Quantum Market Research

Dust Disease Research Update

Final report

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About the research



Research Objectives

National Dust Disease research conducted in October 2019 showed that core audiences' knowledge of and attitudes to dust disease were rapidly shifting. Given the anticipated pace of change, and the work which has been done in the months since the benchmarking research was completed, the Department wished to check-in again with critical audiences. This study focuses on people with silicosis and other dust diseases, and their loved ones. It seeks to understand:

- 1. Health status of impacted individuals current symptoms, diagnosis, and needs
- Impacts on you and your family what support is required and is it being received
- Work history what were your working conditions and what had most impact on your diagnosis
- 4. Awareness and control measures did you know about dust disease and take any measures to protect yourself?
- Prevention and risk elimination what needs to change to prevent occupational diseases like silicosis?
- 6. How have awareness, attitudes and behaviours changed since the October 2019 study?

Phase 1 Focus groups with impacted workers and families

Phase 2
Repeat of 2019 survey with workers exposed to dust



As the audience and objectives for these phases are different, they are reported in separate sections in this document

Qualitative Methodology



n=5 focus groups (1 x face to face, 3 x video conference, 1 x telephone)



Groups were conducted between 16th February & 2nd March 2021



Groups were approximately 90 minutes to two hours in length



Participants were recruited through research recruiter networks and through the Australian Workers' Union



All participants were incentivised with a \$150 eGift voucher, as a thank you for their time.

Total sample size, n=24

The target audience for this research were workers impacted by silicosis and other lung diseases, and their families.

Group	Description	Attendees
1	Family members of people with silicosis	5
2	Family members of people with other dust- related diseases (including asbestosis)	6
3	Workers with silicosis (with supporting family members in attendance)	9
4	Workers with dust disease (silicosis & pneumoconiosis)	2
5	Workers with silicosis	2

Please note, participants were recruited through both standard qualitative recruitment networks and through the Australian Worker's Union. There was no noticeable difference between the experiences of people recruited each way, or between the experiences of people recruited for this study and other similar studies on this topic. There is no evidence to suggest that the recruitment methods utilised in this study impacted the outcomes.

The project was carried out in line with the Market Research International Standard, AS ISO 20252.

Quantitative methodology



Combined online & CATI survey with stonemasons and other tradespeople



Fieldwork dates: 3rd – 16th March 2021



Average survey length was 16 minutes (online) and 21 minutes (CATI)



Data was unweighted

Total sample size, n=350

A total of 350 people completed the survey, in the following categories:

Category	CATI surveys	Online surveys	TOTAL
Stonemasons	44	6	50
Other tradespeople	56	244	300

- Participants were free-found using lists of stonemasons and tradespeople and were not recruited to have had any prior experience with silicosis or dust disease.
- Where significance testing has been shown, results are significant at the 95% significance level.
- The project was carried out in line with the Market Research International Standard, AS ISO 20252.



Summary of Key Findings

Dust disease impacts every part of a diagnosed person's life

As well as the clear physical impact, the diagnosis can have a significant and far-reaching impact on mental health, both that of the diagnosed person and their loved ones. There is a significant financial impact, with a diagnosis often coming with job loss and lack of financial recourse. Relationships are impacted as household dynamics shift and families grapple with strong emotions driven by the diagnosis.

Above all, the not knowing, and the inability to plan for the future is deeply debilitating.

There is no one-size-fitsall experience, but common themes emerge

Dust disease does not just impact stonemasons or bench cutters.

During this research we heard from people in mining, quarrying, concrete and other industries. Job roles also varied, from people 'at the front line' to cleaners and admin workers.

Exposure times also varied enormously, as did time from diagnosis to death. However, there were common themes around a lack of awareness, understanding, accountability and support; that negatively impacted all the individuals we spoke to.

It is important that silicosis is not solely considered a 'stonemason's disease'

Many report poor working conditions and a lack of enforcement

A lack of PPE, ventilation, dust suppression and other workplace prevention methods were reported, exacerbated by a lack of monitoring of air quality and of employees' health. Employers were seen to be prioritizing efficiency and profit over safety. Equally, workplace culture often meant employees did not feel comfortable speaking up. There was seen to be insufficient monitoring and enforcement of workplaces by the government and industry bodies.

The responsibility for safer workplace practices is seen to be with workers, employers and regulatory bodies

The diagnosis of a dust disease can be traumatic, as is what comes after

While hearing about a terminal diagnosis will always be traumatic, several people we spoke to were informed of their diagnosis in ways which were insensitive and unsupportive. These include being told over the phone and by email. Workers felt that they were not given information, advice and guidance on how to deal with the news, either from their healthcare professionals or workplaces. Many felt let down by their employers as they were made redundant with no further support of any kind - financial, emotional or medical.

More support is needed for workers who receive a diagnosis

Summary of Key Findings

Medical assistance is perceived to be limited

Interactions with healthcare professionals were not always positive. Some reported a delayed diagnosis due to doctors not noticing or recognizing symptoms, some felt that some doctors may be on the employers' side, not the employees', and many experienced a lack of postdiagnosis advice and support. This is also true of mental health professionals, who it was felt often did not understand the nature and severity of the disease, and as such did not offer appropriate support.

Medical professionals in all fields would benefit from education in the diagnosis and treatment of dust related diseases

Many worry their experiences will continue to be repeated

Many of those we spoke to felt that very little has changed from the circumstances that led to their diagnosis, and that this will lead to more Australians suffering from dust disease. They feel that employees often lack awareness of the disease: and that in some instances they are afraid to speak out for fear of being seen as a troublemaker or losing their job. The impacted individuals described feeling ignored by the industry, which some felt has a macho culture that also exacerbates the situation.

While there has been positive changes in the industry, there is concern it doesn't go far enough

Suggestions were made for improvements around prevention

The impacted workers and families we spoke to identified a number of areas that they believe would contribute to better prevention of dust diseases. These included better safety equipment and better external monitoring of employer practices, better education of employees and protections to ensure they can speak out about safety without being penalized. They would also like to see general public awareness about dust disease be raised.

Increased awareness across the board, including among the general public, workers and healthcare professions, will aid prevention

And for the improvement of post-diagnosis support

The people we spoke to would like to see companies held accountable for employees after diagnosis, rather than 'washing their hands' of them. They would like to see no employee lose out financially from a dust disease diagnosis, as they believe this fear is a barrier to workers getting tested when they have symptoms. They would like to see more sympathetic, knowledgeable and independent individuals in the healthcare system, and a clear support pathway for impacted individuals and their families after diagnosis.

Support for impacted individuals will help take away some of the 'unknowns' that are a debilitating factor of this disease

The Impacts of Living with Dust Disease



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Silicosis and other dust-related diseases affect every part of an impacted person's life











The physical impacts of dust disease are perhaps the first that come to mind when considering the disease



Diagnosed individuals and their loved ones described a range of symptoms:

- · Breathlessness & weakness
- Chest pains
- Flu-like symptoms
- Coughing (including coughing up mucus)

Aside from the symptoms themselves, concerns around physical health create other challenges:

- Fluctuations in health health can be inconsistent from one day to the next, so individuals never know what they will or won't be able to do
- Uncertainty not knowing if it is 'just a bad day' or an actual decline in health, and the impact this has on mental health
- Susceptibility to other conditions awareness that other illnesses such as flu could have a significant impact particularly relevant during COVID-19 pandemic
- Relying on others for help the frustration and difficulty of being increasingly unable to complete simple tasks, or to play with one's children or grandchildren

In the later stages of the disease, family members reported their loved ones needing to be on oxygen, and using mobility aids such as scooters and handles in the home.

(Please note: symptoms tend to be a later feature of silicosis, and several participants were not showing symptoms when diagnosed)

> The effects are not just about how health is impacted right now, but how it will be in the future – and the fear and uncertainty that comes from this. People don't know how long they have to live, or how long they have until their quality of life is severely impacted, and are scared each time they go for a test.

A couple of years ago I was doing some work in the garden, and I had exhausted my oxygen levels... no matter what I'm doing I have to stop

Worker

It's highly frustrating, no one really knows what's going to happen to their health. I've seen a big decline, it's become difficult to mow the lawns and if we do something too difficult around the house I'm wrecked



For many, the impact on mental health is significant and ongoing

Sufferers reported a range of negative emotions:

- Fear and anxiety about their condition, their future, and their family
- Guilt that they cannot work, are less able to contribute to family life, and the potential physical impact on their family
- Hopelessness that they have a terminal illness that they feel they have no control over
- Anger at the situation they are in, at their employers, other people in positions of power, and themselves
- Sadness at the thought of leaving behind their loved ones
- **Boredom and isolation**, with no purpose, nothing to do, and no-one to talk to
- Frustration that they need to rely on others for help, and that they have not received the support and assistance from the system

These feelings were exacerbated by a lack of certainty about their condition and their future.

He can't reconcile with the idea that you become very dependent. Mentally he's fine, he's always been strong willed. But when he has to ask someone you can see how hard it is for him, he'd rather not

Family member

I've gone from being a happy-go-lucky larrikin to my wife calling me a furious straight down the line grinch – you're always shitty

Worker

I've got no patience or tolerance at all. You flare up and come back down again. I only saw a counsellor twice in that first 12 months as there was so much else going on

Worker

Few report receiving effective assistance with their mental health. Some were offered 4-5 sessions through an Employee Assistance Program in their first year but often found the person treating them lacked understanding and empathy. Others, particularly older individuals, do not want to receive formal assistance with their mental health.

Some felt it would be easier to have died than to have silicosis, as support and compensation is easier to access in that case

Sometimes you feel you'd be better off losing a limb or dying – at least the compensation is set for that

Worker

He had no one. His workmates stopped talking to him because they thought it was something they could catch. He thought about taking his own life

Family member

I tried to do something stupid. I was feeling useless, no good, there was the shitty comments thrown at me by friends. I did try and do a silly stupid thing that I regret

Worker

This feeling is <u>not</u> just about wanting to end it all (although one did report a suicide attempt) – but rather a reaction to the processes in place that make gaining proper support, recognition and compensation for dust disease so difficult – whereas a death on the job has a clear compensation that would go to families to support them.



The impact on finances goes beyond simply struggling to pay the bills to a feeling of disempowerment

- Immediate termination from role with few offered a replacement role by their company
- A relatively short period of time covered by WorkCover with limited assistance in finding other employment options
- Diminished employability among those who are willing and able to work, with several applying for dozens of jobs unsuccessfully
- A lack of acknowledgement that this is a terminal disease, with a feeling that they are expected to work even when it is impossible
- A lack of legal recourse until they are very ill several stated they would be unable to seek legal relief until they were visibly very sick or 'at deaths door' as compensation is calculated on current physical condition not prognosis

You go for an interview and you go I've got dust, I can't breathe - and they won't even give you a job. My brother was a tradesman and he ended up on a mower

Worker

It's been financially hard, we survive, I'm grateful we have a roof over our head. Our goals of buying a new car and travelling have gone out the window. It's definitely had an impact. It's hard trying to explain to the kids

Family member

You feel like a bludger and a heel, you're sitting there while your wife is going off to work

Worker

Financial uncertainty has a significant detrimental impact on mental health, affecting self-esteem, causing anxiety and guilt, and worrying about the future of one's family.

There is naturally a knock-on impact on relationships, family and friends



- Loved ones often saw significant changes in their family member's **mental health** when diagnosed, and in the time following, which can put a strain on relationships
- They need to act as emotional support, and increasingly, as financial and physical support if the condition continues to progress
- They might feel **guilty** about their loved one's situation, and be **worried** about the impact of the situation on other family members (e.g. an elderly mum, or children)
- Loved ones may not take the time to safeguard their own mental and physical wellbeing, meaning they experience negative effects also
- They are also **scared for the future**, both in terms of financial practicalities, and the grief and fear of losing their loved one
- And for some, there is the real concern that they, or their children might have been impacted by dust disease themselves

He gets frustrated because he has to see me go out to work and he has to stay home and do nothing... we've all gone through that mental impact from me, to him, to our kids

Family member

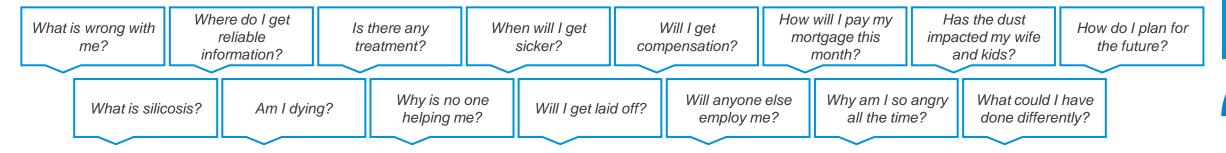
I've taken a considerable amount of time off work. We moved to be with her when she wasn't coping very well. She didn't trust having strangers in the house. I squabble with my husband, he asks why are you always with your mum?

Family member

Family members of diagnosed people are significantly impacted themselves, and are even less likely to seek support, as their focus is on the wellbeing of the individual with dust disease.

Above all, the uncertainty at every step is deeply debilitating – there is no way to plan for the future





It's hard I don't know what's going to happen...I've got a 2-year-old and a 4-year-old and it breaks my heart and it makes me teary every time I talk about my children

Worker

Our future is uncertain. I don't like to admit it, but I do cry. I love my wife, and I love my kids to death. I want to be there for them

Worker

The hardest thing for me is if I die, what happens to my wife and family...the financial side plays on my mind. And my little granddaughter asked me if I had poison in me – it brought me to tears

The Dust Disease Journey



There is no one-size-fits-all journey, but similar contributing themes emerge in many stories



People from a wide variety of industries

Not just stonemasonry or bench cutting but miners, quarry workers, tunnellers, concrete and brick workers, construction workers and more.



People in a wide variety of job roles

Not just people 'on the front lines' but cleaners and admin workers too – this disease can impact anyone working within these industries.



Very different lengths of exposure

Some people we spoke to had developed dust disease after a 30+ year career, one woman had developed it after four months.



Wide variety of prognoses

Some were in their 80s or 90s, and had been living with their diagnosis for decades – another had died a few short years after their diagnosis at the age of 43

Despite these variations, many diagnosed workers and their loved ones have similar stories to tell, that carry themes of a lack of awareness, understanding, accountability and support.

However it is of high importance to the people we spoke to that their individual stories are heard and recognised, and that the breadth of impact that dust diseases can have are acknowledged.

Until diagnosis, many had not heard of their disease

In my 15 years underground, I had never heard the word black lung mentioned, not in our training videos, nothing. A lot of the older guys who had worked overseas knew about it, but most of us didn't even know there was such a thing

Worker

The boys [at work] were complaining that they had a lot of dust and couldn't breathe at night. I was also having trouble breathing. I work making concrete panels. There was so much dust there, I didn't know about safety. I was always thinking about being careful breaking an arm, not about this

Worker

She used to clean my dad's factory and was not aware of the danger. She said she couldn't breathe wearing a mask, so she didn't wear it. She took off her apron she wore, she didn't come home with it, but that was it

Family member

Everyone we spoke to described a lack of awareness of the disease – many heard the name of their condition for the first time on diagnosis – and many feel this is still the case today.

