

# National Best Practice Framework for Early Childhood Intervention Outcome Measures for Children



This is a suite of outcome measures for Children. What is measured needs to be based on the priorities and goals of the child, parents, carers and families. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

## Aims of Early Childhood Intervention (ECI) for children

To build on child strengths and interests to enhance learning, development and meaningful participation in everyday activities

### Outcome statements

Children:

- have secure, stable and safe relationships with parents, carers, siblings, family members and significant others
- interact with family members, other children and people in the community to build relational skills and connections
- develop their sense of agency and have a voice in matters that affect them
- have a positive sense of belonging to their family and community
- build strong identities and connections to their culture and community
- participate and feel they belong in everyday home, community, early childhood education and care (ECEC) and school environments
- acquire, develop and generalise new knowledge and skills
- follow their interests and enjoy play opportunities
- develop positive health habits over time
- build capacity to regulate their behaviour

## Abbreviated Child Outcome Statements

Outcome Measures		Secure, stable and safe relationships	Interact with family and others	Develop agency and voice	Positive sense of belonging	Build identity and connection to culture	Participate at home and community	Acquire new knowledge and skills	Follow interests and enjoy play	Develop positive health habits	Build capacity to regulate behaviour
Ages & Stages Questionnaire-Talking about Raising Aboriginal Kids	<a href="#">ASQ-TRAK</a>	●	●					●			●
Australian Therapy Outcome Measure for Indigenous clients	<a href="#">ATOMIC</a>		●	●	●	●	●	●	●	●	●
Canadian Occupational Performance Measure	<a href="#">COPM</a>	●	●	●	●		●	●	●	●	●
Child Engagement in Daily Life	<a href="#">CEDL</a>		●				●	●	●		
Devereux Early Childhood Assessment	<a href="#">DECA</a>	●	●								●
Emotional Regulation Checklist	<a href="#">ERC</a>										●
Functional Independence Measure for Children	<a href="#">WeeFIM</a>						●	●			
Goal Attainment Scale	<a href="#">GAS</a>		●	●	●	●	●	●	●	●	●
Infant Toddler Social Emotional Assessment	<a href="#">ITSEA</a>	●									●
Kindl	<a href="#">KINDL</a>	●	●		●				●		

## Abbreviated Child Outcome Statements

Outcome Measures	Secure, stable and safe relationships	Interact with family and others	Develop agency and voice	Positive sense of belonging	Build identity and connection to culture	Participate at home and community	Acquire new knowledge and skills	Follow interests and enjoy play	Develop positive health habits	Build capacity to regulate behaviour
Participation and Environment Measure for Children and Youth <a href="#">PEM-CY</a>						●				
Pediatric Evaluation of Disability Inventory - Computer Adaptive Test <a href="#">PEDI-CAT</a>		◐	◐				●		◐	
Vineland Adaptive Behavior Scales <a href="#">VABS</a>		●				◐	●			◐
Young Children's Participation and Environment Measure <a href="#">YC-PEM</a>						●				

Note: Use the hyperlinked measure abbreviation to move to the information about that measure.

● Yes, measure addresses this outcome area; ◐ Partial, measure provides some information about this outcome.

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### Ages and Stages Questionnaire–Talking about Raising Aboriginal Kids (ASQ–TRAK)

<b>Framework Outcome Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- acquire, develop and generalise new knowledge and skills</li></ul> Provides some information about: <ul style="list-style-type: none"><li>- have secure, stable and safe relationships with parents, carers, siblings, family members and significant others</li><li>- interact with family members, other children, and people in the community to build relational skills and connections</li><li>- build capacity to regulate their behaviour</li></ul>
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### ASQ–TRAK Overview

<b>General description</b>	<p>A culturally adapted developmental screening tool designed for Aboriginal and Torres Strait Islander children. Based on the Ages &amp; Stages Questionnaire (ASQ-3) but modified to be more culturally appropriate and relevant.</p> <p>Purpose of the tool is to identify Aboriginal and Torres Strait Islander children with possible developmental difficulties who require more in-depth assessment; to enable better access to high-quality developmental monitoring and targeted early intervention.</p> <p>Note: A culturally adapted developmental outcome measure, derived from the ASQ-TRAK, is in development (as of May 2025). The ASQ-Steps for measuring Aboriginal child development (ASQ-STEPS) psychometric properties are still being established.</p>
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<b>Domains / subscales</b>	Communication, Gross motor, Fine motor, Problem-solving, Personal-social
<b>Ages</b>	From 2 months to 5½ years with 21 age intervals
<b>Special considerations</b>	<p>The ASQ-TRAK is a developmental screening tool. Screening is a brief evaluation intended to identify those children with potential difficulties who require a more in-depth assessment. Screening tools are not designed to be used as outcome measures.</p> <p>However, in the absence of an appropriate outcome measure, using the ASQ-TRAK to measure outcomes is better than using nothing at all or using a measure that has not been culturally adapted. Please refer to the Measurement Overview document for a more detailed explanation of the limitations of using a screening tool as an outcome measure.</p>
<b>Cultural adaptation</b>	Specifically adapted for Aboriginal and Torres Strait Islander children; Available in modified English; Uses culturally relevant examples and visual aids; Developed in collaboration with Aboriginal communities
<b>Administration</b>	Interview format with parent/carer. In contrast to ASQ-3 not designed for parent self-administration. Parent/carer and child encouraged to demonstrate all activities while practitioner observes. Takes between 30-60 minutes, depending on age interval.
<b>Training requirements</b>	<p>2-day interactive workshop plus half-day Workplace Practice Task.</p> <p>Annual re-certification recommended.</p> <p>Cultural Safety Training recommended for non-Indigenous participants.</p>
<b>How to access</b>	<p>Available for purchase through Royal Children's Hospital Shop, Melbourne</p> <p><a href="#">ASQ-TRAK – RCH Shop</a></p>



# ASQ-TRAK Evidence Summary

[Link to ASQ-TRAK Reference List](#)

<b>Overview</b>	<p>7 studies were identified that report on the measurement properties of the ASQ-TRAK or use the tool as an outcome measure in the ECI practice setting (2016 – 2024).</p> <p>2 studies were identified that report on measurement properties of the ASQ-STEPS (2024 – 2025).</p>
<b>Review papers</b>	<i>No references identified</i>
<b>Measurement properties</b>	<p>To date, there is no research that has collected psychometric data on the ASQ-TRAK as an outcome measure. While an outcome measure (ASQ-STEPS) is in development for this context, there are currently no culturally responsive, validated alternatives.</p> <p>Key findings for the ASQ-TRAK as a developmental screening tool include:</p> <p>High inter-rater and inter-instrument reliability; demonstrates consistent results across different evaluators.</p> <p>Moderate concurrent validity with Bayley Scales III and BDI-2. Sensitivity (71-83%) and specificity (83-92%).</p> <p>High acceptability among staff and caregivers with high levels of satisfaction reported.</p> <p>Early findings for the ASQ-STEPS focus on pre-testing and acceptability.</p>
<b>Cultural adaptation papers</b>	Paper describing the adaptation of the ASQ-3 to create the ASQ-TRAK (2016).
<b>Outcome studies in ECI settings</b>	The LEAP-CP prospective cohort study is investigating the efficacy of early screening programmes to identify Aboriginal and Torres Strait Islander infants who are at risk of adverse neurodevelopmental outcomes or disorders.

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# ASQ-TRAK Reference List

[Link to ASQ-TRAK Evidence Summary](#)

## Reviews

No references identified

## Measurement Properties

D'Aprano A, Brookes I, Browne L, Bartlett C. (2023). Uptake of the culturally appropriate ASQ-TRAK developmental screening tool in the Australian Aboriginal and Torres Strait Islander context. *Child Care Health Dev*, 49(1):54-61.

<https://doi.org/10.1111/cch.13006>

Luke CR, Benfer K, Mick-Ramsamy L, Ware RS, Reid N, Bos AF, Bosanquet M, Boyd RN. (2022). Early detection of Australian Aboriginal and Torres Strait Islander infants at high risk of adverse neurodevelopmental outcomes at 12 months corrected age: LEAP-CP prospective cohort study protocol. *BMJ Open*, 12(1):e053646.

<https://doi.org/10.1136/bmjopen-2021-053646>

Simpson S, Eadie T, Khoo ST, Titmuss A, Maple-Brown LJ, Thompson R, Wunungmurra A, Jeyaseelan D, Dunham M, D'Aprano A. (2021). The ASQ-TRAK: Validating a culturally adapted developmental screening tool for Australian Aboriginal children. *Early Hum Dev*, 63:105481.

<https://doi.org/10.1016/j.earlhumdev.2021.105481>

D'Aprano A, Johnston H, Jarman R, Jeyaseelan D, Chan YP, Johansen K, Finch S. (2020). Practitioners' perceptions of the ASQ-TRAK developmental screening tool for use in Aboriginal children: A preliminary survey. *J Paediatr Child Health*, 56(1):94-101.

<https://doi.org/10.1111/jpc.14502>

Johansen K, Jeyaseelan D, Chan YP, Simpson S, O'Keefe M, D'Aprano A. (2020). Acceptability of the culturally adapted ASQ-TRAK developmental screening tool to caregivers of Aboriginal children. *J Paediatr Child Health*, 56(12):1946-1951.

<https://doi.org/10.1111/jpc.15099>

Simpson S, D'Aprano A, Tayler C, Toon Khoo S, Highfold R. (2016). Validation of a culturally adapted developmental screening tool for Australian Aboriginal children: Early findings and next steps. *Early Hum Dev*, 103:91-95.

<https://doi.org/10.1016/j.earlhumdev.2016.08.005>

## Cultural Adaptations

D'Aprano A, Silburn S, Johnston V, Robinson G, Oberklaid F, Squires J. Adaptation of the Ages and Stages Questionnaire for Remote Aboriginal Australia. *Qual Health Res*. 2016 Apr;26(5):613-25. <https://doi.org/10.1177/1049732314562891>

## Outcome Studies

Luke CR, Benfer K, Mick-Ramsamy L, Ware RS, Reid N, Bos AF, Bosanquet M, Boyd RN. (2022). Early detection of Australian Aboriginal and Torres Strait Islander infants at high risk of adverse neurodevelopmental outcomes at 12 months corrected age: LEAP-CP prospective cohort study protocol. *BMJ Open*, 12(1):e053646.

