PHLN
Public Health Laboratory Network

Australian Government

# ܕܟܝ ܠܟܢܫܟܘ ܡܢܬܐ ܡܢ ܓܢܐ ܕ COVID-19 ܒܝܬܘܟܘܢ

ܐܢܝ ܡܘܕܥܢܘܬܐ ܡܣܘܪܝܐ ܝܠܗ ܕܟܝ ܡܦܠܚܝܬܘܢ ܡܟܢܫܢܝܬܐ ܩܐ ܣܩܠܬܐ ܕܚܕ ܝܡܘܬܐ ܕܢܦܩܐ ܡܢ ܩܠܦܟܬܘܟܘܢ ܘܢܚܝܪܘܟܘܢ ܩܐ ܢܫܝܡܬܐ. ܐܝܟ ܐܫܝܢ ܐܣܦܘܟܘܢ، ܬܡܠܝܬܘܢ ܚܕ ܝܡܘܬܐ ܝ ܦܝܫܠܗ ܫܠܝܚܬܐ ܡܢܘܟܘܢ ܒܚܕ ܐܘܪܚܐ ܕܡܫܡܫܬܐ ܕܢܫܝܡܬܐ ܝ ܒܝܢܬܘܟܘܢ ܕܐܝܠܬܐ.

ܚܒܝܫܐ ܕܝܠܗ ܢܘܦܩܐ ܕܣܘܠܩܢܐ ܕܡܦܩܢܐ (PHLN) ܡܘܕܥܬܐ ܡܠܘ ܐܢܝ ܡܘܕܥܢܐ ܩܐ ܦܘܪܫܬܘܟܘܢ.

## 1 ܡܛܘܝܒܬܐ

ܡܦܠܚܝܬܘܢ ܚܕ ܡܢ ܡܟܢܫܢܝܬܐ ܩܐ ܩܠܦܟܬܘܟܘܢ ܘܢܚܝܪܘܟܘܢ. ܐܝܬܘܟܘܢ ܝ ܡܘܕܥܢܐ ܕܝܠܦܢܐ ܕܣܘܠܩܢܐ ܒܚܕ ܡܟܢܫܢܝܬܐ ܡܟܢܫܢܝܬܐ.

ܫܝܠܘܢ ܝ ܕܒܝܫܘܢ ܐܝܕܬܘܟܘܢ ܡܢ ܩܕܡ ܘܒܬܪ ܣܩܠܬܐ ܕܝܡܘܬܐ.

ܦܬܚܘܢ ܚܕ ܡܫܩܢܐ ܕܝܬܐ (ܚܕ ܝܠܗ ܩܠܝܫܐ ܘܡܒܝܫܐ ܕܦܡܐ ܐܝܟ ܦܡܐ ܕܐܘܫܟܐ) ܘܚܕ ܢܘܪܐ.

## 2 ܡܢܬܐ ܕܩܠܦܟܬܐ

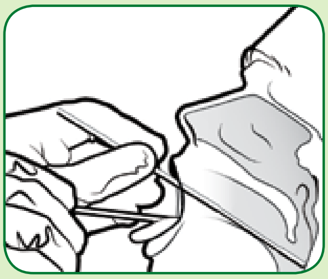
ܦܬܚܘܢ ܠܗ ܐܟܘܬܐ ܡܢ ܟܡܐ، ܘܦܬܘܚܘܢ ܐܟܐ ܦܩܫܬܐ ܘܡܦܠܚܝܬܘܢ ܠܗ ܐܟܘܬܐ ܒܚܕ ܚܕ ܦܬܐ ܕܡܒܝܫܬܐ.

ܦܬܚܘܢ ܐܟܐ ܡܟܢܫܢܝܬܐ ܡܢ ܟܡܐ. ܐܝ ܕܡܕܝܬܘܢ ܒܪܐ ܫܠܝܚܐ.

ܡܫܠܝܚܘܢ ܫܢܘܟܘܢ ܐܝܟ ܕܐܪܐ ܩܕܡ ܚܕ ܢܘܪܐ ܘܦܬܚܘܢ ܠܫܢܘܟܘܢ. ܡܦܠܚܝܬܘܢ ܡܫܩܢܐ ܕܝܬܐ ܩܐ ܕܡܫܠܝܬܘܢ ܫܡܬܐ ܕܐܬܝܪܐ ܕܠܫܢܘܟܘܢ. ܐܝܟ ܫܘܝܬܘܢ ܠܗܘܢ ܦܘܡܘܟܘܢ.

ܕܐܝ ܕܡܕܬܐ ܒܦܬܝܬܐ ܕܦܘܩܘܟܘܢ ܝ ܠܫܢܘܟܘܢ، ܒܚܕ ܐܘܪܚܐ ܠܐܬܪܐ ܕܩܠܦܟܬܘܟܘܢ ܘܥܘܡܩܐ ܕܦܘܡܝܬܐ.

ܦܬܚܘܢ ܐܟܐ ܡܟܢܫܢܝܬܐ ܕܐܝ ܕܡܕܬܐ ܒܟܠ ܫܡܬܐ ܐܝܟܢܐ ܕܦܘܩܘܟܘܢ.



