



Thriving Kids

Advisory Group Report

Summary

Part 2





Australian Government

**Department of Health,
Disability and Ageing**

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.



We wrote this in an easy to read way.

We use pictures to explain some ideas.

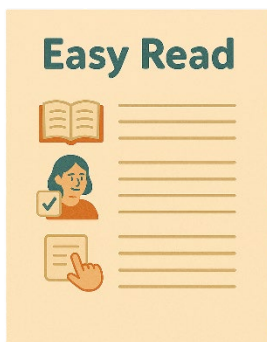
Bold

We have some words in **bold**.

Not bold

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of another document.

This means it has the most important ideas.



We can answer any questions by email.

Email us

thrivingkidssecretariat@health.gov.au



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

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About this document



This is a summary of the **Thriving Kids Advisory Group** report.

We call them the **Advisory Group** for short.



An advisory group is a group of people who

- Share their **expertise**
- Go to meetings
- Help make decisions.

Expertise is knowing a lot about something.



The Advisory Group wrote a report about **Thriving Kids**.



Thriving Kids

- Are new supports
- Will be different to the NDIS.

It will support children who

- Are 8 years old and younger
- Have **developmental delays**
- Have autism
- Need some support.

It will also support families and carers.



Developmental delays are when

- Someone might be slower to **develop** than other people their age.

Develop means learning how to do things.

They might need extra help with

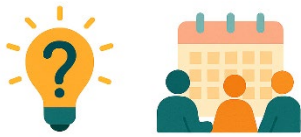
- Talking
- Moving
- Their emotions.



This document is split into 4 parts.

Part 1

Part 1 talks about



- Why we need Thriving Kids
- The Advisory Group.

Part 2

Part 2 talks about



- Who Thriving Kids is for
- Knowing when children need support.

Part 3

Part 3 talks about



- Different kinds of Thriving Kids supports.

Part 4

Part 4 talks about



- Key workers
- Important community groups
- Other things that will work to help Thriving Kids.



This is **Part 2**.

Who Thriving Kids is for



Thriving Kids will be for children who

- Are 8 years old and younger
- Have developmental delays
- Have autism
- Need some support.



Thriving Kids will also support

- Families
- Carers.



Thriving Kids wants to focus on

- Developmental delays

This means children who learn new skills differently to other children their age.



Thriving Kids wants to help

- Children
- Families

Get support earlier.



The Advisory Group said children

- Should **not** need a **diagnosis** to get support from Thriving Kids.

This means support will be easy to get.



Diagnosis means the way we work out if someone has a condition.

It is done by a health worker.

Principles of Thriving Kids



The Advisory Group said that

- Thriving Kids services should use different **principles**.

Principles

- Are beliefs
- Say how it **should work**.



Thriving Kids should be about

- What the child needs

This can be called **child centred**.



- The family

This can be called **family centred**.



- **Strengths**

Strengths are things you are good at.



Services should be done in ways that have **evidence**.

Evidence is proof that something is true.



Services should be done

- At home



- Childcare centres



- Schools



- In the community.



Thriving Kids should

- Work with families



- Look at the whole person

This can be called **holistic**.

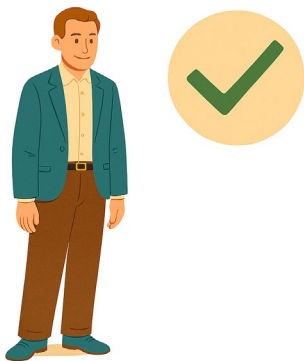


- **Work with other systems.**

Systems should work together to support people with disability.

Systems are

1. All the workers
2. Other disability services
3. Rules
4. Governments
5. Mainstream services.



Services should focus on **outcomes**.

Outcomes are the things we see when our plans are working.



Services should be

- **Flexible**

Flexible means they can change easily for different people.



- **Accessible**

Accessible means it is easy to get.



- **Culturally responsive**

Culturally responsive means respecting peoples

- Rights
- Cultures
- Traditions.

This helps people feel safe to be themselves.



The Advisory Group said there should be

- Different ways for families to get support from Thriving Kids.



It is important to have workers who can do the services.

Knowing when children need support



Thriving Kids should help people to know early if a child has a

- Developmental delays
- **Neurodevelopmental difference.**



Neurodevelopmental difference means someones brain works in a different way.

They might

- Learn in a different way
- Need more time or support
- Have other things they are good at.



It is best for them to have support early.



The Advisory Group said that we should check if children have a delay.

This should happen lots of times while they are growing up.

Not just 1 time.



Lots of people can help check to see if a child has a delay like

- Families



- Healthcare workers like your doctor



- Childcare workers



- People who work for community services.



Thriving Kids should make it easier for families to get what they need like the right

- Advice
- Information
- Support.

Information about child development



Thriving Kids should have information about **child development**.

Child development is how a child grows and learns over time.



The information should be

- Easy to understand



- **Inclusive**

Inclusive is when everyone

- Can **take part**
- Feel like they **belong**.



- Culturally responsive



This will help to

- Reduce **stigma**

Stigma is when people are treated unfairly because of who they are.

They might feel bad about themselves.



- Help more people know about child development



- Celebrate the different ways children grow.



Parents should be able to get information

- Online



- On the phone



- In person.



The information should have

- Ideas that work in real life



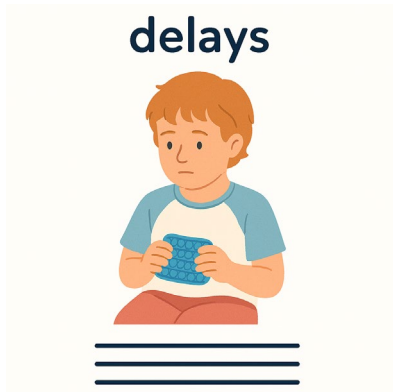
- Ideas from people who know what it feels like to have a disability



- Ways to help understand child development for
 - Families
 - People who work with children

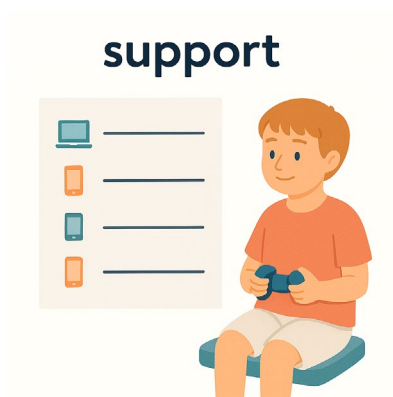


- Know where to get extra support.



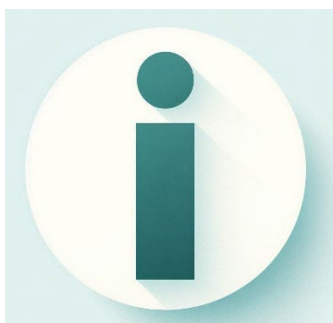
There could be activities that spread the message about

- Delays



- Where to get help.

Contact us



You can contact us if you **need more information**.



You can send us an email.

thrivingkidssecretariat@health.gov.au



You can look at our website.

www.health.gov.au/committees-and-groups/thriving-kids-advisory-group

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January 2026.