<https://doi.org/10.1136/bmjopen-2021-053646>

## ASQ-STEPS Reference List

### Reviews

*No references identified*

### Measurement Properties

D'Aprano A, Lindrea-Morrison L, Stubbs E, Bisset J, Wunungmurra A, Boyle C, Hull C, Campbell J, Naylor M, Brunette R, Simpson S, & Brookes I. (2024). Pre-testing a culturally adapted developmental outcome measure for Aboriginal and Torres Strait Islander children. *First Nations Health and Wellbeing - The Lowitja Journal*. 2(2024)

<https://doi.org/10.1016/j.fnhli.2024.100034>

D'Aprano A, Boyle C, Lindrea-Morrison L, Brunette R, Stubbs E, Simpson S, Eadie P, Cloney D, Nguyen C, Lami F, Brookes I. Culturally adapted developmental outcome measure for Aboriginal and Torres Strait Islander children: Study protocol for the validation of the ASQ-STEPS. *BMJ Open*. 2025 Mar 12;15(3):e093029.

<https://doi.org/10.1136/bmjopen-2024-093029>



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### Australian Therapy Outcome Measure for Indigenous Clients (ATOMIC)

<p><b>Framework Outcomes Statement(s)</b></p>	<p><b>Children:</b></p> <ul style="list-style-type: none"> <li>- participate and feel they belong in everyday home, community, ECEC and school environments.</li> <li>- acquire, develop and generalise new knowledge and skills</li> </ul> <p>Depending on the goal chosen, provides information about:</p> <ul style="list-style-type: none"> <li>- interact with family members, other children, and people in the community to build relational skills and connections</li> <li>- develop their sense of agency and have a voice in matters that affect them</li> <li>- have a positive sense of belonging to their family and community</li> <li>- build strong identities and connections to their culture and community</li> <li>- follow their interests and enjoy play opportunities</li> <li>- develop positive health habits over time</li> <li>- build capacity to regulate their behaviour</li> </ul>
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## ATOMIC Overview

<b>General description</b>	The ATOMIC is a goal-setting tool that aligns with the holistic view of health and wellbeing held by Aboriginal and Torres Strait Islander peoples. ATOMIC measures children's therapy outcomes and supports collaborative practice by facilitating a flexible and dynamic approach to goal setting and evaluation.
<b>Ages</b>	The ATOMIC is designed for children aged 2 to 16 years.
<b>Domains / subscales</b>	The ATOMIC uses a yarn-based approach enabling children and families to express their goals in their own language. ATOMIC uses visual analogue scales to evaluate goals throughout the therapy process and facilitate collaboration.
<b>Cultural adaptation</b>	The ATOMIC has been specifically designed for Aboriginal and Torres Strait Islander children and their families.
<b>Administration</b>	ATOMIC is used by service providers (e.g., occupational therapists and speech pathologists) who provide therapy services for Aboriginal and Torres Strait Islander children.  The ATOMIC is administered with children and families in a paper-based format.
<b>Training requirements</b>	Training is recommended to administer the ATOMIC. This is not yet publicly available.
<b>How to access</b>	Service providers may access ATOMIC through professional networks or research collaborations.

# ATOMIC Evidence Summary

[Link to ATOMIC Reference List](#)

<b>Overview</b>	3 studies were identified that report on the measurement properties of the ATOMIC (2019-2024)
<b>Review papers</b>	<i>No references identified</i>
<b>Measurement properties</b>	The ATOMIC was developed through an action research process for evaluating therapy outcomes for urban Aboriginal and Torres Strait Islander children (2019). Initial testing explored interrater reliability with Aboriginal and Torres Strait Islander children aged 2-16 years attending interprofessional therapy sessions. Further development refined the tool to a second version with improved clinical utility for interprofessional Aboriginal and Torres Strait Islander health services, focusing on goal-setting flexibility and responsiveness (2021). Testing with Aboriginal and Torres Strait Islander adults attending an urban health service examined the tool's responsiveness to change and clinical utility (2024). The pilot research indicates the ATOMIC is useful, reliable and responsive to change in children's outcomes.

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# ATOMIC Reference List

[Link to ATOMIC Evidence Summary](#)

## Reviews

*No references identified*

## Measurement Properties

Sheahan N, Harrington R, Nelson A, Sheppard L, Potgieter A, Bartlett A, White R, Brown R. (2025). The responsiveness and clinical utility of the Australian therapy outcome measure for indigenous clients. *Aust Occup Ther J*, 72(2):e13001.

<https://doi.org/10.1111/1440-1630.13001>

Copley JA, Nelson A, Hill AE, Castan C, McLaren CF, Brodrick J, Quinlan T, White R. (2021). Reflecting on culturally responsive goal achievement with indigenous clients using the Australian Therapy Outcome Measure for Indigenous Clients (ATOMIC).

*Aust Occup Ther J*, 68(5):384-394. <https://doi.org/10.1111/1440-1630.12735>

Hill AE, Nelson A, Copley JA, Quinlan T, McLaren CF, White R, Castan C, Brodrick J. (2020). Real gains: development of a tool to measure outcomes for urban First Australian children accessing culturally responsive interprofessional therapy. *J Interprof Care*, 1-8.

<https://doi.org/10.1080/13561820.2020.1801611>

## Cultural Adaptations

*No references identified*

## Outcome Studies

*No references identified*

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### Canadian Occupational Performance Measure (COPM)

<p><b>Framework Outcomes Statement(s)</b></p>	<p><b>Children:</b></p> <ul style="list-style-type: none"> <li>- acquire, develop and generalise new knowledge and skills</li> <li>- develop positive health habits over time</li> </ul> <p>Depending on goals chosen, can provide some information about:</p> <ul style="list-style-type: none"> <li>- have secure, stable and safe relationships with parents, carers, siblings, family members and significant others</li> <li>- interact with family members, other children, and people in the community to build relational skills and connections</li> <li>- develop their sense of agency and have a voice in matters that affect them</li> <li>- have a positive sense of belonging to their family and community</li> <li>- Participate and feel they belong in everyday home, community, ECEC and school environments</li> <li>- follow their interests and enjoy play opportunities</li> <li>- build capacity to regulate their behaviour</li> </ul>
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## COPM Overview

<b>General description</b>	<p>The Canadian Occupational Performance Measure (COPM) is a child and family-centred outcome measure that enables children and their carers/families to identify and prioritise everyday issues that restrict participation in daily activities.</p> <p>The primary focus of the measure is ‘occupational performance’ – the knowledge, skills and abilities to carry out daily activities that individuals need to, want to, or have to do. Because the measure asks about occupational performance in daily activities, the focus of the measure can be tailored to the circumstances of the child and family.</p> <p>The COPM has been used as an outcome measure for early childhood intervention programs, helping therapists identify functional goals for children and measure changes in self-perceived performance and satisfaction over time.</p>
<b>Ages</b>	<p>The COPM is designed for children with a developmental age of at least 8 years. For younger children or those with cognitive and/or complex communication needs, the COPM can be used with responses provided by parents, carers or family members on behalf of the child. The COPM can also be used to set goals with and for parents, carers and families.</p>
<b>Domains / subscales</b>	<p>The COPM measures self-perception of occupational performance and satisfaction with performance in areas of self-care, productivity, and leisure.</p> <p>It focuses on client-identified priorities in daily activities within the framework of the Canadian Model of Occupational Performance and Engagement (CMOP-E).</p>
<b>Cultural adaptation</b>	<p>The COPM has been adapted for use in various cultural contexts and translated into more than 40 languages, including Danish and Turkish versions.</p>
<b>Administration</b>	<p>The COPM is administered by a clinician through a semi-structured interview available in paper format or through the COPM Web-App. The web application allows therapists to complete the COPM with clients using a laptop or tablet. The COPM takes approximately 20-40 minutes to administer.</p>
<b>Training requirements</b>	<p>The COPM is primarily designed for use by occupational therapists. It can also be administered by other trained health professionals such as members of multidisciplinary teams,</p>

	<p>provided they have the necessary training and understanding of the tool.</p> <p>The COPM Learning Module (an online, self-directed course) is available through the official COPM website.</p> <p><a href="https://www.thecopm.ca/learning-module/">https://www.thecopm.ca/learning-module/</a></p>
<b>How to access</b>	<p>In Australia, the COPM manual and forms can be purchased from The Therapy Store.</p> <p><a href="https://www.thetherapystore.com.au/product/canadian-occupational-performance-measure-copm-manual-5th-edition/">https://www.thetherapystore.com.au/product/canadian-occupational-performance-measure-copm-manual-5th-edition/</a></p> <p>The COPM is available internationally through the official COPM website <a href="http://www.thecopm.ca">www.thecopm.ca</a></p>

# COPM Evidence Summary

[Link to COPM Reference List](#)

<b>Overview</b>	65 papers were identified that report on the measurement properties of the COPM or its use as an outcome measure in the ECI practice setting (1990; 2000-2024).
<b>Review papers</b>	<p>A scoping review of 100 studies found no empirical support for the commonly cited two-point change threshold for clinical significance (Canada, 2023).</p> <p>A systematic review using COSMIN methodology found the COPM lacks high-quality validation, with inconsistent reliability, validity, and responsiveness (Japan, 2021).</p> <p>Two narrative reviews examined the COPM's history and application, emphasising its flexibility across different situations while maintaining its client-centred approach (Canada, 2005, 2004).</p> <p>A narrative review of individualised outcome measures found the COPM met criteria as a standardised, client-centred tool with increased responsiveness compared to traditional questionnaires (Canada, 2002).</p> <p>Systematic reviews identified the COPM as a well-established multidisciplinary outcome measure for children with developmental disability (Australia, 2018) and as one of only two tools demonstrating adequate responsiveness to detect clinically significant change in children with cerebral palsy (Australia, 2007).</p> <p>The COPM was identified as one of the most commonly used measures for preschool children with autism spectrum disorder (Iran, 2024) and among potential participation tools for children with power mobility needs (Canada, 2016).</p>
<b>Measurement properties</b>	<p>The COPM was developed as an individualised outcome measure to assess client-identified problem areas in daily function across self-care, productivity, and leisure domains (Canada, 1990).</p> <p>The measurement properties of the COPM have been examined in children with cerebral palsy (Australia, 2006, 2007, 2012), where it was adapted for young children by removing work and household management categories and using parent-proxy ratings. The COPM has been compared with Goal</p>

