



# **Australian Government**

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## **Department of Health, Disability and Ageing**

**Living Well In Care: A Conversation For Older People**



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Department of Health, Disability and Ageing

# Living Well In Care: A Conversation For Older People

Webinar Series: Home Matters - Rethinking Aged Care Design



[health.gov.au/aged-care-reforms](https://health.gov.au/aged-care-reforms)

26th February 2026

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# Acknowledgment of Country

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The Department of Health, Disability and Ageing and Dementia Training Australia would like to show our respect and acknowledge the traditional custodians of these lands. We extend this respect to Elders past and present, and to all Aboriginal and Torres Strait Islander people here today.



**Artist:** Brittney Angus

# Housekeeping

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Q&A



Participant  
Audio/Video



Copy of Slides

# Overview of Today's Session

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- What design features to look for when choosing a home
- What helps older people stay independent in a care home
- How meaningful activities support wellbeing and quality of life.



# Host

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**Isabelle Meyer**

Executive Director  
Dementia Training Australia (DTA)

# Speakers

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## Gwenda Darling

Aged Care Activist

*Lived-experience advocate promoting acceptance, practical supports, and quality of life for older people..*



## Marie Alford

General Manager Growth & Innovation  
HammondCare.

*Leading courageous, relationship-centred change in aged care.*

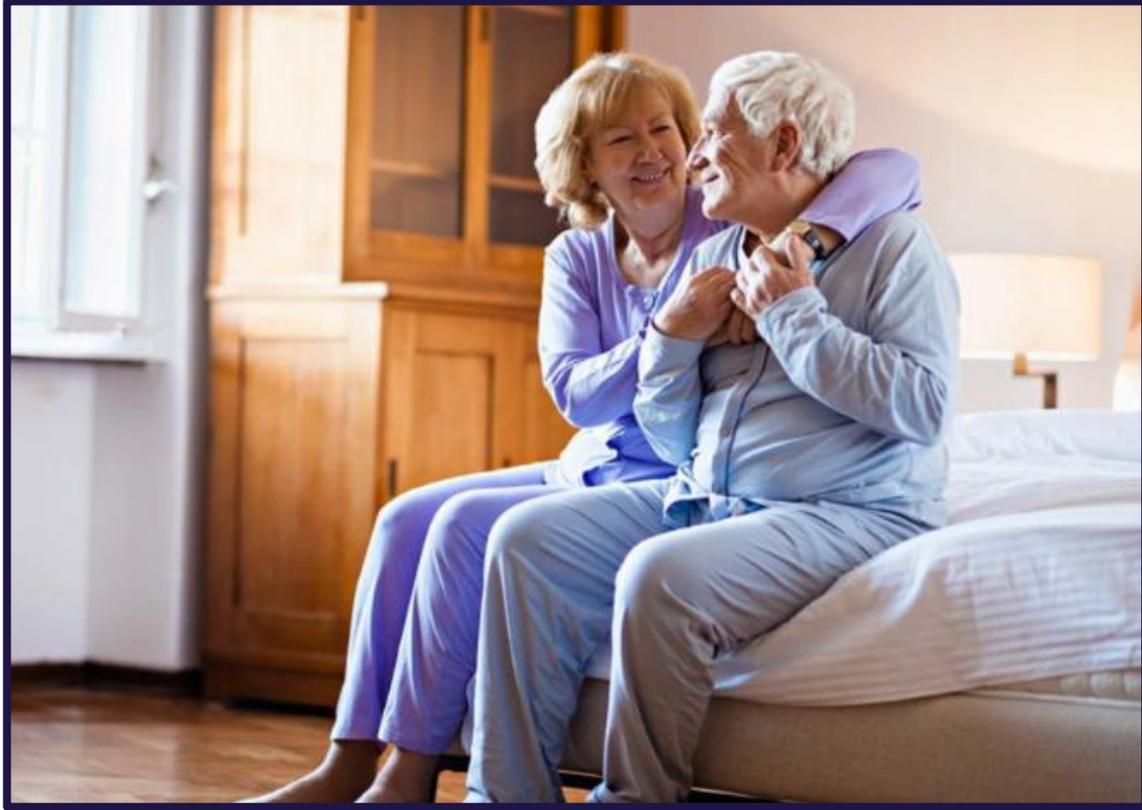


## Nick Seemann

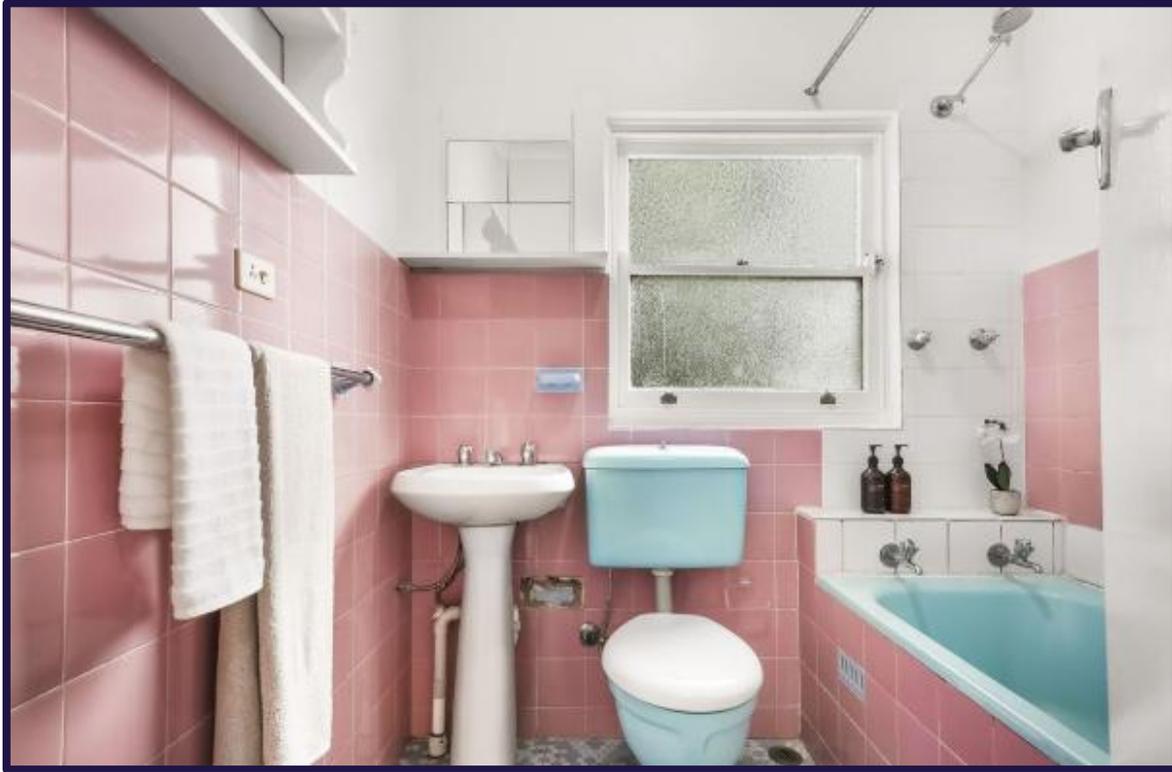
Architect & Environments Specialist  
Dementia Training Australia

*Lead author of the National Aged Care Design Principles and Guidelines.*













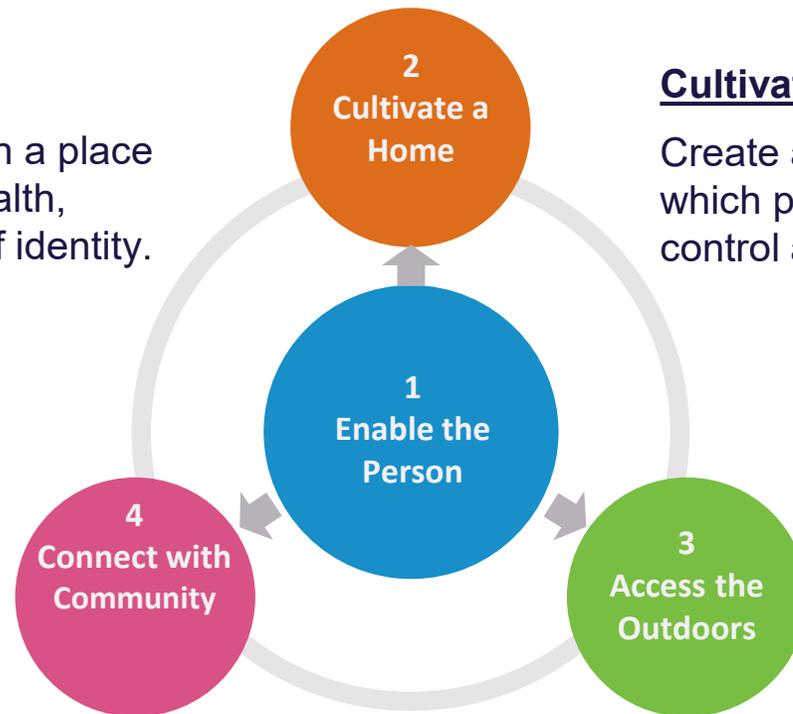
# National Aged Care Design Principles and Guidelines

## Enable the Person

Support people living in a place that maintains their health, wellbeing and sense of identity.

