**COVID-19 Test & Isolate National Protocols**

**PROTOCOL 1**

**COVID-19 confirmed by a positive PCR test**

1. **Isolate at home for at least 7 days** from the day you had your PCR test. If you have symptoms at **Day 6**, have another PCR test at a walk in or drive through testing clinic.
2. **If test is positive** you must stay at home until symptoms are gone or have a negative PCR test. If you have symptoms at **Day 12**, have a **PCR or RAT self-test**.
3. **Notify your household, school or employer** that you have COVID-19.
4. **If you have no symptoms at Day 7**, you can return to normal living and leave your home. You do not need a further test. Wear a mask when leaving the home and avoid visiting high-risk settings for at least 7 days following negative test or end of symptoms.

**Always seek medical help if you become very unwell.**

**PROTOCOL 2**

**Close Contact and have symptoms**

1. Stay home for 7 days since you last had contact with the person who has COVID-19.
2. Go to a walk in or drive through testing clinic for a PCR test if you have symptoms at any time. Make sure you wear a mask and physical distance when you do this.
3. Stay at home while waiting for the test result.
   - If you test **positive** for COVID-19 follow **Protocol 1**.
   - If you test **negative**, continue to stay at home.
   - If your Day 6 self-test is **positive**, follow **Protocol 2** and go to a walk in or drive through testing clinic for a PCR test for confirmation.
   - If your Day 6 self-test is **negative** and you have no symptoms, you can leave home and return to normal living after completing the 7 days of home isolation.

**Wear a mask when leaving the home and avoid visiting high-risk settings for at least 14 days following exposure to the person with COVID-19.**

**PROTOCOL 3**

**Close Contact with no symptoms**

1. Stay home for 7 days since you last had contact with the person who has COVID-19.
2. Take a RAT self-test as soon as possible. If positive, follow **Protocol 1**. If negative, continue to stay at home for 7 days, monitor for symptoms and follow **Protocol 2** if they develop.
   - If your Day 6 self-test is **positive**, follow **Protocol 2** and go to a walk in or drive through testing clinic for a PCR test for confirmation.
   - If your Day 6 self-test is **negative** and you have no symptoms, you can leave home and return to normal living after completing the 7 days of home isolation.

**Wear a mask when leaving the home and avoid visiting high-risk settings for at least 14 days following exposure to the person with COVID-19.**

**PROTOCOL 4**

**Other contacts**

If you have had less contact with someone with COVID-19, such as contact in a social, shopping, education or workplace setting.

1. You should monitor for symptoms and have a RAT self-test if these occur. If **positive**, a PCR should be used to confirm the RAT result. If **positive**, follow **Protocol 1** and stay at home until test is **negative**. Wear a mask when leaving the home and avoid visiting high-risk settings for at least 14 days following exposure to the person with COVID-19.

**WA, SA, NT & TAS residents should check their state or territory requirements and timelines**

You are a **Close Contact** if you are living with someone who has COVID-19, have spent 4 hours or longer with someone in a home or health or aged care environment since they developed COVID-19, or under exceptional circumstances determined by individual states or territories.