



## Information for travellers arriving from mainland China, Iran, Republic of Korea and Italy

If you have travelled from mainland China, Iran, Republic of Korea or Italy, or been in close contact with a confirmed case of coronavirus, special restrictions apply. This information sheet should be read in conjunction with the 'What you need to know' and 'Isolation guidance' information sheets at [www.health.gov.au/covid19-resources](http://www.health.gov.au/covid19-resources)

Travellers from mainland China, Iran or the Republic of Korea are advised that the following special restrictions apply:

- If you have left, or transited through mainland China or Iran in the last 14 days, you must isolate yourself for 14 days from the date of leaving mainland China/Iran.
- If you have left, or transited through the Republic of Korea on or after 5 March 2020 you must isolate yourself for 14 days after the date of leaving the Republic of Korea.
- If you have been in close contact with a confirmed case of coronavirus, you must isolate yourself for 14 days after the date of last contact with the confirmed case.

Travellers from Italy must present for health screening upon arrival in Australia, as directed at the border.

### What do I do if I am sick right now?

If you have fever, sweats, chills or shortness of breath, contact the biosecurity officer at your air or sea port and let them know now.

### What do I do if I get sick while in Australia?

If you develop mild symptoms:

- Isolate yourself from others and use a separate bathroom if available
- Put on a surgical mask and if you don't have one
- Practise good sneeze/cough and hand hygiene
- Call a doctor or hospital and tell them your recent travel history.

If you have serious symptoms such as difficulty breathing:

- Call 000, ask for an ambulance and notify the officers of your recent travel history.

### How can we help prevent the spread of coronavirus?

Practising good hand and sneeze/cough hygiene is the best defence against most viruses. You should:

- wash your hands frequently with soap and water, before and after eating, and after going to the toilet
- cover your cough and sneeze, dispose of tissues, and use alcohol-based hand sanitiser
- and if unwell, avoid contact with others (stay more than 1.5 metres from people).

### More information

For the latest advice, information and resources, go to [www.health.gov.au](http://www.health.gov.au)

Call the National Coronavirus Health Information Line on 1800 020 080. It operates 24 hours a day, seven days a week. If you require translating or interpreting services, call 131 450.

The phone number of each state or territory public health agency is available at [www.health.gov.au/state-territory-contacts](http://www.health.gov.au/state-territory-contacts)

If you have concerns about your health, speak to a doctor.