Many experienced working conditions (and attitudes) that directly contributed to their diagnosis

- ➤ Lack of suitable PPE if masks were used, they were often paper, re-used (by multiple people), stored poorly, not fitted correctly
- ➤ Lack of ventilation/air conditioning several people described working in spaces with no ventilation or air conditioning in very dusty environments
- ➤ No dust suppression many instances of dust routinely in the atmosphere e.g. kicked up by lorries on site, with no water suppression
- ➤ Lack of dust-specific safety training most told us that there was little or no mention of dust during their inductions
- ➤ Lack of other facilities e.g. showers & washing machines while some sites seem to be adding these facilities, they are patchy or insufficient, e.g. 2 showers for a whole site and people are obliged to be off site within 15 minutes of their shift ending
- Lack of air monitoring (or monitoring incorrectly carried out) many reports of air monitoring results being hidden/not submitted, or written off as 'incorrect' if showing a high count
- ▶ Lack of routine medical testing stories of no medicals being given, whole workforces being laid off and re-hired to avoid routine testing
- ➤ Employer attitudes don't complain, get the job done a feeling that any complaint will result in a loss of job
- ▼ Employee attitudes don't be 'seen as weak' a feeling that colleagues will put pressure on you if you choose to speak up about safety

While some workers and family members attributed these conditions to a lack of awareness, others stated clearly that employers were aware of the dangers and chose to cut corners, putting efficiency and profitability above safety.

There was no such things as protective gear when he started working. He was so unwell from such a young age...I would say at least 90% of the gentlemen he use to work with have passed away

Family member

I always wore my mask but there was no enforcement of it. They put warning signs on the finished products to warn consumers, but there was no understanding, no training, no monitoring

Worker

We used to sweep up the dust with brooms and pick it up with shovels. We were covered in the stuff

And they feel a lack of enforcement from government and industry bodies means employers were not held accountable

- While some believed that there was a lack of awareness among employers, others believed employers knew the risks and chose productivity over safety
- They held their employers responsible, but they also laid blame with WorkSafe and the government for a perceived lack of proper regulation, monitoring and enforcement of company practices
- They would also like to see the government take more of a role in providing accurate information about dust disease
- As well as providing support in terms of financial assistance, and physical and mental health

Companies will do the minimum to comply with regulations, not the maximum to keep the employees safe

Worker

Employers have known about silicosis but nothing was set in stone, the medical screening was not constant... companies are allowed to get away with slacking off for their responsibilities. There should be penalties

Worker

Inspectors would call the company beforehand and so employees know WorkSafe is coming, so they clean up or only run certain equipment

Worker

Impacted people felt that without stricter regulations, better monitoring and harsher penalties, Australians will continue to be diagnosed with, and die from, silicosis and other dust related diseases – and they believe the government should take a more active role in supporting them now they have been diagnosed.

Mine was picked up by a company medical. I got an email back with all these bloody words you've never heard of. They gave me no information. I looked it up and it said life expectancy was 2 – 5 years

Worker

When I found out about my diagnosis I had had no symptoms, it was a routine check. I was taken off to one of the offices and I was told over the phone 'you have silicosis, don't be alarmed' and then they said 'are your affairs in order' I said no, he said 'get your affairs in order'. There was no manager there to see if I was alright, so I just went back to work. And then I had to go and tell my wife *Worker*

The trauma of diagnosis is exacerbated if professionals lack knowledge, sensitivity, and ethical standards



• Lack of knowledge – medical professionals not spotting the disease (and instead diagnosing asthma, bronchitis etc.), not understanding the prognosis, and not informing patients of their options for information, advice and support at diagnosis



 Lack of sensitivity – particularly when a condition is diagnosed by a workplace medical or WorkCover doctor, individuals report receiving a diagnosis over the phone, or even by email – with no support whatsoever, and being left to themselves to process the news and inform their families



 Lack of ethics – some felt that the medical professionals they were sent to by their workplace were 'in the pockets' of their employers and had a vested interest in not spotting the condition, or of blaming it on smoking, childhood pneumonia, or some other pre-existing condition in an attempt to absolve the employer of liability

This negative diagnosis experience has an impact on mental health, on ongoing treatment, and in the confidence that impacted individuals have in the professionals who are supposed to treat them. This can leave them feeling isolated and unsupported.

The battle continues after diagnosis, as employees are immediately made redundant with no support

- Immediately sent home/laid off from work with no discussion, support or care
- Offered inappropriate or impossible work
 placements e.g. working from home without proper
 equipment or offered a role hours away
- No support to process diagnosis or get information or advice
- Discouraged from speaking to other employees and even threatened with action for doing so
- Misinformation spread about them in workplace
 e.g. that they did not get the illness there and shouldn't
 be trusted, leading to them losing friends
- Feeling blamed for their own diagnosis and feeling that their employer is doing everything possible to not take responsibility e.g. blaming smoking or pre-existing conditions
- Receiving no further contact from their workplace leaving them feeling poorly treated
- Getting no help to find another job despite knowing they get only a limited amount of money from WorkCover/ employer's insurance

After I got my diagnosis I went home and they went and told everyone that if anyone heard about someone being sick it wasn't true, it was a rumour, that person had got it elsewhere

Worker

My work said you can't come on site... they were making it difficult to work from home, I had no printers, they're just trying to push me out

Worker

I'd had a scan but hadn't been 'properly' diagnosed yet. I asked if I could minimise my exposure until I was fully diagnosed. I was scared. They said no

Worker

Aside from the obvious financial implications of being out of work with few employment prospects, the way workers have been treated by their employers makes them feel rightfully angry and bitter.

A lack of immediately available, relevant information makes a difficult time far worse

- Without support and information from healthcare professionals, newly diagnosed people and their families naturally turn to the internet
- The information found tends to be basic, and describing worst case scenarios
- Few reported finding information from Australia, and only one or two had come across The Lung Foundation

My wife had been crying everyday because we'd read that it was a 2-5 year diagnosis. My company told me I shouldn't have googled. But they didn't give me any information!

Worker

This influx of negative information at their most vulnerable point has a profound impact on the mental health of the impacted individual and their loved ones.

Silicosis occurs when crystalline silica dust scars the lungs. It's a serious and incurable disease, with symptoms including shortness of breath, coughing, fatigue and weight loss. In severe cases, silicosis can require a lung transplant or lead to death.

How Is Silicosis Treated?

There's no cure for silicosis right now. Treatments can help you manage your symptoms.

www.worksafe.qld.gov.au > assets > silica-lung-factsheet ▼ PDF

Silica and the lung - Worksafe QLD

Silicosis: incurable lung tissue scarring that stops oxygen being absorbed and can lead to disability or death. Simple **silicosis** involves formation of small spots of ...

Once diagnosed, the disease generally progresses over time. Patients with accelerated silicosis may progress to progressive massive fibrosis over a period of four to five years. Overall, people diagnosed with silicosis lose an average 11.6 years of life. So, prevention is vital.

The symptoms become severe as the condition gets worse. Eventually, you might find simple activities such as walking or climbing stairs difficult. You might also have trouble sleeping and eating properly.

Silicosis resulted in at least 43,000 deaths globally in 2013, down from at least 50,000 deaths in 1990.^[5]

The perception is that financial support only lasts a short time – and the bureaucracy can be overwhelming

- The workers reported being able to access from 52 to 130 weeks of WorkCover financial payments (with 52 weeks being the case for all but one of the people we spoke to)
 - Please note this may reflect a lack of knowledge, awareness or support in accessing financial assistance among impacted individuals, as WorkCover is not limited in this
- Some reported even finding accessing this support difficult, feeling that the insurance companies made a stressful time even worse
- Where WorkCover has helped find employment, there were two instances of employment being unsuitable - one person was placed in casual employment, and another was placed in a COVID guarantine hotel as a security guard despite being in a vulnerable group due to their diagnosis
- After the initial period of payments has ceased, impacted individuals are then unable to access any further support until they are visibly very ill, as pay-outs are based on (or perceived to be based on) one's current physical condition rather than future prognosis

This is a total, permanent disability. Why should we have to jump through hoops when it's all in front of their faces?

Worker

I wake up from the breathing problems and I'm scared to go back to sleep. The insurance companies are very difficult to deal with - they keep going 'why aren't you better yet, haven't you got better yet' - they make the problems worse

Worker

Financial support lasts a relatively short time, and even so, impacted workers sometimes feel like they are being accused of being liars, or lazy. It does not feel like dust disease is acknowledged as a terminal disease. Those who want to work find it difficult to access employment, and those who cannot work do not get the support they need in the longer term.

Despite the significant impacts on mental health, services are perceived to be limited and sometimes not fit for purpose

- Some workers received 4 5 sessions through an Employee Assistance Program which have to be taken within the first year rather than on an ongoing basis when required as impacted people come to terms with their condition
- The mental health professionals they saw often did not understand the condition and so could not effectively treat the impacted individuals
- Despite the significant impact on families, no support was offered to the loved ones of impacted people, so they often go entirely unsupported
- Many of the impacted individuals are men for whom seeking mental health support might not come naturally

I'd rather see someone who knows what I am going through, who is sympathetic and understanding. I went for five sessions, the therapist told me to apply for more. It took them three months to approve them

Worker

The first 12 months is not when you need it – you're occupied with finding out about it, tying up loose ends. It's after the 12 months when you're sitting at home and it's on your mind every single day

Worker

Going to see a psychologist was uncomfortable. She didn't understand it. I had to explain it but even I didn't know how to explain it. She thought maybe it was like a cold

Worker

The lack of mental health support contributed to the overall impact on the lives of diagnosed individuals and their loved ones

And this is exacerbated by a lack of support and understanding from other sources too

- Some lost friends from their workplace, with some friends stepping back as they don't
 understand the diagnosis, or don't want to be seen as 'supporting' someone with dust
 disease
- Impacted people felt they have no support from the government who they see as
 failing to support them, and failing in their duty to properly regulate and monitor the
 industries where this occurs
- Few had managed to find support groups to reach out to
- Some had sought out people with similar experiences through Facebook, and found this beneficial
- And where people had made contact with a support group, this made a positive difference in their lives



People impacted by dust disease often feel alone and like no-one can understand their situation. Making contact with like-minded people can make a genuine positive difference to their lives

We've never been offered emotional support for families. We were not offered support groups, I had to search Facebook and things to find likeminded people

Worker

I've lost friends that still work there. It's the vilification and brain washing, they've been telling them it's my fault, HR told them I used to be a stonemason, a benchmaker. I have NEVER done that job"

Worker

GARDS are good at supporting people through the journey, and loan equipment while you're ill... they show you where to go and what to do.

Family member

They are worried that workplace practices and culture means more of their colleagues and friends will be affected



Scared of losing their job

As soon as diagnosis of a dust-related disease happens, workers can no longer stay in the industry and will lose their job, and know they might find it very difficult to find work elsewhere



Scared to 'rock the boat'

Some report that other workers won't engage with discussion around dust disease, talk to unions or sign petitions about it, for fear of being censured by employers, particularly when contract or casual as many staff in these industries are



Not enough education / training

Staff are not told about the dangers they face from silica dust, and as such cannot make informed choices about their willingness to be exposed to risk



Impacted people are ignored

People who are impacted by dust disease are kept away from the workforce – and in some cases, threatened with legal action if they talk to their colleagues about the risks



'Macho' culture

Some have a fear of being seen to be 'weak' by wearing protective equipment or expressing concerns about safety. Also a stereotypically male reticence to seek medical advice

Several of those we spoke to have sought to advocate to their colleagues about silicosis and other dust diseases, since their diagnosis – and have found it difficult to connect with and engage other workers, who are fearful of the consequences.



Workers' and Families' Suggestions for Change

Based on their experiences, the workers and family members we spoke to identified a number of areas for change, with two overarching themes



Dust Disease Prevention

- Better safety equipment and monitoring in the workplace
- Education, education, education
- Protect employees and give them ways to speak up
- Increase awareness and understanding of the disease – who is affected and the impacts it has



Supporting impacted individuals

- Enforce employer accountability after diagnosis
- Ensure no employee loses out financially through a dust disease diagnosis
- Ensure healthcare professionals are impartial, knowledgeable and sensitive
- Give impacted workers and their families clear pathways for support after diagnosis

Better safety equipment and monitoring in the workplace



What we heard from workers and their families:

Employers choose productivity over safety, choosing to cut corners and not follow best practice; and do not provide appropriate PPE or equipment to maximise the safety of their employees

What workers and their families would like to see:

Workplace safety should be paramount, and employers should be required to provide proper and appropriate safety gear including masks/helmets, suits, dust extraction equipment, showers, washing machines etc.

Suggested solutions from impacted individuals:

- · Set comprehensive and detailed minimum standards for all safety equipment
- Set and enforce safe exposure times, regular health checks, ongoing air monitoring etc.
- Monitor and enforce these standards through regular surprise inspections
- Set significant financial penalties for companies that do not adhere to these requirements
- Facilitate anonymous reporting channels to allow workers to report unsafe conditions without feeling their job is at risk

I have mates still using a portable vacuum cleaner. At the start we were only given a plastic mask, then a rubber...[he] kept asking for one but the best they could do was give them a second hand one. They always say safety before production but there's no enforcement

Worker

With the dust monitoring... if you were bagging it and a bag pops, you'd be covered in dust like a snowman. If you were wearing a dust monitor they wouldn't send those results as they'd say it wasn't 'typical exposure'

Education, education, education



What we heard from workers and their families:

Many employees have not heard of silicosis (or other dust diseases), and do not know the dangers of working with silica dust, or how to mitigate those dangers

What workers and their families would like to see:

Employees should fully understand the dangers of silica dust, they should know where silica dust comes from and how to protect themselves and their colleagues from exposure

Suggested solutions from impacted individuals:

- Education around silica dust from VCAL and other training onwards
- · A focus on the dangers of silica and other dusts in employee inductions
- Ensure self-employed people and sole traders are communicated with also
- OH&S audits to ensure all employees are up to date with training
- Graphic messaging showing the impacts on lungs, potentially delivered to employees by people suffering from the disease

I encouraged her to get this job. They said 'are you okay with a dusty environment', we said fine - if they had said to us 'silica dust is as deadly as asbestos', we would have said no we'll deal with the financial issues a different way

Family member

What better person to get an induction from than someone who has already got it, and what better way to keep those people employed. You may as well get them to stand in front of the next employees and say it's real and it will hurt you because that's what it did to me

Protect employees and give them ways to speak up



What we heard from workers and their families:

Workplace culture does not encourage employees to speak up about safety issues, and employees can worry that by speaking up they will lose their job

What workers and their families would like to see:

Employees should feel empowered and safe to speak up about dangers in the workplace and be given appropriate channels to do so

Suggested solutions from impacted individuals:

- Emphasise the importance of taking responsibility for one's own safety and the safety of one's colleagues, from induction
- Encourage employees to communicate with one another and with ex-employees, including those who have received diagnoses
- Ensure that no employee is penalised for speaking up about working conditions

