

Get the support you need to age well.





Aged care can help you age well and stay connected to family, culture, Country, Island Home and community.

Aboriginal and Torres Strait Islander people can apply for government-funded aged care services from age 50.

- Registering with My Aged Care is free.
- You don't need to be receiving a pension to access aged care.
- Many services are free or low cost. There may be some out-of-pocket costs.
- You don't need to be sick or wait for an emergency to get care.

Start your aged care journey your way, today.

Get the support you need to age well – online, by phone or in person.

-  Speak with your local health service or Elder Care Support worker
-  Visit [MyAgedCare.gov.au](https://myagedcare.gov.au)
-  Call My Aged Care on **1800 200 422**
-  Visit a Services Australia office



Australian Government
Department of Health,
Disability and Ageing