

s47E(c), s47F

**Subject:** Future Fit  
**Location:** Webex

**Start:** Mon 12/02/2024 1:30 PM  
**End:** Mon 12/02/2024 2:30 PM

**Recurrence:** (none)

**Meeting Status:** Meeting organiser

**Organiser:** s47E(c), s47F  
**Required Attendees:** s47E(c), s47F; HERALD, Russell; s47F @mow.org.au  
**Optional Attendees:** Manager Meals on Wheels

Hi s47F

Please forward the invite to s47F

Chat to you this afternoon!

Many thanks,

s47E(c), s47F

**Director - CHSP and Contingency Policy**  
**Home Support Operations Branch**

Home and Residential Division | Ageing and Aged Care Group  
 Australian Government, Department of Health and Aged Care  
 T: 6289 s47E(c), s47F @health.gov.au  
 Location: Level 7, Sirius Building  
 GPO Box 9848, Canberra ACT 2601, Australia

*The Department of Health and Aged Care acknowledges First Nations peoples as the Traditional Owners of Country throughout Australia, and their continuing connection to land, sea and community. We pay our respects to them and their cultures, and to all Elders both past and present.*

-- Do not delete or change any of the following text. --

**When it's time, join your Webex meeting here.**

[Join meeting](#)

**More ways to join:**

**Join from the meeting link**  
<https://health-au.webex.com/health-au/j.php?MTID=m2c2dfcdafa0d137d9d34c53a74684fbd>

**Join by meeting number**

Meeting number (access code): 2653 136 5746

Meeting password: v3KZCYav4c7

**Tap to join from a mobile device (attendees only)**

+61-2-9338-2221,,26531365746### Australia Toll

**Join by phone**

+61-2-9338-2221 Australia Toll

[Global call-in numbers](#)

**Join from a video system or application**

Dial [26531365746@health-au.webex.com](tel:26531365746)

You can also dial 210.4.202.4 and enter your meeting number.

If you are a host, [click here](#) to view host information.

Need help? Go to <https://help.webex.com>

This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing

**From:** s47F  
**To:** s47E(c), s47F  
**Subject:** Accepted: Future Fit [SEC=OFFICIAL]

---

REMINDER: Think before you click! This email originated from outside our organisation. Only click links or open attachments if you recognise the sender and know the content is safe.

This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing

**From:** s47E(c), s47F  
**To:** [REDACTED]  
**Cc:** [REDACTED]  
**Subject:** Draft response to MoW provider s47F (Tamworth s47F Sutherland) and s47F (Ipswich) RE: Confidential : Suggested solution for our Future Fit emma [SEC=OFFICIAL]  
**Date:** Thursday, 15 February 2024 11:51:46 AM  
**Attachments:** [image001.png](#)  
[image002.jpg](#)  
[image003.jpg](#)  
[image004.png](#)

Hi s47E(c) I have drafted a response to the collective emails below from MoW providers s47F (Tamworth s47F Sutherland) and s47F (Ipswich).

Hi s47F

Thank you for your emails.

The services you and all meal providers provide the elderly is essential and your 'on the ground day in and day out' perspective is invaluable. I acknowledge the suggestions in your emails, your candour and wanting the Future Fit program to continue in some form. I too would like to see the services get a positive outcome from the program work and ensure MoW is around in years to come for our communities. I can see how the program has brought many of you together - this has been a positive outcome of the program.

s47C

We will continue to update and involve the sector as we move from the final stage of the current Future Fit program to what will be planned and implemented next. It is always our goal to improve the lives of the elderly in their communities and support meal providers to do this.

Again, thank you for your feedback and suggestions.

**From:** s47E(c), s47F @health.gov.au>  
**Sent:** Wednesday, February 14, 2024 9:45 AM  
**To:** HERALD, Russell <Russell.Herald@health.gov.au>  
**Cc:** s47E(c), s47F @health.gov.au>; s47E(c), s47F @Health.gov.au>

**Subject:** FW: Confidential : Suggested solution for our Future Fit Dilemma [SEC=OFFICIAL]

I'll get s47E(c), [REDACTED] to draft up a response for you but...  
47F

s47C

**From:** HERALD, Russell <[Russell.Herald@health.gov.au](mailto:Russell.Herald@health.gov.au)>  
**Sent:** Tuesday, February 13, 2024 8:34 AM  
**To:** CONNOLLY, Thea <[Thea.Connolly@health.gov.au](mailto:Thea.Connolly@health.gov.au)>; s47E(c), s47F [REDACTED] <[REDACTED]@health.gov.au>  
**Subject:** Fwd: Confidential : Suggested solution for our Future Fit Dilemma [SEC=OFFICIAL]

Fyi.