Back in the day if you handed them a mask they would have laughed, it was more of a boys' world. If you brought in a doctor or a medical professional to put it in black and white and show what is going to happen if they didn't protect themselves, maybe they'd listen

Worker

I walked around last night trying to get signatures... to my amazement guys would not sign or succumb to do a test because they were too scared to lose their job

Increase awareness and understanding of the disease – who is affected and the impacts it has



What we heard from workers and their families:

Very few people know about or understand dust disease, and those who do often associate it erroneously with the stone bench top industry alone. This lack of knowledge contributes to sufferers feeling misunderstood, and potentially conditions going undetected among impacted individuals

What workers and their families would like to see:

General awareness of silicosis and other dust diseases should be raised, the same way it was with asbestosis – the general public being more aware will be a catalyst for change

Suggested solutions from impacted individuals:

- Education across the board (public, professionals, employers and government) that this disease impacts people in a wide range of industries and occupations
- Highlight how and why people are getting this diagnosis
- Use public opinion to put more pressure on employers and regulatory bodies to take action against silicosis and other dust diseases
- Create a register of impacted individuals, past and current, and ensure that people who have a
 history of working in dust related industries are receiving health checks

Another concern of mine, it's not current employees, it's the previous ones. Are you going to do anything for them? We've got a silicosis register together; we're telling people at work to fill it in to safeguard themselves in future

Worker

I saw people commenting on a news story about a silicosis sufferer, saying they were milking the system. It was disgusting. It's down to a lack of knowledge and awareness

Enforce employer accountability after diagnosis



What we heard from workers and their families:

Employers wash their hands of impacted workers after their diagnosis

What workers and their families would like to see:

If an employee becomes ill or incapacitated on the job, the employer should be held financially responsible

Suggested solutions from impacted individuals:

- Establish liability, meaning workers don't have to fight to prove that their occupation caused their illness
- Make employers financially responsible for the diagnoses people receive
- · Ensure any company working with silica is on a register
- Consider creating an industry fund to increase financial accountability and give impacted people financial recourse, whether they are full time or contract
- · Make it illegal to penalise workers for speaking out

Once you're off the books it feels like they wash their hands of you. For all the money these big companies make...it's 'see you later, good luck' - it's pretty heartbreaking

Worker

When you find out you have it, you get fired and they often turn their back on you. No responsibility, no sympathy

Ensure no employee loses out financially through a dust disease diagnosis



What we heard from workers and their families:

Some employees are unwilling to get tested for dust disease despite displaying symptoms, as they know that if they test positive, they will lose their job

What workers and their families would like to see:

No employee should suffer financially as a result of a dust disease diagnosis

Suggested solutions from impacted individuals:

- If the employee is willing and able to work, they should be offered appropriate equivalent employment at a place suitable for them (e.g. not delivering pizzas, and not a two hour commute away)
- In the event that it is required, retraining should be offered
- If the employee is unable to work, full lifetime compensation should be given upon diagnosis of a dust disease
- Medical needs (including mental health support) should be provided without cost

Regardless of the risk they need to go there to put bread and butter on their plate, you just don't want to give up your job, the importance of money and feeding your family is absolutely paramount

Worker

I've got a lot of mates that are too scared to get their lungs x-rayed because they'll end up like me, unemployed. A lot of these blokes have family - they can't afford to be told one day you've got something on your lungs and you're not allowed back on site

Worker

Ensure healthcare professionals are impartial, knowledgeable and sensitive



What we heard from workers and their families:

Some people's diagnoses were delayed due to a lack of knowledge and understanding of dust disease, and some diagnoses were delivered in insensitive ways. Appropriate support post-diagnosis was also lacking

What workers and their families would like to see:

Healthcare professionals should be knowledgeable, impartial and sensitive

Suggested solutions from impacted individuals:

- No doctor should be in paid employment of any company in a dust-related industry
- No diagnosis of any life altering or terminal disease should ever be given over the phone or in an email this news should be delivered face to face, by a knowledgeable professional, with appropriate support and advice available
- Healthcare professionals in both physical and mental health should be educated on the symptoms, diagnosis, prognosis and implications of dust diseases and taught how to offer appropriate support

None of these doctors have never even seen a coal mine. Some of them have been trained in the last 2 years but they're still missing it [when they look at the x-rays]

Worker

The doctors that get paid by the coal companies will look and say you don't have it. So all the workers got x-rays by their local doctors, but those doctors admitted they didn't even know what to look for

Worker

Give impacted workers and their families clear pathways for support after diagnosis



What we heard from workers and their families:

Upon diagnosis, impacted workers don't know where to go for information, advice and guidance on the physical, emotional, financial or practical realities they face. This can have a significant negative impact on themselves and their families

What workers and their families would like to see:

Impacted people and their families should have personalised, one to one support to help them navigate the situation they find themselves in

Suggested solutions from impacted individuals:

- · Detailed, clear and impartial information available at diagnosis
- More support and advocacy groups to connect up sufferers
- Specialised doctors and mental health professionals to provide targeted advice
- Specialised clinics that focus on the management and treatment of dust diseases through exercise etc.
- Provide case workers to help people navigate any sources of support they can access
- · Assistance with accessing employment and financial aid
- Holistic focus on family mental health after diagnosis, dealing with feelings of grief and guilt, depression, anxiety, disruption in sleeping patterns etc.

It was all still very new when I got diagnosed. My employer wasn't allowed to have me back on site so they let me go. There was no re-training, no assistance to help me get a new job

Worker

We live in a small rural town, so I have to advocate for him. When I've been to specialists, people don't talk about it, it's not discussed, in our world there's nothing available, there's no groups

Family member



Quantitative Findings



Summary of Key Findings



Stonemasons have a good awareness of the dangers of silica dust, and this has stayed steady since last wave, with some directional improvements

Almost all (94%) of stonemasons had heard of silica dust, and the majority of stonemasons remain **very familiar with the risks** of silica dust (74%). Both these figures are comparable with 2019.

Although not statistically significant, there is a **directional positive shift** in the number of stonemasons' **workplaces engaging with best practice** around silica dust.

Almost all (94%) say any exposure to silica dust is a risk to avoid. Having said that, there remains a small but significant minority who are willing to tolerate some exposure (15%) and a strong perception that sometimes exposure is unavoidable (70%), and almost a third (29%) agree that sometimes dust control measures get in the way. These figures all stayed relatively steady since last wave, suggesting there is still some work to be done communicating risk.

A significant change this wave is to the number of stonemasons who personally suspect their health has been impacted by silica dust, which is up to 42% from 23%. This could be related to the increase in the number aware of most symptoms, which increases from 59% to 73%. Almost a quarter (24%) have sought or intend to seek medical attention, up from 14%.



There is a less positive story among other tradespeople, with a range of awareness and positive behaviour measures decreasing since 2019

While awareness of silica dust remains stable (73% in 2021, cf. 75% in 2019), the number of **other tradespeople saying they are 'very familiar' with the risks of silica dust has dropped significantly, to just 24%** (from 33% in 2019). This could be driven by a lower number of stories in the news/media, which has dropped significantly as a channel through which to hear about silica.

The number of other tradespeople saying 'any silica exposure is a risk they would avoid' has dropped, from 85% to 76%; and the number who say their risk is 'not completely under control' has increased significantly, from 62% to 73%.

The engagement of other tradespeople with a range of dust control measures has decreased significantly since 2019. A significantly lower number of other tradespeople say their workplaces are actively taking steps to minimize exposure (from 73% in 2019 to 62% in 2021).

This data indicates that it will be important to increase communications to relevant individuals and workplaces outside the stonemason industry around the dangers of silica dust, as their understanding of and engagement with the issues seem to be decreasing.

Awareness & Attitudes



Awareness of silica dust is high, and remains unchanged between the two waves

Awareness and familiarity with the risks of crystalline silica dust

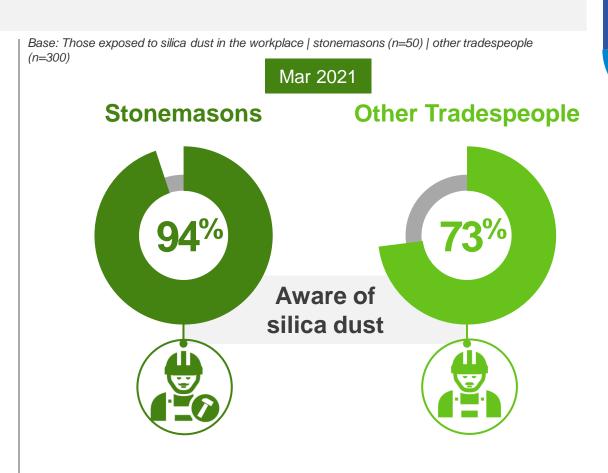
Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)



Aware of

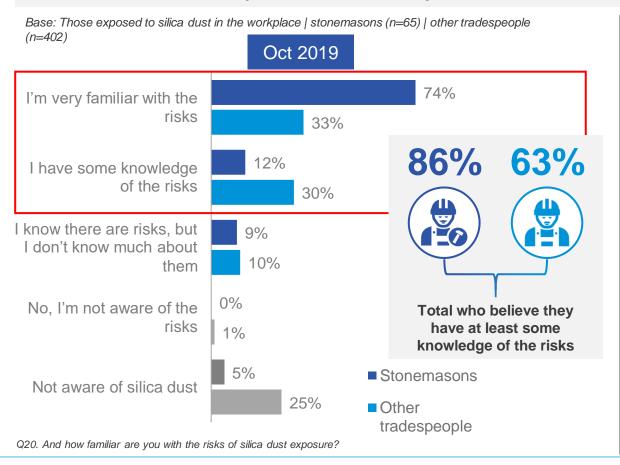
silica dust

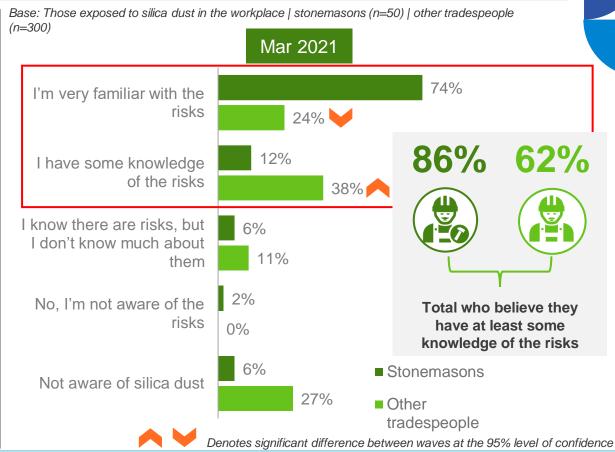
Q19. Before today, had you heard of crystalline silica dust?



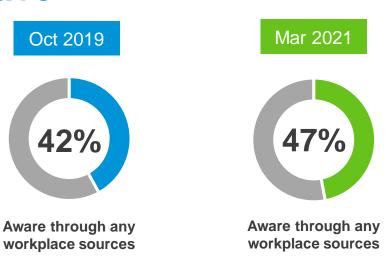
The proportion of other tradespeople 'very familiar' with the risks has dropped significantly since 2019

Awareness and familiarity with the risks of crystalline silica dust





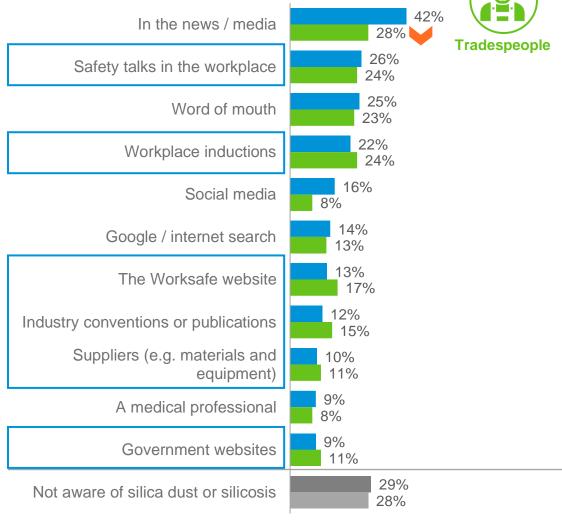
Although industry and workplace channels remain the same as a driver of knowledge, awareness through news / media is significantly lower this wave



Q40. Through what channels have you heard about silica dust and/or silicosis in the last 12 months? *Online sample only excludes CATI. Comprises n=244 tradespeople and n=6 stonemasons (2019) and n=244 tradespeople and n=6 stonemasons (2021).

Channels driving awareness

Base: Tradespeople exposed to silica dust in the workplace (n=250* each wave)



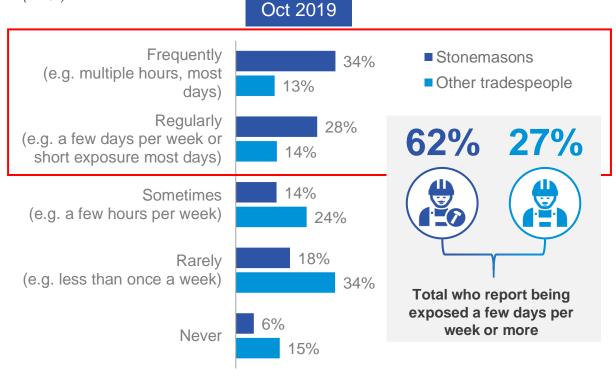


Denotes significant difference between waves at the 95% level of confidence

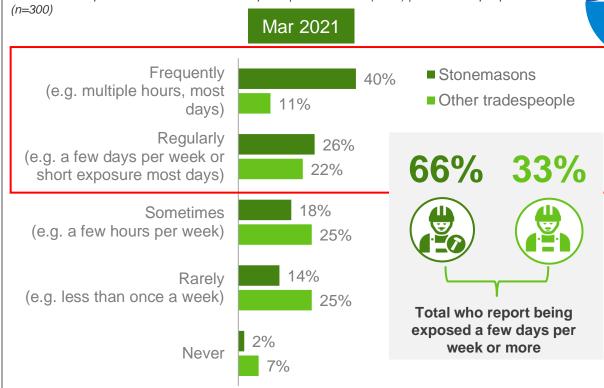
Exposure levels among both groups have gone up slightly – while not statistically significant at this stage it should be monitored

Exposure to silica dust

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)



Q21. Which of the following best describes how much time you spend working around silica dust on a typical workday or week?



Q21. Which of the following best describes how much time you spend working around silica dust on a

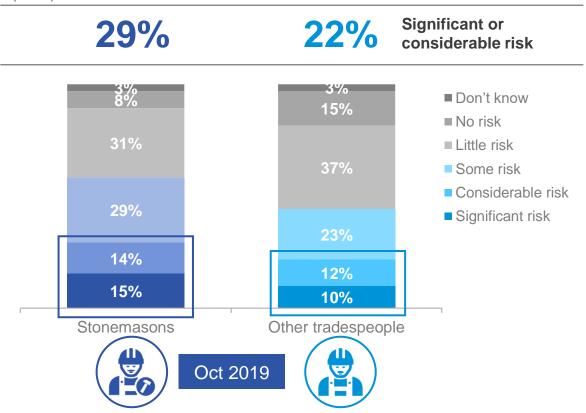
Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople

typical workday or week?

