













# COVID-19: Kumenya ibimenyetso

20 Ruheshi 2022

Ibimenyetso	COVID-19	Imbeho	Agahiri	Allergies*
	Ibimenyetso bihera kuri bitoya bigashika kuri binini	Igenda ikura guhera ku ntango y'ibimenyetso	Ishoka iza kuva ku kuboneka kw'ibimenyetso	Bishobora kuza gaturumbuka canke bukebuke guhera ku ntango y'ibimenyetso
<b>umururumbo</b> 	Rimwe na rimwe	Ntibikunda kuboneka	Birakunda ku boneka	Oya
<b>Gukorora</b> 	Birakunda kuboneka	Birakunda kuboneka	Birakunda kuboneka	Birakunda kuboneka (asthma)
<b>Kuvyimba mu muhogo</b> 	Birakunda kuboneka	Birakunda kuboneka	Rimwe na rimwe	Birakunda kuboneka (kubabara mu muhogo no mu marakaraka)
<b>Kubura impwemu</b> 	Rimwe na rimwe	Oya	Oya	Birakunda kuboneka (asthma)
<b>Kuruha</b> 	Birakunda kuboneka	Rimwe na rimwe	Birakunda kuboneka	Rimwe na rimwe
<b>kubabara &amp; ububabae</b> 	Rimwe na rimwe	Oya	Birakunda kuboneka	Oya
<b>Headaches</b> 	Birakunda kuboneka	Birakunda kuboneka	Birakunda kuboneka	Imwe na rimwe
<b>Kugira ibiseru canke izuru rikaziba kubw'ibiseru</b> 	Birakunda kuboneka	Birakunda kuboneka	Rimwe na rimwe	Birakunda kuboneka
<b>Gucibwamwo</b> 	Ntibikunda kuboneka	Oya	Rimwe na rimwe cane cane ku bana	Oya
<b>Kwasamura</b> 	Birakunda kuboneka	Birakunda kuboneka	Oya	Birakunda kuboneka

Vyashizwe ahabona bivuye ku vyo WHO (ishirahamwe ry'isi yose rijejwe amagara y'abantu) ryashizeho, ibigo vyo kurambura ingwara no kuzizibira na American Academy of Allergy, Asthma na Immunology.

\*Allergies zijanye n'uguhema harimwo allergic rhinitis (umururumbo), na allergic kuri asthma. Ibindi bimenyetso bkunze kuboneka vya hay fever harimwo ukwiyagaza mu zuru n'ukubabara, amosozi akunda gutembera mu maso.

Biragoye gutandukanya hagati y'ibimenyetso vya COVID-19, agahiri na muhure. Nimba ufise ibimenyetso vy'uko ushobora kuba waranduye imigera y'uguhema nabi (nk'ukuvyimba mu muhogo, kubabara mumutwe, umururumbo, kubura impwemu, kubabara mu nyama, gukorora canke kugira ibiseru) guma muhira kugira ngo ugabanure akaga ku gukwiragiza iyo ngwara. Urashobora kuronderera kuri HealthDirect symptom checker [www.healthdirect.gov.au/symptom-checker/tool](http://www.healthdirect.gov.au/symptom-checker/tool) ku mpanuro. Wibuke, iyo usuzumwe ugasanga waranduye COVID-19 utegerezwa ako kanya nyene kwikumira.

Abantu bafise ibimenyetso vy'ukugirira alallergies z'uguhema nka allergic rhinitis (hay umururumbo) na allergic asthma ategerezwa kuguma



**Australian Government**

**BE COVIDSAFE**

*muhira kandi akisuzumisha COVID-19 guhera ku kuboneka kw'ibimenyetso vyabo iyo babonye ibimenyetso bitari vyitezwe, bibonetse mu buryo butandukanye caka vyunyutse kurusha ibisanzwe, canke bidakizwa n'umut wari usanzwe ubivura*

Ku zindi nkuru ronderera kuri [www.health.gov.au/covid19-translated](http://www.health.gov.au/covid19-translated) canke uhamagare kuri **1800 020 080**.  
Toranya ica **8** kubera ibikorwa vy'ugusigura.