



COVID-19: Aqoonsiga calaamadaha

20 Juun 2022

| Calaamado | | COVID-19 Calaamadu waxay u dhexeeyaan mid fudud ilaa mid daran | Qabow Calaamadaha si tartiib tartiib ah u bilaabma | Hargabka Bilaw degdeg ah calaamadaha | Xasaasiyadda* Waxaa laga yaabaa inay si lama filaan ah ama tartiib tartiib ah u bilaabmaan calaamadaha |
|--------------------------|--|---|---|--|--|
| Xumada | | Mararka qaar | Naadir | Caadiyan | Maya |
| Qufac | | Caadiyan | Caadiyan | Caadiyan | Caadiyan (asthma) |
| Cune xanuun | | Caadiyan | Caadiyan | Mararka qaar | Mararka qaarkood (cuna cuncun iyo calaacalaha) |
| Gaaban neefta ah | | Mararka qaar | Maya | Maya | Caadiyan (asthma) |
| Daal | | Caadiyan | Mararka qaar | Caadiyan | Mararka qaar |
| Xanuun & Xamad | | Mararka qaar | Maya | Caadiyan | Maya |
| Madax xanuunka | | Caadiyan | Caadiyan | Caadiyan | Mararka qaar |
| San dareer ama adeyga | | Caadiyan | Caadiyan | Mararka qaar | Caadiyan |
| Shuban | | naadir | Maya | Mararka qaarkood, gaar ahaan carruurta | Maya |
| Hidhisidda | | Caadiyan | Caadiyan | Maya | Caadiyan |

Waxaa laga soo qaatay walxaha ay soo saartay WHO, Centers for Disease Control and Prevention (Xarumaha Xakamaynta) iyo Control and Prevention (Kahortagga Cudurrada) iyo American Academy of Allergy (Akademiyaada Maraykanka ee Xasaasiyadda), Asthma and Immunology (Neefta iyo Immunology).

*Xasaasiyadda neef-mareenka waxaa ka mid ah rhinitis-ka xasaasiyadda (xummad caws), iyo neefta xasaasiyadda. Calaamadaha kale ee caanka ah ee xumadda cawska waxaa ka mid ah sanko oo cuncuna iyo cuncun, indho biyo leh.

Aad bay u adag tahay in la kala saaro calaamadaha COVID-19, hargabka iyo dureyga. Haddii aad leedahay calaamado caabuq ama neef-mareen ah (sida cune xanuun, madax-xanuun, xumad, neefta oo kugu yaraata, murqo xanuun, qufac ama san duuf) joog guriga si aad u yareysid halista faafinta cudurka. Waxaad booqan kartaa hubinta calaamadaha HealthDirect www.healthdirect.gov.au/symptom-checker/tool wixii talo ah. Xasuusnoow, haddii aad iska baadhid COVID-19 waa inaad isla markaaba isgo'doomisaa.

Dadka leh calaamadaha xasaasiyadda neef-mareenka sida rhinitis-ka xasaasiyadda (hay fever) iyo xasaasiyadda neefta waa in ay guriga



Australian Government

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joogaan oo ay iska baadhaan COVID-19 marka ay calaamooyinkoodu bilaabaan haddii ay la kulmaan calaamado lama filaan ah, u muuqda kuwo ka duwan ama ka xun sidii caadiga ahayd, ama ay sameeyaan aan ka jawaabin dawooyinkooda caadiga ah.

Wixii macluumaad dheeraad ah, booqo www.health.gov.au/covid19-translated ama wac **1800 020 080**. Dooro ikhtiyaarka **8** ee adeegyada turjumaada bilaashka ah.