Sent from Workspace ONE Boxer

[SEC=OFFICIAL]

----- Forwarded message -----

**From:** s47F [REDACTED] <[\[REDACTED\]@ipswichmow.org.au](mailto:[REDACTED]@ipswichmow.org.au)>  
**Date:** 13 Feb 2024 5:54 am  
**Subject:** Re: Confidential : Suggested solution for our Future Fit Dilemma  
**To:** s47F [REDACTED] <[\[REDACTED\]@foodservices.org.au](mailto:[REDACTED]@foodservices.org.au)>, s47F [REDACTED] <[\[REDACTED\]@mow.org.au](mailto:[REDACTED]@mow.org.au)>, "HERALD, Russell" <[Russell.Herald@health.gov.au](mailto:Russell.Herald@health.gov.au)>  
**Cc:**

**REMINDER:** Think before you click! This email originated from outside our organisation. Only click links or open attachments if you recognise the sender and know the content is safe.

Hi,

All I have to add is that I agree and support what s47 [REDACTED] and s47F [REDACTED] have said and hope out all of this that we, the services get a positive outcome that ensures MoW is around in years to come for our communities, which is what FF was all about.

Keep the dream alive.

s47F

Get [Outlook for iOS](#)

---

**From:** s47F <[s47F@foodservices.org.au](mailto:s47F@foodservices.org.au)>  
**Sent:** Monday, February 12, 2024 9:41 pm  
**To:** s47F <[s47F@mow.org.au](mailto:s47F@mow.org.au)>; HERALD, Russell <[Russell.Herald@health.gov.au](mailto:Russell.Herald@health.gov.au)>; s47F <[s47F@ipswichmow.org.au](mailto:s47F@ipswichmow.org.au)>; s47F <[s47F@ipswichmow.org.au](mailto:s47F@ipswichmow.org.au)>  
**Subject:** RE: Confidential : Suggested solution for our Future Fit Dilemma

Evening all, firstly s47F thanks again for the great representation on behalf of the Future Fit team.

Russell I wholeheartedly support s47F proposals and I know s47F will as well. We have discussed similar options over the past few months.

Our aim is to drive a future for meal services, to work with Government and avoid the unnecessary barriers that can only result in a negative outcome for our respective communities and older Australians. We are on the ground day in and day out. Our lense on service delivery differs greatly from the peaks. Our agenda is significantly different from the peaks.

Russell what you have with the Future Fit team, as demonstrated by s47F is a 100% commitment to see this through. We have made such great headway and we are confident that we can deliver to Government an outcome that suits all parties, but most importantly our respective customers.

Too much time has been wasted with egos, emails, text messages, and the like. What LG and Miles Morgan have done is consolidated a group of services who have been crying out for leadership for many many years. The CTF is just one example of this wonderful working relationship that has been borne.

After 10 years with Sutherland Food Services I would have never had the opportunity to work with s47F etc. That consolidation of resources is there at your disposal, but more importantly a willingness FOR THE RIGHT REASONS to push this forward.

Collectively we have a host of resources, in our boards, our supporters and we can leverage those skills to make this happen. This is a game changer for sure, but it can also be a blueprint for the future.

I sincerely hope you don't think "we are dreamin" – would welcome any further information or opportunity to take this forward,

s47F

Manager



430 Kingsway, Caringbah NSW 2229

T 1300 637 301 M s47F

E s47F @foodservices.org.au

W [sutherlandfoodservices.com.au](http://sutherlandfoodservices.com.au)



The content of this email is confidential and intended for the recipient specified in message only. It is strictly forbidden to share any part of this message with any third party, without a written consent of the sender. If you received this message by mistake, please reply to this message and follow with its deletion, so that we can ensure such a mistake does not occur in the future.

