

Directory

This directory brings together all the helpful resources mentioned in the toolkit. It is organised by chapter and topic, so you can quickly find the information you need.

Chapter 1: Explore housing options

Benefits of moving out

- [Independent living: Are you ready to start your journey?](#) - Housing Hub & Mable
 - [Living More Independently – Resource Series](#) - Housing Hub
- ### Challenges of moving out
- [Independent living: Are you ready to start your journey?](#) – Housing Hub & Mable
 - [Living More Independently – Resource Series](#) – Housing Hub

Housing and support options

- [Living in and moving out of residential aged care](#) – NDIS
- [Supported independent living](#) – NDIS
- [Individualised living options](#) – NDIS
- [Personal care supports](#) – NDIS
- [About Mainstream Housing](#) – Housing Hub

Timelines for moving out

- [SDA pathway and approval process](#) – Housing Hub

Costs of moving out

- [Factsheet: Rent in SDA](#) – Housing Hub
- [About Mainstream Housing](#) – Housing Hub

Chapter 2: Understand the basics of moving

Housing and support options

- [Specialist disability accommodation](#) – NDIS
- [Supported independent living](#) – NDIS
- [Individualised living options](#) – NDIS
- [Personal care supports](#) – NDIS
- [Living More Independently – Resource Series](#) - Housing Hub
- [Different places you could live](#) – Housing Hub
- [About Mainstream Housing](#) – Housing Hub
- [Types of housing](#) – Disability Gateway

Support with planning your move

- [Younger People in Residential Aged Care \(YPIRAC\) Systems Coordinator Program](#) – Ability First Australia
- [Helping participants transition from residential aged care](#) – NDIS
- [Rights as a person with a disability](#) – Housing Hub
- [Rights and legal](#) – Disability Gateway
- [Rights of people with disability](#) – Disability Gateway
- [Your rights and responsibilities](#) – NDIS

- [United Nations Convention on the Rights of Persons with Disabilities \(UNCRPD\)](#) – Human Rights
- [My Rights: Supported Decision Making](#) – WA’s Individualised Services
- [Support decision making](#) – Inclusion Australia
- [Supported decision making policy](#) – NDIS

Costs of moving out

- [Managing your budget](#) – MoneySmart
- [About Mainstream Housing](#) - Housing Hub
- [Factsheet: Rent in SDA](#) – Housing Hub
- [Different ways of paying for where you live](#) – Housing Hub

Timelines for moving out

- [SDA pathway and approval process](#) – Housing Hub
- [About Mainstream Housing](#) – Housing Hub
- [Living More Independently – Resource Series](#) – Housing Hub

Chapter 3: Find the right home for you

Support with planning your move

- [Thinking about moving: do you need help?](#) – Housing Hub
- [What is an NDIS plan?](#) – NDIS
- [Personal networks](#) – Aruma
- [Circles of support](#) - Family advocacy

Steps to move out of aged care

- [Housing Hub Resources](#) - Housing Hub
- [About Mainstream Housing](#) - Housing Hub
- [NDIS Housing Goal Writing](#) – Housing Hub
- [What is an NDIS plan?](#) – NDIS
- [How to move from NDIS aged care into more suitable accommodation](#) – Plan Partners
- [Does the support meet the reasonable and necessary criteria?](#) – NDIS
- [Thinking about moving: do you need help?](#) – Housing Hub
- [Allied Health](#) – Housing Hub
- [Support coordination](#) – Housing Hub
- [Finding a support coordinator](#) – NDIS
- [Find a registered provider](#) – NDIS
- [How to write a housing plan](#) – Housing Hub

Finding and choosing the right home

- [Housing Hub Resources](#) – Housing Hub
- [Thinking about moving: what do you want and need out of housing?](#) – Housing Hub

Housing and support options

- [Home and support options](#) – Housing Hub
- [Individualised living options](#) - NDIS
- [Supported independent living for participants](#) – NDIS
- [Personal care supports](#) – NDIS
- [Your support team](#) – Housing Hub

- [Health and wellbeing](#) – Disability Gateway
- [Assistive technology explained](#) – NDIS
- [How do we fund assistive technology?](#) – NDIS
- [Assistive technology – Guide for low cost support funding](#) – NDIS
- [Home modifications](#) – NDIS
- [What home modifications do we fund?](#) – NDIS
- [About Mainstream Housing](#) - Housing Hub
- [Medium Term Accommodation](#) – Housing Hub
- [Adventures without limits: Respite & STA](#) – Housing Hub
- [Medium term accommodation](#) – NDIS
- [Short term accommodation or respite](#) – NDIS

