



**Australian Government**

**Department of Health, Disability and Ageing**

# Supporting younger people to move out of aged care

## How our programs are working

Easy Read version



# How to use this report



**Australian Government**

**Department of Health,  
Disability and Ageing**

We are the Australian Government Department of Health, Disability and Ageing.

This is our report.



We wrote some words in **bold**.

We explain what these words mean.

There is also a list of these words on page 17.



You can ask someone you trust for support to:

- read this report
- find more information.



This is an Easy Read summary of another report.

It only includes the most important ideas.



You can find the other report on our website.

[www.health.gov.au/our-work/ypirac/resources](http://www.health.gov.au/our-work/ypirac/resources)  
[#independent-evaluation-of-ypirac-initiatives](#)

# What's in this report?

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# What is this report about?

This report is about the work we did to:



- help younger people move out of **aged care homes**



- stop younger people from entering aged care homes.



Aged care homes are places where older people live when they can't live in their home.



Aged care homes are usually for people aged **65 years or more.**



But sometimes people aged **under 65 years** old also live in aged care homes.

# What did we do?

We checked:



- how many younger people still live in aged care homes



- how well our programs are working to stop younger people living in aged care homes.



We talked with **over 300 people.**



They helped us learn what life is like for younger people in aged care homes.



This included:

- younger people living in aged care homes
- their families.

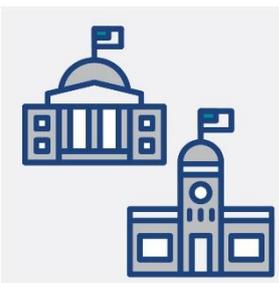


It also included workers who support younger people living in aged care homes.



For example:

- disability workers
- health care workers
- aged care workers.



It also included people who work for state and territory governments.

## What did we find out?



There were **5,513 younger people** living in aged care homes in **September 2018**.



This number went down to **1,470** by **December 2023**.

## What works well

We found there were less younger people living in aged care homes because:



- there is better support to know where else they can live



- there are new rules about trying other options before moving into aged care homes.

Other housing and support options include:



- National Disability Insurance Scheme (NDIS) housing and support



- community housing – homes that are not run to make money



- public housing – homes the government helps people pay for



- housing that people own or pay for themselves.



We found that better **data** is helping us understand what younger people in aged care need.



Data includes information and facts we collect to help us learn about something.

## What could be better



Solving this problem can be hard.



A lot of people and services are working to help.

This includes people who work in:



- health



- disability



- aged care.



This also includes people from different areas of government.



We found that some younger people and their families don't know:

- what support they can get
- who to ask for help.

## What else we found out



We found some things that make younger people more likely to live in aged care homes.

This includes:



- not getting access to other options that are better for them quickly enough



- if they want to move out of aged care homes or not.



It is also more likely for some people to enter aged care homes.

This includes people who:



- are aged **more than 60 years old**



- have more than one mental illness



- don't meet the rules to take part in the National Disability Insurance Scheme (NDIS)



- live far away from cities and towns



- need extra care for an illness that can't be cured – like end-of-life care.

## What are our ideas?

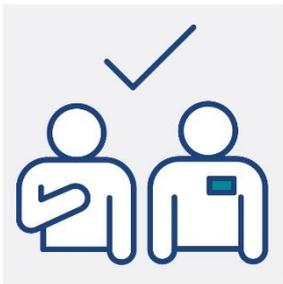


We have **8 ideas** to achieve our goal to have no younger people living in aged care homes.



We have put our ideas into **3 groups**.

## Use case management



The first group of ideas is about using **case management**.

Case management is when we help each person get what they need.



Case management will work well because there are less younger people in aged care now.



It is easier to help each person find a place to live that meets their needs.

We think each state and territory should have a group that:



- works across different parts of the government



- shares data



- works with each person to find out what type of housing and supports will work for them.

## Work in the same way



The second group of ideas is about improving the way programs help younger people.



This includes making sure younger people get the same chances to learn about their options.



It also includes making a plan about how to move younger people out of aged care homes.



This plan should:

- be clear
- work well every time.

## Plan for when the laws change



The third group of ideas is about a new law called the Aged Care Act.

We just call it the Act.



We think the Act should clearly explain **exceptional circumstances**.



Exceptional circumstances are the rules about when younger people can enter an aged care home.



We think people should have time to get used to the Act before it becomes the law.

# Word list

This list explains what the **bold** words in this report mean.



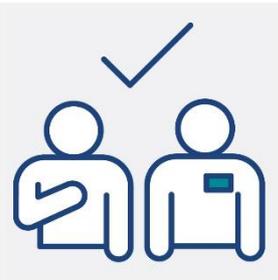
## **Aged care homes**

Aged care homes are places where older people live when they can't live in their home.



## **Data**

Data includes information and facts we collect to help us learn about something.



## **Case management**

Case management is when we help each person get what they need.



## **Exceptional circumstances**

Exceptional circumstances are the rules about when younger people can enter an aged care home.

## Contacts for you



You can call the NDIA to talk about moving out of aged care.

1800 800 110



The National Relay Service is a website that can support you to call the NDIA if you:

- are deaf
- are hard of hearing
- have a speech or communication difficulty.

[www.accesshub.gov.au](http://www.accesshub.gov.au)



You can ask questions about this report in an email.

[ypirac.secretariat@health.gov.au](mailto:ypirac.secretariat@health.gov.au)



You can visit the Department of Health,  
Disability and Ageing website for more information.

This website is not Easy Read.

You can ask someone to help you use the website.

[www.health.gov.au/ypirac](http://www.health.gov.au/ypirac)



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