	<p>Attainment Scaling for paediatric rehabilitation research (Australia, 2006), with the Pediatric Outcomes Data Collection Instrument in paediatric hand therapy (USA, 2020) and tested for feasibility in paediatric telehealth rehabilitation (USA, 2021).</p> <p>In adult populations, the COPM has been tested for validity as an outcome measure in pain management programs (UK, 2001), with community-dwelling adults with disabilities (Canada, 2000), in primary care settings (Canada, 2017), and with older adults in sub-acute rehabilitation where it was compared with the Functional Independence Measure and SF-36 (Australia, 2018). Studies have examined various aspects of validity, reliability, responsiveness, and clinical utility across these populations.</p>
<b>Special considerations</b>	<p>Because the COPM can be tailored to circumstances of the child and family, it is possible to set goals related to a range of ECI goal areas. However, to be consistent with the goal area chosen requires clear identification of the outcome desired.</p>
<b>Cultural adaptation papers</b>	<p>The measurement properties of the COPM have been explored in 19 identified studies across multiple countries and languages (2002-2022).</p> <p>Translation and cross-cultural validation processes were documented for Danish (2019) and Turkish (2021) versions.</p> <p>In Denmark, clinical utility was assessed with occupational therapists (2021), content validity was examined in hospital and community rehabilitation (2020), construct validity was tested across settings (2020), and utility as an admission and outcome measure was assessed in geriatric rehabilitation (2012).</p> <p>In the Netherlands, studies have examined responsiveness in children with developmental coordination disorder (2022); children's and parents' experiences with the COPM (2021); construct validity and responsiveness in chronic pain (2014); reproducibility, construct validity and criterion validity with parents of children with disabilities (2006); reproducibility with adult outpatients (2005); convergent and divergent validity with hospital outpatients (2004); and reliability and discriminant validity in stroke patients (2003).</p> <p>The measurement properties of the COPM have also been explored in Italy (construct validity, test-retest reliability in spinal cord injury, 2019; validity, responsiveness, feasibility in ankylosing spondylitis, 2010), Norway (test-retest reliability in</p>

	<p>ankylosing spondylitis, 2005; validity, responsiveness in hand osteoarthritis, 2004), Spain (convergent validity, responsiveness in carpometacarpal osteoarthritis, 2021), and Sweden (clinical utility with occupational therapists, 2002).</p> <p>12 studies were identified that use the COPM as an outcome measure in the ECI practice setting in different cultural contexts including:</p> <p>Belgium: a randomised clinical trial evaluating hand-arm bimanual intensive therapy including lower extremities (HABIT-ILE) in infants aged 6 to 18 months with unilateral cerebral palsy (2024).</p> <p>Brazil: Two studies of children with cerebral palsy, including: a randomised trial comparing structured skill and unstructured practice during intensive bimanual training (2014); and a pilot study examining dosage effects of hand-arm bimanual intensive training on hand and daily functioning (2018).</p> <p>Israel: Three studies of children with ADHD, including: a controlled study of Cognitive-Functional (Cog-Fun) occupational therapy intervention for young children (2014); a pilot study of a cognitive-functional group intervention for preschoolers (2015); and a randomised controlled trial (RCT) of Parental Occupation Executive Training (POET), a short-term parental training program focusing on occupational goals and executive functions (2019).</p> <p>South Korea: One study comparing three different intensities of robot-assisted gait training for achieving favourable outcomes in children with cerebral palsy classified in Gross Motor Function Classification System levels II and III (2024).</p> <p>Sweden: a RCT examining botulinum toxin A injections and occupational therapy in children with unilateral spastic cerebral palsy aged 2.5 to 8 years (2015).</p> <p>Taiwan: a RCT of routines-based early intervention for children with or at risk for developmental delay (2013); and a RCT of an environment-based intervention for participation of autistic children aged 6-10 years (2023).</p> <p>Netherlands: Two studies of children with cerebral palsy, including: a RCT of modified constraint-induced movement therapy followed by bimanual task-specific training for children with unilateral spastic cerebral palsy (2010); and a clinical trial examining the effects of botulinum toxin A and/or bimanual task-</p>
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	oriented therapy on upper extremity activities in unilateral cerebral palsy (2015).
<b>Outcome studies in ECI settings</b>	<p>15 primary studies were identified that use the COPM as an outcome measure in the ECI practice setting (2007-2024).</p> <p>In Australia, these include a double-blind RCT of occupational therapy home programmes for children with cerebral palsy (2009); a RCT of botulinum toxin-A injections combined with occupational therapy in the upper limbs of children with cerebral palsy (2007); a RCT of repeat botulinum toxin-A injections in the upper limb of children with hemiplegia (2010); an assessor-blinded pragmatic randomised trial of modified constraint-induced therapy compared with intensive occupational therapy for children with hemiplegic cerebral palsy (2011); a single-blind RCT of group versus individual physiotherapy following lower limb botulinum toxin-A injections for ambulant children with cerebral palsy (2016); a single-blind RCT of Goals-Activity-Motor Enrichment (GAME) intervention in infants at high risk of cerebral palsy (2016); and a feasibility study of an intensive interdisciplinary programme for preschool-aged children with neurodisabilities requiring daily equipment and physical assistance (2023).</p> <p>One study in the UK used the COPM as an outcome measure in a pilot single-blind multicentre RCT evaluating computer-assisted arm rehabilitation gaming technology for children with spastic cerebral palsy aged five to 12 years (2016).</p> <p>In the USA, studies using the COPM as an outcome measure in the ECI practice setting include a controlled study of parent-directed intervention using reflective guidance occupational therapy for improving participation in children with autism spectrum disorders (2012); a RCT evaluating the effects of a collaborative intervention process on parent empowerment and child performance for children with physical disabilities (2019); a prospective cohort study examining repeated episodes of paediatric constraint induced movement therapy with a gross motor training component for children with unilateral upper extremity impairment aged 14 months to 6 years (2020); a RCT comparing structured skill and unstructured practice during intensive bimanual training in children with unilateral spastic cerebral palsy (2014); a RCT of caregiver-directed home-based intensive bimanual training in young children with unilateral spastic cerebral palsy aged 2.5 to 10 years (2017); and a RCT assessing participation and quality of life in a supported speed</p>

	treadmill training exercise program versus a strengthening program for children with cerebral palsy (2012).
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# COPM Reference List

[Link to COPM Evidence Summary](#)

## Reviews

Ghahramani S, Hassani Mehraban A, Alizadeh Zarei M, Ghahramani S. (2024). Occupational Therapy Outcome Measures in Preschool Children With Autism Spectrum Disorders: A Scoping Review. *OTJR (Thorofare N J)*, 44(4):568-576. <https://doi.org/10.1177/15394492241246547>

McColl MA, Denis CB, Douglas KL, Gilmour J, Haveman N, Petersen M, Presswell B, Law M. (2023). A Clinically Significant Difference on the COPM: A Review. *Can J Occup Ther*, 90(1):92-102. <https://doi.org/10.1177/00084174221142177>

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# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



This is one measure in the **Outcome Measures for Children** suite. What is measured needs to be based on the priorities and goals of the child. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

### Child Engagement in Daily Life (CEDL)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- participate and feel they belong in everyday home, community, ECEC and school environments</li><li>- acquire, develop and generalise new knowledge and skills</li><li>- follow their interests and enjoy play opportunities</li></ul> <p>Provides some information about:</p> <ul style="list-style-type: none"><li>- interact with family members, other children and people in the community to build relational skills and connections</li></ul>
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### CEDL Overview

<b>General description</b>	<p>The Child Engagement in Daily Life (CEDL) is a parent-report measure designed to evaluate how children participate in daily activities. Parents or caregivers who know the child well complete the questionnaire, rating both how often the child participates in specific activities and how much the child enjoys them.</p> <p>The CEDL may help service providers and families to understand participation levels and identify areas where support or intervention is needed.</p> <p>The original CEDL was released in 2014. An updated version (CEDL, Version 2) was released in 2022.</p>
<b>Ages</b>	The CEDL is designed for children aged 18 months to 12 years.
<b>Domains / subscales</b>	The CEDL has two subscales: 1) Participation in Family and Recreational Activities and 2) Performance in Self-Care



<b>Cultural adaptation</b>	The CEDL has been adapted for use in other languages and countries. For example, it has been translated and validated in Greek. The Self-Care Domain of the CEDL has been adapted for Arabic language and Saudi culture.
<b>Administration</b>	The CEDL is completed by a parent or caregiver. It is available as a paper questionnaire. The CEDL takes 10-20 minutes to complete.
<b>Training requirements</b>	No specific training is required to administer or score the CEDL.
<b>How to access</b>	The CEDL and CEDL Version 2 (including some translated versions) are freely available as a downloadable PDF from CanChild website  <a href="https://canchild.ca/en/research-in-practice/current-studies/move-play-study-understanding-determinants-of-motor-abilities-self-care-and-play-of-young-children-with-cerebral-palsy/measure">https://canchild.ca/en/research-in-practice/current-studies/move-play-study-understanding-determinants-of-motor-abilities-self-care-and-play-of-young-children-with-cerebral-palsy/measure</a>

# CEDL Evidence Summary

[Link to CEDL Reference List](#)

<b>Overview</b>	7 studies were identified that report on the measurement properties of the CEDL or its use as an outcome measure in the ECI practice setting (2014-2025).
<b>Review papers</b>	The CEDL was reported as having the strongest psychometric properties of four tools identified in a systematic review of participation measures for infants and toddlers aged birth to 23 months, based on the Family of Participation-Related Constructs (Australia, 2021).
<b>Measurement properties</b>	<p>The CEDL has been evaluated for internal consistency, test-retest reliability, and construct validity to assess participation in family and recreational activities and self-care for young children with and without cerebral palsy (USA, 2014). The responsiveness of the CEDL has also been explored for young children with cerebral palsy, with further research recommended (USA, 2014).</p> <p>Structural validity and test-retest reliability of the CEDL (Version 2) have been explored and supported for parents of children with cerebral palsy (USA, 2023).</p>
<b>Cultural adaptation papers</b>	<p>The CEDL has been culturally adapted for Greece and evaluated for internal consistency, test-retest reliability, measurement error, and validity to assess participation in family and recreational activities and self-care for young children with and without cerebral palsy (Greece, 2024).</p> <p>The self-care domain of the CEDL has been culturally adapted for Saudi Arabia (requiring minor linguistic adjustments) and evaluated for internal consistency, test-retest reliability, and measurement precision to assess self-care performance in Arabic-speaking children with cerebral palsy (Saudi Arabia, 2021).</p>
<b>Outcome studies in ECI settings</b>	The CEDL has been used as an outcome measure in a randomised controlled trial (RCT) of 2 short-term powered mobility interventions for young children with cerebral palsy (USA, 2025).

