



**Australian Government**  
**Department of Health**

**Coronavirus (COVID-19) khenkhamnak pawl dindorhnak**

Australia nih hlawhtling taktak in 'a ngawimi kha a rawnhter' cang. Australia ah ni fatin COVID-19 zawtnak a ngei tharmi milu nambar a tlawm taktak cang. Cheukhat khenkhammi pawl dindorh dingah ralrin tein karhlaan hram atu kan thawk khawh cang i hi rungrul a karhnak teinak dingah a kan bawmh cang.

Ram chung i aa dang lianguangmi hmun ah COVID-19 a karh ning kha aa dang cio lai. Khenkhammi pawl dindorh dingah dot-3 timhtuahmi thar nih lam a pek. Pyine pawl le umnak hmun pawl nih aa dangmi caan cio ah tuah dingmi kha a dot dot in tuah a si lai i zapi ngandamnak lei dirhmun le mah umnak thil sining he aa tlak ningin a si lai.

**Dot- 3 Timhtuahnak**

Dot- 3 timhtuahnak cu Australia Ngandamnak lei Runvennak Abiapi Komiti (Australian Health Protection Principal Committee) i a thiambakmi ruahnak cheuhnak cungah aa hngat i riantuan ning lei nun ning COVIDSafe thawk ning cungah a si.

A dot khatnak cu iralrinnak a si. Rianrang tukin kan i thawn lo ding le hlawhtlinnak kan hmuh cia mi thlau lo ding kha a biapi tuk. Hi a dot khatnak nih innchungkhar le hawikom pawl he hmaitonh in ipehtlaih dingin caantha sunglawi tamdeuh a kan pek lai.

Dot hnihnak pawl nih minung tam deuh tonpumnak le riantuannak tamdeuh awnthannak he hi cungah a sersiam lai. Dot thumnak pawl nih caan sau ca COVIDSafe nun ning le riantuan ning tling tein icawnnak hram a thawk. Hihi rungrul cu tihnung in a um ko lio ah kan "tuah tawnmi a thar" a si lai.

Dot khat hnu dot khat in kar kan hlaan tikah kan dihlak in kan i bawmh dih a herh i takpum ihlatnak le a thami thianhlimnak le dam lo ahcun inn ah um kha a tak in tuah ding a si. Hi nih hin kan innchungkhar pawl, hawikom pawl le mibu COVIDSafe chiah kha a bawmh lai.

**Takpum ihlatnak**

A si khawhnak caan le a sai khawhnak hmun paoh ah midang pawl eh a tlawmbik meter 1.5 hlat in kan um a herh. Dawr ngan pipi asilole zapi tonnak hmun pawl i minung tampi um a si ahcun, ihlat in um kha a har lai caah, a chungah lut hlah. Minung an tam lo tikah ra than teh.

### **A thami thianhlimnak**

A thami thianhlimnak nih coronavirus karhnak donghter dingin a bawmh. Na kut kha chatpiat le ti he i tawl i, na hmai kha i tong hlah, cun na khuh le hachio tikah na kut ai ah na banhram tu in kham ding a si kha i chingchiah.

### **Na damlo le zawtnak na ngeih ahcun inn ah um**

A voidang nak in, tangfah asilole cumpit tibantuk hmelchunhnak pawl na ngeih ahcun inn ah um kha a biapi khun. Na tak a linh, khuh, or fah, thawchuah iharh, coronavirus na ngeih ahcun.

### **COVIDSafe app kha dawnglawt (download)**

Na tuah rih lo ahcun, zaangfahnak in COVIDSafe app kha dawnglawt. Coronavirus a ngeimi pakhat khat he tonnak a ngeimi kha rianrang taktak in minung kha theihternak tuahnak in hi app nih hin zapi ngandamnak lei riantuantu pawl kha a bawmh.

### **COVIDSafe Australia**

Kan hlawnhtlinnak cu nifatin kan nunnak ah hi tuahsernak pawl kan tuahmi cungah aa hngat. Inn in na chuah fatin zeitindah nangmah pompaak, innchungkhar, hawikom pawl le riantuanti pawl him tein ka chiah hna lai timi kong kha ruat. Zeidah na tuah lai i zeitik dah na tuah lai timi kong thim dingmi pawl kha hngal hna.

Nan umnak hmunhma i a hnuvik thawngthan le khenkhammi pawl hngalh bu tein um. A hnuvik ruahnak cheuhmi caah [Australia.gov.au](https://www.australia.gov.au) ah zoh law, pyine le umnak hmun pakhat cio kha zoh hna. Ram pumpi huap Coronavirus kongkau Bawmhhal khawhna 1800 020 080 ah chawn asilole calehna le holhlehnak lei riantuan piaknak 131 450 ah chawn.