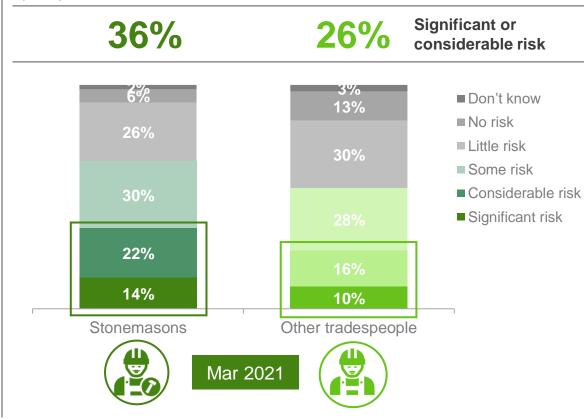
Perceptions of personal risk from dust exposure has also raised slightly but not significantly

Perceived personal risk of silica dust exposure

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)



Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)

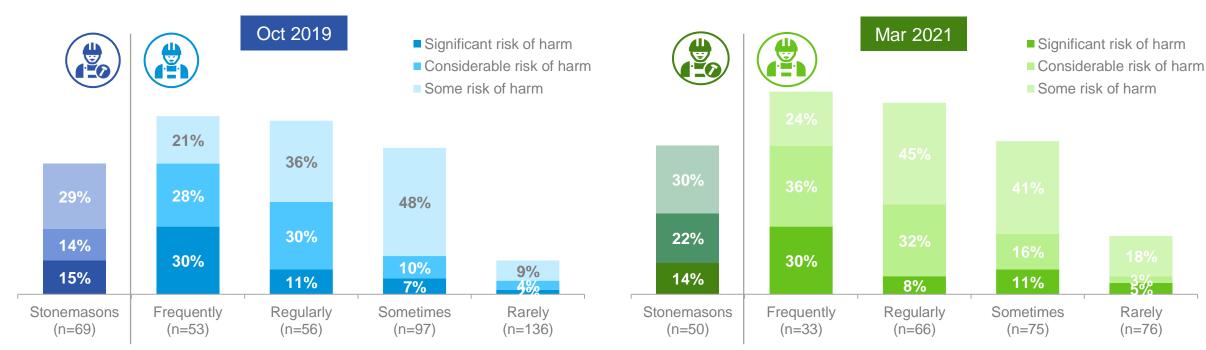


As in 2019, the level of personal risk perceived amongst tradespeople increases with frequency of exposure to silica dust

Perceived risk by time spent working around silica dust

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)

Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)



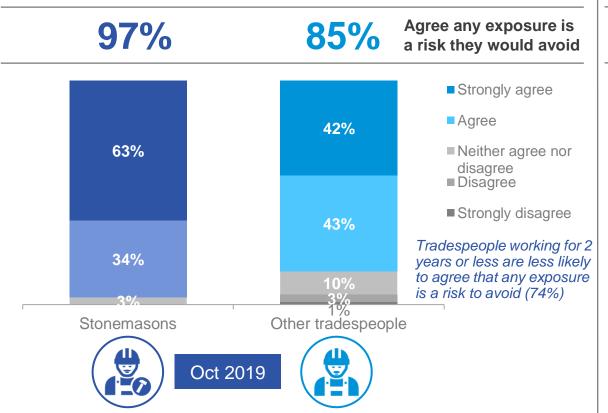
Q22. To what extent do you personally think you are at risk of harm from exposure to silica dust? Q21. Which of the following best describes how much time you spend working around silica dust on a typical workday or week?

Perceptions of risk from silica dust are closely linked with risk of exposure, though even amongst those working around silica dust frequently, only three in ten identify significant personal risk.

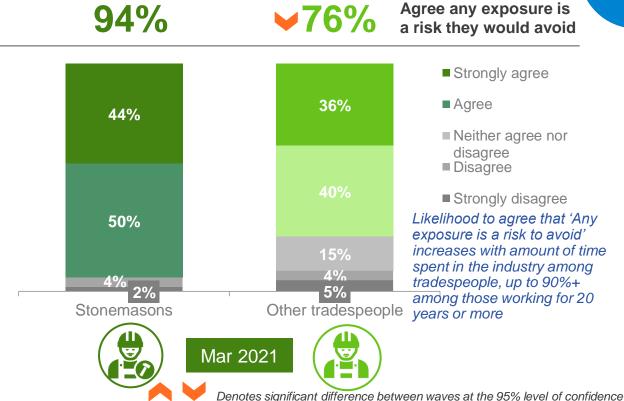
The number of other tradespeople saying any exposure is a risk to avoid has seen a significant drop in this wave

Any exposure is a risk to avoid

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)

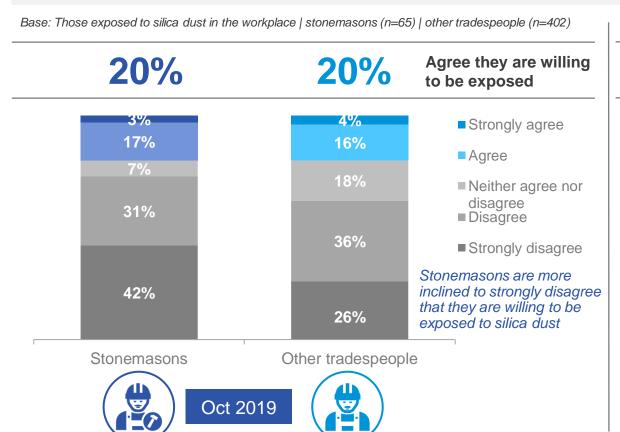


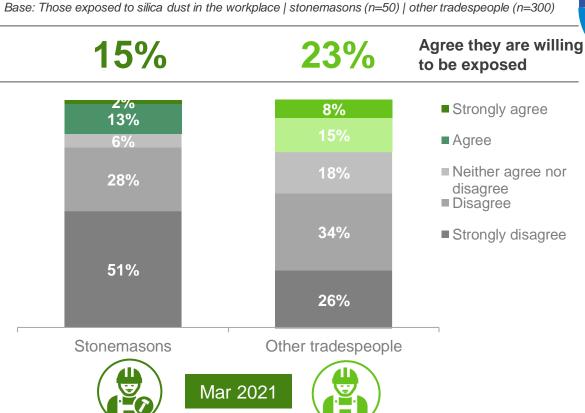
Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)



However those willing to tolerate some dust exposure has stayed relatively steady since last wave

Willing to be exposed to some silica dust

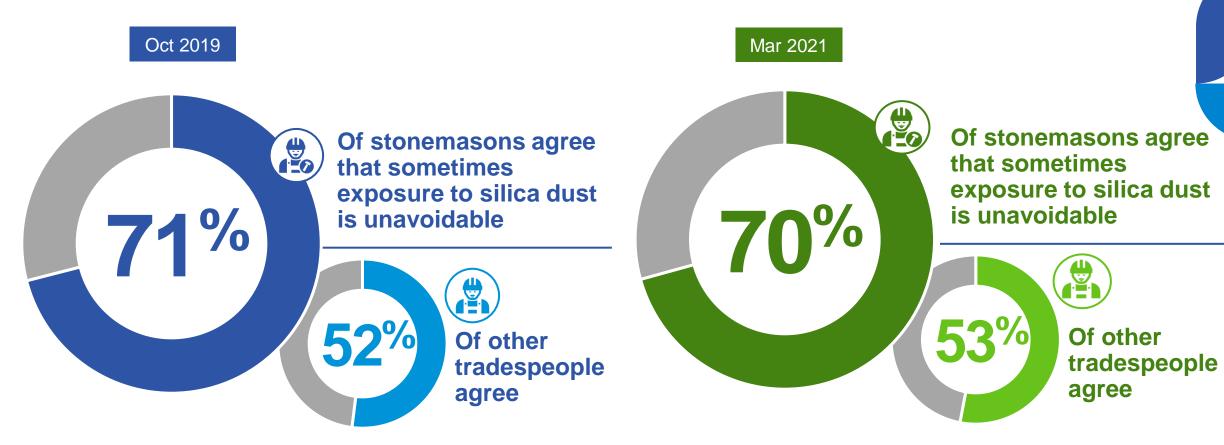




Dust control behaviours



There is still a strong perception that sometimes exposure to silica dust is unavoidable



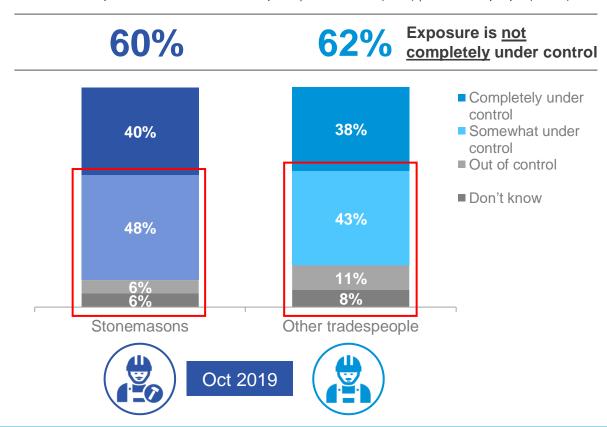
Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300) Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402) Q30. Agreement level about your safety in the workplace and working with silica dust: Sometimes my exposure to silica dust is unavoidable (Excludes Don't know / not applicable)

Department of Health

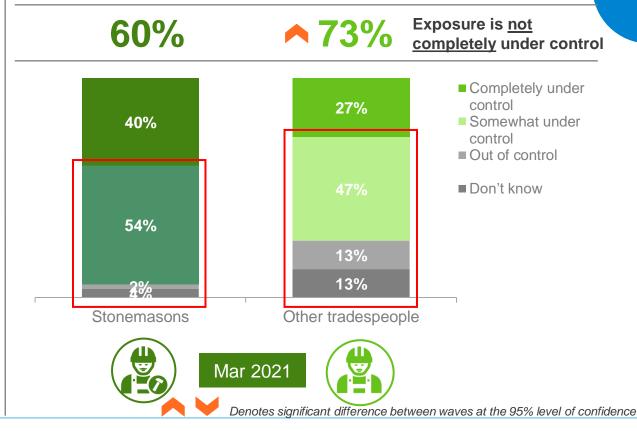
The number of tradespeople saying their exposure is not completely under control has significantly increased

Level of control of silica dust exposure

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)



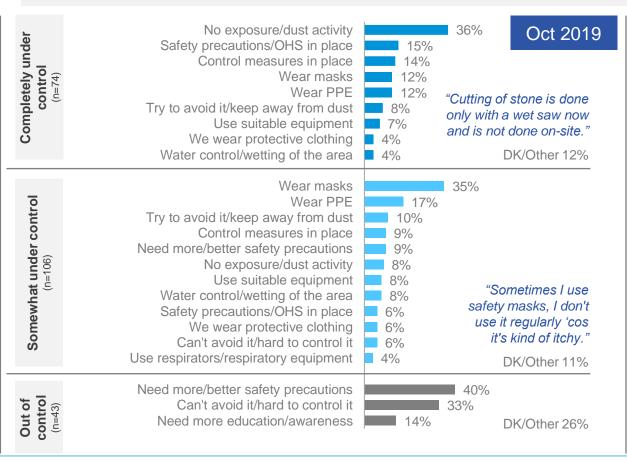
Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)

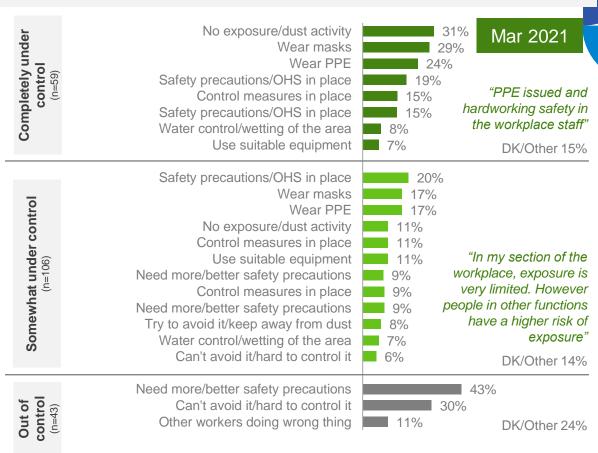


Q23. To what extent do you feel you are implementing adequate control measures in your workplace to protect you from exposure to silica dust? My exposure is...

Those who say exposure is out of control state the need for improved safety precautions

Reason for response amongst tradespeople

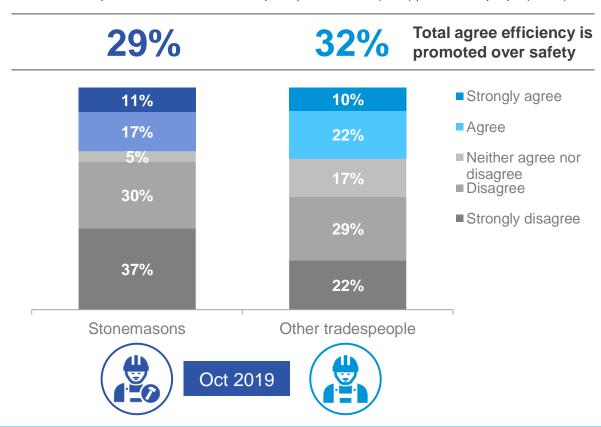




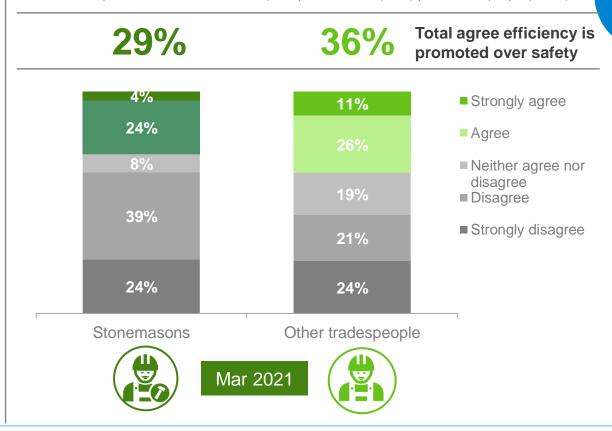
The number of tradespeople agreeing that time and cost efficiency is promoted over safety in their workplace has stayed relatively steady

Time and cost efficiency vs. safety in the workplace

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)



