



Australian Government
Department of Health

What to do if someone you live with has COVID-19



Easy Read

www.health.gov.au

When you live with someone who has COVID-19



You might share your home with other people.

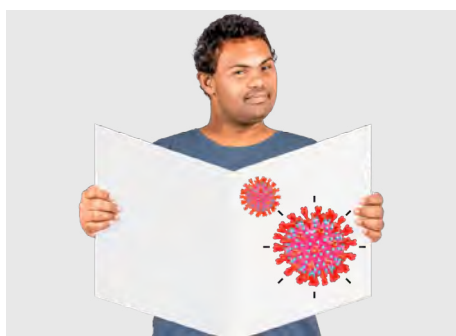


This could be

- Family members
- Your partner
- Friends
- Flat mates



If someone you live with has COVID-19 it is easy for you to get it from them.



This info tells you what you can do to stay safe.

Can you leave the house?



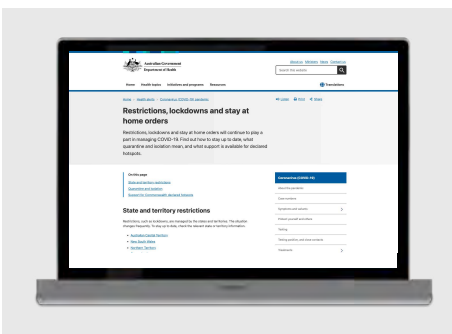
Most people can leave the house if they live with someone who has COVID-19.



There are different rules for what you can do when you go outside.



You need to check the rules for your state or territory.



To find the rules for where you live go to
www.health.gov.au/health-alerts/covid-19/restrictions-and-lockdowns#state-and-territory-restrictions

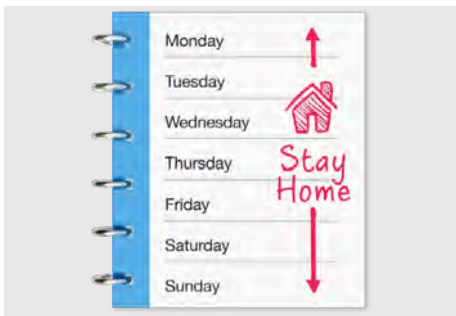
Tips for inside your home



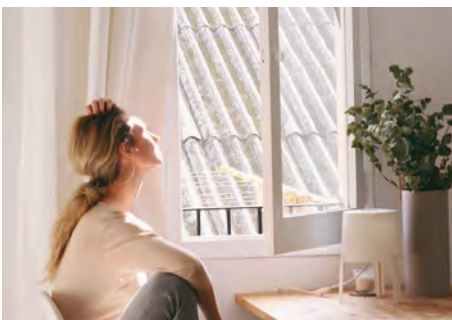
There are some things you can do to stay safe from COVID-19 inside your home.



If someone you live with has COVID-19 they must isolate.



Isolate means to stay at home away from other people for 7 days.



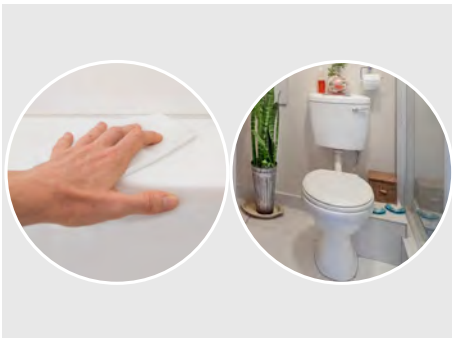
They should stay in 1 room as much as they can.



You should not go into that room.



They should use a different bathroom if they can.



If there is only 1 bathroom they should clean it every time they use it.



You should not share things like

- Cups or glasses
- Towels
- Bed sheets.



Only use the common areas of the house if they are not in there.

Common areas are parts of the house everyone uses like the kitchen or living room.



You should wear a mask in

- The common areas
- The bathroom if you share it with them



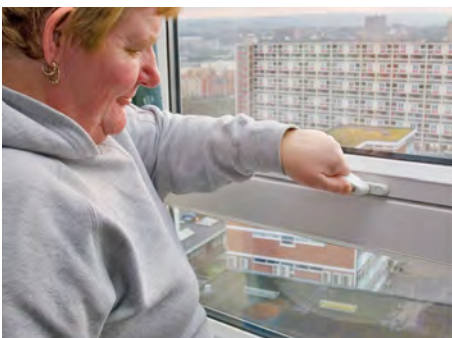
You should clean the common areas often.



You should also clean things you share with others often.

This could be things like

- Toaster or kettle
- Fridge
- Remote control for the TV



You should open the windows in your house a lot to let fresh air in.

Getting tested for COVID-19



You should get tested if you think you also have COVID-19.



These are some of the signs that you might have COVID-19

- Fever
- A cough that does not go away
- Feeling tired
- You cannot smell or taste things



It is different in each state or territory if you

- Can do a COVID-19 test at home
- Have to go to a testing place



To find out what the rules in your state or territory are go to **www.healthdirect.gov.au/covid-19/state-and-territory-information**

If the person with COVID-19 gets very sick



If the person with COVID-19 gets very sick you need to get them help.

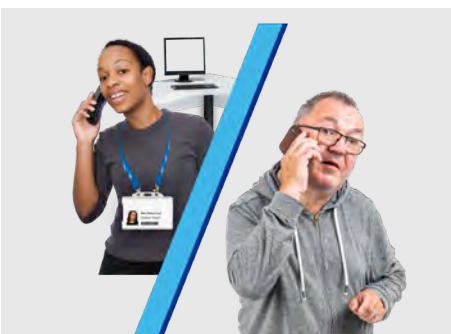


Signs that they are very sick can be

- They find it hard to breathe
- Their chest hurts



Call **000** if the person has these signs.



Tell the person on the phone and the ambulance that the person has COVID-19.



If you are not sure if the person needs a doctor you can check online.

Go to COVID-19 Symptom Checker
www.healthdirect.gov.au/symptom-checker/tool



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