



Your toolkit for moving out of aged care

Chapter 3

Part 2 Changes to your home



Australian Government
**Department of Health,
Disability and Ageing**

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.

We wrote this with help from the

- National Disability Insurance Agency.

We say **NDIA** for short.

We wrote this in an easy to read way.

We use pictures to explain some ideas.



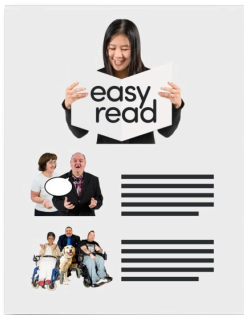
Bold

Not bold

We have some words in **bold**.

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of another document.

This means it has the most important ideas.



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

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About Chapter 3



This Easy Read is about **Chapter 3**.

Chapter 3 has Easy Read documents called



- Part 1 Finding the right home
- Part 2 Changes to your new home
- Part 3 Your new community.



This Easy Read is **Part 2**.

It is called **Changes to your home**.



It has information about

- Finding a home that suits your needs
- **Assistive technology** for your home
- Changing your home
- Support in your new home.



Assistive technology can be things to help you

- Speak
- Move
- See
- Hear.

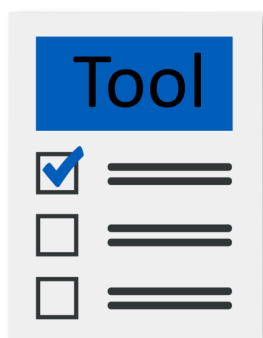
Find the right home for you

Moving out of aged care is a big decision.



Before you move out you it helps to think about

- Where you want to live
- Who you want to live with
- The type of home you want to live in.



The Summer Foundation has made a **tool**.

A tool is a document that has questions.

It supports you to think about the kind of home you want.



The tool is on this website.

www.summerfoundation.org.au/resources/my-housing-preferences/



If you want to use the tool you can

- Download the tool
- Fill out the tool.

You do **not** have to use the tool if you do **not** want to.

You can decide.



The tool will help you get more information.

You can put the information on your **housing applications**.

Housing applications are forms to tell someone the type of home you want to live in.

Assistive technology for your home



Assistive technology can support you to be safe in your home.



Assistive technology can make it easier for

- You to do things
- The people who support you to care for you.

Some people may get NDIS funding for assistive technology.



NDIS may give funding for

- Low cost items
- Middle cost items
- High cost items.

Your NDIS plan will tell you what funding you have.

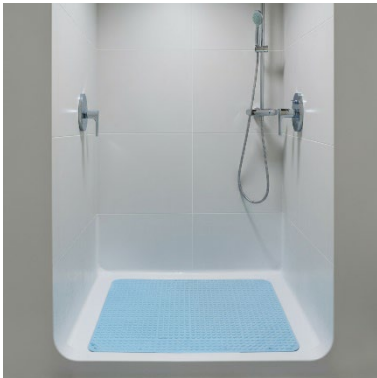


You may need to get **assessments** done by allied health professionals like

- Occupational therapist
- Disability specialist.

Assessments help NDIS work out

- How your disability affects your life
- What supports you need.



Low cost items may be things like

- Non slip mats for the bath or shower
- **Continence** products.

Continence products help you go to the toilet.



- Walking sticks
- Canes.



Middle cost items may be things like

- **Shower chairs**

This is a chair to keep you safe in the shower.



- **Pressure care mattress**



This helps protect your body from getting sore when you lay in 1 spot.

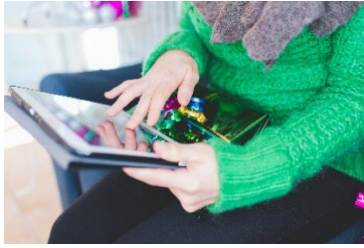


- Some communication devices



High cost items may be things like

- A wheelchair made just for you



- Complex communication devices



- **Ventilators**

Ventilators help if you are **not** able to breathe on your own.

Changing your home



You may need to make changes to your new home.

Changes can make it safe to

- Move around
- Do things every day.

You may **not** need to make changes to your home.



You need to ask the owner if you can make changes if you do **not** own your home.

The owner needs to say **yes** before you can change your home.



NDIS **may** pay for changes you need because of your disability.



NDIS may give funding for things to support you to move around your house like

- Ramps
- Rails
- Hoists.



NDIS may give funding to change rooms like the

- Bathroom
- Kitchen.



NDIS may give funding to make your house safer like

- Make doorways wider
- Things to help you open doors or blinds
- Move light switches and power points.



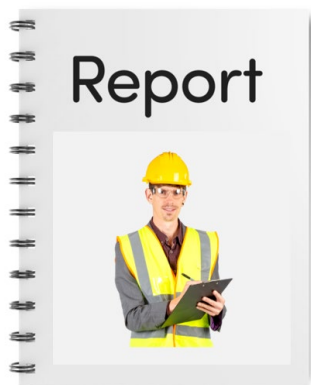
You can have support to think about changes your home needs.

You can get support from your

- **Support coordinator**
- Allied health professionals.



A support coordinator is a person who helps you with your NDIS plan.



To make changes to your home you may need a report from a builder.

The builder will write down

- What needs to change
- How much it will cost
- How long it will take.

NDIS will need



- The report from the builder
- Information about how long you will live in your home.

This will help NDIS decide if you can have funding to change your home.

Support in your new home



You may be able to live **independently** in your new home.

Independently means living separate to other people.

It also means doing things on your own.

When you live independently you can decide

- How you are supported
- When people support you.



When you move out of aged care the people who support you may change.



Your **support network** can help you get a support team that meets your needs.

Your support network are the people who help you in your daily life.



You can choose different things in your new home.

You can



- Choose who supports you



- How to take part in the community



- Set up **routines** you like.

Routines are the activities you like to do the same everyday like

- When you wake up
- How you have your meals.

More information



The next Easy Read for **Chapter 3** is

- **Part 3 Your new community.**



It is on this website.

www.health.gov.au/ypirac

The website is **not** Easy Read.



The website also has Easy Read information for

- The 5 toolkit chapters
- Why we wrote the toolkit
- How to contact us.

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