



Australian Government

Department of Health, Disability and Ageing



Thriving Kids

Fact sheet for families





Australian Government

**Department of Health,
Disability and Ageing**

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.



We wrote this in an easy to read way.

We use pictures to explain some ideas.

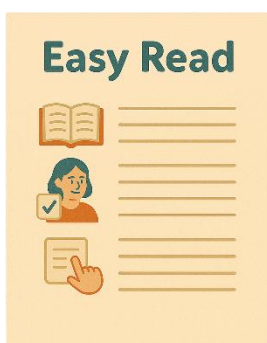
Bold

Not bold

We have some words in **bold**.

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of another document.

This means it has the most important ideas.



We can answer any questions by email.

Email us thriving.kids@health.gov.au



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



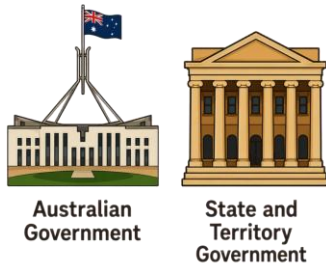
They were the **first people** to live on and use the

- Land
- Waters.

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What is Thriving Kids



All governments are working together to make **Thriving Kids**.

That means the

- Australian Government
- State and territory governments.



Thriving Kids will have

- Some new supports
- Some supports now that will be expanded.

It will be **different** to the NDIS.



It will support children who

- Are 8 years old and younger
- Have **developmental delay**
- Have autism
- Need some support.

It will also support families and carers.



Development delays are when

- Someone might be slower to **develop** than other people their age.

They might need extra help with

- Talking
- Moving
- Their emotions.



Children who need lots of support can still **apply** for the NDIS.

Apply means you send information about

- Who you are
- Your disability
- What supports you need.

This helps us decide if you need NDIS supports.

How Thriving Kids will help



Getting support early can help children

- Get better at what they are good at



- Take part in their community



- Learn the skills they need for everyday life.

Support for children



Children learn in their own way.

Some children need more support for things like



- Talking



- Learning



- Connecting with others



- Dealing with emotions.



Your child might need extra support to do these things.



Your child does **not** need a **diagnosis** to get support.

Diagnosis means the way we work out if someone has a condition.

It is mostly done by medical workers.



Thriving Kids can help you find information and advice about

- Autism
- Developmental delay
- What support there may be to help you.

Thriving Kids supports



Some Thriving Kids supports started in October 2026



More supports will start over time.

All supports will be ready by the start of 2028.



Some supports Thriving Kids are

- Online information and **resources**

Resources are information that tell someone a way to do something.



- Advice about
 - **Child development**
 - Autism

Child development is how a child grows and learns over time.



- Health and development checks



- **Peer support**

Peer support is when other families give each other support and advice.



- Parenting groups



- Supported playgroups



- **Family programs**

Family programs help parents and carers build their

- Skills
- Confidence

This will support their child's development.



- Support from healthcare **professionals.**

Professionals are people who are trained to do a job like a doctor or teacher.

Where to go for Thriving Kids



If you

- Have questions about your child's development



- Are looking for support.



You can go to the Thriving Kids website.

www.health.gov.au/thrivingkids

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September 2026.