**From:** s47F @mow.org.au

**Sent:** Monday, 12 February 2024 10:13 PM

**To:** Russell Herald <Russell.Herald@health.gov.au>

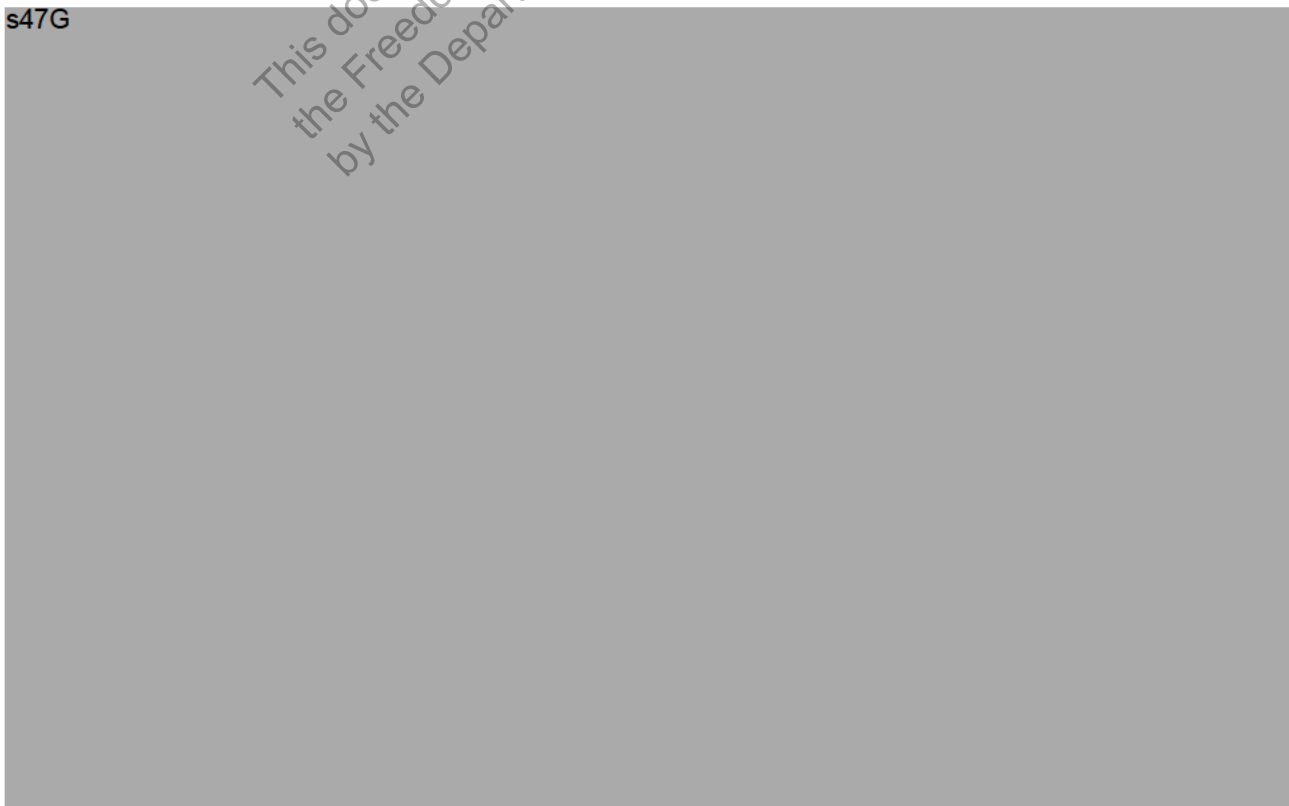
**Cc:** s47F @foodservices.org.au; s47F

@IpswichMealsOnWheels.onmicrosoft.com

**Subject:** Confidential : Suggested solution for our Future Fit Dilemma

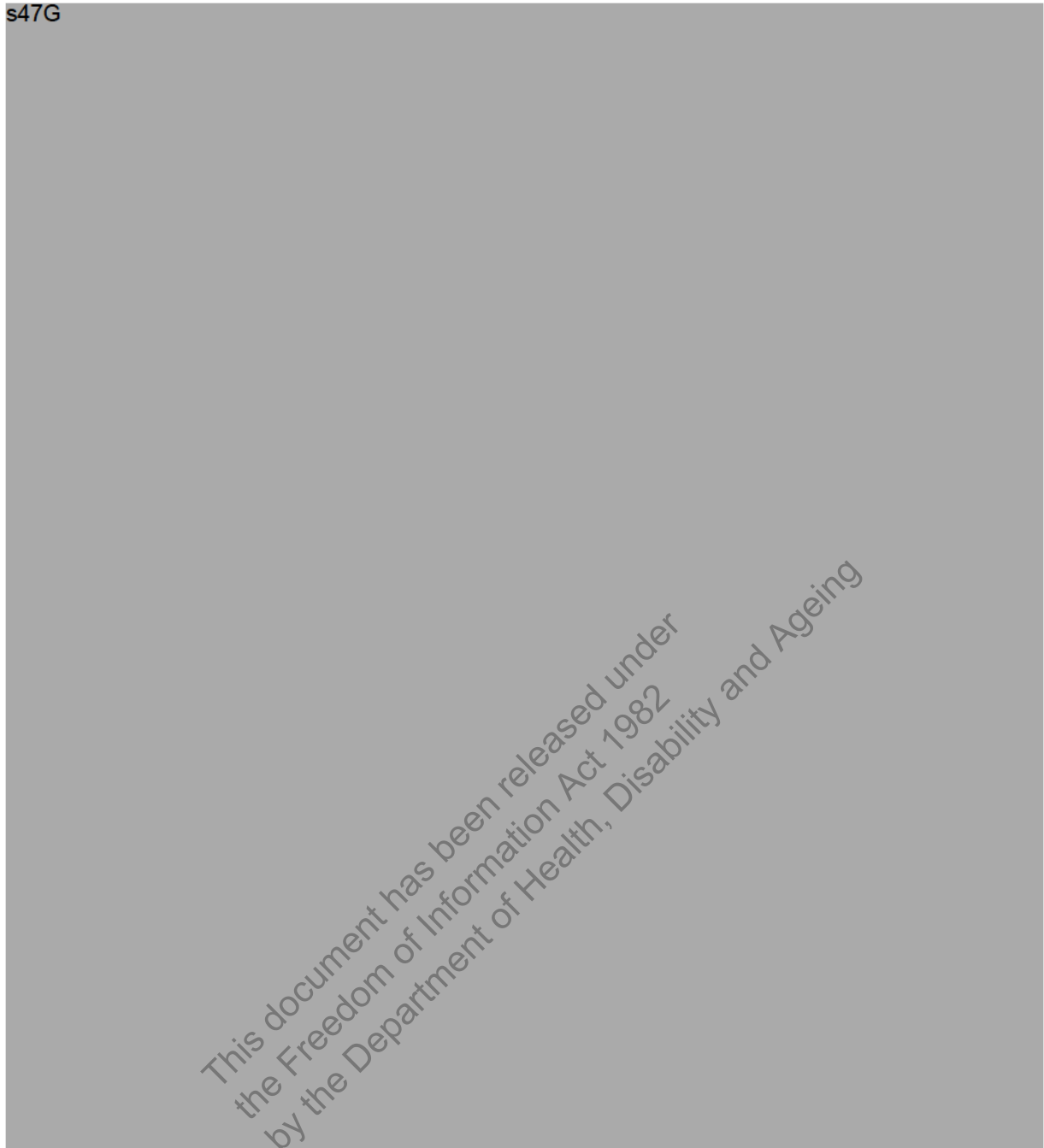
Russell

s47G



This document has been released under the Freedom of Information Act 1982 by the Department of Health, Disability and Ageing

s47G



This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing

As simple "has possibilities" or "Your Dreamin" will suffice.

I copied s47 and s47 in to get a feel for how they feel about this idea.

Cheers

s47F

Tamworth Meals on Wheels

02 s47F

Office hours 7:30am to 3:30pm



This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing

**From:** [CONNOLLY, Thea](#)  
**To:** [HERALD, Russell](#); s47F  
**Cc:** s47E(c), s47F ; [LYE, Michael](#); s47F  
**Subject:** RE: Urgent: Senate Estimates Hearing Wednesday - Future Fit Program [SEC=OFFICIAL]  
**Date:** Monday, 12 February 2024 10:44:33 AM  
**Attachments:** [image001.png](#)

---

Further to Rusty's note below, comms will go out to all MoW future fit participants shortly, in collaboration with MoW Australia, advising that future fit is on hold pending consideration of next steps and thanking them for their support.

Recognising this is a particularly tricky situation, MoW Australia has been advised that if it wants to be treated as a peak, it needs to exercise peak style leadership. That message was reiterated at our roundtable on Friday to MoWA and MoW state reps, but clearly the chaos will take some time to reign in, if it can be at all.

Thea

---

**From:** HERALD, Russell <Russell.Herald@health.gov.au>  
**Sent:** Monday, February 12, 2024 10:03 AM  
**To:** s47F @Health.gov.au>  
**Cc:** CONNOLLY, Thea <Thea.Connolly@health.gov.au>; s47E(c), s47F @health.gov.au>; LYE, Michael <Michael.LYE@health.gov.au>; s47F @Health.gov.au>  
**Subject:** FW: Urgent: Senate Estimates Hearing Wednesday - Future Fit Program [SEC=OFFICIAL]

s47F

Just sending you FYI re Meals. This exchange was surprising/not anticipated.