Transition considerations

- [Moving house: successful transitioning](#) – Younger People in Nursing Homes National Alliance
- [Personal networks](#) – Aruma
- [Circles of support](#) - Family advocacy
- [The people platform – where interests become friendships](#) – Meetup
- [Find a neighbourhood house/centre](#) - Australian Neighbourhood Houses and Centres Association
- [Leisure](#) – Disability Gateway
- [Linda offers her advice on looking for SDA](#) – Summer Foundation

- [Sam shares 'things that helped me move'](#) – Summer Foundation
- [Christie achieving her home and living goals](#) – Summer Foundation
- [Living More Independently – Resource Series](#) – Housing Hub
- [Living in my own home](#) – My Home, My Way
- [The lives we lead](#) – WA's Individualised Services

Chapter 4: Moving out

Finding and choosing the right home

- [Finding housing](#) – Housing Hub
- [Housing Hub](#)
- [Nest](#)
- [YourPlace Housing](#)
- [Endeavour Foundation](#)
- [Housing Choices Australia](#)
- [myGov](#)
- [My housing preferences](#) – Housing Hub
- [Assessing accommodation options: factsheet](#) – Young People in Nursing Homes National Alliance
- [What should I consider?](#) – Housing Hub
- [Thinking about moving: what do you want and need out of housing?](#) – Housing Hub

Timelines for moving out

- [Moving house: successful transitioning](#) – Young People in Nursing Homes National Alliance

Transition considerations

- [Moving house: successful transitioning](#) – Younger People in Nursing Homes National Alliance
- [Living More Independently – Resource Series](#) – Housing Hub
- [Moving to a new home checklist – everything but the kitchen sink!](#) – Housing Hub
- [Beyond Blue](#)
- [Lifeline](#)
- [Carers Australia](#)
- [Disability Advocacy Network Australia](#)
- [What types of community connections are available?](#) – NDIS
- [Contact us](#) – Summer Foundation
- [Life Skills](#) – Disability Gateway

Costs of moving out

- [Housing Hub Resources](#) - Housing Hub
- [Moving to a new home checklist](#) – everything but the kitchen sink – Housing Hub
- [Moving house: successful transitioning](#) – Younger People in Nursing Homes National Alliance
- [Shopping assistance](#) – Disability Gateway
- [Income and finance](#) – Disability Gateway
- [Financial support](#) – Disability Gateway

- [Tax support](#) – Disability Gateway
- [Cards and concessions](#) - Disability Gateway
- [Financial support for healthcare](#) – Disability Gateway
- [Companion Card](#) - Department of Health, Disability and Ageing

Ongoing support

- [Living More Independently – Resource Series](#) – Housing Hub
- [Moving to a new home checklist](#) – everything but the kitchen sink! – Housing Hub
- [Your support team](#) – Housing Hub
- [Tips for building trust with your support worker](#) – Mable
- [How to build trust with your support workers](#) – Ability8
- [How to maintain professional boundaries with your support worker](#) – Mable

When things do not go as planned

- [Solving problems](#) – Housing Hub
- [Changing your plan](#) – NDIS
- [Advocacy](#) – Housing Hub
- [Disability Advocacy](#) – Ask Izzy
- [Find an advocate](#) – Disability Advocacy Network Australia
- [Housing Advocacy Service](#) – People with Disability Australia
- [Your housing rights](#) – Disability Gateway
- [Rights and legal](#) – Disability Gateway

Chapter 5: Ongoing support

Make changes to your NDIS plan

- [Request a review of an NDIS decision that I don't agree with](#) – Housing Hub
- [Factsheets: Challenging NDIS decisions](#) – Housing Hub
- [Request a review of a decision](#) – NDIS
- [How to request an internal review of a decision](#) – NDIS
- [Choose the type of decision you want reviewed](#) – Administrative Review Tribunal
- [Plan variations](#) – NDIS
- [Plan reassessments](#) – NDIS
- [Changing your plan](#) – NDIS
- [Factsheet: changing your plan](#) – NDIS

When things do not go as planned

- [Help if you're homeless](#) – Australian Government
- [Homelessness support and services](#) – Salvation Army
- [Homelessness Services](#) – Homelessness Australia
- [Everybody deserves a place to call home](#) – Australian Red Cross