



Australian Government

Department of Health, Disability and Ageing



Paying for personal care

Easy Read version



How to use this document



Australian Government

Department of Health,
Disability and Ageing

We are the Australian Government Department of Health, Disability and Ageing.

We wrote this document.



You can ask someone you trust for support to:

- read this document
- find more information.

What is personal care?



Personal care is help with daily tasks.

For example help to:



- take a bath or shower
- get dressed
- use the toilet
- take medicine.



Personal care services are part of the Support at Home program.



Support at Home helps older people to keep living in their own home for longer.



You can talk to your aged care **provider** about the personal care services you get.

A provider supports people by delivering a service.

Paying for personal care



The Australian Government will pay the full cost of personal care services from 1 October 2026.

This means you won't have to pay anything for personal care services if:



- you are approved to get personal care services



- you have enough money in your **Support at Home budget.**



Your Support at Home budget is the money you can use for Support at Home services.



The personal care services you get stay the same.

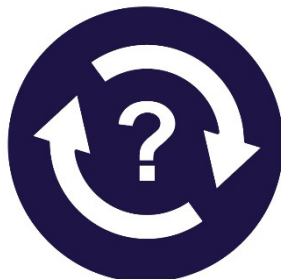
What do I need to do?



You don't need to do anything.



Your provider can help make sure information about your services is up to date.



You can ask your provider about how the change will affect you.

You can also ask someone you trust for support.

For example a:



- family member
- friend
- support person.

More support



You can learn more about paying for personal services from My Aged Care.



My Aged Care supports older people to find and use the aged care services they need.

For example, the Support at Home program.



You can visit the My Aged Care website.

www.MyAgedCare.gov.au/news-and-updates/personal-care-be-fully-funded-under-support-home-october



You can call My Aged Care from:

- 8 am to 8 pm Monday to Friday
- 10 am to 2 pm Saturday.

1800 200 422



You can visit My Aged Care in-person
at a Services Australia service centre.



You can search for a Services Australia service
centre on their website.

<https://FindUs.ServicesAustralia.gov.au/>



You can find more information about personal care services on the My Aged Care website.

www.MyAgedCare.gov.au/aged-care-services/personal-care



You can find more information about Support at Home on the My Aged Care website.

www.MyAgedCare.gov.au/support-at-home



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