MoW Tamworth and Armidale have some very strong views and have seemingly gone on the offensive against Senator Rice. We are going to reach out today and talk to them re this, but obviously I'm not sure how this will land in relevant offices.

Rusty

---

**From:** s47F @mow.org.au>  
**Sent:** Monday, February 12, 2024 9:41 AM  
**To:** [senator.sharma@aph.gov.au](mailto:senator.sharma@aph.gov.au)  
**Cc:** s47F  
[senator.rice@aph.gov.au](mailto:senator.rice@aph.gov.au); [barnaby.joyce@mp.nationals.org.au](mailto:barnaby.joyce@mp.nationals.org.au);  
 HERALD, Russell <[Russell.Herald@health.gov.au](mailto:Russell.Herald@health.gov.au)>  
**Subject:** Urgent: Senate Estimates Hearing Wednesday - Future Fit Program

**REMINDER:** Think before you click! This email originated from outside our organisation. Only click links or open attachments if you recognise the sender and know the content is safe.

Senator Sharma

I am e-mailing you today asking for your assistance in the Senate Estimates Committee meeting on Wednesday.

s47F of Armidale Uralla Meals on Wheels and myself, s47F representing Tamworth Meals on Wheels are very concerned about the possible cancelling of the Future Fit Program which is so near completion.

I have attached a letter that we have drafted explaining the background and the progress of the Future Fit project.

The value in the project is critical to the Meals on Wheels services across the entire nation, developing best practice standards, resources, tools and funding models which can only benefit our consumers and achieve better outcomes for the investment by government.

The project has been derailed by three Meals on Wheels Peak bodies. The Peaks are out of step with their member services who are either fully supportive of the project, or are waiting with considerable interest to see the benefits that come from it. The opposition of the 3 Peaks is counter intuitive and appears self destructive, seems to be driven by a single personality who is involved in all three.

The project was initiated by the coalition and expanded by the current government. It is worthwhile and critical to maintain front line Meals on Wheels Services. If the project falls, over then it is very possible that when the CHSP program winds up in 2027, so will many of the smaller services. Council services are probably at the highest risk.

Please read our submission and if you believe that Meals on Wheels is a worthwhile Aged Care Service consider asking the questions that we have suggested.

We have also asked Senator Pratt to support us with the same questions. Her state of WA is in particular risk because of the dominance of council run Meals on Wheels programs.

If its possible to work with Senator Pratt on this issue showing bi-partisan support will help our cause a great deal.

Thank you for your time.

s47F

**Tamworth Meals on Wheels**

Office : 02 s47F

Mobile: s47F

Office hours 7:30am to 3:30pm



This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing

From: s47F  
To: s47E(c), s47F  
Subject: RE: Catch up - Future Fit [SEC=OFFICIAL]  
Date: Tuesday, 13 February 2024 10:38:33 AM  
Attachments: image002.png  
image003.png  
image004.jpg  
image005.png

**REMINDER:** Think before you click! This email originated from outside our organisation. Only click links or open attachments if you recognise the sender and know the content is safe.

s47E(c),  
Hi s47F yes sure thing. I am free at noon Qtime today and anytime thereafter.  
Kind Regards

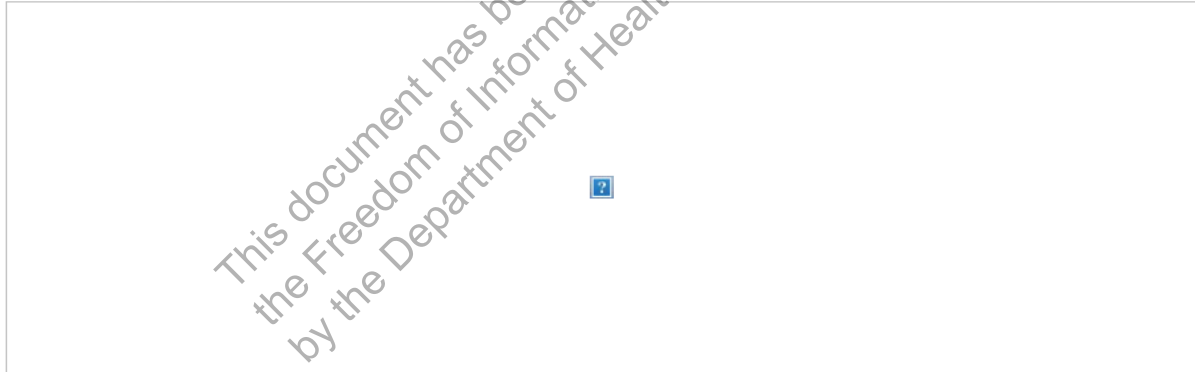
s47F  
[Redacted]

