



Home support services

Services for Aboriginal and Torres Strait Islander people

Once you are approved for **Support at Home** or the **Commonwealth Home Support Program (CHSP)** under the home support service group, you are eligible for all the service types and services in the below table. The services you can use will depend on your needs, funding and what services are available where you live.

If you are approved for **Support at Home**, you do not need a Support Plan Review to get additional home support services. Your provider will work with you to decide how to use your budget for the services you need.

Need more information



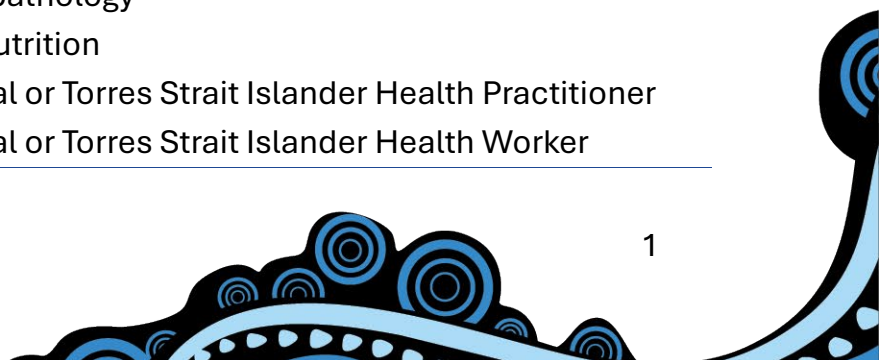
health.gov.au/support-at-home-funding-classifications-first-nations

If you receive services through a **CHSP** provider, you can talk to them about the services available to you and their client fees policy.

Home Support service group – service types and services:

Some providers have limited availability or may not offer all services in your area.

Service type	Services
Allied health and therapy	<ul style="list-style-type: none"> Allied health assistance Podiatry Social work Speech pathology Diet or nutrition Aboriginal or Torres Strait Islander Health Practitioner Aboriginal or Torres Strait Islander Health Worker



	<ul style="list-style-type: none"> • Physiotherapy • Psychology • Exercise physiology • Occupational therapy • Counselling or psychotherapy • Music therapy
Care management	<ul style="list-style-type: none"> • Home support care management
Community cottage respite	<ul style="list-style-type: none"> • Cottage respite
Domestic assistance	<ul style="list-style-type: none"> • General house cleaning • Laundry services • Shopping assistance
Hoarding and squalor assistance	<ul style="list-style-type: none"> • Hoarding and squalor supports
Home maintenance and repairs	<ul style="list-style-type: none"> • Gardening • Assistance with home maintenance and repairs • Expenses for home maintenance and repairs
Home or community general respite	<ul style="list-style-type: none"> • Flexible respite • Community and centre-based respite
Meals	<ul style="list-style-type: none"> • Meal delivery • Meal preparation
Nursing care	<ul style="list-style-type: none"> • Registered nurse clinical care • Enrolled nurse clinical care • Nursing assistant clinical care • Nursing care consumables
Nutrition	<ul style="list-style-type: none"> • Nutrition supports
Personal care	<ul style="list-style-type: none"> • Assistance with self-care and activities of daily living • Assistance with self-administration of medications • Continence management (non-clinical)
Restorative care management	<ul style="list-style-type: none"> • Home support restorative care management

Social support and community engagement	<ul style="list-style-type: none"> • Group social support • Individual social support • Accompanied activities • Cultural support • Digital education and support • Assistance to maintain personal affairs • Expenses to maintain personal affairs
Therapeutic services for independent living	<ul style="list-style-type: none"> • Acupuncture • Chiropractics • Diversional therapy • Remedial massage • Art therapy • Osteopathy
Transport	<ul style="list-style-type: none"> • Direct transport (driver and car provided) • Indirect transport (taxi or rideshare service vouchers)

Elder Care Support workers

Elder Care Support workers can help you understand aged care services, assessments and choose between different providers. The Elder Care Support Program is delivered by the National Aboriginal Community Controlled Health Organisation (NACCHO).

For support, email aged.care@naccho.org.au

To learn more about the Elder Care Support program



MyAgedCare.gov.au/elder-care-support-program

To find an Elder Care Support provider near you



health.gov.au/elder-care-support-providers

Need more information



Visit the My Aged Care website: MyAgedCare.gov.au



Call My Aged Care on **1800 200 422** (free call) from 8am to 8am on weekdays or 10am to 2pm on Saturdays.