# Transcript

## #LIVE Greater Sydney message

## [#LIVE](https://www.facebook.com/hashtag/live?__eep__=6&__tn__=*NK-R): Dr Lucas de Toca with an important message for people in Greater Sydney.

A stay-at-home public health order has been put in place for people living in Greater Sydney and the surrounding areas. This is to help stop the spread of the current outbreak of COVID-19 in NSW.

We urge everyone living in those areas to please follow the orders and stay at home.

There’s only a small number of specific reasons that people can leave and that includes: shopping for food and other essential items, and seeking medical care, which includes receiving a vaccine.

If you’re having symptoms, any symptoms, no matter how mild, please get tested.

And if you are eligible for a vaccine, please go and make an appointment.

We know public health restrictions are really tough and put an incredible toll on our lives. But they are absolutely essential to help stop the spread of this virus, and we thank you for following them.

At the moment, the current restrictions are in place until midnight 16th of July.

For further information, please visit the website of the NSW Government on www.nsw.gov.au