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# CEDL Reference List

[Link to CEDL Evidence Summary](#)

## Reviews

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## Measurement Properties

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## Cultural Adaptations

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## Outcome Studies

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# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



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### Devereux Early Childhood Assessment (DECA)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- have secure, stable and safe relationships with parents, carers, siblings, family members and significant others</li><li>- interact with family members, other children, and people in the community to build relational skills and connections.</li><li>- build capacity to regulate their behaviour</li></ul>
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### DECA Overview

<b>General description</b>	<p>The Devereux Early Childhood Assessment (DECA) is a standardised, norm-referenced behaviour rating scale that provides information about a child's social-emotional strengths and needs. Its main purpose is to promote resilience in young children by assessing and strengthening protective factors central to social and emotional health.</p> <p>Separate versions of the DECA are available for infants (DECA-I), toddlers (DECA-T) and preschool children (DECA-P2). The DECA Clinical Form (DECA-C) is designed for young children already showing significant behavioural concerns.</p>
<b>Ages</b>	<p>The DECA-I can be used with infants from 4 weeks to 18 months of age.</p> <p>The DECA-T can be used with toddlers from 18 to 36 months of age.</p> <p>The DECA-P2 can be used with preschool children from 3 to &lt;6 years of age.</p>



	The DECA-C can be used with children aged 2 to 5 years.
<b>Domains / subscales</b>	<p>The DECA-I includes two subscales of protective factors related to resilience: Initiative and Attachment / Relationships.</p> <p>The DECA-T, DECA-P2 and DECA-C include three subscales of protective factors related to resilience: Initiative, Self-Regulation and Attachment / Relationships. In addition, the DECA-P2 includes a Behavioural Concerns screener score, and the DECA-C includes Attention Problems, Aggression, Withdrawal/Depression, and Emotional Control Problems scales.</p>
<b>Cultural adaptation</b>	The DECA has been adapted for use in Spanish and Chinese.
<b>Administration</b>	<p>The DECA-I, DECA-T and DECA-P2 are observer-report scales completed by adults familiar with the child, including parents, carers and teachers.</p> <p>The DECA-C is designed to be administered and interpreted by early childhood mental health consultants and other mental health professionals.</p> <p>All versions of the tool take approximately 5-10 minutes to complete. They can be administered as paper-based scales or through a web-based platform, the e-DECA.</p> <p><a href="https://www.e-deca2.org/">https://www.e-deca2.org/</a></p>
<b>Training requirements</b>	<p>No specific training required to administer the DECA-I, DECA-T and DECA-P2.</p> <p>The DECA-C is a clinical tool and has stricter requirements. To interpret and use the DECA-C results, users must have a relevant degree such as psychology, social work, early childhood education, or special education.</p> <p>Professional development opportunities for the DECA are available through the Devereux Advanced Behavioural Health Center for Resilient Children.</p> <p><a href="https://centerforresilientchildren.org/">https://centerforresilientchildren.org/</a></p>
<b>How to access</b>	<p>The DECA can be purchased from the Kaplan Early Learning Company in the USA.</p> <p><a href="https://www.kaplanco.com/devereux">https://www.kaplanco.com/devereux</a></p>

# DECA Evidence Summary

[Link to DECA Reference List](#)

<b>Overview</b>	10 studies were identified that report on the psychometric properties of the DECA or use the tool as an outcome measure in the ECI setting (2004-2024).
<b>Review papers</b>	<i>No references identified</i>
<b>Measurement properties</b>	The psychometric properties of the DECA have been examined in culturally and linguistically diverse Head Start children (USA, 2009, 2013, 2018), preschoolers with and without emotional and behaviour problems (USA, 2014), and kindergarten children (USA, 2012). Studies have assessed internal consistency, test-retest reliability, construct validity, and discriminant validity. The psychometric properties of different versions of the DECA require further investigation in ECI practice settings.
<b>Cultural adaptation papers</b>	The measurement properties of the DECA have been examined in Chinese preschool children (teacher-reported DECA-P2), Taiwanese toddlers (Chinese-DECA-T), and Spanish-speaking ethnically diverse preschoolers in the US (DECA English and Spanish forms). These studies demonstrate acceptable to good reliability and validity across different cultural contexts, though parent-teacher agreement was only moderate when assessed. The psychometric properties of the DECA should be investigated further in ECI practice settings.
<b>Outcome studies in the ECI practice setting</b>	The DECA was used as an outcome measure in a cluster randomised control trial of Teacher-Child Interaction Training-Universal (TCIT-U) for racially and ethnically diverse children with disabilities (USA, 2024).

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# DECA Reference List

[Link to DECA Evidence Summary](#)

## Reviews

No references identified

## Measurement Properties

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## Outcome Studies

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# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



This is one measure in the **Outcome Measures for Children** suite. What is measured needs to be based on the priorities and goals of the child. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

### Emotional Regulation Checklist (ERC)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- build capacity to regulate their behaviour.</li></ul>
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### ERC Overview

<b>General description</b>	The Emotion Regulation Checklist (ERC) measures a child's capacity to manage and modulate their emotional responses in various situations. It helps identify patterns of emotional regulation and dysregulation in children, to guide interventions.
<b>Ages</b>	The ERC was originally developed for children 6 to 12 years of age. It has been applied to children as young as 3 years of age.
<b>Domains / subscales</b>	The ERC has two main scales. Emotion Regulation (assessing the child's expression of emotions, empathy, and emotional self-awareness) and Emotional Lability/Negativity (assessing the child's lack of flexibility, anger dysregulation, and mood lability).
<b>Cultural adaptation</b>	The ERC has been translated and adapted for use in different cultural contexts, including Chinese, French, Italian, Malay, Persian, Portuguese and Turkish.
<b>Administration</b>	The ERC is completed by adults who are familiar with the child, including parents, carers and teachers. It is administered as a paper-based scale.  The ERC takes approximately 5 minutes to complete.



<b>Training requirements</b>	<p>While no specific training is required to administer the ERC, scores should be interpreted by psychologist or mental health clinician, familiar with the scale characteristics and scoring guidelines.</p> <p>This information is freely available at <a href="https://novopsych.com/assessments/child/child-emotional-health-assessment/">https://novopsych.com/assessments/child/child-emotional-health-assessment/</a></p>
<b>How to access</b>	<p>Can be downloaded from NovoPsych.</p> <p>In Australia, ERC normative data can be accessed by psychologists and mental health clinicians through NovoPsych. A range of subscription plans for individuals and organisations are available to access these data.</p> <p><a href="https://novopsych.com/pricing/">https://novopsych.com/pricing/</a></p>

# ERC Evidence Summary

[Link to ERC Reference List](#)

<b>Overview</b>	7 studies were identified that report on the measurement properties of the ERC or use of the tool as an outcome measure in the ECI practice setting.
<b>Review papers</b>	<i>No references identified</i>
<b>Measurement properties</b>	ERC normative data have been presented for a sample of preschool children with autism spectrum disorder (USA, 2023).
<b>Cultural adaptation papers</b>	The measurement properties of the ERC have been explored in several countries, including Brazil (parents and teachers of children aged 3-12 years old, 2016), Iran (mothers of children aged 3-6 years, 2018), Italy (mothers and teachers of kindergarten and elementary school children, 2014), Malaysia (parents of school-aged children, 2021), and Turkey (teachers of preschool children aged 4-5 years, 2016). These studies have examined factor structure, internal consistency, test-retest reliability, and convergent and divergent validity across these populations.
<b>Outcome studies in ECI settings</b>	The ERC has been used as an outcome measure in a cross-sectional study examining the effects of visual experience and age on emotion regulation in children (Switzerland, 2022).

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# ERC Reference List

[Link to ERC Evidence Summary](#)

## Reviews

No references identified

## Measurement Properties

Berkovits L, Blacher J, Eisenhower A, Daniel S. (2023). The Emotion Regulation Checklist with young autistic children: Data set for comparative use in intervention studies. *J Autism Dev Disord*, 55:2009-2013. <https://doi.org/10.1007/s10803-023-05991-y>

## Cultural Adaptations

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## Outcome Studies

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# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



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### The Functional Independence Measure for Children (WeeFIM)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- Acquire, develop and generalise new knowledge and skills</li></ul> Provides some information about: <ul style="list-style-type: none"><li>- Participate and feel they belong in everyday home, community, ECEC and school environments</li></ul>
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### WeeFIM Overview

<b>General description</b>	The WeeFIM is an assessment tool designed to evaluate functional independence in children with disabilities. It is based on the Functional Independence Measure (FIM) for adults but adapted to account for developmental stages of children. The WeeFIM can be used to track changes in functional ability during rehabilitation.
<b>Ages</b>	Primarily designed for children aged 6 months to 7 years. It may be used for children with developmental disabilities aged 6 months to 21 years of age.
<b>Domains / subscales</b>	Functional independence across six subscales: Self-care, Sphincter control, Transfers, Locomotion, Communication and Social cognition.
<b>Cultural adaptation</b>	Adapted for use in multiple languages, including Chinese, Japanese, Turkish, and Urdu.

<b>Administration</b>	The WeeFIM is administered by WeeFIM credentialed professionals. It takes approximately 20-30 minutes to administer. The WeeFIM can be administered through direct observation, interview with the child or caregiver, or telephone interview with the caregiver.
<b>Training requirements</b>	Registered Nurses, Enrolled Nurses, Doctors, Registrars and Allied Health staff can enrol in a WeeFIM training workshop and must pass an online credentialing exam to become a credentialed WeeFIM clinician. Credentials are valid for two years, after which recertification is required.  <a href="https://www.uow.edu.au/australasian-health-outcomes-consortium/aroc/fim-weefim/training-credentialing/">https://www.uow.edu.au/australasian-health-outcomes-consortium/aroc/fim-weefim/training-credentialing/</a>
<b>How to access</b>	The WeeFIM is available through the Australasian Rehabilitation Outcomes Centre based at the University of Wollongong.  <a href="https://www.uow.edu.au/australasian-health-outcomes-consortium/aroc/fim-weefim/">https://www.uow.edu.au/australasian-health-outcomes-consortium/aroc/fim-weefim/</a>



# WeeFIM Evidence Summary

[Link to WeeFIM Reference List](#)

