

Maternal RSV case study Mei-Ling

health.gov.au/maternalvaccinations/translated-resources

Mei-Ling likes to be organised and prepared, especially when it comes to her health. As she prepared for the arrival of her baby, she spent time learning about the recommended maternal vaccinations and writing down questions to discuss with her doctor.

During a routine appointment, Mei-Ling asked about the maternal Respiratory syncytial virus (RSV) vaccine. Wanting to make an informed decision, she was keen to understand what RSV is and how vaccination could help protect her baby. Her doctor explained that RSV is a serious disease that infects a baby's nose, throat and lungs and is a leading cause of childhood hospitalisation.

After discussing the vaccine with her doctor and reviewing the information available, Mei-Ling felt reassured that the maternal RSV vaccine was a safe and effective option. She learned it is available for free under the National Immunisation Program (NIP) for eligible pregnant women from 28 weeks of pregnancy.

Feeling informed and confident in her decision, Mei-Ling chose to get vaccinated to help reduce the risk of severe RSV illness in her newborn.



“I wanted to understand all the options available to help protect my baby. Having clear information and the opportunity to ask questions helped me feel confident in my decision to get the free maternal RSV vaccine during my pregnancy.”

- Mei-Ling

More information

- talk to your vaccination provider
- visit health.gov.au/maternalvaccinations/translated-resources
- contact your state or territory department