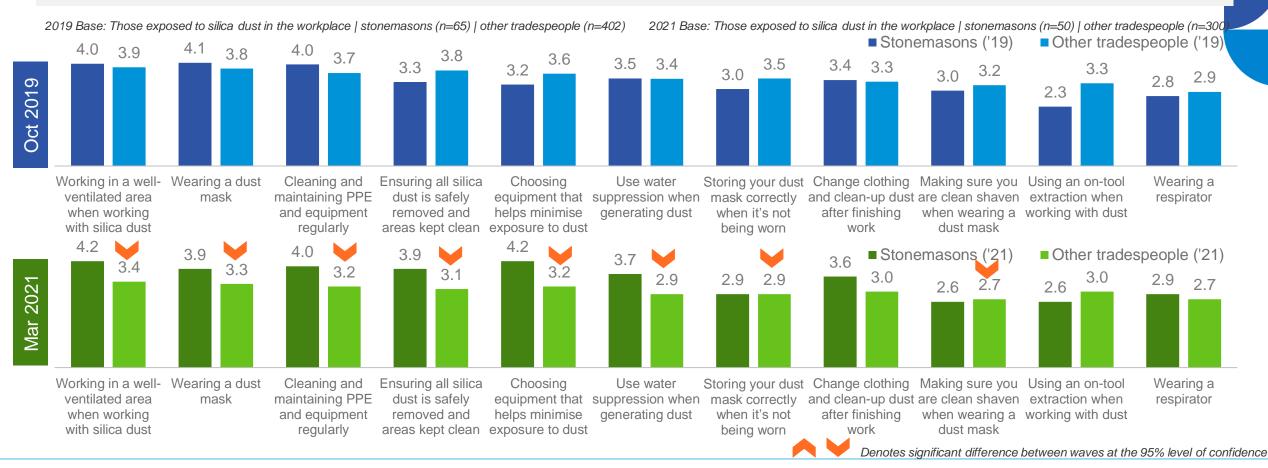
Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)



Department of Health

In this wave, the engagement of other tradespeople with a number of dust control measures has dropped significantly

Control measure behaviour – average engagement in control measures from 0 (never) to 5 (always)

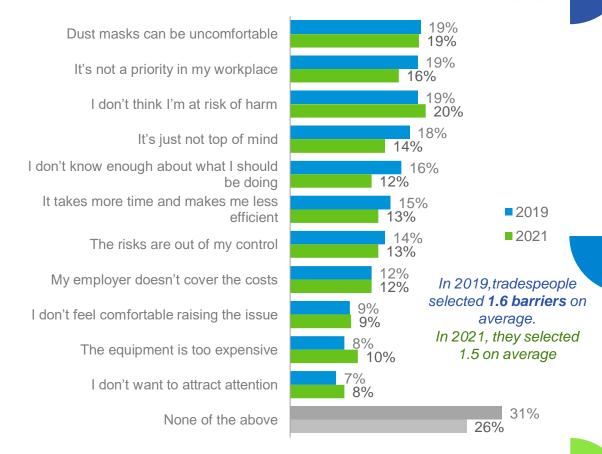


The key barriers to appropriate control measures remain unchanged since the last wave

Barriers to appropriate dust control measures

Tradespeople

Base: Tradespeople exposed to silica dust in the workplace (n=250* per wave)

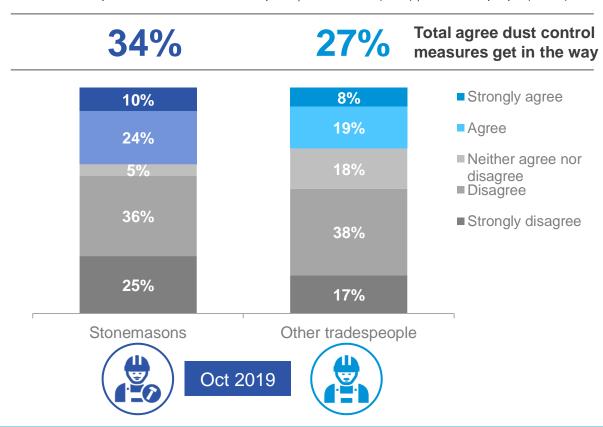


Q28. Which of the following currently prevents you from using the appropriate dust control measures? *Online sample only excludes CATI. 2019 Comprises n=244 tradespeople and n=6 stonemasons. 2021 Comprises n=244 tradespeople and n=6 stonemasons.

As in 2019, around a third of tradespeople acknowledge that dust control measures get in the way

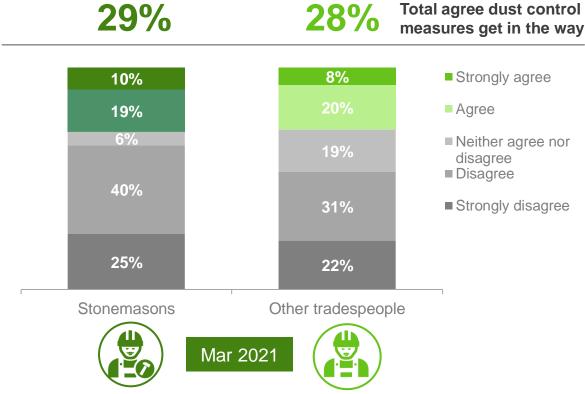
Dust control measures get in the way of doing the job

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)



Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)

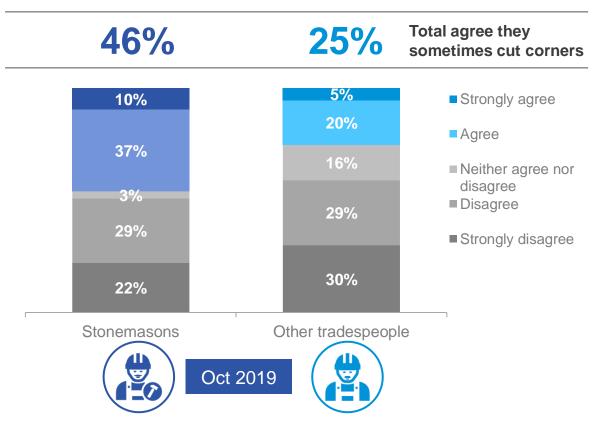
Total agree dust cont

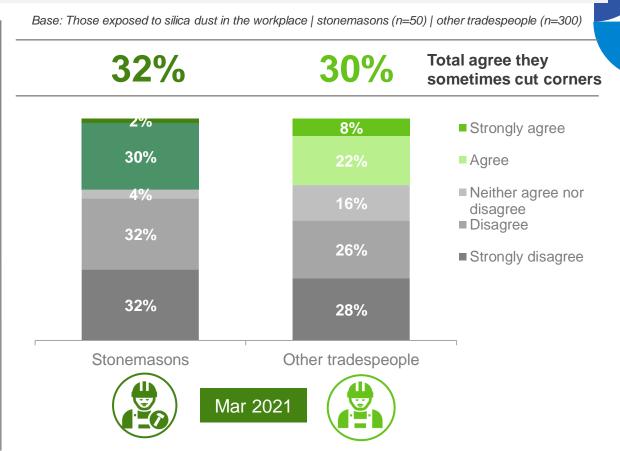


Around one in three tradespeople admit they sometimes cut corners when it comes to dust safety

Cutting corners when it comes to safety

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)







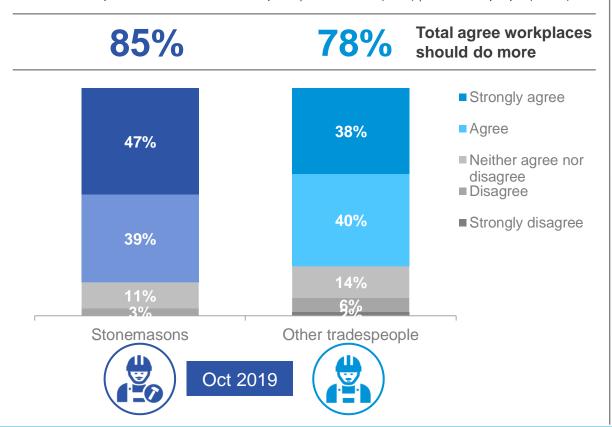
Industry considerations



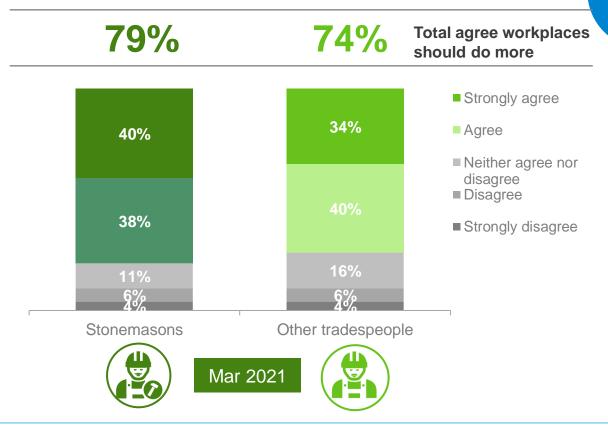
As in 2019, around three in four stonemasons and other tradespeople agree that workplaces should do more to minimise dust

Workplaces should do more to minimise exposure to dust.

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)



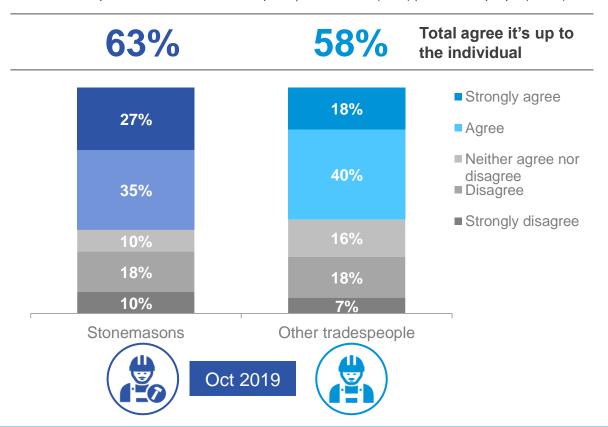
Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)

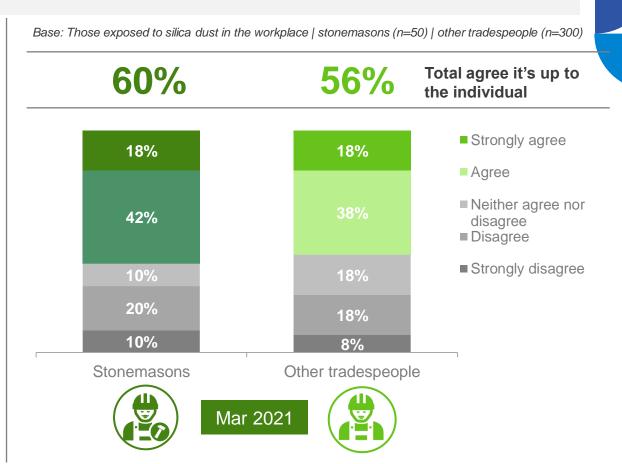


And a majority of both groups still feel that it is also up to the individual to manage their own exposure

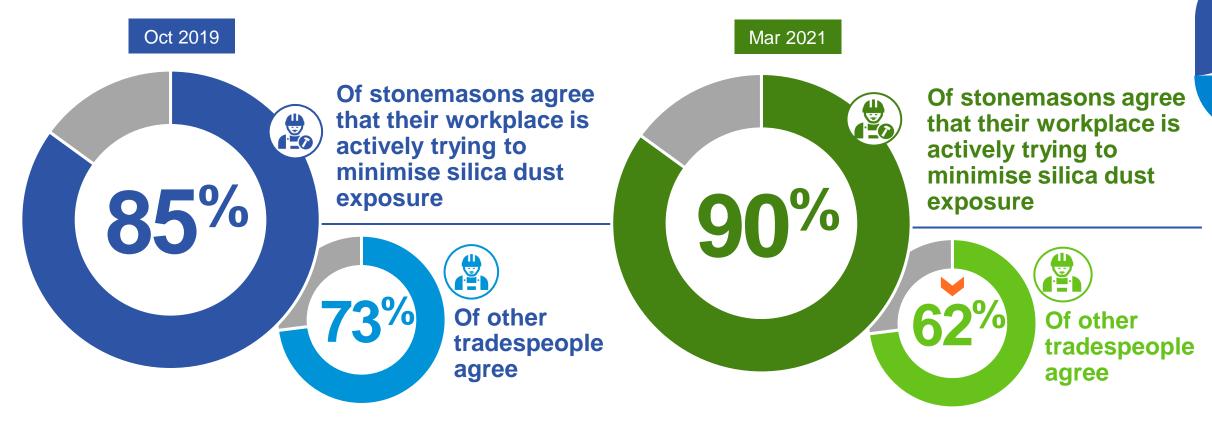
Individuals should take responsibility for managing exposure

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)





In 2021, a significantly lower number of other tradespeople agree that their workplace is actively taking steps to minimise exposure



2019 base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402) Q30. Agreement level about your safety in the workplace and working with silica dust. My workplace is actively trying to minimise exposure to silica dust (Excludes Don't know / not applicable)

2021 Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)



Denotes significant difference between waves at the 95% level of confidence

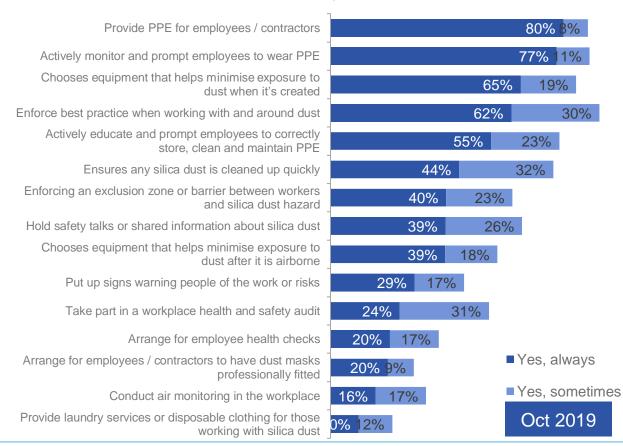
There are some directional increases in the workplace control measures undertaken 'sometimes' by stonemasons' workplaces

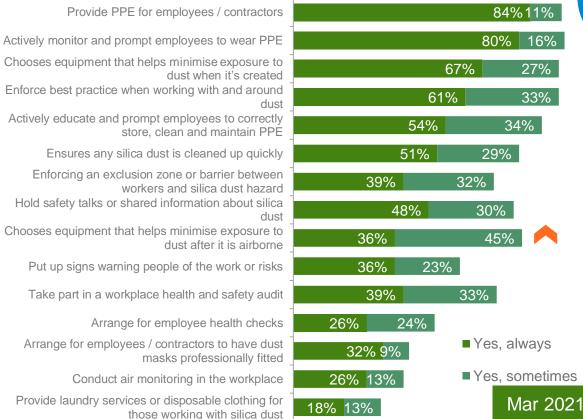
Workplace control measures - % always or sometimes undertaken by workplace

2019 Base: Those exposed to silica dust in the workplace | 2019 stonemasons (n=65)

Provide PPE for employees / contractors

2021 Base: Those exposed to silica dust in the workplace | 2019 stonemasons (n=50)





The number of workplaces of other tradespeople 'always' using a number of workplace control measures has decreased this wave

Workplace control measures – % always or sometimes undertaken by workplace

2019 Base: Those exposed to silica dust in the workplace | other tradespeople (n=402)

2021 Base: Those exposed to silica dust in the workplace | other tradespeople (n=300)



Health Monitoring and Information

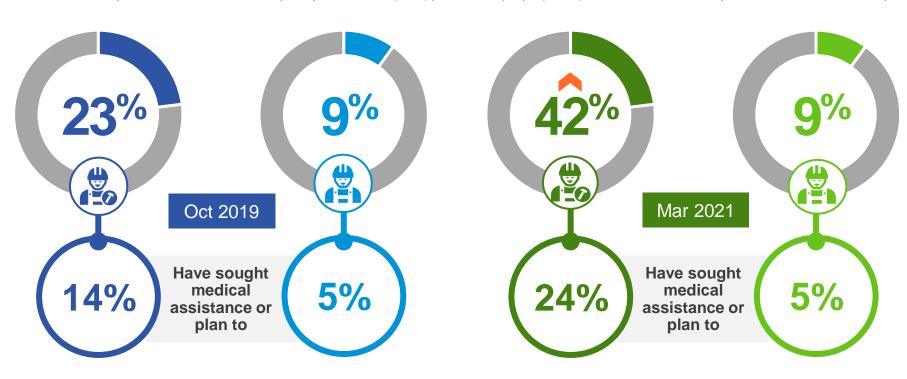


The number of stonemasons personally suspecting their health has been impacted has increased significantly this wave

Suspected health impact from silica dust

2019 Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)

2021 Base: Those exposed to silica dust in the workplace | stonemasons (n=50) | other tradespeople (n=300)



Taken in conjunction with the generally positive numbers elsewhere relating to stonemasons, this increase may be due to an increased awareness and understanding of silicosis and its symptoms, as opposed to more people actually suffering negative impacts.

