to date, influenza A accounted for the highest number of notifications across all age groups.

FluCAN:

- This fortnight (28 March to 10 April 2022), of the two general hospital admissions due to influenza, one was aged younger than 16 years, and the other was aged 65 years or older. The one ICU admission due to influenza was a case aged between 16 and 64 years.

Figure 6. Rate of notifications of laboratory-confirmed influenza, Australia, 01 January to 10 April 2022, by age group and subtype



Source: NNDSS

Virology

National notification data (NNDSS):

- Of the 666 notifications of laboratory-confirmed influenza with a diagnosis date this fortnight (28 March to 10 April 2022) reported to the NNDSS, 97.3% (n=648) were influenza A (of which 94.9% were A(unsubtyped), 2.8% were A(H1N1), and 2.3% were A(H3N2)), 0.2% (n=1) were influenza B, and 2.6% (n=17) were untyped.
- In the year to date, 97.3% of notifications of laboratory-confirmed influenza to the NNDSS were influenza A, of which 93.0% were influenza A(unsubtyped), 3.1% were influenza A(H1N1), and 3.9% were influenza A(H3N2). Influenza B accounted for 0.8% of notifications, and 2.0% were untyped (Figure 7).
- Year to date, the proportion of all notifications reported as influenza A has been 89% or higher across jurisdictions (Figure 8).

ASPREN:

- There have been no influenza positive samples detected through ASPREN GPs in the year to date.

FluCAN:

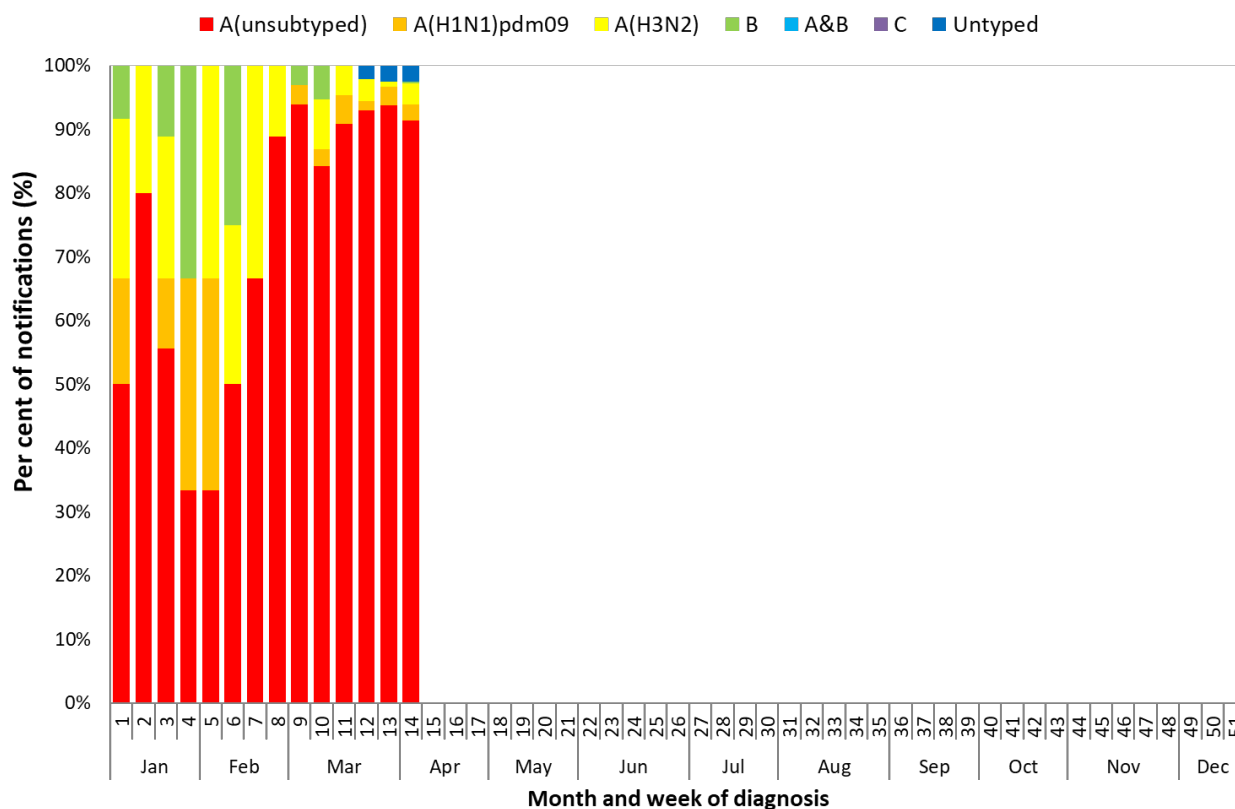
- This fortnight (28 March to 10 April 2022), the two general hospital admissions due to influenza A: one A(unsubtyped), and one A(H1N1). The one ICU admission due to influenza was due to influenza A(unsubtyped).