<b>Overview</b>	28 studies were identified reporting on the measurement properties of the WeeFIM (1994-2024).
<b>Review papers</b>	<p>5 systematic reviews exploring the psychometric properties of the WeeFIM, including for its use in children with Cerebral Palsy (Spain, 2020), children with disabilities 0 to 6 years of age (The Netherlands, 2015) and as a measure of capacity in activities of daily living in children with Developmental Coordination Disorder (The Netherlands, 2015).</p> <p>The WeeFIM is recommended for children following moderate to severe TBI following a review by the Australian Traumatic Brain Injury Initiative (Australia, 2024) and has been explored in a systematic review comparing the WeeFIM and PEDI in neurorehabilitation for children with acquired brain injury (UK, 2017).</p>
<b>Measurement properties</b>	<p>The WeeFIM has established reliability across raters and time for children with developmental disabilities (USA, 1997); good agreement for total ratings when the WeeFIM is administered by direct observation and by interview with a parent (USA, 1997); and demonstrated equivalence between direct observation and telephone interview (USA, 1996).</p> <p>The WeeFIM has established concurrent validity with the Pediatric Evaluation of Disability Inventory when used with children with developmental disabilities and acquired brain injury (Australia, 2001). WeeFIM scores have been associated with level of assistance ratings by parents and teachers for activities of daily living in children with developmental disabilities (USA, 2000).</p> <p>The construct validity of the WeeFIM has been explored for children undergoing inpatient rehabilitation (USA, 2005). The tool has demonstrated the ability to detect change over time in functional abilities in children with disabilities (USA, 2000) but there may be significant ceiling effects when used following orthopaedic surgery for children with Cerebral Palsy (USA, 2006).</p>

<b>Cultural adaptation papers</b>	<p>The measurement properties of the WeeFIM have been explored in different cultural contexts including Hong Kong (children from different social classes, children with neurodevelopmental disabilities), Poland (preterm children with very low birthweight), Singapore (paediatric acute encephalitis), South Korea (Cerebral Palsy) and Turkey (Cerebral Palsy).</p> <p>The WeeFIM has been translated to Urdu and validated for preterm children (Pakistan, 2023).</p> <p>Normative data have been collected in Turkey (2007), Thailand (2006), Hong Kong (2002) and Japan (1998).</p>
<b>Outcome studies in the ECI practice setting</b>	<p><i>No references identified</i></p>

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# WeeFIM Reference List

[Link to WeeFIM Evidence Summary](#)

## Reviews

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## Measurement Properties

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<https://doi.org/10.1111/j.1469-8749.1996.tb15047.x>

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## Cultural Adaptations

Qurat-Ul-Ain Sherazi, Shoaib Waqas, Muhammad Tariq, Hafiz Muhammad Asim, Asifa Javaid, Imran Ghafoor (2023). Translation and validation of Pediatric Functional Independence Measure Scale in Urdu language among preterm children. *Pakistan Journal of Medical and Health Sciences*, 17(05):22-24.  
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## Outcome Studies

*No references identified*



# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



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### Goal Attainment Scale (GAS)

<p><b>Framework Outcomes Statement(s)</b></p>	<p><b>Children:</b></p> <ul style="list-style-type: none"> <li>- develop their sense of agency and have a voice in matters that affect them</li> <li>- acquire, develop and generalise new knowledge and skills</li> </ul> <p>Depending on the goal chosen, can provide information about:</p> <ul style="list-style-type: none"> <li>- interact with family members, other children, and people in the community to build relational skills and connections</li> <li>- have a positive sense of belonging to their family and community</li> <li>- build strong identities and connections to their culture and community</li> <li>- participate and feel they belong in everyday home, community, ECEC and school environments</li> <li>- follow their interests and enjoy play opportunities</li> <li>- develop positive health habits over time</li> <li>- build capacity to regulate their behaviour</li> </ul>
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### GAS Overview

<p><b>General description</b></p>	<p>The Goal Attainment Scaling (GAS) is a method used to measure the achievement of personalised goals including in early childhood intervention settings. It provides a structured way to set personalised goals and objectively evaluate the degree to which these goals are achieved.</p>
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<b>Ages</b>	No specific age restrictions. The GAS may be used to set individualised personally relevant goals throughout the course of life and range of abilities.
<b>Domains / subscales</b>	The GAS provides a standardised way to measure and compare progress across different goals and children, even when the specific goals vary widely.
<b>Special considerations</b>	<p>The GAS has potential limitations including sources of bias in the setting and evaluation of goal achievement. For this reason, it is important to consider appropriate training of staff using it, including quality appraisal criteria.</p> <p>Related to this, and because the GAS is an 'empty' scale, goals from a range of outcome areas can be set. To be consistent with the goal area chosen, however, requires clear identification of the outcome desired, and careful writing of the scales that will be used to measure change.</p>
<b>Cultural adaptation</b>	<p>The GAS as a method has been used to assess individualised goals in therapy settings in multiple countries including Australia, Belgium, Canada, Finland, France, Israel, Korea, the Netherlands, Sweden, Taiwan, UK and USA.</p> <p>The GAS can be used with Aboriginal and Torres Strait Islander peoples. There have been efforts to adapt and apply the approach to goal setting in culturally appropriate ways, such as the Australian Therapy Outcome Measure for Indigenous Clients (ATOMIC), which is a purpose-designed tool based on the GAS principles for measuring therapy outcomes for Aboriginal and Torres Strait Islander peoples.</p>
<b>Administration</b>	<p>The GAS is a person-centred and collaborative approach, between the recipient of an intervention and their professionals. The GAS is typically used at multiple points during an intervention process: at the beginning of an intervention to set personalised goals, at regular reviews, and at the conclusion of treatment to evaluate overall goal attainment. The healthcare or intervention professional collaborates with the recipient of the intervention to set goals, using the SMART criteria (Specific, Measurable, Achievable, Relevant, and Time-bound).</p> <p>The process, which involves filling out the GAS form with the practitioner and child and/or family, usually takes 20 to 40 minutes.</p>

<b>Training requirements</b>	<p>The GAS can be administered by various healthcare professionals, including: nurses, physiotherapists, occupational therapists, speech therapists, rehabilitation specialists, and other healthcare providers involved in patient care and goal setting.</p> <p>Training is crucial for effective administration of GAS, and it should cover the process of collaborating with children and their parents, carers and families in goal setting using the SMART approach, goal scaling and scoring. Ideally, those new to GAS should have their goal setting reviewed by peers to ensure reliability and validity.</p> <p>While the tool itself is free, healthcare professionals may need education, support, and practice to effectively implement GAS. Some organisations may choose to invest in training for their staff to ensure proper use of the tool.</p>
<b>How to access</b>	<p>The GAS is freely available from multiple sources.</p>

# GAS Evidence Summary

[Link to GAS Reference List](#)

<b>Overview</b>	42 papers were identified that report on the measurement properties of GAS or its use as an outcome measure in the ECI practice setting (1992-2025).
<b>Review papers</b>	<p>Several reviews have specifically examined GAS in populations relevant to early childhood intervention. A systematic review identified GAS as a well-established multidisciplinary outcome measure for children with developmental disability, alongside other measures (Australia, 2018). Two systematic reviews of measurement properties for children with cerebral palsy found GAS responsive for individual goal setting and treatment evaluation (Australia, 2007; Netherlands, 2007). A narrative review identified GAS as a client-centred technique with unique attributes for measuring individualised change in communication disorders (USA, 2004).</p> <p>However, recent systematic reviews of GAS implementation highlighted significant variability in application across healthcare settings, with several recommending standardisation through practical guides or catalogues (Canada, 2024; Australia, 2022). Multiple reviews identified gaps in GAS validation evidence and methodological rigour, recommending improved standardisation in administration and reporting (Canada, 2020; USA, 2019; Netherlands, 2016).</p> <p>Guidance for GAS implementation has evolved over time, with a foundational narrative review establishing GAS as meeting criteria for a standardised, client-centred tool with promising properties for assessing progress across disciplines (Canada, 2002). A literature-based update later presented specific implementation best practices, such as setting initial status at -2 and describing all five levels in detail (France, 2013). Most recently, a comprehensive educational review provided detailed guidance for implementing GAS in rehabilitation, addressing practical concerns in clinical and research settings (France, 2023).</p>
<b>Measurement properties</b>	The sensitivity and convergent validity of GAS has been examined against the Canadian Occupational Performance Measure for children with cerebral palsy (Australia, 2006). Validity, responsiveness, and potential sources of bias in GAS as a measure of motor change have been investigated in

	<p>infants with developmental delays aged 3 to 30 months (USA, 1992, 1993).</p> <p>Methodological assumptions of GAS, including scaling level and inter-rater reliability across different behavioural observation methods, have been assessed when used as an outcome measure in autism interventions (USA, 2012). Therapist goal writing and scoring consistency has been evaluated in an inter-rater reliability study with children with sensory processing disorder (2012).</p> <p>The validity, sensitivity, and clinical utility of a simplified "GAS-light" method has been compared against standard GAS for adults undergoing upper limb rehabilitation (2019).</p>
<b>Cultural adaptation papers</b>	<p>The measurement properties of GAS have been explored in several European countries across different populations. Responsiveness and concurrent validity have been examined by comparing GAS with standardised instruments for children with cerebral palsy (Netherlands, 2011). Interrater reliability has been assessed in interdisciplinary rehabilitation for children with cerebral palsy, demonstrating good reliability particularly when scales were constructed by children's own therapists (Netherlands, 2010).</p> <p>Implementation feasibility and content validity were evaluated through a training programme with predetermined quality criteria for professionals from five disciplines, identifying common challenges in scale development (Netherlands, 2008). A modified "3-milestones" GAS method was tested for clinical feasibility and score distribution validity in a paediatric spasticity clinic (France, 2017).</p> <p>Construct validity and responsiveness were investigated in neuropsychological rehabilitation for adults with multiple sclerosis, examining whether GAS could detect changes not captured by standardised measures (Finland, 2015).</p> <p>Comparative validity of different goal-setting approaches (child versus parent identified goals) was assessed in a randomised trial of children with disabilities, measuring goal attainment outcomes and stability over time (Sweden, 2016).</p> <p>Six studies were identified that use GAS as an outcome measure in the ECI practice setting in different cultural contexts. GAS has been used as an outcome measure in a randomised trial comparing individualised versus general physical therapy programs for children with bilateral spastic cerebral palsy</p>



