

**GIVE UP
FOR GOOD**



Australian Government

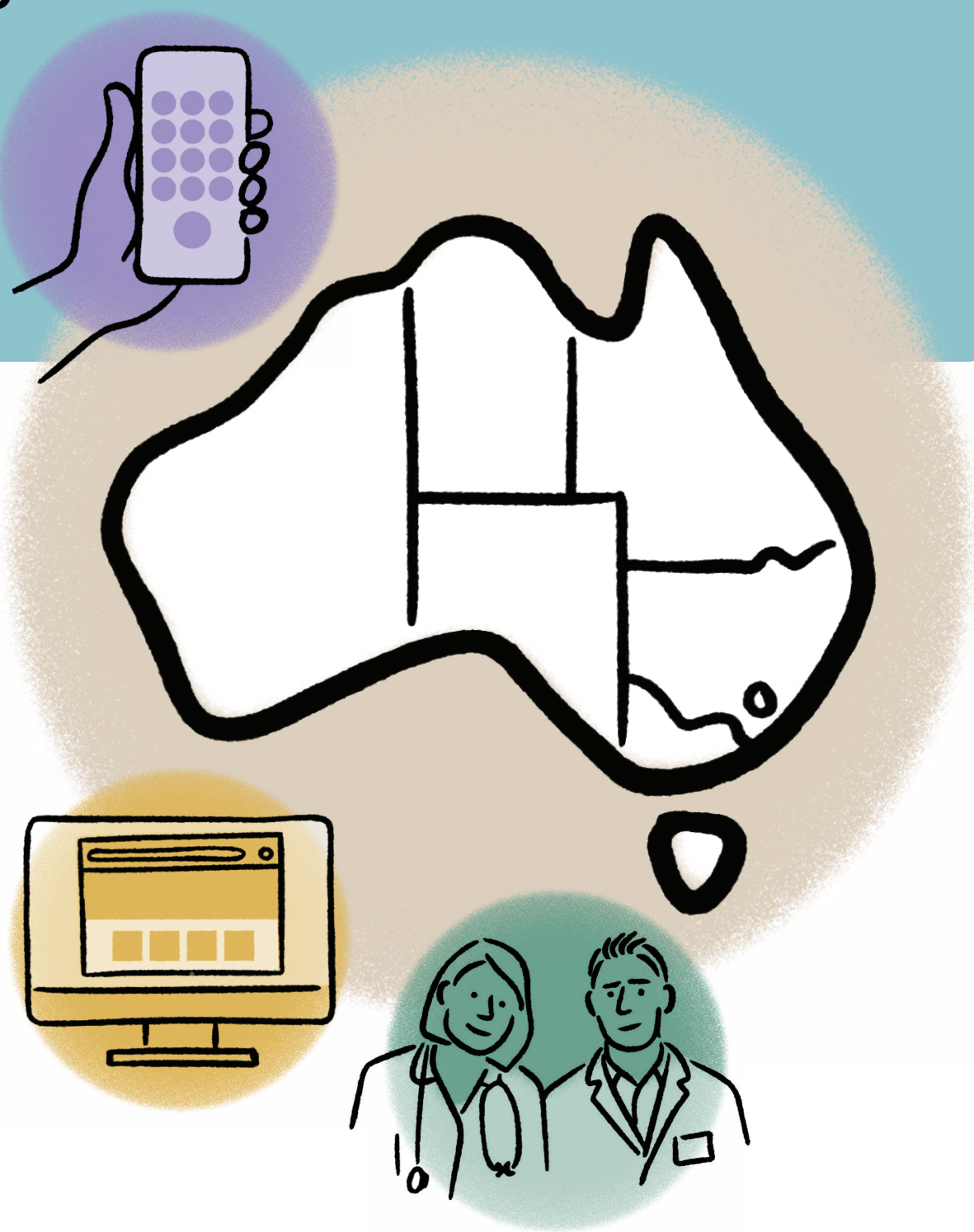
Wherever you are, you can access
**free tools
and support**

to join the thousands quitting
smoking and vaping.

Quitting smoking or vaping
can be hard, but right across
the country, from outback
communities to big cities, people
are getting help and finding their
way to quit and stay quit.

Whether it's your first time or
you've tried quitting before,
you're more likely to get there
with the right support.

Talk to a health professional
and get free tools and support.



health.gov.au/GiveUpForGood

Quitline®
13 7848