



Australian Government  
Department of Health,  
Disability and Ageing

ndis

# Your toolkit for moving



## out of aged care

About the toolkit



**Australian Government**

**Department of Health,  
Disability and Ageing**

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.

We wrote this with help from the

- National Disability Insurance Agency.

We say **NDIA** for short.



We wrote this in an easy to read way.

We use pictures to explain some ideas.

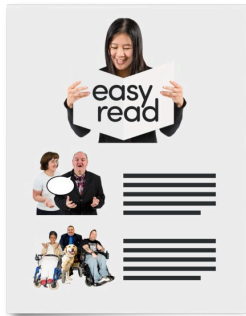
**Bold**

Not bold

We have some words in **bold**.

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of another document.

This means it has the most important ideas.



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

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# What is the toolkit



Your **toolkit** for moving out of aged care is for

- Younger people with disability who live in aged care.

We say the **toolkit** for short.

It has all the information you need.



Younger people means people with disability who

- Are younger than 65



- Do **not** have a special reason for needing aged care.



The toolkit has information from groups who support people with disability.

The toolkit is for younger people in aged care who



- Have NDIS
- Do **not** have NDIS.

The people who might use the toolkit are



- You
- Someone who cares for you
- A family member
- Your **nominees**.

Nominees are people you choose to



- Make decisions for you
- Do things for you.

## Why we made this toolkit



The Australian Government thinks everyone should live in a home that is right for them.



The Australian Government has made a **goal**.



A goal is something you want to do.

The goal is all younger people will have support to move out of aged care.



Aged care homes are **not** set up to support younger people with disability.



It is very important to know that you have the choice to

- Move out of aged care
- Stay where you live.



# How we made this toolkit



We talked to younger people with disability who

- Live in aged care



- Used to live in aged care.



We talked to their families.



They wanted to know how to

- Find support



- Choose their new home



- Move to their new home



- Have a good life in their new home.

# This toolkit can help you



You can learn about moving out of aged care.

The toolkit can help you make choices that are right for you.



You can choose

- Where you live



- Who you live with



- Who will support you.

# More Information



There are 5 chapters in the toolkit.

We wrote Easy Read information about

- The 5 toolkit chapters
- How to contact us.



They are on this website.

[www.health.gov.au/ypirac](http://www.health.gov.au/ypirac)

The website is **not** Easy Read.

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