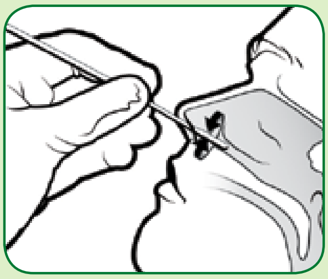
## 3 ܡܢܬܐ ܕܩܘܪܩܘܣܝ ܦܢܝܬܐ ܕܢܚܝܪܐ

ܡܥܒܪܘܢ ܠܐܝܟܐ ܫܠܝܚܐ ܕܚܕ ܡܢ ܡܟܢܫܢܝܬܐ 2–3 cm ܠܗ ܦܢܝܬܘܟܘܢ. ܡܕܡܝܐ (ܝ ܚܕ ܕܡܥܒܪܘܢ ܒܐܠܡܘܢܝܬܐ). ܘܫܡܫܘܢ ܐܝܟܢܐ ܕܡܟܢܫܢܝܬܐ ܐܝܟܕܐ ܠܘܦܩܝܬ ܚܕ ܦܢܝܬܐ ܕܦܘܩܘܟܘܢ.

ܒܚܕ ܦܪܥܠܘܢ ܠܡܟܢܫܢܝܬܐ ܕܬܪܝ ܐܟܘܢ.

ܗܒܘܢ ܚܕ ܠܐܝܟ ܦܢܝܬܐ ܒܗ ܘܗ ܦܢܝܬܘܟܘܢ، ܐܝܟܢܐ.

ܐܝ ܡܫܠܝܚܘܢ ܠܡܟܢܫܢܝܬܐ ܝܠܝܦܐ



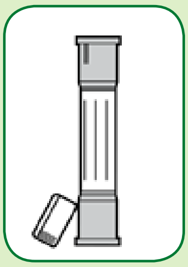
## 4 ܫܕܪܬܐ ܘܡܫܠܡܬܐ ܕܝܡܘܬܐ

ܒܡܥܒܪܬܐ، ܡܥܒܪܘܢ ܠܐܝܟܐ ܫܠܝܚܐ ܕܡܟܢܫܢܝܬܐ ܠܗ ܐܟܘܬܐ. ܩܐ ܚܕܡܩܐ ܫܒܝܩܐ ܕܢܫܝܡܬܐ، ܗܒܝܩܐ ܡܗܘ ܕܬܡܫܠܝܚܘܢ ܐܟܐ ܦܪܘܡܬܐ ܕܡܟܢܫܢܝܬܐ. ܡܟܢܫܢܝܬܐ ܒܚܕ ܡܫܘܪܐ ܐܢܚܢܐ. ܦܘܡܩܝܬܐ ܕܫܒܝܩܐ ܕܢܫܝܡܬܐ ܒܚܕ ܡܥܒܪ ܐܟܘܢ ܝ ܗܒܝܩܐ ܡܗܘ ܕܡܥܒܪܘܢ ܠܐܘܢܐ ܡܥܒܪ. ܒܫܠܝܚܘܬܐ ܦܪܥܠܘܢ ܠܦܩܫܬܐ ܒܟܠ ܐܟܘܬܐ ܩܐ ܕܐܝ ܗܘܢܐ ܢܛܝܪܬܐ.

ܫܝܠܘܢ ܘܕܒܝܫܘܢ ܐܝܕܬܘܟܘܢ.

ܟܬܘܒܘܢ ܫܡܘܟܘܢ، ܒܟܠ ܦܬܐ ܕܟܠ ܐܟܘܬܐ ܘܟܬܘܒܘܢ ܐܟܐ ܕܝܡܘܬܐ ܐܝܟ 'ܣܩܠܬܐ - ܒܝܬܐ'.

ܡܫܠܡܘܢ ܠܝܡܘܬܐ ܩܐ ܐܝܬܘܟܘܢ ܝ ܡܘܕܥܢܐ ܕܝܠܦܢܐ ܕܣܘܠܩܢܐ، ܒܡܫܘܚܬܐ ܕܢܘܟܪܝܘܬܐ ܒܚܕ ܕܟܝ ܠܡܫܠܡܝ ܝܡܘܬܘܟܘܢ.



ܚܒܝܫܐ ܕܝܠܗ ܢܘܦܩܐ ܕܣܘܠܩܢܐ ܕܡܦܩܢܐ (PHLN) ܦܪܝܫܬܐ ܡܠܘ ܡܘܕܥܢܐ ܕܐܝܢܐ ܒܗ ܣܩܠܬܐ ܕܝܡܘܬܐ ܘܡܫܠܡܢܘܬܐ ܩܐ ܢܫܝܡܬܐ ܕ SARS-CoV-2 (ܒܝܕܘܗ ܕܝܠܗ ܦܘܪܫܐ ܡܫܚܐ ܕ COVID-19). ܡܘܕܥܢܘܬܐ ܝܬܝܪܐ ܐܝܟ ܒܚܕ ܬܡܩܐ ܕ **Department of Health's website**.

ܡܥܒܪܐ ܕܡܘܕܥܢܐ: **https://www.cdc.gov/flu/professionals/diagnosis/index.htm**

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