WHEN TO USE PERSONAL PROTECTIVE EQUIPMENT (PPE) IN AGED CARE

PPE should be worn whenever you are caring for someone with a confirmed OR suspected case of COVID-19, or in quarantine.

Before putting on any PPE, you must wash your hands using soap and water or alcohol-based hand sanitiser.

Put on the PPE before you enter the room/person’s home.

When you’re providing clinical or personal care to them you will need to wear a:
- Gown
- Mask
- Protective eyewear
- Gloves

Where a care recipient is in quarantine and they are not showing symptoms, eye protection is not essential.

After removing all PPE, wash your hands again using soap and water or alcohol-based sanitiser.

To prevent the spread of disease it is important to remember to always practise good hygiene. Everybody should:
- Wash your hands for at least 20 seconds.
- Cough or sneeze into a tissue or your elbow and wash your hands.
- Stay 1.5 metres from others when not providing direct care.

After removing all PPE, wash your hands again using soap and water or alcohol-based sanitiser.

After treatment, remove gloves and gown before leaving the room. Leave room and remove mask, without touching the front. Wash hands after removing each item.

Quarantine is a precautionary period of isolation for someone who is well, but is at risk of infection through their recent movements or exposure.

Isolation is when a person is confirmed or suspected to have COVID-19.

PPE is a limited resource so please only use it when it’s needed.