KEEP THE GERMS AWAY, KEEP HANDS CLEAN

Help slowing down the spread of COVID-19 in our communities:

- Cover a cough with the inside of your elbow instead of your hand.
- Avoid touching your eyes, nose and mouth, where the virus can enter your body.
- Keep hands clean, especially if you are making food or eating.
  Tip: carry hand sanitiser
- Stay 1.5 metres or two big steps away from others when possible.

National Coronavirus Helpline on 1800 020 080.

Yarn to your local healthcare worker for more information on how to **#keepourmobsafe.**

Visit **Health.gov.au**