

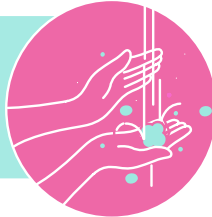


WHEN TO USE PERSONAL PROTECTIVE EQUIPMENT (PPE) IN AGED CARE

PPE should be worn whenever you are caring for someone with a confirmed OR suspected case of COVID-19, or in quarantine.



Before putting on any PPE, you must wash your hands using soap and water or alcohol-based hand sanitiser.



Put on the PPE before you enter the room/ person's home.



When you're providing clinical or personal care to them you will need to wear a:

- Gown
- Mask
- Protective eyewear
- Gloves



Where a care recipient is in quarantine and they are not showing symptoms, eye protection is **not essential**.



After treatment, remove gloves and gown before leaving the room. Leave room and remove mask, without touching the front. Wash hands after removing each item.



After removing all PPE, wash your hands again using soap and water or alcohol-based sanitiser.



Quarantine is a precautionary period of isolation for someone who is well, but is at risk of infection through their recent movements or exposure.

Isolation is when a person is confirmed or suspected to have COVID-19.

PPE is a limited resource so please only use it when it's needed

To prevent the spread of disease it is important to remember to always practise good hygiene. Everybody should:

- Wash your hands for at least 20 seconds.
- Cough or sneeze into a tissue or your elbow and wash your hands.
- Stay 1.5 metres from others when not providing direct care.

