



## **Australian Government**

### **Department of Health**

## **Aged care COVID-19 grief and trauma response package**

### **Resources order form**

Hard copies of the materials on this order form are available at no cost from National Mail and Marketing. Orders are available to aged care providers, community organisations, and individuals. This form contains 3 sections: awareness resources, trauma resources and grief resources.

To place an order you can:

1. Download this form, fill it in and email to <mailto:health@nationalmailing.com.au>
2. Mail it:  
National Mail and Marketing  
PO BOX 7077  
Canberra ACT 2610
3. Phone National Mail and Marketing directly and place your order using the Item reference numbers listed next to each item.  
Phone: (02) 6269 1025  
Fax: (02) 6260 2770

Name (first name and last name): Click or tap here to enter text.

Organisation (if applicable): Click or tap here to enter text.

Delivery address (include suburb, state, postcode): Click or tap here to enter text.

Attention to: Click or tap here to enter text.

Contact phone: Click or tap here to enter text.

For questions about the resources, or package please contact <mailto:ageing.and.diversity@health.gov.au>

## Part 1: Information to raise awareness of the supports

Available for download/viewing: [health.gov.au/covid-support-aged-care-grief-trauma](https://health.gov.au/covid-support-aged-care-grief-trauma)

### 1. Trifold brochure: Impacted by COVID-19 in aged care?

This brochure outlines the grief and trauma support services available for those living, working and caring in the aged care sector who have been impacted by COVID-19

	Language	Code	Order Qty
1	English	W70001	
2	Indigenous design	W70001A	
3	Albanian	W70002	
4	Amharic	W70003	
5	Arabic	W70004	
6	Armenian	W70005	
7	Assyrian	W70006	
8	Bengali	W70007	
9	Bosnian	W70008	
10	Bulgarian	W70009	
11	Burmese	W70010	
12	Chin Hakka	W70011	
13	Chinese Simp.	W70012	
14	Chinese Trad.	W70013	
15	Croatian	W70014	
16	Dari	W70015	
17	Dinka	W70016	
18	Dutch	W70017	
19	Finnish	W70018	
20	French	W70019	
21	German	W70020	
22	Greek	W70021	
23	Gujarati	W70022	
24	Hazargi	W70023	
25	Hebrew	W70024	
26	Hindi	W70025	
27	Hmong	W70026	
28	Indonesian	W70027	
29	Italian	W70028	
30	Japanese	W70029	
31	Karen	W70030	
32	Khmer	W70031	
33	Kirundi	W70032	

	Language	Code	Order Qty
34	Korean	W70033	
35	Kurdish	W70034	
36	Laotian	W70035	
37	Macedonian	W70036	
38	Malayalam	W70037	
39	Maltese	W70038	
40	Nepali	W70039	
41	Pashto	W70040	
42	Persian	W70041	
43	Polish	W70042	
44	Portuguese	W70043	
45	Punjabi	W70044	
46	Rohingya	W70045	
47	Romanian	W70046	
48	Russian	W70047	
49	Samoan	W70048	
50	Serbian	W70049	
51	Sinhala	W70050	
52	Slovak	W70051	
53	Slovenian	W70052	
54	Somali	W70053	
55	Spanish	W70054	
56	Swahili	W70055	
57	Tagalog/Filipino	W70056	
58	Tamil	W70057	
59	Thai	W70058	
60	Tibetan	W70059	
61	Tigrinya	W70060	
62	Turkish	W70061	
63	Ukrainian	W70062	
64	Urdu	W70063	
65	Vietnamese	W70064	

## 2. Poster: Impacted by COVID-19? Help is available

This poster outlines the grief and trauma support services available for those living, working and caring in the aged care sector who have been impacted by COVID-19.

	Language	Code	Order Qty
1	English	W70065	
2	Chinese Simp.	W70066	
3	Chinese Trad.	W70067	
4	Arabic	W70068	
5	Vietnamese	W70069	
6	Italian	W70070	

	Language	Code	Order Qty
7	Greek	W70071	
8	Hindi	W70072	
9	Tagalog/Filipino	W70073	
10	Spanish	W70074	
11	Punjabi	W70075	

## Part 2: Phoenix Australia: Trauma Resources (single/double sided as listed)

Note, these are grouped based on the intended audience

### For older people, their families and loved ones

These materials will help families and loved ones support an older person experiencing trauma, grief and loss. There are also specific support materials for family and loved ones to support people living with dementia. Available for download/viewing: [phoenixaustralia.org.au/aged-care](http://phoenixaustralia.org.au/aged-care)

#### 1. Impacts of trauma (single)

	Language	Code	Order Qty
1	English	W70076	
2	Italian	W70077	
3	Greek	W70078	
4	Chinese Simp.	W70079	
5	Chinese Trad.	W70080	

#### 2. Trauma loss and grief (double)

	Language	Code	Order Qty
1	English	W70081	
2	Italian	W70082	
3	Greek	W70083	
4	Chinese Simp.	W70084	
5	Chinese Trad.	W70085	

#### 3. Trauma and dementia (double)

	Language	Code	Order Qty
1	English	W70086	
2	Italian	W70087	
3	Greek	W70088	
4	Chinese Simp.	W70089	
5	Chinese Trad.	W70090	

