



Health updates to keep your mob safe.

Information for Aboriginal and Torres Strait Islander communities on the Coronavirus (COVID-19) vaccine and other health updates.

Welcome to the latest health update for Aboriginal and Torres Strait Islander households, communities and organisations. This month, we are providing an update on the COVID-19 vaccine roll out. We also look at free training programs which are available to improve infection control in the workplace, empower cultural healing, and help identify hearing problems.

This month's health updates:

- [COVID-19 vaccine update](#)
- [Free online training to keep you safe at work](#)
- [Red Dust Healing: a cultural healing program](#)
- [Help people hear better with EarTrain](#)
- [National Condom Day: no shame in asking for an STI test](#)
- [Aboriginal and Torres Strait Islander COVID-19 vaccine communication resources are available for free on our website](#)





Update on Australia's COVID-19 vaccines

- [COVID-19 vaccine rollout on track to begin 22 February.](#)
- [TGA provisionally approves AstraZeneca COVID-19 vaccine for use in Australia](#)

Learn more at the Australian Government Department of Health's [COVID-19 vaccines hub](#) and subscribe to the [COVID-19 Vaccines Update](#).

The COVID-19 vaccine rollout is starting in February. Getting a vaccine is a safe and effective way of protecting yourself from getting really sick from COVID-19. Encourage your family, Elders and community to get vaccinated when it is their turn so they are protected from serious illness from COVID-19.



Free online training to help keep you safe at work

Boost your COVID-19 awareness with online infection control training. It's quick to do and costs nothing.

[Find out here](#) how a whole team of day care educators used it to bump up their knowledge and confidence to manage their COVID-19 health policies.





Red Dust Healing

An empowering program is using Aboriginal perspectives to help people deal with rejection, hurt and anger in their life.

Uncle Tom Powell, founder of Red Dust Healing, tells us how the group training uses visualisation to build strong spirits. [Read more.](#)



Help people hear better

Are you a healthcare professional caring for Aboriginal and Torres Strait Islander people?

You could be eligible for EarTrain: a series of free training modules on how to identify, manage and treat ear disease and hearing loss.

Learn more about the training and how to get involved [here.](#)



No shame in asking for an STI test

Healthy relationships and safe sex – that was the message this National Condom Day marked on 14 February. It's also a good reminder there's no shame in asking for a sexually transmitted infection (STI) check.

Find out what the National Aboriginal Community Controlled Health Organisation (NACCHO) has been doing to raise the awareness around this important topic [here](#).



Australian Government
Department of Health