Q34. Have you ever personally suspected your health has been impacted in any way due to exposure to silica dust? Q35 - Did you seek medical assistance or advice for this health concern?



Denotes significant difference between waves at the 95% level of confidence

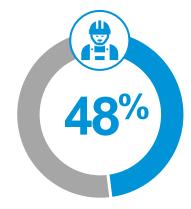
There is a directional increase in awareness of most silicosis symptoms among stonemasons, but a slight drop amongst other tradespeople

% aware of most of the symptoms associated with silicosis

Base: Those aware of silicosis | stonemasons (n=61) | other tradespeople (n=253)

Oct 2019

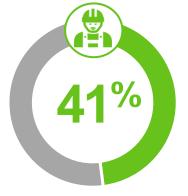




Base: Those aware of silicosis | stonemasons (n=61) | other tradespeople (n=253)

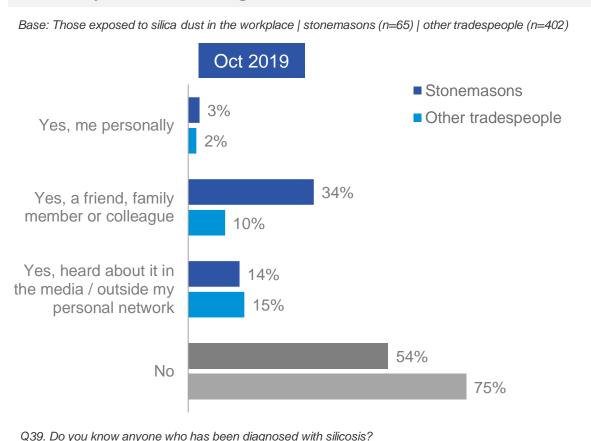
Mar 2021

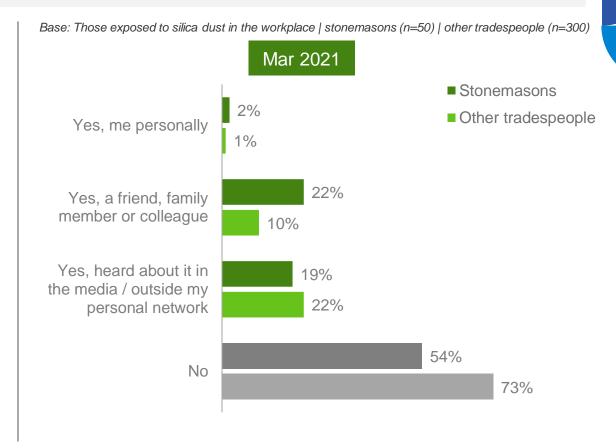




This wave, around a quarter of stonemasons personally know someone diagnosed with silicosis

Proximity to silicosis diagnosis

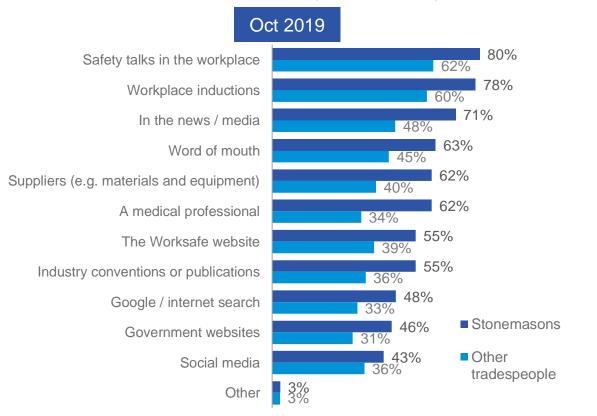


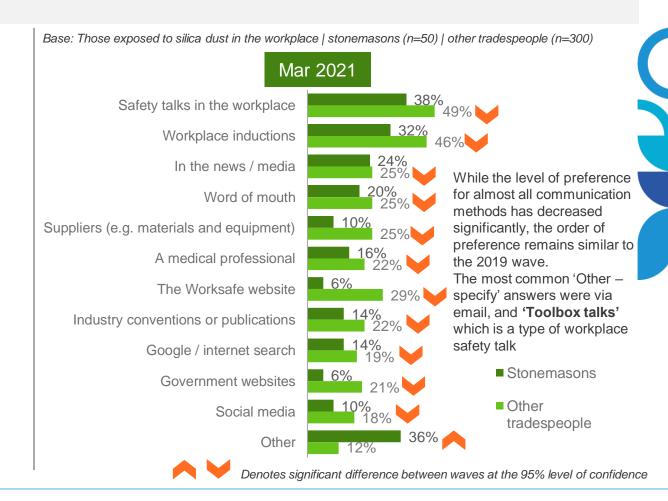


Again, the most preferred communication channels are safety talks and workplace inductions

Most effective channels for communication

Base: Those exposed to silica dust in the workplace | stonemasons (n=65) | other tradespeople (n=402)

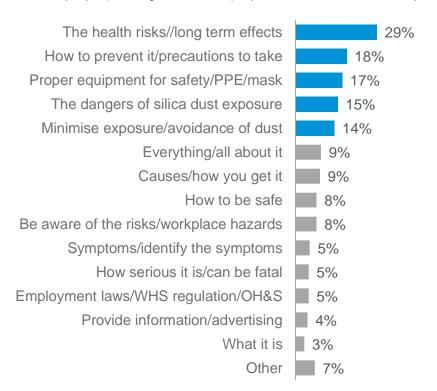




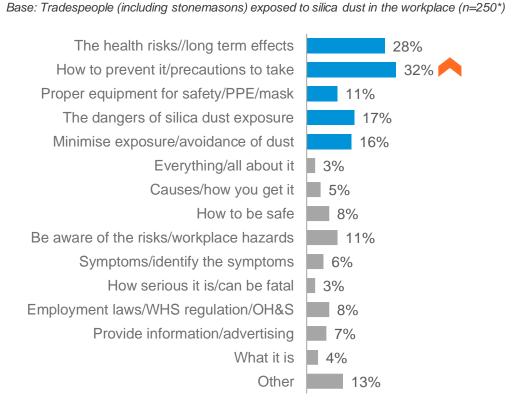
There is significantly more interest this wave in hearing about disease prevention

Key information tradespeople would like to receive

Base: Tradespeople (including stonemasons) exposed to silica dust in the workplace (n=250*)



Q42. What should be communicated? What is the most important information you would like to know? *Online sample only excludes CATI. Comprises n=244 tradespeople and n=6 stonemasons





Denotes significant difference between waves at the 95% level of confidence



Appendix IDiscussion Guide



21006 – Dept. of Health – National Dust Disease Research Update Discussion guide: Focus group (90 minutes/2 hours for mixed group)

Moderator notes

While it is important to cover all the topics laid out in the guide, bear in mind that
participants have often been profoundly impacted by their/their family member's diagnosis
so will need time and space to feed back in their own way

Introduction (5 minutes)

- Thank you for participating.
- · Introduction to research process anonymity and confidentiality.
- · Audio recording.
- The research is being done on behalf of the Department of Health I am in no way affiliated
 with the Department, my job is to ensure that everyone gets a chance to speak and share
 their stories. All your feedback will be passed on to the Department in full
- Group will last around 90 minutes 2 hours, we have some topics we need to cover so while
 everyone will get a chance to talk there may be times I need to move the discussion along.
- Exploratory discussion. I am not an expert, and the whole exercise is assuredly nonjudgemental.
- Frank and honest opinions are what we are looking for. Going to talk about your views. No right/wrong answers.
- · Once around the table please briefly introduce yourself.
 - o Where do you live?
 - o Family?
 - o How do you spend your time at the moment? Work/hobbies etc?

Quantum Market Research Page 1

Your health and needs today - 20 minutes

Introduce and settle respondents. Provide foundational context for rest of discussion. Allow each person to briefly tell the story of their diagnosis so everyone feels heard

- Everyone in the room today either has a diagnosis of silicosis or is the loved one of someone
 who does. We're here to understand more about your experiences, before and after your
 diagnosis.
- Please briefly tell us when you were diagnosed, what your diagnosis is, and how you're currently doing on a day-to-day basis?
 - How is your diagnosis impacting your life right now?
 - o Work, wellbeing, mobility, mental health etc?
- . What has changed for you since the time of the diagnosis? How is your life different?
 - Are you working? Can you work? Do you want to work? What support might you need to return to work?
- Family members how does your loved one's diagnosis impact your life? In what ways do
 you support your loved one due to their illness?
- · How are you managing your day-to-day symptoms at present?
- How satisfied are you with the support you get from your medical professionals? How about other kinds of support?
 - o Prompt both on if they get sufficient support medically, emotionally, financially
- . What needs do you have currently? Are they being met? What else do you need?
- How might your needs change in future? What will you need then? What are your main concerns?

Work history – 20 minutes

To understand the work they did and how it led to their diagnosis

- What was your occupation? What specifically did this involve? (e.g. types of materials
 worked with, activities performed with materials)
- How often/how much did you work with dust? Please describe in detail how/when/why you
 were exposed to dust, including hours worked
- · What was the working environment e.g. factory, construction sites, inside, outside?
- What, in your mind, was the main cause of your illness?

Quantum Market Research Page 2

- o Prompt on: the nature of the work, workplace practices, luck etc
- . Family members what can you add about your loved one's time in that employment?
 - E.g. do you recall them talking about dust? Seeing dust on them? Being concerned for their health? Noticing respiratory issues?
 - o Do you ever feel you were exposed to dust due to your loved one's employment?
- Were you aware of the potential dangers of dust exposure, particularly from fine silica dust?
 Why/why not?
- · Were other people at your place of work exposed to dust?
- . What safety protocols were in place to minimise your exposure to dust?
 - Was air quality being regularly monitored? Was protective equipment used? Were dust suppression systems in use? Anything else?
- How conscientious was your employer in this regard? E.g. did they provide proper equipment? Take due precautions? Monitor workplace practices etc?
- · What did you and your colleagues do to avoid/minimise your exposure to dust?
- Did you ever face any barriers when trying to reduce your exposure e.g. workplace practices, availability of equipment/resources, attitude of employer etc?
- · What could/should have been done better in your workplace?
- · How, if at all, was your health monitored while you were at work?

Your diagnosis - 20 minutes

To understand the diagnosis itself – signs and symptoms that led to it and support that followed

- · How long had you worked with dust before you were diagnosed?
- Thinking back to when you received your diagnosis, what were the signs or symptoms that led to you seeking medical advice?
 - o Ask family members what they noticed
- Were you aware of silicosis (or other dust diseases) before you were diagnosed? Had you been on the lookout for symptoms?
- How straightforward was your diagnosis, e.g. did your doctor recognise your symptoms immediately or did it take several appointments/discussions?
- · Were you supported by your workplace to access healthcare for your diagnosis?
- What information were you given, or did you look for, upon your diagnosis?

Quantum Market Research Page 3

- Were you given any/enough support to deal with your diagnosis? Who by? What could or should have been done differently?
 - Family members did you receive any support?

Exposure prevention – 20 minutes

To understand how dust exposure can be prevented in future

- Thinking back over your own experiences, what opportunities were there along the way to reduce your exposure to dust? How could your current personal situation have been prevented, or made less severe?
- · What should employers be doing to safeguard their workers?
- · What could workers be doing for their own safety?
- What information do workers, employers and family members need about silicosis and other dust diseases?
- How should information about silicosis and other dust-related illnesses be communicated to workers and their families? What is the best way to get the message across?
- What is the best way to ensure people working in these industries regularly monitor their health?
- How should the support available to impacted workers and families be improved?

Wrap up – 5 minutes

To thank participants and close the session

- . What is the most important thing we have talked about here today? Why?
- Thanks & close

Quantum Market Research



Appendix II Questionnaire



FINAL

Dust Disease Taskforce Research

Job No.: 21006

Quotas to be applied (panel sample only):

Audience	Telephone completes	Online (panel) completes	Total
Stonemasons	44	6	50
Workers in other industries prone to dust disease	56	244	300

Panel Provider: Pure Profile

Target audience: See below, Australia wide Emails distributed by: Panel provider

Introduction - Online

Thank you for taking part in this survey.

This survey is about health in the workplace.

Please be reassured that this survey is anonymous and we will never use your individual responses on their own.

The survey should take no more than 10 minutes to complete.

Introduction - CATI

Good morning/afternoon, my name is Al from Quantum Market Research, the Australian market research company. We are conducting a national study about workplace hazards and amongst people who are exposed to airborne materials such as dust from concrete, stone, bricks and tiles. We would like to speak with someone in your workplace who is exposed to this hazard.

Are you exposed to airborne materials such as dust from concrete, stone, bricks and tiles.

[IF NOT ASK FOR PERSON WHO IS EXPOSED TO DUST FROM CONCRETE, STONE, BRICKS AND TILES].

NOTE: Stone can include artificial or engineered stone.

Is he/she available? Would I be able to speak to him/her now please?

[IF NOT AVAILABLE MAKE APPOINTMENT TO CALL BACK RELEVANT PERSON].

[WHEN SPEAKING TO THE RIGHT PERSON]

Thank you for taking part in this survey. Please be reassured that this survey is anonymous and we will never use your individual responses on their own. The survey should take no more than 10 minutes to complete.

[IF SPEAKING TO NEW PERSON]

Firstly, can I confirm that you are exposed to airborne materials such as dust from concrete, stone, bricks and tiles in your workplace?

MODERATOR RECORD

Screens in to continue



Page 1

Screener

ONLINE - The first few questions are to check if this survey is relevant to you.

CATI - The first few questions are to understand a bit more about you to ensure we are speaking to a good cross section of people.

