



Managing COVID-19 at Home: resources for patients and healthcare professionals

With a highly vaccinated population, most COVID-positive people are unlikely to get severely unwell or require hospitalisation and will be able to manage their symptoms at home – where clinically safe and appropriate to do so. These tools can help people living with COVID to know what actions they may need to take and when they may need to seek further medical help. There are also a range of clinical guidelines published by the RACGP and the National COVID-19 Evidence Taskforce to support GPs to manage and monitor their COVID-positive patients in the community.

For everyone

National Coronavirus Hotline

1800 020 080

For information about COVID-19 or COVID-19 vaccines – 24 hours a day, 7 days a week.

Vaccine Clinic Finder

Book a COVID-19 vaccine at a clinic near you that suits your needs.

COVID Symptom Checker

Find out if you need to get tested or seek medical help.

Restriction Checker

Find out what you can and can't do in your state or territory.

Managing Mild COVID-19 at Home with Assistance from your GP

For patients who have tested positive to COVID-19 and are being cared for at home with assistance from their GP.

Healthdirect Australia

Guidance for people that have tested positive to COVID-19, including links to specific information for states and territories.

Vaccine Side Effect Checker

Check any side effects after your vaccination.

For healthcare professionals

Guidelines for the clinical management of COVID-positive people in the community **Royal Australian College of General Practitioners (RACGP)**

Information for GPs and their patients to manage their ongoing health and social issues amid the pandemic, including home-based care guidelines. These guidelines include:

[Home-care guidelines for patients with COVID-19 \(PDF 2 MB\)](#)

[Managing COVID-19 at home with assistance from your general practice — A guide, action plan and symptom diary for patients \(PDF 1.6 MB\)](#)

Guidelines for assessment and risk stratification of COVID-positive people — National COVID-19 Clinical Evidence Taskforce

Evidence-based clinical guidelines for Australia's healthcare professionals, including clinical flowcharts.

Communicable Diseases Network Australia (CDNA)

National advice and guidance for public health units responding to a notifiable disease event, including links to specific information for states and territories.

Guidance on Ordering and PPE Distribution via PHNs

For information on what PPE is available and how to order please contact your local PHN.

Guidance on the use of PPE for Health Care Workers

Guidance on the use of personal protective equipment (PPE) for health care workers in the context of COVID-19.

Videos on PPE Usage

[Wearing PPE in Primary Care](#)

[Wearing PPE in Residential Aged Care](#)

Guidance on Community Care Pathways and Patient Escalation

For information on how to escalate COVID-positive patients in your care, please contact your PHN for details of their community care pathway.

Find your local Primary Health Network

Media Releases

[Telehealth Announcement December 2021](#)

[Support for front line workforces December 2021](#)

[Living with COVID Package October 2021](#)