



Minutes for the RIGG meeting

5 March 2025

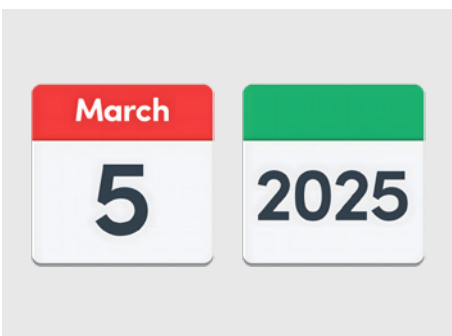


These are the **minutes** from the Roadmap
Implementation Governance Group meeting.

We say **RIGG** for short.



Minutes are notes that say what we talked
about in the meeting.



The meeting was on 5 March 2025.

What we talked about at the meeting



Mark Roddam started the meeting.

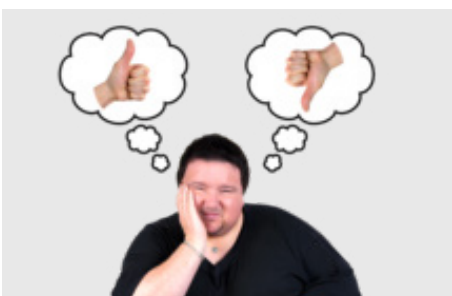
Mark is the **meeting chair**.



The **meeting chair** is the person who runs the meeting.



He asked if anyone had a **conflict of interest**.



A **conflict of interest** means something in your life stops you from making fair decisions for the group.



Everyone was happy with the minutes from the last meeting.

Talk from Blair Comley



Blair Comley is from the **Department of Health and Aged Care**.

We will say the **department** for short.



Blair talked about 3 goals the department is working on.



These goals will make sure there is good health care for everyone in Australia.



Goal 1

The department should be a leader in making big changes to make health care better.



Goal 2

The department needs to work better with other health organisations.



Goal 3

The department needs to make sure workers can make decisions to do their job well.



Blair answered some questions from RIGG members.



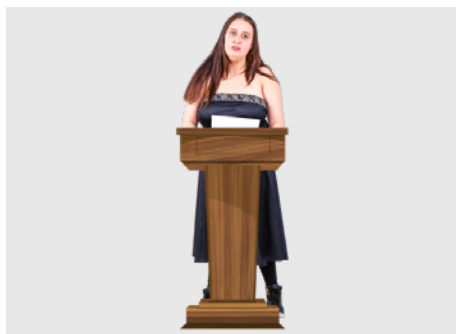
He will reply to the rest of the questions from RIGG members in an email.

Talk from a member with lived experience



We heard from Naomi Lake.

Naomi is an advocate with **lived experience**.



Lived experience is when you know what something is like because it happened in your life.



Naomi spoke about her job as a Health Ambassador for Down Syndrome Australia.



She does lots of advocacy for the rights of people with intellectual disability.



Naomi said it is important that we look more into **oral health** and **mental health**.

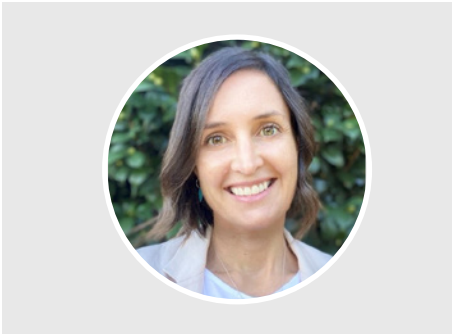


Oral health means looking after your teeth and mouth.



Mental health means taking care of your mind and feelings.