ASK ALL

Q1 How old are you? [NUMERICAL]

CATI DO NOT READ OUT

AUTOCODE AND SCREEN OUT THOSE UNDER 18 AND 80+

18-24	1
25-29	. 2
30-39	
40-49	
50-59	
60-69	
70-79	
70-73	

ASK ALL

Q2 CATI DO NOT READ OUT Are you... [SINGLE RESPONSE]

Male	. 1
Female	
Don't identify as female or male	. 3

ASK ALL

Q3 Where do you live? [single response]

CATI DO NOT READ OUT

Sydney	. 1
Other New South Wales	. 2
Melbourne	.3
Other Victoria	4
Brisbane	.5
Other Queensland	6
-	
Other Western Australia	
Adelaide	9
Hobart 1	
	Melbourne Other Victoria Brisbane Other Queensland Perth Other Western Australia Adelaide Other South Australia

QUANTUM

	Other Tasmania Australian Capital Territory		
	Northern Territory		
	Outside Australia	98	TERMINATE PANE
ASK ALL			
Q4	What is your current work situation? [SINGLE RESPONSE]		
	CATI READ OUT		
	Full time work		
	Part time/casual work		
	Self-employed	3	
	Retired	4	
	Unemployed	5	
	Home duties		
	Student	7	
	Volunteer	8	
	Other	98	
Q5	Which of the following best describes you? [sıнды RESPONSE] [sноч CATI READ OUT Single	1	1
	Married		
	De facto / living together with partner		
	Divorced / separated		
	Widowed		
	Other	б	

ASK IF WORK (Q4=1,2,3)

Q6 Which of these best describes the industry you work in? [single response] [show drop down menu]
CATI READ OUT, READ ANTICIPATED INDUSTRIES FIRST (5, 13, 19, 15), READ ONLY AS MANY AS
NECESSARY TO CONFIRM SCREENING

Administration	
Accounting / Banking / Finance2	
Advertising3	
Customer service4	
Building / Construction5	
Education / Training6	
Farming	
Healthcare / Medical8	
Hospitality / Tourism9	
Human Resources / Recruitment10	
Information Technology11	
Legal	
Manufacturing / Transport / Logistics	
Marketing	
Mining / Resources	
Real estate / Property	
Retail	
Sales	
Trades / Services	
Other (specify)20	
None of the above99	

ASK IF Q.6=5,13,15,19

Q7 Which best describe your current occupation/trade? [MULTIPLE RESPONSE] [SHOW DROP DOWN MENU]

RANDOMISE

CATI READ OUT, READ ANTICIPATED OCCUPATION/TRADE FIRST, READ ONLY AS MANY AS NECESSARY TO CONFIRM SCREENING

Bricklaying	
Carpentry	
Civil Construction	:
Plastering	
Shopfitting	
Tiling	
Stonemasonry	
Tunnelline	

QUANTUM

	Cahinet making	9	
	-	10	
	•	11	
		12	
		13	
	-	14	
	-		
	Notice of the above	20	
ASK IF C	.6=5,13,15,19.		
0.8	Which of the following health and s	safety hazards are present in your workplace/s?	
	Please select all that apply. [MULTIP	LE RESPONSE] [RANDOMISE AND SHOW DROP DOWN MENL	1]
	•	oncrete, stone, bricks and tiles) 1	QUALIFIES
	Slips, trips and falls	2	
		3	
	Moving objects	4	
	Manual handling and labour	5	
	Noise	6	
	Electricity	7	
	Asbestos	8	
	Sun and/or heat	9	
	Tools and machinery	10	
	Hand Arm Vibration Syndrome (HA	VS}11	
	Collapsing trenches	12	
	Hazardous materials (e.g. chemical	s / chemical fumes)13	
	Other specify:	14	
	None of the above	99	
CATISK	IP IF Q.8 = 1 / ASK IF Q8 DOES NOT EQU	VAL 1	
Q8a	Are you around airborne dust (tha	t includes dust from concrete, stone, bricks, tiles,	etc.) at any time
	during a typical working day?		
	Yes, often	1	
	Yes, not often but at least sometim	es2	
	No, never	3	
MUST	CHOOSE 1 OR 2 IN Q8A TO CONTINUE		
	VARIABLE – AUDIENCE TYPE SR		
HIDDE	speople	Q.6=5,13,15,19 AND Q.8=1 or Q8a = 1	

Silica Dust Awareness and Workplace Management

ASK TRADESPEOPLE

CATI SKIP THIS QUESTION

Q18 Thinking about the work you do, what hazards are of greatest concern to you personally?

Please select up to three hazards that are of greatest concern to you, in order of risk.

[MULTIPLE RESPONSE – SELECT UP TO THREE] [SHOW ONLY THOSE SELECTED AT Q8 OR Q 11]

	RANDOMISE ROWS. DRAG AND DROP RANKINGS	Most concerning	2 rd most concerning	3 rd most concerning
Α	Airborne materials (i.e. dust from concrete, stone, bricks and tiles)	1	2	3
В	Slips, trips and falls	1	2	3
С	Working at heights	1	2	3
D	Moving objects	1	2	3
E	Manual handling and labour	1	2	3
F	Noise	1	2	3
G	Electricity	1	2	3
Н	Sun and/or heat	1	2	3
1	Tools and machinery	1	2	3
J	Hand Arm Vibration Syndrome (HAVS)	1	2	3
K	Collapsing trenches	1	2	3
L	Hazardous materials	1	2	3

Q19 Before today, had you heard of crystalline silica dust? [SINGLE RESPONSE]

CATI DO NOT READ OUT

Yes	1
No	2
Unsure	3

ASK ALL IF AWARE OF SILICA DUST (Q19=1)

Q20 And how familiar are you with the risks of silica dust exposure?

Please select the option that bests describes you. [SINGLE RESPONSE]

CATI READ OUT

I'm very familiar with the risks
I have some knowledge of the risks
I know there are risks, but I don't know much about them
No. I'm not aware of the risks



age 6

MARKET RESEARCH

ASK TRADESPEOPLE

Crystalline silica dust is generated by high-energy processes such as cutting, sawing, grinding, drilling, polishing, scabbling and crushing of silica-containing materials (e.g. concrete, stone, artificial stone, bricks and some tiles). For the rest of the questionnaire, when we refer to silica dust this is what we are referring to.

Q21 Regardless of control measures and precautions in place, which of the following best describes how much time you spend working around silica dust on a typical workday or week?

[SINGLE RESPONSE]

ASK TRADESPEOPLE

Q22 To what extent do you personally think you are at risk of harm from exposure to silica dust?

 Significant risk of harm
 1

 Considerable risk of harm
 2

 Some risk of harm
 3

 Little risk of harm
 4

 No risk of harm
 5

 Don't know / not sure
 98

ASK TRADESPEOPLE

Q23 To what extent do you feel you are implementing adequate control measures in your workplace to

protect you from exposure to silica dust? My exposure is... [single response]

CATI READ OUT

 Completely under control
 1

 Somewhat under control
 2

 Somewhat out of control
 3

 Completely out of control
 4

 Don't know / not sure
 98

ASK TRADESPEOPLE - SKIP IF DK SELECTED AT Q23

CATI SKIP THIS QUESTION

Q24 Why do you say that your exposure to silica dust is [INSERT RESPONSE FROM Q23]? [OPEN]



Page 7

ASK TRADESPEOPLE

The next few questions are about some of the measures in place to limit and manage exposure to silica dust. Please be as open and honest with your answers as possible – remember all your responses are completely confidential.

Q27 How often do you typically engage in the following control measures when working with silica dust?

[SINGLE RESPONSE]

CATI READ OUT

	RANDOMISE ROWS	Not applicable	Never (e.g. 0 out of 5 times)	Rarely (e.g. 1 out of 5 times)	Sometimes (e.g. 2-3 out of 5 times)	Most of the time (e.g. 4 out of 5 times)	Always (e.g. 5 out of 5 times)
А	Wearing a dust mask	99	1	2	3	4	5
В	Use water suppression when generating dust	99	1	2	3	4	5
С	Using an on-tool extraction (i.e. vacuum) when working with dust	99	1	2	3	4	5
D	Storing your dust mask correctly when it's not being worn (e.g. in an airtight container)	99	1	2	3	4	5
Е	Wearing a respirator	99	1	2	3	4	5
F	Making sure you are clean shaven when wearing a dusk mask	99	1	2	3	4	5
G	Working in a well-ventilated area when working with silica dust	99	1	2	3	4	5
Н	Ensuring all silica dust is safely removed and areas kept clean	99	1	2	3	4	5
ı	Change clothing and clean-up dust after finishing work	99	1	2	3	4	5
J	Choosing equipment that helps minimise exposure to dust (e.g. dust suppression or dust collection features)	99	1	2	3	4	5
К	Cleaning and maintaining PPE and equipment (e.g. changing filters)	99	1	2	3	4	5

QUANTUM

Page S

ASK TRADESPEOPLE

CATI SKIP

Q28

People have told us a number of challenges they face when trying to minimise their exposure to silica dust. Which of the following currently prevents you from using the appropriate dust control measures?

Please select all that apply

[MULTIPLE RESPONSE] [RANDOMISE]

It's just not top of mind	1	1
My employer doesn't cover the costs	2	2
Dust masks can be uncomfortable	3	ŝ
It takes more time and makes me less efficient	4	4
The equipment is too expensive	5	5
It's not a priority in my workplace	е	5
I don't think I'm at risk of harm	7	7
I don't know enough about what I should be doing	8	3
I don't want to attract attention	9	9
I don't feel comfortable raising the issue	10)
The risks are out of my control	11	1
Something else (specify:)	96	5
None of the above	99	9

ASK TRADESPEOPLE

Q29 Which of the following control measures has your workplace, or company you work for, undertaken to help minimise exposure to silica dust? [SINGLE RESPONSE]

CATI READ OUT

_						
	RANDOMISE ROWS SET UP AS CAROUSEL	Yes, always	Yes, sometimes	No	Unsure	Not applicable
А	Provide Personal Protective Equipment (PPE) for employees / contractors	1	2	3	4	99
В	Arrange for employees / contractors to have dust masks professionally fitted	1	2	3	4	99
С	Enforce best practice when working with and around dust	1	2	3	4	99
D	Conduct air monitoring in the workplace	1	2	3	4	99
E	Take part in a workplace health and safety audit	1	2	3	4	99
F	Hold safety talks or shared information about silica dust	1	2	3	4	99
G	Chooses equipment that helps minimise exposure to dust when it's created (e.g. water suppression during cutting, grinding etc.)	1	2	3	4	99
Н	Chooses equipment that helps minimise exposure to dust after it is airborne (e.g. industrial vacuum cleaner, ventilation systems)	1	2	3	4	99
1	Arrange for employee health checks	1	2	3	4	99

QUANTUM

Page 2

1	Actively monitor and prompt employees to wear Personal Protective Equipment (PPE)	1	2	3	4	99
K	Put up signs warning people of the work or risks	1	2	3	4	99
L	Ensures any silica dust is cleaned up quickly	1	2	3	4	99
М	Enforcing an exclusion zone or barrier between workers and silica dust hazard	1	2	3	4	99
N	Provide laundry services or disposable clothing for those working with silica dust	1	2	3	4	99
0	Actively educate and prompt employees to correctly store, clean and maintain Personal Protective Equipment (PPE)	1	2	3	4	99

ASK TRADESPEOPLE

Q30 To what extent to do you agree or disagree with the following statements about working with silica dust.
[MULTIPLE RESPONSE]

CATI READ OUT

	RANDOMISE ROWS	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know / not applicable
Α	My workplace is actively trying to minimise exposure to silica dust	1	2	3	4	5	98
В	I don't mind a bit of dust, you need to be exposed to a lot of it for it to cause harm	1	2	3	4	5	98
С	For a quick task, sometimes I will cut corners when it comes to safety	1	2	3	4	5	98
D	Any exposure to silica dust is a risk that I will try to avoid	1	2	3	4	5	98
E	Dust control measures get in the way of me doing my job	1	2	3	4	5	98
F	Sometimes my exposure to silica dust is unavoidable	1	2	3	4	5	98
G	Time and cost efficiency is often promoted over safety in my workplace	1	2	3	4	5	98
Н	It's up to the individual to take responsibility for managing their own exposure to dust	1	2	3	4	5	98
I	Workplaces and companies should be doing more to minimise their employee's / contractor's exposure to dust	1	2	3	4	5	98
J	Other people might be unknowingly exposed to dust I am creating	1	2	3	4	5	98

QUANTUM

Silica Diseases

The next few questions are about some of the health risks associated with exposure to silica dust.

ASK TRADESPEOPLE

Q34 Have you ever personally suspected your health has been impacted in any way due to exposure to silica dust? [SINGLE RESPONSE]

CATI DO NOT READ OUT

 Yes (specify:)
 1

 No
 2

 Unsure
 3

ASK TRADESPEOPLE

Q35 Did you seek medical assistance or advice for this health concern?

[SINGLE RESPONSE]

CATI DO NOT READ OUT

ASK TRADESPEOPLE IF Q35=1

Q36 What diagnosis did you receive? [OPEN]

ASK ALL

Q37 Before today, which of the following diseases were you aware could occur as a result of exposure to silica dust?

CATI ASK Q37A ONLY DO NOT READ OUT

	RANDOMISE ROWS — ALWAYS SHOW A BEFORE B	Yes	Na	Unsure	I don't know what this is
Α	Silicosis	1	2	3	98
В	Lung cancer	1	2	3	98
С	Kidney disease	1	2	3	98
D	Chronic obstructive pulmonary disease	1	2	3	98



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ASK IF AWARE OF SILICOSIS (Q37A=1-3)

Silicosis is a lung disease caused by breathing in silica dust. While it can develop at different rates, it can include symptoms such as shortness of breath, a persistent cough, fatigue, breathing abnormalities, chest pain and loss of appetite. Before today, were you aware of the symptoms associated with silicosis?

[SINGLE RESPONSE]

CATI READ OUT

 Yes, most of them
 1

 Yes, some of them
 2

 Was not aware of the symptoms
 3

ASK ALL

Q39 Do you know anyone who has been diagnosed with silicosis? [MULTIPLE RESPONSE]

CATI READ OUT

 Yes, me personally
 1

 Yes, a friend, family member or colleague
 2

 Yes, heard about it in the media / outside my personal network
 3

 No.
 4

Communications

ASK IF AWARE OF SILICA DUST OR SILICOSIS (Q.19=1 OR Q.37A=1)

CATI SKIP THIS QUESTION

Q.1. Through what channels have you heard about silica dust and/or silicosis in the last 12 months?

[MULTIPLE RESPONSE] [RANDOMISE]

In the news / media
The Works of e website
Google / internet search
Workplace inductions
Safety talks in the workplace
Social media
Word of mouth
Industry conventions or publications
Suppliers (e.g. materials and equipment)
Government websites
A medical professional
Other (specify:)



ASK ALL Q41 What would be the most effective way to communicate about silica dust and silicosis to you personally? [MULTIPLE RESPONSE] [RANDOMISE] CATI READ OUT In the news / media..... The Worksafe website..... Workplace inductions..... Social media...... 6 Word of mouth..... Government websites ________10 A medical professional ________11 Other (specify:) ASK ALL CATI SKIP THIS QUESTION

What should be communicated? What is the most important information you would like to know?

