



Ankush's story

Age bracket: 40-55 years

Occupation: Retail

Languages spoken: English and Punjabi

Five years ago, at age 41, Ankush received news that shifted how he viewed his health. He was diagnosed with high cholesterol. As an immigrant supporting his family in Australia, the diagnosis brought immediate concern, both about his long-term heart health and the cost of ongoing medical care.

"I was concerned about the expense of frequent doctor visits," Ankush explains. "But I was relieved to find a local GP clinic that bulk bills. Having no out-of-pocket costs for my appointments gave me real peace of mind."

Ankush believes the regular GP visits helped him review his treatment plan, enabling him to prioritise his health goals.



"Do not delay seeing a GP because of cost concerns. Many clinics offer bulk billing, and early check-ups make a significant difference to your long-term wellbeing. Staying healthy is the best way to support your family."

- Ankush



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To find a bulk billing doctor near you visit health.gov.au/bulkbilling



Australian Government

Department of Health, Disability and Ageing