Roadmap annual report



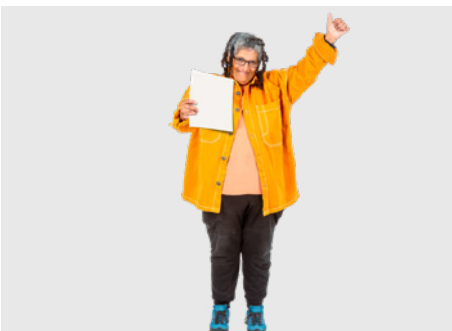
Genevieve Johnsson from the department spoke about the **Roadmap annual report**.



The **Roadmap annual report** tells us how we went with Roadmap actions in 2024.



The department met with lots of people to get information for the report.



RIGG members were asked to tell the department if they have information to add to the report.

Update from the National Centre of Excellence



Julian Trollor spoke about the **National Centre of Excellence in Intellectual Disability Health**.

We will say **the Centre** for short.



The Centre works on lots of different things.



The Centre is putting together a **First Nations advisory group**.



The group will tell the Centre what is important for First Nations people with intellectual disability.



The Centre is working on **inclusion** for

- Their own staff
- Other disability organisations.



Inclusion means everyone is welcome and can take part.



The Centre is setting up the **Knowledge Exchange Hub**.



The **Knowledge Exchange Hub** will have lots of online information about intellectual disability health.



The Centre made a **network** for health professionals.



The **network** can share information and ideas about health care for people with intellectual disability.



The Centre is looking at how to use **research** in intellectual disability health.

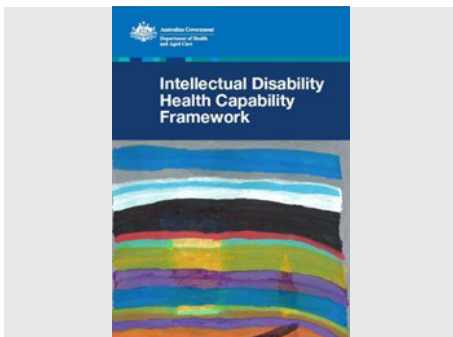


Research means looking into and learning about new things.

Project updates



We heard about 2 Roadmap project updates.



We heard about the **Intellectual Disability Health Capability Framework** project.

We will say the **Framework project** for short.



Julian said a team from the Centre is making teaching tools for the Framework project.



Some tools were made with people with intellectual disability and their supporters.



The teaching tools will be used by teachers at universities.



The tools will help health care students learn about intellectual disability health.



The department talked about how we can tell people about the teaching tools.



We will share the teaching tools once they are made.



The next project we heard about was the **Annual Health Assessment** project.



An **Annual Health Assessment** is a big health check with your doctor every year.



Kristen Kalkman from Inclusion Australia told us about the **It's Doctor Time! Campaign**.



The **It's Doctor Time! Campaign** tells people with intellectual disability to have a yearly health check.



It's Doctor Time! has been going for 5 months.



Inclusion Australia have heard that people like the campaign.



They tell people about the campaign through their

- Website
- Online news
- **Social media.**



Social media is a way for people to connect and share things online.



Professor Nick Lennox from the department talked to us.



He talked about about helping doctors to use the **CHAP** form to do yearly health checks.

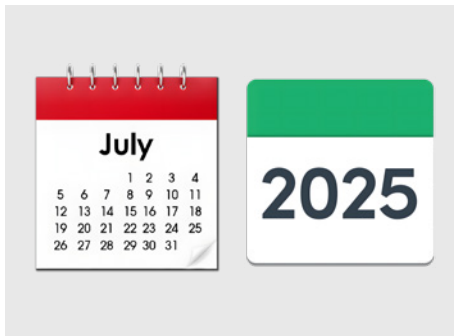


The **CHAP** form helps the doctor learn about you and your health.



It's Doctor Time! will help more doctors know about the CHAP.

Meeting finish



The next RIGG meeting will be in July 2025.



If you want more information or to
ask questions

Email **RIGG.Secretariat@health.gov.au**

Council for Intellectual Disability made this document Easy Read. **CID** for short.
Email CID at **business@cid.org.au** if you want to use any of the pictures.