



National summary of Support at Home prices – November to December 2025

May 2026

This fact sheet is for Support at Home participants. It includes price ranges for most [Support at Home services](#) charged by providers from November to December 2025.

Guidance for Support at Home participants

The information in the table below will help you compare the price your provider is charging with the prices of other providers. It will also assist new Support at Home participants who are choosing a provider for the first time.

Background

This fact sheet includes a summary of prices charged to a participant's Support at Home budget. The prices charged are inclusive of the contribution paid by individual participants.

The contribution an individual pays will depend on the service category and the outcome of their means assessment. Importantly, no one will pay any contributions for clinical care services.

The [Support at Home fee estimator](#) can help you understand how much you may need to contribute to the cost of your care.

Prices in this fact sheet have been reported using a national dataset of prices charged to participants' Support at Home budgets from November to December 2025.

The price ranges have been published to help participants understand how a provider's pricing compares with other providers. These are not price caps and are not recommended prices.

If you think the price your provider is charging is too high

It is important to note that a provider who charges a price that is above the range is not necessarily charging a price that is unreasonable. Similarly, a price is not automatically demonstrated to be reasonable just because it is within the range. A reasonable price reflects the costs of delivering the service.

However, if you feel your provider is charging a high price, you may wish to talk to them to understand:

- the scope of the service that you would receive for that price
- if relevant, why the price is higher than what other providers are charging.

Your provider must explain to you how they have set their prices and what the price covers.

The Australian Government has put protections in place so that participants can be sure the prices they are charged are reasonable and transparent.

More information about Support at Home pricing, including consumer protections, is available on the [Support at Home pricing resources](#) website.

Changing providers

You can change providers if you think your current provider's prices are too high.

Providers are not permitted to charge entry or exit fees if you change your provider.

It is important that you choose a provider that you have been approved for (as outlined in your Notice of Decision), and who can deliver care that is right for you within your allocated budget.

If you choose to change providers, it is important that you have a start date with your new provider before agreeing to an end date with your current provider. This ensures you have continued access to the care you need.

Read more about [changing Support at Home providers](#).

Summary of prices

The following tables show the national median price for Support at Home services and their claimed prices from November to December 2025, as well as a range of prices with a lower and upper bound. The median is the middle price, meaning half of prices were below the median and half were above the median.

The price range shows where most of the prices fall for each service across providers. The lower number is the point where 25% of prices are below it, and the higher number is where 75% of prices are below it. This means if your price for a service is below the lower price in the range your provider is charging in the bottom 25% of prices. If your price for a service is above the upper price in the range your provider is charging in the top 25% of prices.

In Support at Home, providers can set prices for different units of time. The tables show prices for 30-minute and 1-hour services. The final table shows prices for services with non-time-based units, such as meal delivery and transport.

1 Hour services

	Unit	National median price	Range (lower)	Range (upper)
Nursing care				
Registered nurse	1-hour	\$180	\$160	\$195
Enrolled nurse	1-hour	\$145	\$138	\$165
Nursing assistant*	1-hour	N/A	N/A	N/A
Allied health and other therapeutic services				
Aboriginal and Torres Strait Islander health practitioner*	1-hour	N/A	N/A	N/A
Aboriginal and Torres Strait Islander health worker	1-hour	\$180	\$180	\$180
Allied health therapy assistant	1-hour	\$130	\$65	\$160
Counsellor or Psychotherapist	1-hour	\$215	\$175	\$248
Dietitian or Nutritionist	1-hour	\$220	\$165	\$264
Exercise physiologist	1-hour	\$132	\$44	\$212
Music therapy	1-hour	\$215	\$184	\$230
Occupational therapist	1-hour	\$222	\$190	\$255
Physiotherapist	1-hour	\$194	\$143	\$224
Podiatrist	1-hour	\$165	\$120	\$215
Psychologist	1-hour	\$240	\$198	\$264
Social worker	1-hour	\$206	\$100	\$268
Speech pathologist	1-hour	\$230	\$200	\$270
Care management	1-hour	\$120	\$30	\$150
Restorative care management	1-hour	\$173	\$170	\$173
Personal care				
Assistance with self-care and activities of daily living	1-hour	\$115	\$107	\$120
Assistance with the self-administration of medication	1-hour	\$110	\$63	\$119

	Unit	National median price	Range (lower)	Range (upper)
Continence management (non-clinical)	1-hour	\$82	\$32	\$149
Social support and community engagement				
Group social support	1-hour	\$115	\$70	\$180
Individual social support	1-hour	\$111	\$105	\$120
Accompanied activities	1-hour	\$122	\$110	\$125
Cultural support	1-hour	\$129	\$95	\$173
Digital education and support	1-hour	\$110	\$61	\$133
Assistance to maintain personal affairs	1-hour	\$109	\$84	\$114
Therapeutic services for independent living				
Acupuncturist	1-hour	\$150	\$110	\$182
Chiropractor	1-hour	\$99	\$80	\$148
Diversional therapist	1-hour	\$150	\$50	\$200
Remedial masseuse	1-hour	\$160	\$130	\$191
Art therapist	1-hour	\$120	\$81	\$249
Osteopath	1-hour	\$154	\$119	\$195
Respite				
Community and centre-based respite	1-hour	\$130	\$100	\$196
Flexible respite	1-hour	\$115	\$105	\$121
Domestic assistance				
General house cleaning	1-hour	\$110	\$100	\$117
Laundry services	1-hour	\$95	\$65	\$109
Shopping assistance	1-hour	\$110	\$100	\$125
Home maintenance and repairs				
Gardening	1-hour	\$118	\$98	\$143
Assistance with home maintenance and repairs	1-hour	\$150	\$113	\$300
Meals				