Chief Executive  
[Unit 16, 27 South Pine Road, Brendale Qld 4500](#)  
[PO Box 2393, Strathpine Centre Qld 4500](#)  
Email: s47F  
Mobile: s47F  
Phone: (07) 3205 5588  
Follow us on: [Facebook](#) | [Instagram](#) | [LinkedIn](#)

Meals on Wheels Queensland acknowledge the Traditional Custodians of the land and sea where we live and work. We pay our respects to Elders, past, present and emerging.



<https://playforpurpose.com.au/meals-on-wheels-qld>



This document has been released under the Freedom of Information Act 1992 by the Department of Health, Disability and Ageing

**IMPORTANT:** The contents of this email and any attachments are confidential. They are intended for the named recipient(s) only. If you have received this email by mistake, please notify the sender immediately and do not disclose the contents to anyone or make copies thereof.

From: s47E(c), s47F @health.gov.au>  
Sent: Tuesday, February 13, 2024 8:55 AM  
To: s47F  
Subject: Catch up - Future Fit [SEC=OFFICIAL]

**CAUTION - External Sender:** This email originated from outside of the organisation. Do not click links or open attachments unless you recognise the sender and know the content is safe.

Hey s47F  
Any chance you have time for a catch up today?  
Many thanks,

s47E(c), s47F

**Director - CHSP and Continence Policy**  
**Home Support Operations Branch**

Home and Residential Division | Ageing and Aged Care Group  
Australian Government, Department of Health and Aged Care  
T: 6289 s47E(c), s47F @health.gov.au  
Location: Level 7, Sirius Building  
GPO Box 9848, Canberra ACT 2601, Australia

*The Department of Health and Aged Care acknowledges First Nations peoples as the Traditional Owners of Country throughout Australia, and their continuing connection to land, sea and community. We pay our respects to them and their cultures, and to all Elders both past and present.*

"Important: This transmission is intended only for the use of the addressee and may contain confidential or legally privileged information. If you are not the intended recipient, you are notified that any use or dissemination of this communication is strictly prohibited. If you receive this transmission in error please notify the author immediately and delete all copies of this transmission."

This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing

**Subject:** Catch up - Future Fit  
**Location:** CBR.SIRIUS.7.N.735.Meeting Room [8]  
**Start:** Tue 13/02/2024 1:00 PM  
**End:** Tue 13/02/2024 1:30 PM  
**Recurrence:** (none)  
**Meeting Status:** Meeting organiser  
**Organiser:** s47E(c), s47F  
**Required Attendees:** s47F  
**Resources:** CBR.SIRIUS.7.N.735.Meeting Room [8]

Hey s47F

Let me know if this time doesn't suit

s47E(c), s47F

-- Do not delete or change any of the following text. --

**When it's time, join your Webex meeting here.**



**More ways to join:**

**Join from the meeting link**

<https://health-au.webex.com/health-au/j.php?MTID=m805dd419fd99bc278512b14e092de675>

**Join by meeting number**

Meeting number (access code): 2652 894 0770

Meeting password: 2ZCrPPpV43m

**Tap to join from a mobile device (attendees only)**

+61-2-9338-2221,,26528940770## Australia Toll

**Join by phone**

+61-2-9338-2221 Australia Toll

[Global call-in numbers](#)

**Join from a video system or application**

This document has been released under the Freedom of Information Act 1982 by the Department of Health, Disability and Ageing

Dial [26528940770@health-au.webex.com](mailto:26528940770@health-au.webex.com)

You can also dial 210.4.202.4 and enter your meeting number.

If you are a host, [click here](#) to view host information.

Need help? Go to <https://help.webex.com>

This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing

**From:** s47F  
**To:** s47E(c), s47F  
**Subject:** Accepted: Catch up - Future Fit [SEC=OFFICIAL]

---

REMINDER: Think before you click! This email originated from outside our organisation. Only click links or open attachments if you recognise the sender and know the content is safe.

This document has been released under  
the Freedom of Information Act 1982  
by the Department of Health, Disability and Ageing