



# Your toolkit for moving out of aged care

## Chapter 3

### Part 1 Finding the right home



**Australian Government**  
Department of Health,  
Disability and Ageing

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.

We wrote this with help from the

- National Disability Insurance Agency.

We say **NDIA** for short.

We wrote this in an easy to read way.

We use pictures to explain some ideas.



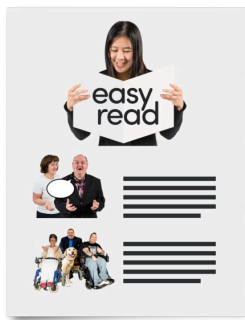
# Bold

# Not bold

We have some words in **bold**.

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of another document.

This means it has the most important ideas.



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

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# About Chapter 3



This Easy Read is about **Chapter 3**.



Chapter 3 has Easy Read documents called

- Part 1 Finding the right home
- Part 2 Changes to your new home
- Part 3 Your new community



This Easy Read is **Part 1**.

It is called **Finding the right home**.

It has information about how to



- Find the right home for you
- Work towards your new home
- Make a **goal** to move
- Write a **housing** plan.

Goals are things you want to do.

Housing means homes for people to live in.

# Find the right home



Moving out of aged care is a big decision.

It is important to make sure you

- Find a home that is right for you
- Have the support you need.



If you have NDIS you may have **funding** to support you to

- Find a home
- Get support.

Funding is **money from the government.**



You **may** get NDIS funding if you

- Can **not** look for a home on your own



- Do **not** have support to help you.



You may **not** get NDIS funding if you

- Can look for a home on your own



- Have a report about the type of home that would be good for you



- Have **informal supports** to support you.

Informal supports are people you are close to like

- Friends
- Family.

Informal supports are **not** paid to support you.

# Capacity building funding



**Capacity building** funding is money in your NDIS plan.

Your NDIS plan will tell you if you have capacity building funding.

You can use capacity building funding to



- Have a **support coordinator** help you learn what homes may a good choice

A support coordinator is a person who helps you with your NDIS plan.



- Get reports that say what you need to live **independently**.

Independently means living separate to other people.

It also means doing things on your own.





There are rules for who can get capacity building funding.



You will need a **goal** in your NDIS plan about housing.

The goal could be to look at more homes that will meet your needs.

# Work towards your new home



Working towards your new home is different for everyone.

If you have NDIS you may



- Ask for capacity building funding



- Write a goal to move in your NDIS plan



- Go to a planning meeting



- Work with your support coordinator and support team

They can help you find the home that meets your needs.



You may want to ask for funding in your NDIS plan for

- Your home
- Moving into your new home
- Changes your home will need.
- Support you need in your new home
- **Assistive technology.**



Assistive technology can be things to help you

- Speak
- Move
- See
- Hear.

## Make a goal to move



It can be helpful to make a goal if you want to move out of aged care.



If you have NDIS you need to put your goal in your NDIS plan.



You can still make a goal to move out of aged care if you do **not** have NDIS.

You do **not** have to send your goal to anyone.

Your goal can help you talk to the people who support you about what you need.



You may be able to get funding to help you work towards your goal.

You may get NDIS funding to help



- Find your new home



- Get support to live safely in your home



- Get assistive technology



- Make changes so your home is safe for you.



You may **not**

- Need support in these areas
- Get funding for all these areas.



NDIS will

- Work out what you need.
- Make sure your funding is a good amount of money.



NDIS will make sure funding supports your

- Goals
- Inclusion in the community
- Disability.



NDIS will make sure your funding adds to the support you already have.



The NDIS has **rules** about funding to move out of aged care.

This website has information.

[www.ndis.gov.au/participants/home-and-living/living-and-moving-out-residential-aged-care](http://www.ndis.gov.au/participants/home-and-living/living-and-moving-out-residential-aged-care)

# Write your housing plan



It is a good idea to write a housing plan.



A housing plan tells the NDIS

- Your housing goals



- What type of home you would like



- What types of homes you have lived in before.





Your housing plan also tells the NDIS

- What you do at your job
- Things you like to do
- How you take part in the community.



Your housing plan has important information about

- Your disability
- Your support needs
- What type of home will suit your needs.



Your housing plan tells the NDIS how you will

- Move into your new home
- Learn new skills to live more independently.



If you have capacity building funding you may get support to write your housing plan from your

- Support coordinator
- Support team.



If you do **not** have capacity building funding you may get support to write your housing plan from your

- Family
- Carers
- **Nominees.**

Nominees are someone you choose to



- Make decisions for you
- Do things for you.



The NDIS will read your housing plan.

This will help NDIS work out the funding you will need.

## Your support coordinator can help



You may have funding for a support coordinator if you have NDIS.



Your NDIS plan will tell you

- If you have a support coordinator
- How much time your support coordinator can work with you.



# 75

You may be able to get **up to 75 hours** of support from your support coordinator.

Some people will **not** get this much support.



Your support coordinator can help you

- Write your housing plan



- Work out what type of home you would like



- Get **assessments**

Assessments help NDIS work out

- How your disability affects your life
- What supports you need.



If you do **not** have a support coordinator and you would like one

- You can look on the NDIS website.



The website is **not** in Easy Read.

[www.ndis.gov.au/participants/using-your-plan/who-can-help-start-your-plan/support-coordination/finding-support-coordinator](http://www.ndis.gov.au/participants/using-your-plan/who-can-help-start-your-plan/support-coordination/finding-support-coordinator)

# Allied health professionals can help

**Allied health professionals** are people like



- Disability specialists
- Social workers



- **Psychologists**

Psychologists support your mental health.



- Occupational therapists.

Allied health professionals can



- Do assessments
- Write reports for the NDIS
- Support you to be safe in your new home.



You and your support coordinator can work with your allied health professionals.



The information can be put in your housing plan.

## More information



The next Easy Read for **Chapter 3** is

- **Part 2 Changes to your home.**



It is on this website.

[www.health.gov.au/ypirac](http://www.health.gov.au/ypirac)

The website is **not** Easy Read.



The website also has Easy Read information for

- The 5 toolkit chapters
- Why we wrote the toolkit
- How to contact us.

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