	Unit	National median price	Range (lower)	Range (upper)
Meal preparation	1-hour	\$100	\$70	\$115

30-minute services

	Unit	National median price	Range (lower)	Range (upper)
Nursing care				
Registered nurse	30-min	\$99	\$89	\$112
Enrolled nurse	30-min	\$93	\$75	\$120
Nursing assistant	30-min	\$63	\$60	\$84
Allied health and other therapeutic services				
Aboriginal and Torres Strait Islander health practitioner	30-min	N/A	N/A	N/A
Aboriginal and Torres Strait Islander health worker	30-min	N/A	N/A	N/A
Allied health therapy assistant	30-min	\$98	\$80	\$100
Counsellor or Psychotherapist	30-min	N/A	N/A	N/A
Dietitian or Nutritionist	30-min	\$110	\$110	\$118
Exercise physiologist	30-min	\$110	\$94	\$134
Music therapy	30-min	\$92	\$92	\$92
Occupational therapist	30-min	\$112	\$105	\$124
Physiotherapist	30-min	\$124	\$110	\$143
Podiatrist	30-min	\$118	\$102	\$140
Psychologist	30-min	\$128	\$119	\$138
Social worker	30-min	\$103	\$103	\$103
Speech pathologist	30-min	\$104	\$101	\$135
Care management	30-min	\$70	\$63	\$75
Restorative care management	30-min	\$87	\$85	\$100
Personal care				

	Unit	National median price	Range (lower)	Range (upper)
Assistance with self-care and activities of daily living	30-min	\$65	\$56	\$80
Assistance with the self-administration of medication	30-min	\$60	\$55	\$77
Continence management (non-clinical)	30-min	\$55	\$48	\$65
Social support and community engagement				
Group social support	30-min	\$23	\$23	\$23
Individual social support	30-min	\$60	\$55	\$69
Accompanied activities	30-min	\$61	\$55	\$70
Cultural support	30-min	\$48	\$48	\$64
Digital education and support	30-min	\$55	\$55	\$65
Assistance to maintain personal affairs	30-min	\$55	\$50	\$65
Therapeutic services for independent living				
Acupuncturist	30-min	\$90	\$61	\$95
Chiropractor	30-min	\$99	\$86	\$115
Diversional therapist	30-min	N/A	N/A	N/A
Remedial masseuse	30-min	\$86	\$75	\$109
Art therapist	30-min	N/A	N/A	N/A
Osteopath	30-min	\$118	\$100	\$130
Respite				
Community and centre-based respite	30-min	\$50	\$50	\$50
Flexible respite	30-min	\$68	\$55	\$70
Domestic assistance				
General house cleaning	30-min	\$55	\$53	\$61
Laundry services	30-min	\$53	\$39	\$56
Shopping assistance	30-min	\$55	\$53	\$61
Home maintenance and repairs				

	Unit	National median price	Range (lower)	Range (upper)
Gardening	30-min	\$63	\$55	\$73
Assistance with home maintenance and repairs	30-min	\$55	\$42	\$65
Meals				
Meal preparation	30-min	\$55	\$53	\$63

Non-time-based services

	Unit	National median price	Range (lower)	Range (upper)
Transport				
Direct Transport	Trip	\$40	\$25	\$78
Indirect Transport	Trip	\$24	\$13	\$42
Meals				
Meal delivery*	Meal	\$18	N/A	N/A

Notes on the tables

- The tables report the summary of prices that were claimed for all services delivered from 1 November 2025 to 31 December 2025.
- This timeframe is used as providers have up to 60 days after the end of a billing period to submit Support at Home claims. A one-off transitional extension was given for the first billing period, allowing claims to be submitted up to 31 March 2026 without late claim approval. The Department expects to produce these pricing summaries on a quarterly basis. The next summary is scheduled for publication in July 2026 and will reflect the January to March 2026 quarter.
- The prices shown in the tables are drawn from a dataset of all services delivered, including prices of services delivered across metropolitan, rural and regional areas. Prices may be different in the area you live in.
- The tables report prices for services delivered on weekdays and exclude any services delivered on weekends or public holidays. Services delivered on weekends or public holidays may cost more.
- The [Support at Home service list](#) outlines all the service types and services that can be delivered in Support at Home. Prices for services with a low number of claims, or data quality issues, are marked with an asterisk (*) and reported as “N/A” in the table.
- The prices in the tables are expressed on a per unit basis. The Support at Home service list specifies the unit type for each service. This is called the billable unit. The unit price

for the service is the price that is charged for each billable unit of service that is delivered. For example, the unit price for 1 hour of a service would be expressed as 'dollars per one hour'.

- For most services, the billable unit is time based. However, for transport, the billable unit is 1 trip. For meal delivery, the billable unit is per meal delivered.
- For time-based services, the tables report prices for services that are of 30-minute or 1-hour duration. Providers may specify prices for other durations.
- Providers in rural, remote or other thin markets may have higher prices due to higher costs of delivering services. The Support at Home Thin Market grants help support service availability and quality in these areas by assisting providers with those costs, so older people can continue to access Support at Home services at reasonable prices.
- Data is current as of Monday 13 April 2026.