

A food systems approach to addressing obesity

Jessica Bogard | Nutrition Systems Scientist 15th February 2019

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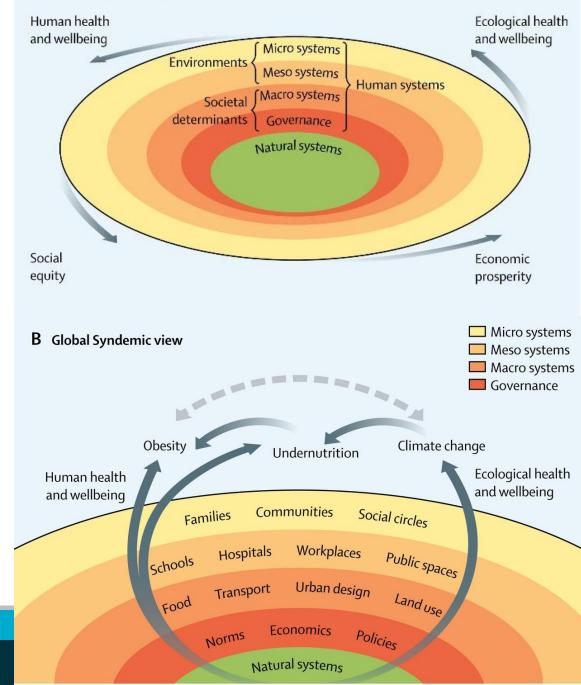


Lancet commission on obesity

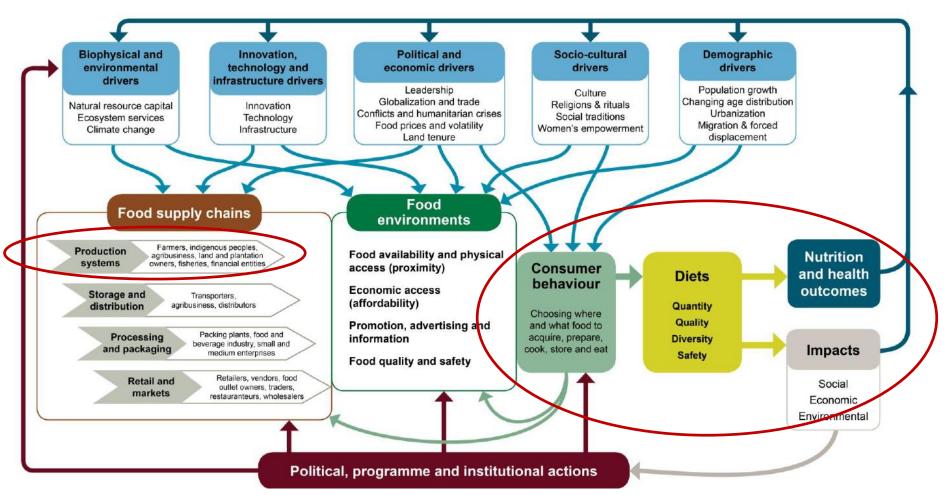
- 'The Global Syndemic' of obesity, undernutrition and climate change:
 - Co-exist
 - Interact with each other
 - Have common systematic drivers
- Underlying drivers exist within food and agriculture, transport, urban design and land use systems
- Systems level interventions could serve as double or triple duty solutions

(Swinburn et al, 2019, The Lancet)





What is a food system?



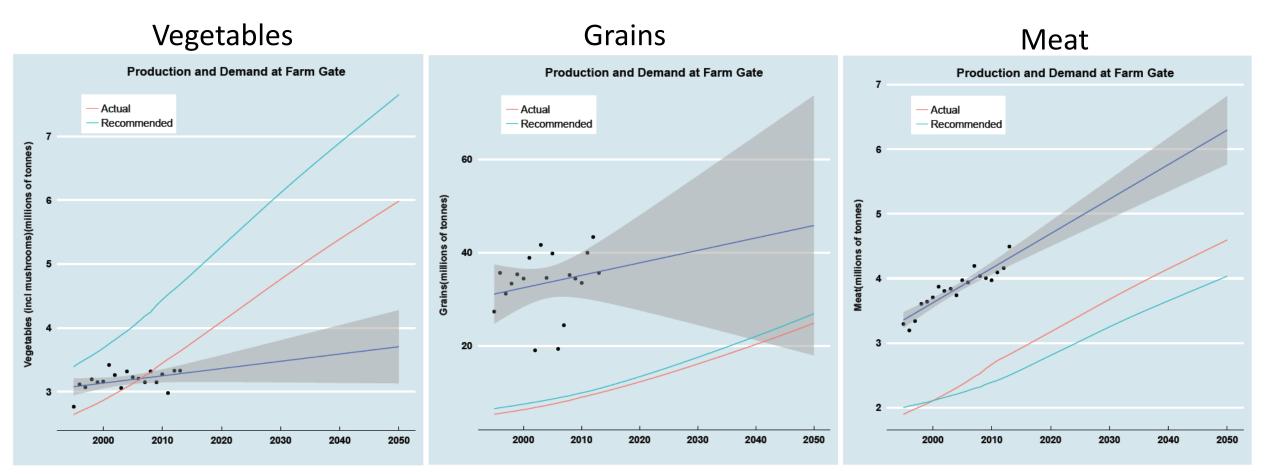
A food systems approach recognises all of the areas, people and linkages throughout the system, then actively seeks to maximise synergies and minimise trade-offs