	<p>(Belgium, 2014), in a study examining the effects of different physiotherapeutic programs in a post-botulinum toxin regime for children with cerebral palsy (Belgium, 2012), and in a comparative study of goal-directed functional therapy versus activity-focused therapy for preschool children with cerebral palsy (Sweden, 2009). It has also been used to evaluate the effectiveness of routines-based early intervention compared to traditional home visiting for children with or at risk for developmental delay (Taiwan, 2013), to assess a tablet computer-based cognitive training program for young children with cognitive impairment (Korea, 2020), to evaluate an environment-based intervention on participation outcomes for autistic children (Taiwan, 2024), and to measure functional improvement after a cognitive-functional occupational therapy intervention for preschoolers with attention deficit hyperactivity disorder (Israel, 2015).</p>
<b>Outcome studies in ECI settings</b>	<p>GAS has been used as an outcome measure in several Australian ECI studies, including: a randomised controlled trial evaluating multi-modal neuro-developmental treatment versus standard care for children with cerebral palsy, demonstrating significant differences in goal attainment between intervention and control groups with a large effect size (2023); a feasibility study of an intensive interdisciplinary programme (Kindy Moves) for preschool-aged children with neurodisabilities requiring daily equipment and physical assistance, showing improvements in goal attainment that were maintained at follow-up (2023); a randomised trial compared modified constraint-induced therapy with intensive occupational therapy for children with hemiplegic cerebral palsy, using GAS alongside other measures to assess treatment outcomes (2011); a comparison study of two constraint-based upper limb interventions (modified constraint-induced movement therapy versus bimanual occupational therapy) following botulinum toxin A injection in young children with unilateral cerebral palsy (2013); and to evaluate family-centred early intervention programmes for young children with vision impairment, demonstrating sufficient clinical sensitivity to detect small changes in individuals and small groups over several weeks of intervention (2011).</p> <p>GAS has also been used as an outcome measure in several USA ECI studies, including: a comparison of consultative model versus direct-indirect intervention for preschoolers with mild motor delays (2003); a randomised trial comparing bimanual</p>

	training and constraint-induced movement therapy in children with hemiplegic cerebral palsy (2011); a comparison of high-intensity periodic therapy versus weekly therapy for children with cerebral palsy (2021); an evaluation of sensorimotor groups combined with individual intervention versus solely individual intervention for young children with Down syndrome (2009); and a comparison of play versus non-play interventions within a specialist school setting for children aged 5-8 years (2011).
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This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# GAS Reference List

[Link to GAS Evidence Summary](#)

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# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



This is one measure in the **Outcome Measures for Children** suite. What is measured needs to be based on the priorities and goals of the child. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

### Infant Toddler Social Emotional Assessment (ITSEA)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- have secure, stable and safe relationships with parents, carers, siblings, family members and significant others</li><li>- build capacity to regulate their behaviour</li></ul>
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### ITSEA Overview

<b>General description</b>	The Infant-Toddler Social Emotional Assessment (ITSEA) is designed to measure social-emotional problems and competencies in infants and toddlers. The ITSEA is used for early identification of social-emotional and behavioural concerns, profiling of strengths and weaknesses, and intervention planning. It is available in a brief version ( <b>BITSEA</b> ) as a <b>screening tool</b> .
<b>Ages</b>	12-36 months
<b>Domains / subscales</b>	The ITSEA evaluates four psychological domains: Externalizing, Internalizing, Dysregulation, and Competence. It also provides scores on three indices: Maladaptive, Social Relatedness, and Atypical. These indices draw from items across domains to flag specific areas of concern.  The BITSEA reports just two scores: a Problem Total Score and a Competence Total Score.
<b>Special considerations</b>	Screening is a brief evaluation intended to identify those children with potential difficulties who require a more in-depth assessment. Screening tools are not designed to be used as outcome measures.

	However, in the absence of an appropriate outcome measure, using the BITSEA to measure outcomes may be better than using nothing at all. Please refer to the Measurement Overview document for a more detailed explanation of the limitations of using a screening tool as an outcome measure.
<b>Cultural adaptation</b>	Adaptations include Korean (K-ITSEA), Turkish, Dutch, Japanese (J-ITSEA), French, and Chinese versions.
<b>Administration</b>	<p>The ITSEA and the BITSEA have parent/carer and childcare provider forms. Approximate administration time is 20-30 minutes for the ITSEA and 5-10 minutes for the BITSEA.</p> <p>The forms are scored and interpreted by qualified service providers (e.g., psychologists, psychiatrists, mental health care providers, early interventionists, social workers, paediatricians).</p>
<b>Training requirements</b>	The ITSEA requires users to have a degree in psychology, education, or a relevant field.
<b>How to access</b>	<p>The ITSEA and BITSEA can be accessed from the Mapi Research Trust.</p> <p><a href="https://eprovide.mapi-trust.org/instruments/brief-infant-toddler-social-emotional-assessment">https://eprovide.mapi-trust.org/instruments/brief-infant-toddler-social-emotional-assessment</a></p> <p><a href="https://eprovide.mapi-trust.org/instruments/infant-toddler-social-emotional-assessment">https://eprovide.mapi-trust.org/instruments/infant-toddler-social-emotional-assessment</a></p>

# ITSEA Evidence Summary

[Link to ITSEA Reference List](#)

[Link to BITSEA Reference List](#)

<b>Overview</b>	31 studies were identified that report on the psychometric properties of the ITSEA or BITSEA, or use these tools as an outcome measure in the ECI setting (2003-2024).
<b>Review papers</b>	No reviews were identified describing the ITSEA.  A systematic review (USA, 2016) found that few studies have examined the BITSEA as a screening tool for identifying overall psychopathology in paediatric primary care, limiting evidence of its effectiveness in this specific context.
<b>Measurement properties</b>	The ITSEA and BITSEA have established reliability (internal consistency with Cronbach's alpha >0.7, excellent test-retest reliability, good interrater reliability between parents and between parents and childcare providers) and validity (concurrent, predictive and discriminate validity) in early intervention settings, though some subscales may show floor or ceiling effects in very young children. This evidence spans observational studies, children referred for early intervention, children referred for psychiatric evaluation, and low-income and Hispanic/Spanish-speaking families (USA, Netherlands, and Norway, 2003 – 2016).  The BITSEA demonstrates moderate to high discriminative power for autism spectrum disorder and for general social-emotional/behavioural problems across different populations.
<b>Cultural adaptation papers</b>	The psychometric properties of the ITSEA have been explored for low-risk infants using the Korean version (2018), Japanese version (2015) and Chinese version (2009). The psychometric properties of the BITSEA have been explored for low-risk infants using the French version (2014), the Dutch version (2012) and the Turkish version (2009).
<b>Outcome studies in ECI settings</b>	No studies were identified that used the ITSEA as an outcome measure in the ECI practice setting

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement

properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

## ITSEA Reference List

[Link to ITSEA / BITSEA Evidence Summary](#)

[Link to BITSEA Reference List](#)

### Reviews

*No references identified*

### Measurement Properties

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## Outcome Studies

*No references identified*

# BITSEA Reference List

[Link to ITSEA / BITSEA Evidence Summary](#)

## Reviews

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## Outcome Studies

*No references identified*

# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



This is one measure in the **Outcome Measures for Children** suite. What is measured needs to be based on the priorities and goals of the child. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

### KINDL

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- follow their interests and enjoy play opportunities</li></ul> Provides some information about: <ul style="list-style-type: none"><li>- have secure, stable and safe relationships with parents, carers, siblings, family members and significant others</li><li>- interact with family members, other children, and people in the community to build relational skills and connections</li><li>- have a positive sense of belonging to their family and community</li></ul>
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### KINDL Overview

<b>General description</b>	The KINDL (derived from the German word “kinder” meaning “children”), first published in 1994, assesses Health-Related Quality of Life (HRQoL) in children and adolescents. There are different versions for specific age groups, including the Kiddy-KINDL, Kid-KINDL and Kiddo-KINDL. A revised version (KINDL-R) was published in 1998.
<b>Ages</b>	The Kiddy-KINDL is designed for children aged 3 to 6 years (parent-proxy report) and 4 to 6 years (child interview version). The Kid-KINDL is designed for children aged 7 to 13 years (self-report). The Kiddo-KINDL is designed for adolescents aged 14 to 17 years (self-report). The parent-proxy for the Kid/Kiddo KINDL-R is for 7 to 17 years.

<b>Domains / subscales</b>	The KINDL has 6 subscales: Physical Well-being, Emotional Well-being, Self-esteem, Family, Friends, and Everyday Functioning.
<b>Cultural adaptation</b>	The KINDL has been adapted for various cultures and languages, including Filipino, Persian, Serbian, Spanish, Brazilian Portuguese, and Arabic versions. A complete list of language translations is available on the KINDL website <a href="http://www.kindl.org">Language versions - kindl.org</a>
<b>Administration</b>	<p>The KINDL can be administered as a paper-based questionnaire, interview, or electronic survey.</p> <p>The KINDL can be completed by children themselves (self-report), parents (proxy-report), researchers, clinicians, and healthcare professionals. For children with limited reading skills, it can be administered as an interview.</p> <p>The average completion time is about 10 minutes (younger children may require more time).</p>
<b>Training requirements</b>	No specific training is required to administer or score the KINDL. A guide to using the KINDL is available online <a href="http://www.kindl.org">www.kindl.org</a>
<b>How to access</b>	The tool can be downloaded from the official KINDL website ( <a href="http://www.kindl.org">www.kindl.org</a> ).



# KINDL Evidence Summary

[Link to KINDL Reference List](#)

<b>Overview</b>	23 papers were identified that report on the measurement properties of the KINDL (1998-2024).
<b>Review papers</b>	<p>In an umbrella review (a review of systematic reviews), the KINDL was one of only two generic HRQoL instruments (of 20 identified) for children and adolescents that was recommended for service providers to measure the HRQoL of children with a disability, given its alignment with the Convention on the Rights of Persons with a Disability (2018, Australia).</p> <p>The KINDL has been included in a systematic review comparing the measurement properties of six widely used generic patient-reported outcome measures for children's health-related quality of life (2021) and is discussed in a mixed-methods review of patient-reported outcomes measures for children and young people with neurodisability to inform the NHS Outcomes Framework (UK, 2014).</p>
<b>Measurement properties</b>	The measurement properties of the KINDL have been explored for children (ages 2-19) enrolled in a medical assistance program providing access to health care for low-income families and individuals (USA, 2014).
<b>Cultural adaptation papers</b>	<p>The measurement properties of the Kiddy-KINDL have been explored in several cultural settings including Germany (kindergarten children, 2015), Iran (healthy and ill 4- to 7-year old children, 2016), the Philippines (young children, 2023), South Africa (parents of children aged 5-10, 2024), and Spain (preschool children, 2019).</p> <p>The measurement properties of the Kid-KINDL and/or Kiddo-KINDL have been explored across a wide range of countries and cultural settings including Chile (hospitalised children, 2018), China (8- to 12-year-old students, 2014), Germany (children with chronic illness, 1998; adolescents, 2009; and children and adolescents, 2008), Hong Kong (children in grades 3 to 6, 2017), Iran (children with attention-deficit hyperactivity disorder, 2021; children and parents, 2014), Iran &amp; Serbia (children and adolescents, 2016), Nepal (adolescents, 2010), Norway (adolescents, 2005), Taiwan (8- to 12-year-old children, 2016;</p>

	adolescents, 2008) and Tunisia (children with type 1 diabetes, 2019).
<b>Outcome studies in ECI settings</b>	<i>No references identified</i>