## Cultivate a Home:

Create a familiar environment in which people have privacy, control and feel they belong.

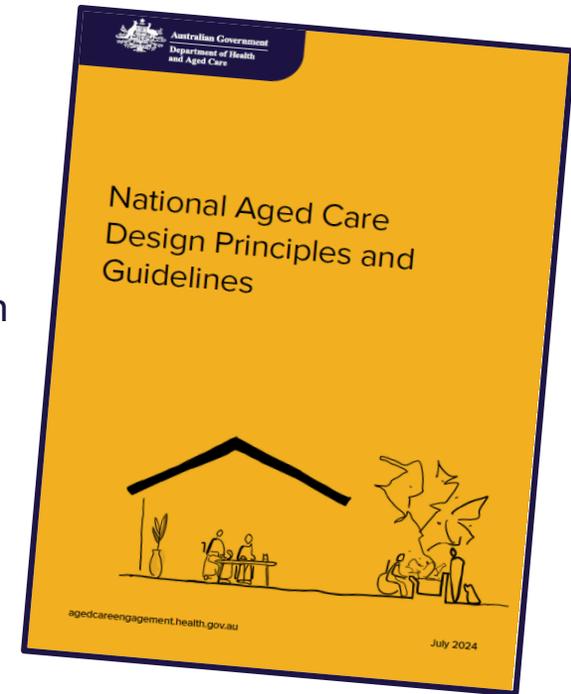


## Connect with Community

Encourage people to connect with family, friends and community, continuing to participate in meaningful activities.

## Access the Outdoors

Support people seeing, accessing and spending time outdoors in contact with nature.

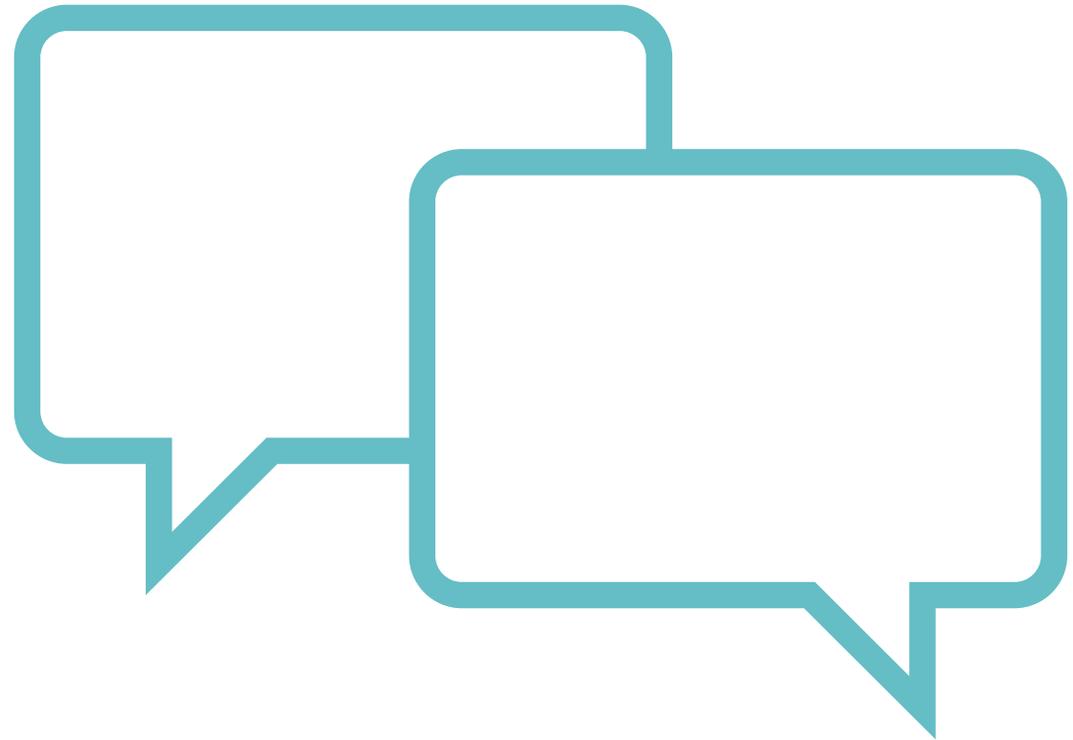


National Aged Care Design Principles and Guidelines. Commonwealth of Australia, Department of Health, Disability & Ageing 2024.

# Environments Hub



# Q&A Discussion





[health.gov.au/aged-care-reforms](https://health.gov.au/aged-care-reforms)



Phone **1800 200 422**  
(My Aged Care's free call phone line)