QUANTUM

Q42

[OPEN]

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Demographics

And finally, just a few more questions about you, so that we can understand how different people have answered these questions. All your answers will be kept confidential and will only be used for research purposes.

ASK TRADESPEOPLE

Q43 What is your current position / job title? [OPEN - NOT CODED]

ASK TRADESPEOPLE

For how many years have you worked in this occupation (or similar)? (Note that this includes moving between employers) [OPEN]

ASK TRADESPEOPLE

Q45 What size organisation do you currently work for? Please provide your best estimate based on full time equivalent employees. [SINGLE RESPONSE]

CATI READ OUT

Sole trader	1
1-5 employees	2
6-20 employees	
21-50 employees	
• •	
51-200 employees	
More than 200 employees	6

ASK TRADESPEOPLE

46 On a typical day, where do you currently work? [MULTIPLE RESPONSE]

CATI READ OUT

 Established site (union)
 1

 Established site (private)
 2

 People's homes and businesses
 3

 Warehouse or factory
 4

 Other (specify)
 5

 There is no typical day, I'm always moving around
 6

ASK TRADESPEOPLE

Q47 Do you have any management responsibilities in your current role? [single response]

CATI DO NOT READ OUT



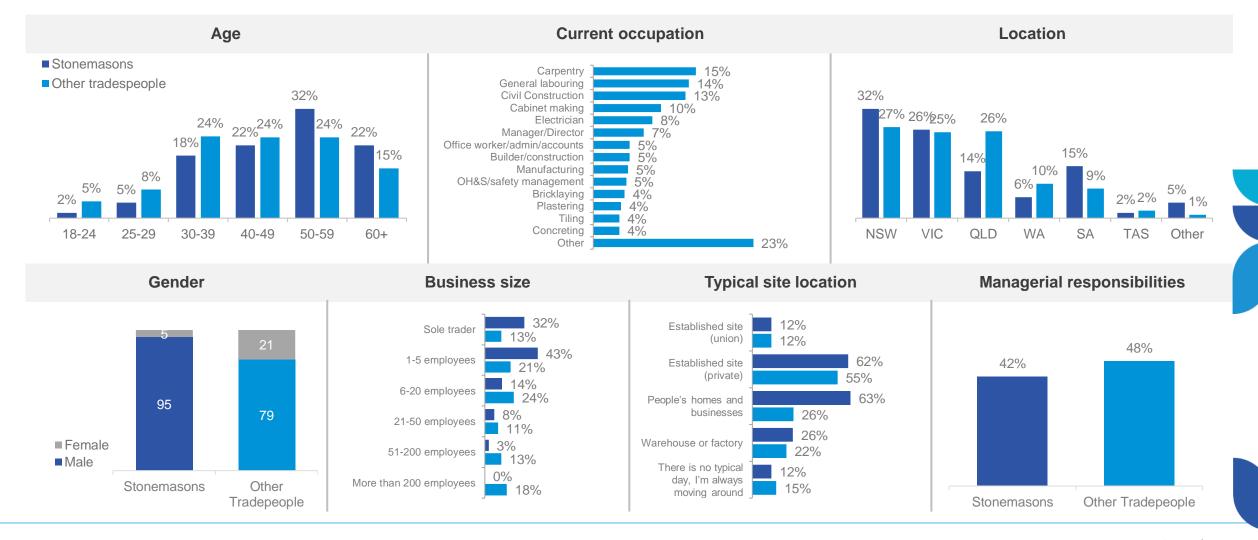
ASK TRAI	ADESPEOPLE	
Q48	Are you a smoker? [single response]	
	READ OUT	
	Yes1	
	No, but I have been a smoker previously2	
	No, I've never been a smoker	
ASK ALL		
Q49	What is your current annual household income, before tax? [SINGLE RESPONSE]	
	CATI DO NOT READ OUT	
	Less than \$25,0001	
	\$25,000-\$49,9992	
	\$50,000-\$74,9993	
	\$75,000-\$99,9994	
	\$100,000-\$124,9995	
	\$125,000-\$149,9996	
	\$150,000-\$174,9997	
	\$175,000-\$199,9998	
	\$200,000 plus9	
	Not sure97	
	Rather not say95	
ASK ALL		
Q50	Do you have children under the age of 18? [SINGLE RESPONSE]	
	CATI DO NOT READ OUT	
	Yes1	
	No2	
	th thanks (all):	
	you for assisting us today. Your response to this questionnaire will be kept strictly confidential and wi	ll be
used on	nly for research purposes.	
OLLA	NTUM	
ŲUAI	NTUM	Page



Appendix III

2019 survey – demographics & key findings 2021 survey – demographics & additional charts

Who we spoke to – stonemasons and tradespeople (2019)



Who we spoke to – stonemasons and tradespeople (2021)



2019: Key findings by audience

	Stonemasons	Other Tradespeople	Partners of Tradespeople	Artificial stone benchtop consumers
	n=65	n=402	n=154	n=202
% aware of silica dust	95%	75 %	36%	49%
% very familiar with the risks of exposure	74%	33%	7 %	13%
% aware of silicosis as a result of exposure	94%	63%	31%	48%
% at considerable or significant risk of harm from exposure	29%	22%	27%	-

Audience
Insight:

Stonemasons are well aware of the issue of silica dust and associated risks. With control measures in place many feel less at risk though findings suggest shortcuts are still taken.

Awareness is growing amongst other trades, but there is an opportunity to increase awareness and understanding of the risks.

Partners play a significant role in supporting the safety of tradespeople at work, even if it is a reminder of what's at stake when people get complacent, or lending an ear when concerns are raised.

Recent consumers of artificial stone benchtops are broadly aware of the issue and the risks, but it is unlikely to impact their behaviour.

Audience Implications Empowering stonemasons with industry updates, best practice and health trends will increase perceptions of control, though strict enforcement of legislation will be required to change the culture amongst some stubborn workplaces.

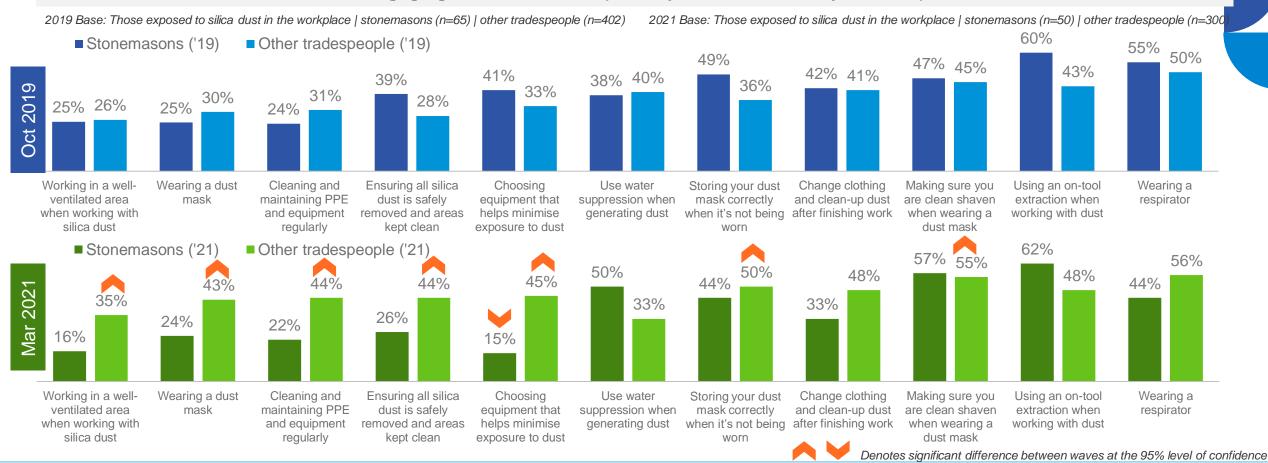
Current knowledge, perceptions and behaviours differs greatly depending on workplace and profession. For this audience, silica dust is very much an unknown and they want to understand their personal level of risk and required control measures.

Partners can play a role in raising awareness of the issue amongst tradespeople and prompting conversation. They are also often best placed to notice changes in health and to encourage health checks and monitoring.

Artificial stone benchtop consumers just want to be assured that there is no personal health impact, and that suppliers and installers are adhering to best practice to reduce harm for employees and anyone else who might be impacted.

The number of other tradespeople who could be taking more control measures has increased significantly

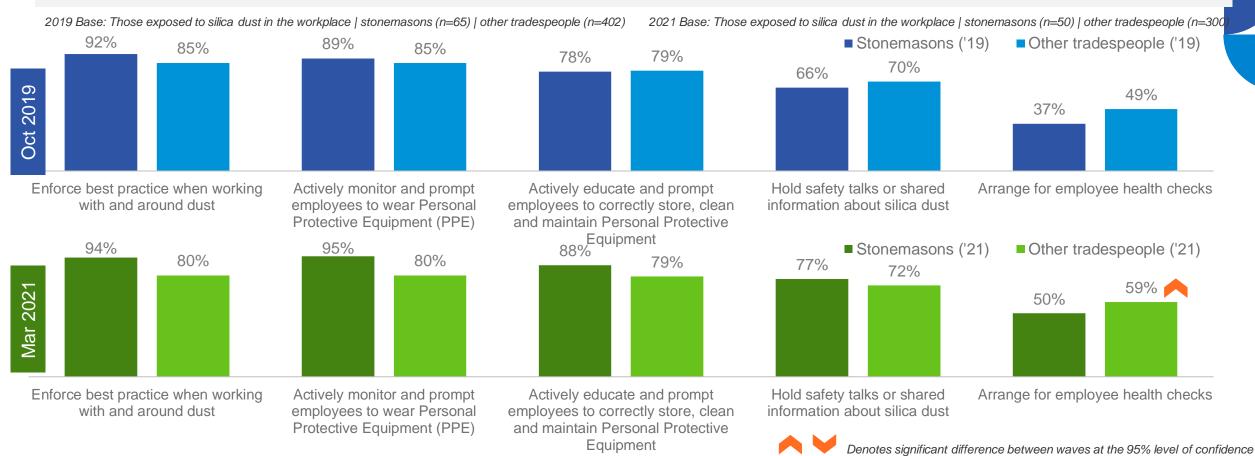
Control measure behaviour - % not engaging most of the time (i.e. only sometimes, rarely or never)



Q27. How often do you typically engage in the following control measures when working with silica dust? (Excludes not applicable)

There is a directional positive shift in the number of stonemason's workplaces engaging with best practice

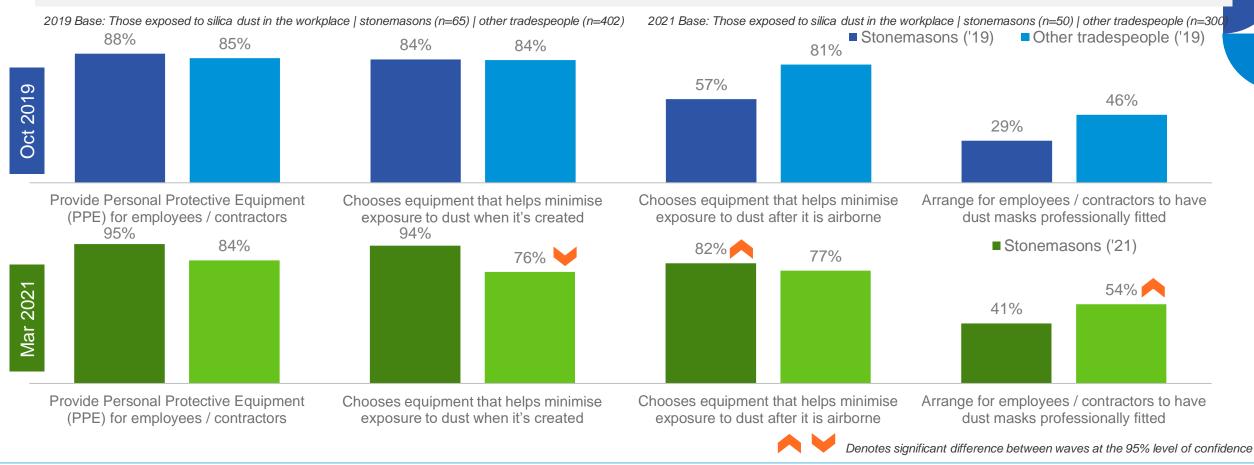
Workplace <u>culture</u> control measures – % always or sometimes undertaken by workplace



Q29. Which control measures your workplace/company has undertaken to help minimize exposure to silica dust? (Excludes not applicable)

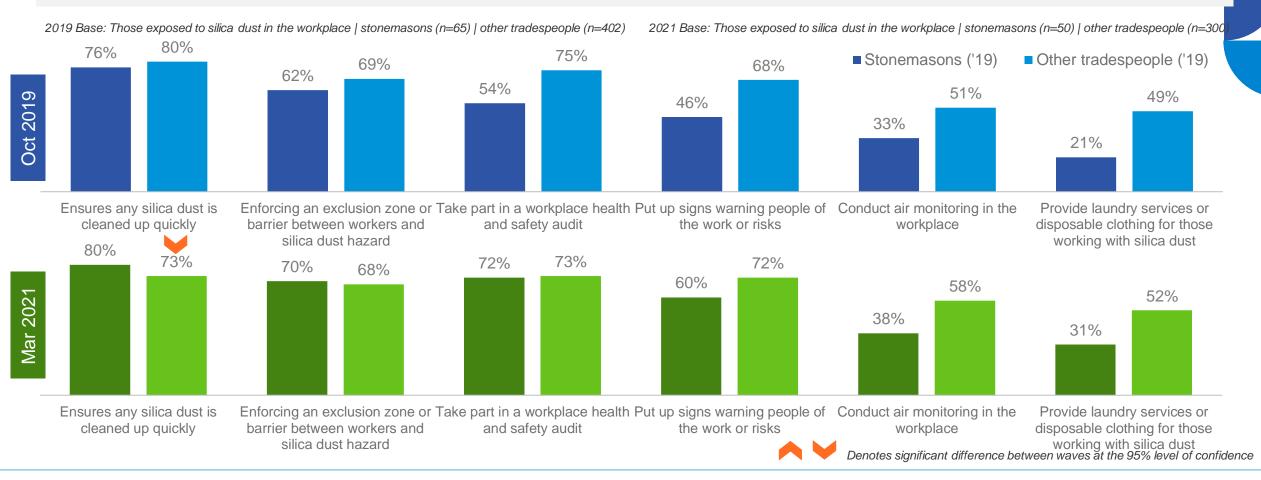
Choosing equipment that minimises airborne dust exposure and the professional fitting of dust masks have increased since last wave

Equipment control measures – % always or sometimes undertaken by workplace



Tradespeople are more likely to report some environmental control measures than higher risk stonemasons, although there has been directional positive movement since last wave

Workplace environment control measures - % always or sometimes undertaken by workplace





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