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# KINDL Reference List

[Link to KINDL Evidence Summary](#)

## Reviews

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## Outcome Studies

*No references identified*



# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



This is one measure in the **Outcome Measures for Children** suite. What is measured needs to be based on the priorities and goals of the child. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

### Participation and Environment Measure for Children and Youth (PEM-CY)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> - participate and feel they belong in everyday home, community, ECEC and school environments
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### PEM-CY Overview

<b>General description</b>	The Participation and Environment Measure for Children and Youth (PEM-CY) is a measure designed to evaluate the participation of young children in various activities and the environmental factors that influence this participation. The PEM-CY assesses participation across home, school, and community settings.
<b>Ages</b>	The PEM-CY is designed for children and youth aged 5 to 17 years.
<b>Domains / subscales</b>	<p>The PEM-CY consists of Participation Scales and an Environment Scale.</p> <p>The PEM-CY Participation Scales have three subscales: Frequency of Participation, Level of Involvement and Desire for Change.</p> <p>The PEM-CY Environment Scale has one subscale: Environmental Support.</p>

<b>Cultural adaptation</b>	The PEM-CY has been translated into Arabic, Brazilian Portuguese, Dutch, French, Georgian, German, Greek, Hebrew, Hindi, Icelandic, Indian, Italian, Japanese, Korean, Lithuanian, Portuguese, Serbian, Spanish, Turkish, and Vietnamese.
<b>Administration</b>	<p>The PEM-CY is a parent-report survey that takes approximately 25-40 minutes to complete. It can also be administered by healthcare professionals (such as occupational therapists, physical therapists), other professionals working with children and youth, and researchers.</p> <p>The PEM-CY is available in multiple formats, including downloadable PDF, electronic version for personal computers, online survey (in development), and paper forms.</p>
<b>Training requirements</b>	<p>No specific training is required to administer the PEM-CY.</p> <p>Professional development opportunities, including information on the development of the PEM-CY, are available from CanChild.</p> <p><a href="https://www.canchild.ca/en/resources/248-participation-and-environment-measure-for-children-and-youth-pem-cy">https://www.canchild.ca/en/resources/248-participation-and-environment-measure-for-children-and-youth-pem-cy</a></p>
<b>How to access</b>	<p>The PEM-CY is available for purchase through the CanChild website.</p> <p>A single license allows service providers to make unlimited copies, while educational institutions and healthcare organisations can purchase multi-user licenses.</p> <p><a href="https://canchild.ca/en/shop/2-pem-cy-participation-and-environment-measure-children-and-youth">https://canchild.ca/en/shop/2-pem-cy-participation-and-environment-measure-children-and-youth</a></p>

# PEM-CY Evidence Summary

[Link to PEM-CY Reference List](#)

<b>Overview</b>	13 studies were identified that report on the psychometric properties of the PEM-CY (2011-2024).
<b>Review papers</b>	<p>The PEM-CY was the only tool to reach consensus for inclusion in a participation measure toolkit for children who need or use power mobility (Canada, 2016).</p> <p>In a review of 16 identified participation measures, the PEM-CY was one of two measures to align with all Activity and Participation domains of the International Classification of Functioning, Disability and Health – Children and Youth (Australia, 2014).</p>
<b>Measurement properties</b>	One paper describes the conceptual development of the PEM-CY (USA and Canada, 2012). The measurement properties of the PEM-CY have been explored in three studies conducted in the USA and Canada (2014, 2014, 2011). These studies report acceptable internal consistency, moderate to good test-retest reliability, and evidence of construct and concurrent validity, supporting its use with children with disabilities in North American contexts.
<b>Cultural adaptation papers</b>	The PEM-CY has undergone cultural adaptation and psychometric testing for children with and without disabilities in multiple countries, including Brazil (2024), China (2020), Germany/Austria/Switzerland (2020), India (2021), Korea (2017, 2016) and Turkey (2020). These studies have examined various aspects of reliability, validity, and cultural equivalence in the adapted versions, with several demonstrating acceptable internal consistency, test-retest reliability, and construct validity, while others focus on establishing cultural relevance in preparation for further psychometric evaluation.
<b>Outcome studies in the ECI practice setting</b>	<i>No references identified</i>

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI

practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# PEM-CY Reference List

[Link to PEM-CY Evidence Summary](#)

## Reviews

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## Measurement Properties

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## Cultural Adaptations

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## Outcome Studies

*No references identified*

# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



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### Pediatric Evaluation of Disability Inventory – Computer Adaptive Test (PEDI-CAT)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- acquire, develop and generalise new knowledge and skills</li></ul> Provides some information about: <ul style="list-style-type: none"><li>- interact with family members, other children, and people in the community to build relational skills and connections</li><li>- develop positive health habits over time</li><li>- develop their sense of agency and have a voice in matters that affect them</li></ul>
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### PEDI-CAT Overview

<b>General description</b>	<p>The Pediatric Evaluation of Disability Inventory-Computer Adaptive Test (PEDI-CAT) is a standardised assessment tool designed to evaluate the functional abilities and performance of children and young people. It is a computerised adaptive version of the Pediatric Evaluation of Disability Inventory (PEDI). By employing a computer adaptive testing format, it tailors the assessment to each child's ability level.</p> <p>Two versions that differ in the average number of items administered exist: a PEDI-CAT Speedy (less than 10 items per domain) and a PEDI-CAT Content-Balanced (less than 30 items per domain) version.</p> <p>The PEDI-CAT (ASD) is a specific module that has been adapted and validated for use in children and adolescents with autism spectrum disorder.</p>
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<b>Ages</b>	The PEDI-CAT is designed for children and young people from birth to 20 years.
<b>Domains / subscales</b>	The PEDI-CAT has four subscales: Daily Activities Mobility Social/Cognitive Responsibility
<b>Special considerations</b>	The NDIA endorses the PEDI-CAT as a source of evidence for a child's functional capacity assessment.
<b>Cultural adaptation</b>	The PEDI-CAT has been translated and adapted into Brazilian Portuguese and Dutch.
<b>Administration</b>	<p>The PEDI-CAT is administered by a professional through an online version via Pearson's Q-global platform (accessible on computers, tablets, and smartphones).</p> <p><a href="https://qglobal.pearsonclinical.com/qg/au/login.seam">https://qglobal.pearsonclinical.com/qg/au/login.seam</a></p> <p>The PED-CAT is completed by parents, carers or any persons familiar with the child's behaviour.</p> <p>The content-balanced version takes approximately 45 minutes while the speedy version takes about 10-20 minutes.</p>
<b>Training requirements</b>	<p>The PEDI-CAT should be administered and interpreted by a 'User Level B' professional according to the Pearson Clinical Australia qualifications policy. 'User Level B' professional includes special education or social work, or a bachelor's degree in psychology, speech language therapy, occupational therapy, physiotherapy, psychiatry or paediatrics.</p> <p><a href="https://www.pearsonclinical.com.au/ordering/how-to-order/qualifications/qualifications-policy.html">https://www.pearsonclinical.com.au/ordering/how-to-order/qualifications/qualifications-policy.html</a></p> <p>It is highly recommended that professionals review the PEDI-CAT manual prior to administration to understand the administration procedures, content, item intent, response scales, and score interpretation.</p> <p>Pearson Clinical Australia also offers a Pearson's User Level B Accreditation Course that is designed to upskill professionals in education and healthcare in statistical and psychometric foundations, and practical administration and interpretation skills to assist with the administration and interpretation of User Level B assessments.</p>

	<a href="https://www.pearsonclinical.com.au/en-au/c/User-Level-B-Assessment-Training/p/P100051003?productId=A103000360924">https://www.pearsonclinical.com.au/en-au/c/User-Level-B-Assessment-Training/p/P100051003?productId=A103000360924</a>
<b>How to access</b>	<p>In Australia, the PEDI-CAT can be purchased through Pearson Clinical Australia website.</p> <p><a href="https://www.pearsonclinical.com.au/products.html">https://www.pearsonclinical.com.au/products.html</a></p>

# PEDI-CAT Evidence Summary

[Link to PEDI-CAT Reference List](#)

<b>Overview</b>	35 papers were identified that report on the measurement properties of the PEDI-CAT or its use as an outcome measure in the ECI practice setting (2005-2024).
<b>Review papers</b>	<i>No references identified</i>
<b>Measurement properties</b>	<p>The measurement properties of the PEDI-CAT have been tested in 15 studies in the USA (2005-2021) with diverse populations including children with and without disabilities, those in post-acute hospital settings, and children with specific conditions such as cerebral palsy, fragile X syndrome, spinal muscular atrophy, complex medical needs, and children using mobility devices. Studies have examined various measurement properties including reliability, validity (concurrent, construct, convergent, discriminant), responsiveness, and feasibility of administration. The PEDI-CAT has been compared with the original PEDI and other functional measures, with studies exploring item performance, score distributions, and ability to discriminate between functional levels.</p> <p>The measurement properties of the PEDI-CAT speedy version and Vineland-3 have been compared in measuring the functional abilities of young children with neurodevelopmental disorders (Australia, 2020). Longitudinal trajectories on the PEDI-CAT have also been explored compared to Gross Motor Function Classification System (GMFCS) level (2022) and Manual Ability Classification System (MACS) level (2020) for children with cerebral palsy in Australia.</p> <p>The PEDI-CAT Mobility domain has been specifically evaluated for concurrent validity with the original PEDI Functional Skills Mobility Scale (USA, 2012) and for discriminant validity in children who use walking aids or wheelchairs (USA, 2012).</p> <p>The content validity of the PEDI-CAT Speedy Mobility domain has been explored in a retrospective study of children with motor impairment (USA, 2021).</p> <p>Youth perspectives on the PEDI-CAT Responsibility domain have been explored to determine if the way responsibility is defined and measured is meaningful and relevant to youth with developmental disabilities (USA, 2019).</p>



	<p>The reliability, validity and acceptability of the PEDI-CAT (ASD) has been explored in a large Australian sample of autistic children and young people (2024), and two studies of autistic children and young people in the USA (2016).</p>
<p><b>Cultural adaptation papers</b></p>	<p>The PEDI-CAT has been described as theoretically consistent, culturally appropriate, and a reliable instrument following translation and cultural adaptation into Brazilian Portuguese (2016). The measurement properties of PEDI-CAT daily activity and mobility items have been explored in children with cerebral palsy in Brazil (2020) and the measurement properties of the PEDI-CAT content-balanced and speedy version administered via telehealth have also been explored for young people with Down Syndrome in Brazil (2024).</p> <p>The PEDI-CAT has been translated and adapted in the Dutch language and culture, including testing with parents of children and adolescents with and without disabilities (The Netherlands, 2019).</p>
<p><b>Outcome studies in ECI settings</b></p>	<p>The PEDI-CAT has been used as an outcome measure in a randomised controlled trial of home-based virtual reality-enhanced upper limb training in children with brain injury (Korea, 2023).</p> <p>The PEDI-CAT has been used in a feasibility study exploring changes in activity and participation following hippotherapy for children with movement impairments (USA, 2023), in a randomised study comparing two treatment service delivery models in outpatient physical therapy for children with cerebral palsy (USA, 2021), in a pilot study to evaluate the feasibility of implementing technology-based function assessment into early intervention practice (USA, 2018), and in a case series exploring power mobility training for young children with neurodevelopmental conditions (USA, 2016).</p>

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on outcome measure psychometric properties, cultural adaptations, and relevant applications in the ECI practice setting. For complete methodology, see our Methods Explainer.

