

Impacted by COVID-19?

Help is available



Grief, loss, trauma, advice and advocacy services

In-person, phone and online help is available for aged care residents and recipients, their families, family of choice, friends, loved ones, community visitors and representatives, and aged care workers.

Grief and bereavement

1800 222 220
www.aged.grief.org.au

Dementia behaviour support

1800 699 799
www.dementia.com.au

Trauma support

[www.phoenixaustralia.org/
aged-care](http://www.phoenixaustralia.org/aged-care)

Advice and advocacy

1800 700 600
www.opan.com.au

All services are free, confidential and are respectful of people's culture, religion, identity and lifestyles.

131 450 for Translating and Interpreting Service (TIS), ask for your language to connect.

1300 010 877 for Auslan Connections, email interpreter.bookings@deafservices.org.au, or SMS 0407 647 591