



# Support at Home program – Restorative Care Pathway

**December 2025**

The Restorative Care Pathway provides an intensive short-term period of care after an illness or injury to help you maintain or regain your independence.

You can access up to 16 weeks of restorative care services. If eligible, you will receive coordinated clinical services, such as nursing and allied health.

## **Am I eligible for the Restorative Care Pathway?**

When you have an aged care assessment, your assessor will talk with you to decide if the Restorative Care Pathway might help you remain independent. If so, you will work with a provider to set goals, develop a goal plan and arrange services to meet those goals.

The Restorative Care Pathway supports people to:

- prevent or delay the need to access ongoing or higher levels of in-home care services
- regain their ability after illness or injury to carry out daily activities
- manage new or changing age-related conditions
- learn skills to better retain function as they age.

## **How long can I access the Restorative Care Pathway?**

You will be eligible for up to 16 weeks of restorative care. You may be eligible for up to 2 episodes of restorative care in a 12-month period.

## **Will I receive a budget for restorative care?**

The Restorative Care Pathway gives you a budget of around \$6,000 for the 16-week period.

If your provider thinks you need extra services in the 16-week period, they can apply for up to another \$6,000.

You can also access separate funding for assistive technology or home modifications through the Assistive Technology and Home Modifications scheme, if approved.

## **Will I need to contribute to the cost of restorative care?**

For all Support at Home services, including the Restorative Care Pathway, contributions apply for services delivered in the independence and everyday living service categories. For services in the clinical supports category (for example, nursing), no contribution is required as these services are fully funded by the government.

Read more about participant contributions: [MyAgedCare.gov.au/support-at-home-costs-and-contributions](https://myagedcare.gov.au/support-at-home-costs-and-contributions)

## **Who will coordinate my restorative care services?**

Your Support at Home provider will deliver restorative care management through a staff member known as a restorative care partner. Your restorative care partner will provide clinical coordination and oversight, and work with you to develop a plan to meet your goals.

## Is there a service list for restorative care?

When receiving restorative care, you will receive services from the Support at Home service list that align with your assessed needs. Assistive technology and home modifications may also be part of your restorative care, if approved.

View the Support at Home service list: [health.gov.au/resources/publications/support-at-home-service-list](https://health.gov.au/resources/publications/support-at-home-service-list)

### For more information

To find out more about the Restorative Care Pathway, visit:

[MyAgedCare.gov.au/aged-care-programs/restorative-care-pathway](https://myagedcare.gov.au/aged-care-programs/restorative-care-pathway)

If you have questions or concerns about your aged care, including Support at Home and the Restorative Care Pathway, you can speak to an aged care advocate by calling the **Aged Care Advocacy Line on 1800 700 600**. Provided by the Older Persons Advocacy Network (OPAN), this free and confidential service is independent of both government and aged care providers. OPAN will connect you with a local advocate in your state or territory.



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## Getting started with aged care

If you need help around the house or are thinking about aged care homes, contacting My Aged Care is the first step.

 Visit [myagedcare.gov.au](https://myagedcare.gov.au)  Phone **1800 200 422**

 Face-to-face by speaking with an Aged Care Specialist Officer (to book an appointment call **1800 227 475** or visit any Services Australia Service Centre).