#### 4. Impacts of trauma for Veterans (double)

	Language	Code	Order Qty
1	English	W70091	

#### 5. Trauma, loss and grief for Veterans (double)

	Language	Code	Order Qty
1	English	W70092	

#### 6. Trauma and dementia in Veterans (double)

	Language	Code	Order Qty
1	English	W70093	

## For families and loved ones

### 1. Self-care for families and loved ones (single)

	Language	Code	Order Qty
1	English	W70094	
2	Italian	W70095	
3	Greek	W70096	
4	Chinese Simp.	W70097	
5	Chinese Trad.	W70098	

### 2. Supporting a loved one (double)

	Language	Code	Order Qty
1	English	W70099	
2	Italian	W70100	
3	Greek	W70101	
4	Chinese Simp.	W70102	
5	Chinese Trad.	W70103	

### 3. Trauma, loss and grief: supporting a Veteran (double)

	Language	Code	Order Qty
1	English	W70104	

### 4. Self-care for families and loved ones of Veterans (double)

	Language	Code	Order Qty
1	English	W70105	

## For the aged care workforce

These printable resources are intended for staff working in aged care. These materials will support you to help an older person affected by trauma feel safe and get the help that they need, while also supporting your own wellbeing and that of other staff. These printable resources are also designed to support managers and staff who have completed their Trauma Informed Care for the Aged Care Workforce training. Training and resources available at: [phoenixaustralia.org.au/aged-care](http://phoenixaustralia.org.au/aged-care)

### 1. Trauma, loss and grief: What do I need to know? (double)

	Language	Code	Order Qty
1	English	W70106	
2	Chinese Simp.	W70107	
3	Arabic	W70108	
4	Hindi	W70109	
5	Filipino	W70110	

### 2. Trauma, loss and grief: What do I need to do? (double)

	Language	Code	Order Qty
1	English	W70111	
2	Chinese Simp.	W70112	
3	Arabic	W70113	
4	Hindi	W70114	
5	Filipino	W70115	

### 3. Trauma and dementia: What do I need to know? (double)

	Language	Code	Order Qty
1	English	W70116	
2	Chinese Simp.	W70117	
3	Arabic	W70118	
4	Hindi	W70119	
5	Filipino	W70120	

### 4. Trauma and dementia: What do I need to do? (double)

	Language	Code	Order Qty
1	English	W70121	
2	Chinese Simp.	W70122	
3	Arabic	W70123	
4	Hindi	W70124	
5	Filipino	W70125	

### 5. Caring for older people: How can trauma affect me? (double)

	Language	Code	Order Qty
1	English	W70126	
2	Chinese Simp.	W70127	
3	Arabic	W70128	
4	Hindi	W70129	
5	Filipino	W70130	

### 6. Self-care for staff (double)

	Language	Code	Order Qty
1	English	W70131	
2	Chinese Simp.	W70132	
3	Arabic	W70133	
4	Hindi	W70134	
5	Filipino	W70135	

7. Trauma Informed Care Managers Workbook  
(approximately 20 double sided pages)

	Language	Ref no:	Order Qty
1	English	W70136	

8. Trauma Informed Care Checklist: Assessing my  
trauma knowledge (20 pages)

	Language	Ref no:	Order Qty
1	English	W70141	

### Part 3: Australian Centre for Grief and Bereavement: Grief and loss fact sheets

#### For older people, their loved ones and aged care staff

These resources are a part of the support provided to those living working and caring in the aged care sector. Available for download/viewing: <http://www.aged.grief.org.au/>

1. What is grief?

	Language	Code	Order Qty
1	English	W70146	
2	Chinese Simp.	W70147	
3	Arabic	W70148	
4	Chinese Trad.	W70149	
5	Vietnamese	W70150	
6	Greek	W70151	

2. Non-death grief and loss

	Language	Code	Order Qty
1	English	W70152	
2	Chinese Simp.	W70153	
3	Arabic	W70154	
4	Chinese Trad.	W70155	
5	Vietnamese	W70156	
6	Greek	W70157	

3. Ageing and self-compassion

	Language	Code	Order Qty
1	English	W70158	
2	Chinese Simp.	W70159	
3	Arabic	W70160	
4	Chinese Trad.	W70161	
5	Vietnamese	W70162	
6	Greek	W70163	

4. Resilience and aged care

	Language	Code	Order Qty
1	English	W70164	
2	Chinese Simp.	W70165	
3	Arabic	W70166	
4	Chinese Trad.	W70167	
5	Vietnamese	W70168	
6	Greek	W70169	

5. Older Australians – when grief won't heal

	Language	Code	Order Qty
1	English	W70170	
2	Chinese Simp.	W70171	
3	Arabic	W70172	
4	Chinese Trad.	W70173	
5	Vietnamese	W70174	
6.	Greek	W70175	

6. Uncertainty and aged care

	Language	Code	Order Qty
1	English	W70176	
2	Chinese Simp.	W70177	
3	Arabic	W70178	
4	Chinese Trad.	W70179	
5	Vietnamese	W70180	
6	Greek	W70181	

7. Grief and aged care managers

	Language	Code	Order Qty
1	English	W70182	
2	Chinese Simp.	W70183	
3	Arabic	W70184	
4	Chinese Trad.	W70185	
5	Vietnamese	W70186	
6	Greek	W70187	

8. Self-care for workers

	Language	Code	Order Qty
1	English	W70188	
2	Chinese Simp.	W70189	
3	Arabic	W70190	
4	Chinese Trad.	W70191	
5	Vietnamese	W70192	
6	Greek	W70193	