(HLPE report on Nutrition and Food Systems, 2017)

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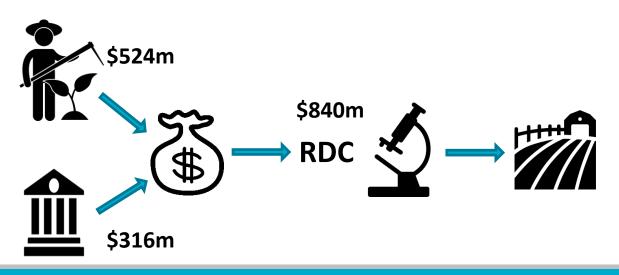
Does Australian agricultural production meet our nutritional needs?



(Ridoutt et al, 2017, Food Security)

The RDC model

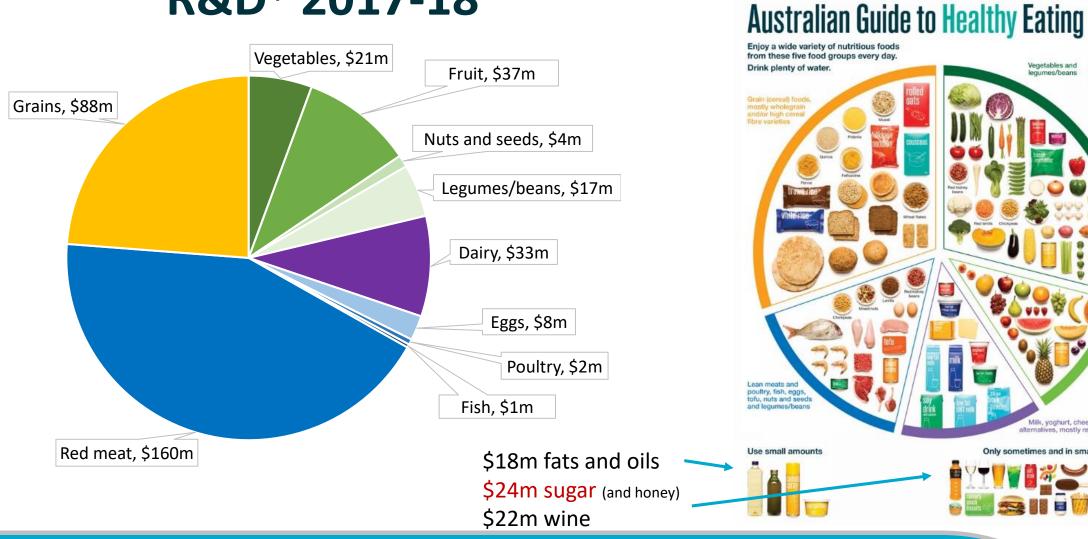
- Investment in agricultural R&D in Australia occurs largely via the Rural Research and Development Corporations (RDC) model
- 15 RDCs (5 statutory and 10 industry)
- Funding is via commodity levies with matched funding from Govt.



(DAWR, Report to Levies Stakeholders, 2018)

Statutory RDCs	
GRDC	Grains Research and Development Corporation
FRDC	Fisheries Research and Development Corporation
CRDC	Cotton Research and Development Corporation
WA	Wine Australia
RIRDC	AgriFutures (Rural Industries RDC)
Industry RDCs	
DA	Dairy Australia Limited
MLA	Meat and Livestock Australia
AECL	Australian Egg Corporation Limited
APL	Australian Pork Limited
SRDC	Sugar Research Australia Limited
HIA	Horticulture Innovation Australia
Livecorp	Australian Livestock Export Corporation Limited
AMPC	Australian Meat Processor Corporation
FWPA	Forest and Wood Products Australia
AWIL	Australian Wool Innovation Limited

Levies invested in agricultural **R&D* 2017-18**



www.eatforhealth.gov.au

Vegetables and

legumes/beans

Milk, yoghurt, cheese and/or alternatives, mostly reduced fat

Madical Research Council

(DAWR, Report to Levies Stakeholders, 2018)

* 5.2% of these funds was spent on biosecurity and residue testing, though the breakdown of these by commodity is not available in the referenced report

Key messages

- Clear need for a 'systems approach' to address obesity (not only a health issue)
- Agriculture and food systems are a key entry point
 - Specifically, the need to align agricultural production with foods needed for healthy diets
- A National Obesity Strategy offers an opportunity embrace a whole of system approach to address the interlinked challenges of obesity, poor diets and sustainability of food systems with multiple benefits



Thank you

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