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| Health Plan VisionAboriginal and Torres Strait Islander people enjoy long, healthy lives that are centred in culture, with access to services that are prevention-focused, culturally safe and responsive, equitable and free of racism. |
| Foundations for a Healthy LifeAboriginal and Torres Strait Islander health is viewed in a holistic context that recognises not only physical health and wellbeing but also the social, emotional and cultural wellbeing of individuals, families and communities throughout the entire life course. |
| **The cultural determinants of health** | **The social determinants of health** |
| Culture is a foundation for Aboriginal and Torres Strait Islander health and wellbeing. It is a protective factor across the life course, and has a direct influence on broader social determinants outcomes. Gains across these broader determinants, in turn, reinforce cultural connectedness, maintenance, resurgence, nation building and pride in cultural identity. |
| **The Life Course** |
| Healthy babies and children (Ages 0 – 12) | Healthy youth and adolescents (Ages 12 – 24) | Healthy adults (Ages 25 – 49) | Healthy ageing (Ages 50+) |
| **Priorities** |
| **Enablers for Change**Priority 1: Genuine shared decision making and partnershipsPriority 2: Aboriginal and Torres Strait Islander community controlled comprehensive primary health carePriority 3: Workforce | **Focusing on Prevention**Priority 4: Health promotionPriority 5: Early interventionPriority 6: Social and emotional wellbeing and trauma-aware, healing-informed approachesPriority 7: Healthy environments, sustainability and preparedness | **Improving the Health System**Priority 8: Identify and eliminate racismPriority 9: Access to person-centred and family-centred carePriority 10: Mental health and suicide prevention  | **Culturally Informed Evidence Base**Priority 11: Culturally informed and evidence based evaluation, research and practicePriority 12: Shared access to data and information at a regional level |