



Australian Government

NATIONAL CERVICAL SCREENING PROGRAM

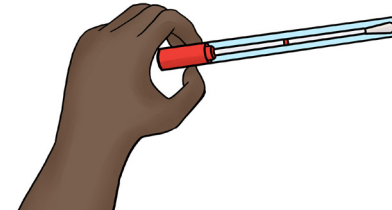
A joint Australian, State and Territory Government Program

Cervical Screening Test - nyarrpangku yungunpa nyanu mani jalpingki sample

Jalpingki kajinpa nyanu mani, kaji kanpa milarni Cervical Screening Test 5 years,ku. Kujaju yungunpa mani sample warri-warri jangka private ngurrangka. Instructions nyampurrarluju kangku help-i mani yungunpa jalpingki sample,ju mani. Yungunpa cervical cancer wangu nyina manu wankaru nyina tarnnga manu pirjirdi nyuntu nyangu warlalja,ku.



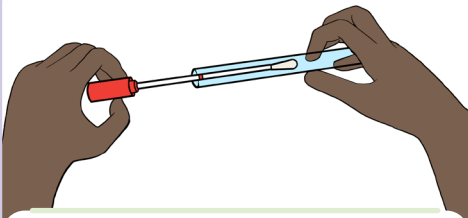
1. Nyuntu nyangu doctor,rlu manu jijangku kapungku yinyi jalpi kirlangu swab manu private ngurra yungunpa nyanu test-mani. Kapungkulu ngarrirni nyarrparlu yungunpa nyanu test-i mani, manu kapulu palka nyina help kiji.



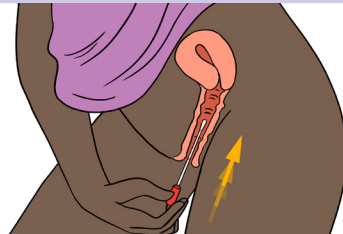
2. Open maninjaku ngarrtiji nyangka wiya swab. End ka mardani mardaninjakuju. Jinta kari sample maninjaku.



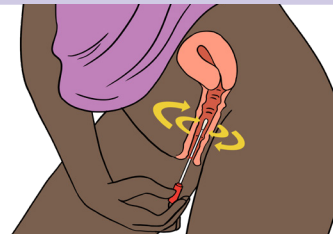
3. Nyinaya ngurrjungka position,rla manu purlumuju nyanu rurrny-pungka.



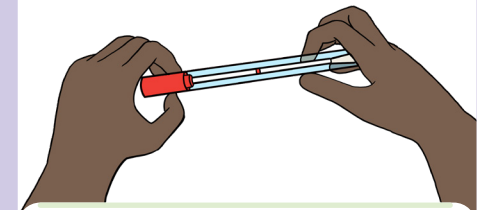
4. Yalyi manta gap manu wilypi manta swab. Nati marnpika purdangirli warnu sample.



5. Yirrpika nyanu swab warri-warri kirra ngari centimetres. Swab,rlu marda kaji ka line mardani yungungku milki yirrarni, jungangku japanpa nyanu yirrarnu.



6. Marnpika warru nyanu pulyangku circle,rla manu kuja purda kari 10 to 30 seconds,ki. Marda kujaju ngawu, kala lawa kulanpa muru-muru jarri. Kajinpa murru-muru jarri ngarrika doctor manu jija.



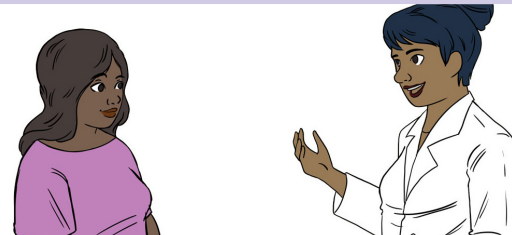
7. Wilypi manta swab manu yirra pina packaging,rla.



8. Kajinpa manngu-nyanyi mistake mardanpa ngurrju manu, wangkayarla nyuntu nyangu doctor,ku manu jijaku, kapungkulu yinyi self-collection swab.



9. Jatimapi manta package manu yukayalku jurnarrpara.



10. Yungka pinarla nyuntu nyangu packaging doctor,ku nurse,ku manu jija,ku. Junga marda japanpa ngungkurr-nyinaja nyuntu nyangu results,ku maninjaku.

Kajinpa questions mardani manu mardanpa mistake ngurrju manu, wangkayarla nyuntu nyangu doctor,ku manu jijaku.

Maya pina jarrinjaku cervical screening test kirli:

- Yanta **health.gov.au/NCSP-First-Nations**
- Ring-i manta jana **1800 627 701** kirra.