Sentinel laboratories:

- In the year to date, 0.3% (n=188) of samples detected in sentinel laboratories were positive for influenza. Of the positive samples, 99.5% (n=187) were influenza A (of which 95.2% (n=178) were influenza A(unsubtyped), 3.7% (n=7) were A(H3N2), and 1.1% (n=2) were A(H1N1)), and 0.5% (n=1) were influenza B.

Please note that 2022 WHOCC data will be included from the next Australian Influenza Surveillance Report.

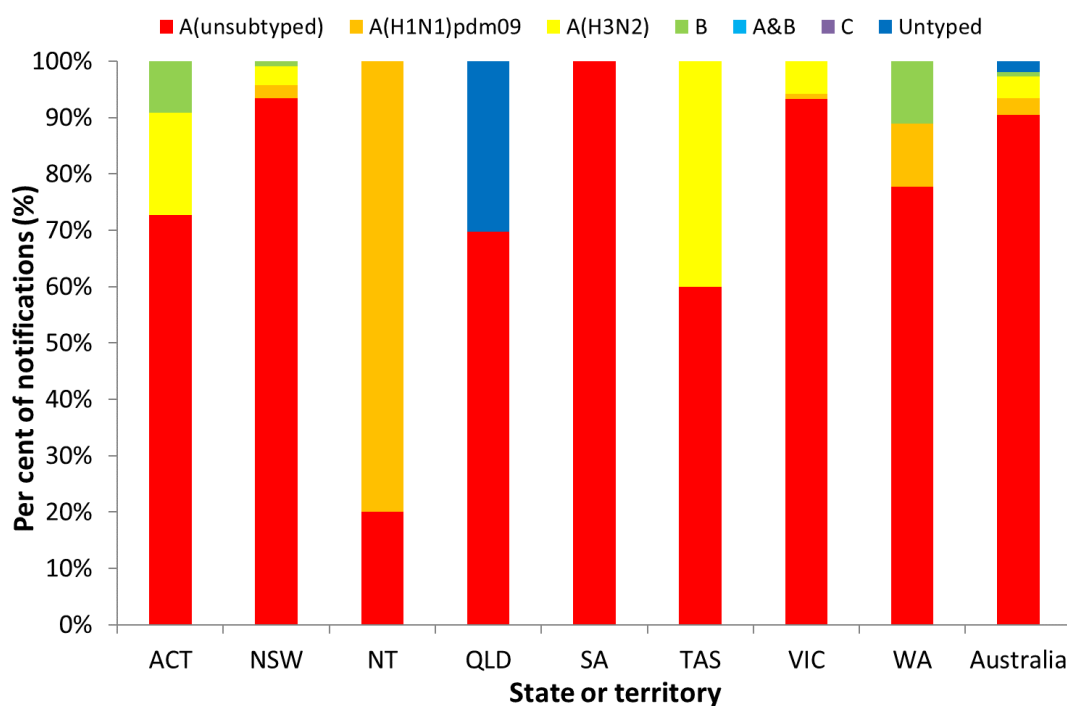
Figure 7. Rate of notifications of laboratory-confirmed influenza, Australia, 01 January to 10 April 2022, by age group and subtype



Source: NNDSS

*NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received.

Figure 8. Per cent of notifications of laboratory-confirmed influenza, Australia, 01 January to 10 April 2022, by subtype and state or territory*



Source: NNDSS

*NNDSS notification data provided for the current and most recent weeks may be incomplete. All data are preliminary and subject to change as updates are received.

Vaccine match and effectiveness

Please note that 2022 WHOCC data will be included from the next Australian Influenza Surveillance Report.

Australian Influenza Vaccines Composition 2022

All 2022 southern hemisphere seasonal influenza vaccinations registered for use in Australia are quadrivalent influenza vaccines (QIVs).

The influenza virus strains included in egg-based QIVs in Australia in 2022 are:

- an A/Victoria/2570/2019 (H1N1)pdm09-like virus;
- an A/Darwin/9/2021 (H3N2)-like virus;
- a B/Austria/1359417/2021-like (B/Victoria lineage) virus; and
- a B/Phuket/3073/2013-like (B/Yamagata lineage) virus.

The influenza virus strains included in cell-based QIVs in Australia in 2022 are:

- an A/Wisconsin/588/2019 (H1N1)pdm09-like virus;
- an A/Darwin/6/2021 (H3N2)-like virus;
- a B/Austria/1359417/2021 (B/Victoria lineage)-like virus; and
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

The best way to determine how well the vaccine protects against circulating viruses during the season is by determining the vaccine effectiveness. These estimates provide an indication of how effective the vaccine was in providing protection against influenza infection. Vaccine effectiveness is usually estimated from observational studies and is calculated after the end of the influenza season, though interim analyses are sometimes available where there is sufficient data.

Vaccine effectiveness

It is too early to assess vaccine match and effectiveness for this season.