# PEDI-CAT Reference List

[Link to PEDI-CAT Evidence Summary](#)

## Reviews

No references identified

## Measurement Properties

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# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



This is one measure in the **Outcome Measures for Children** suite. What is measured needs to be based on the priorities and goals of the child. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

### Vineland Adaptive Behaviour Scales (VABS)

<b>Framework Outcomes Statement(s)</b>	<p><b>Children:</b></p> <ul style="list-style-type: none"><li>- interact with family members, other children, and people in the community to build relational skills and connections</li><li>- acquire, develop and generalise new knowledge and skills</li></ul> <p>Provides some information about</p> <ul style="list-style-type: none"><li>- participate and feel they belong in everyday home, community, ECEC and school environments</li><li>- build capacity to regulate their behaviour</li></ul>
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### VABS Overview

<b>General description</b>	<p>The Vineland Adaptive Behavior Scales (VABS) is a comprehensive standardised assessment tool that evaluates adaptive behaviour—a person's ability to carry out everyday activities necessary for personal and social sufficiency.</p> <p>The main purpose of the VABS is to support the diagnosis of developmental disabilities, including intellectual disability, autism spectrum disorder (ASD), and developmental delay. It also serves to develop educational and treatment plans, and monitor progress over time.</p> <p>The current version in use is the Vineland-3, which includes Comprehensive (full-length) and Domain-Level (abbreviated) versions. Each format can be completed with the parent/caregiver and/or the teacher, making it useful to provide a comprehensive view of a child's functioning.</p>
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<b>Ages</b>	The Vineland-3 is designed for individuals from birth to 90+ years with some age restrictions depending on the version and the subscale considered.
<b>Domains / subscales</b>	<p>The Vineland-3 has 4 domains and each includes specific subscales:</p> <ul style="list-style-type: none"> <li>• Communication (Receptive, Expressive, Written)</li> <li>• Daily Living Skills (Personal, Domestic, Community)</li> <li>• Socialisation (Interpersonal Relationships, Play and Leisure, Coping Skills)</li> <li>• (optional) Motor Skills (Fine Motor, Gross Motor).</li> </ul> <p>These domains are combined to produce the Adaptive Behavior Composite (ABC) score.</p> <p>The Vineland-3 also includes an additional optional domain assessing Maladaptive Behavior.</p>
<b>Cultural adaptation</b>	The VABS has been translated and adapted for various cultures and countries. Translations include Arabic, French, Hindi, Spanish and Vietnamese.
<b>Administration</b>	<p>The Vineland-3 can be administered as a semi-structured interview or completed as a parent/caregiver or teacher completed survey.</p> <p>Parents/caregivers and teachers familiar with the child can complete the Vineland-3 survey forms independently (including remotely), but results should be interpreted by 'User Level B' and 'User Level C' professional as indicated in the Pearson Clinical Australia qualifications policy. The Vineland-3 interview is administered by 'User Level B' and 'User Level C' professionals who are familiar with the tool.</p> <p><a href="https://www.pearsonclinical.com.au/ordering/how-to-order/qualifications/qualifications-policy.html">https://www.pearsonclinical.com.au/ordering/how-to-order/qualifications/qualifications-policy.html</a></p> <p>All the versions and formats of the Vineland-3 can be administered using a paper form or online.</p> <p>The administration of the Comprehensive (full-length) Interview version can take up to 90 minutes. Administration time for the Domain-Level (abbreviated) Interview version is approximately 20 minutes, and for Parent/Caregiver and Teacher Forms 10 minutes..</p>
<b>Training requirements</b>	<p>The administration of the Vineland-3 semi-structured interview format requires training and experience.</p> <p>In Australia, the Pearson Clinical website offers on-demand introductory and practical trainings targeted to 'User Level B'</p>

	<p>professionals. On the same website, 'User Level A' can access on-demand or live webinar training for their upskilling for the administration of the Vineland-3, and similar assessments.</p> <p><a href="https://www.pearsonclinical.com.au/en-au/Store/Professional-Assessments/Motor-Sensory/Vineland-Adaptive-Behavior-Scales%2C-Third-Edition/p/P100010149?format=TRAINING">https://www.pearsonclinical.com.au/en-au/Store/Professional-Assessments/Motor-Sensory/Vineland-Adaptive-Behavior-Scales%2C-Third-Edition/p/P100010149?format=TRAINING</a></p>
<b>How to access</b>	<p>In Australia, the Vineland-3 can be purchased through Pearson Clinical Australia website.</p> <p>Pearson Clinical Australia</p> <p><a href="https://www.pearsonclinical.com.au/products.html">https://www.pearsonclinical.com.au/products.html</a></p> <p>Pearson's G-Global</p> <p><a href="https://qglobal.pearsonclinical.com/qg/au/login.seam">https://qglobal.pearsonclinical.com/qg/au/login.seam</a></p>

# VABS Evidence Summary

[Link to VABS Reference List](#)

<b>Overview</b>	30 studies were identified that report on the measurement properties of the VABS, VABS-II or VABS-3 or use as outcome measures in the ECI practice setting (1989-2024).
<b>Review papers</b>	<p>The VABS, VABS-2 and VABS-3 have been included in multiple systematic reviews: as the most used parent-reported communication measures for rare neurodevelopmental disorders (2023); as assessment instruments for executive and adaptive functioning in children in low- and middle-income countries (2022); and as one of three most frequently used tools measuring social skills in children with autism spectrum disorder (ASD) (2021).</p> <p>The VABS-3 has been included in a realist review examining digital administration of multi-domain child development assessment and screening tools for children 0-5 years (2023), and in a scoping review evaluating content validity against International Classification of Functioning Core Sets for Autism (2021).</p> <p>A scoping review identified the VABS-2 as one of three commonly used outcome measures for occupational therapy interventions in preschool children with ASD, mapped to the International Classification of Functioning, Disability, and Health (2024).</p>
<b>Measurement properties</b>	<p>The factor structure and dimensionality of the VABS-3 Comprehensive Interview Form have been evaluated using exploratory and confirmatory factor analyses across different age groups from preschool to adulthood (2022), and specifically in the 11–20-year age range (2021).</p> <p>The VABS-3 has been evaluated for convergent validity as a potential outcome measure for individuals with CLN3 disease (Batten disease) in a prospective observational study (2022).</p> <p>The concurrent validity between the VABS-3 and VABS-II has been evaluated in individuals with neurodevelopmental disabilities, examining reliability and score differences between the two editions and noting care must be taken in interpreting scores from the VABS-3 relative to those obtained from the previous edition (2020).</p>

	<p>The Adaptive Behaviour Composite score of the VABS-II has been evaluated for concurrent validity with patient-centred and caregiver-centred measures of progress in children receiving Applied Behaviour Analysis for autism spectrum disorder (2022), and the VABS-II has been analysed for congruence with the International Classification of Functioning, Disability and Health for Children and Youth (ICF-CY) framework (2013).</p> <p>The VABS has been compared with multiple measures: the Functional Independence Measure for Children (WeeFIM) and Battelle Developmental Inventory Screening Test (BDIST) in children with developmental disabilities (1996); the Bayley Scales' Mental Development Index in high-risk infants aged 12 months suspected of developmental delay (1992); and the AAMD Adaptive Behavior Scale-School Edition for autistic children and adolescents aged 8 to 18 years (1986).</p> <p>The VABS Interview Form has been evaluated for sensitivity to change in measuring adaptive functioning of preschool children with ASD over a two-year educational program (1994), while the reliability and construct validity of the VABS Survey Form have been evaluated in children and adolescents with intellectual disability across different levels of functioning (1999). The VABS has been evaluated as a comprehensive measure of functional outcomes in extremely low-birthweight children (1995).</p>
<b>Cultural adaptation papers</b>	<p>The VABS-II has been translated to Hindi and adapted for use in evaluating 3 to 9 year-old Indian children, with findings revealing differences in scores based on urban/rural setting and socioeconomic status (India, 2016).</p> <p>The VABS has been translated and adapted to form the Vietnamese version (VVABS) for use with preschool-age children, demonstrating acceptable reliability and validity when used with typically developing children and those with intellectual disabilities (Vietnam, 2009).</p> <p>An Arabic version of the VABS-II has been validated for measuring adaptive behaviours of children aged 2-9 years in the Palestinian context through comparison with the Portage scale domains in both high-risk and typically developing children (Palestine, 2020).</p> <p>The VABS-II has been translated from English to French following standard cross-cultural translation methods with</p>



	norms established for the French population based on data from over 1,600 questionnaires (France, 2021).
<b>Outcome studies in ECI settings</b>	<p>The VABS-3 has been used as part of an assessment battery to evaluate the accuracy of novel telehealth instruments for autism assessment in toddlers aged 17-36 months (USA, 2023) and as a primary outcome measure in a randomised clinical trial comparing a modular approach (MAYAC) with comprehensive behavioural intervention for young autistic children aged 18-60 months (USA, 2022).</p> <p>The VABS-II has been used in randomised controlled trials (RCTs) to evaluate parent-mediated interventions, including as a secondary outcome measure for infants aged 9-14 months showing early behavioural risk signs of autism spectrum disorder (Australia, 2019), and to measure the impact of parent training on adaptive behaviour in young children with ASD and disruptive behaviour (USA, 2016).</p> <p>The VABS-II Socialisation subscale has been used to model longitudinal reciprocal associations between social competence and language pathways in young children aged 2-4 years recently diagnosed with ASD (Canada, 2015) and to measure outcomes in preschool children with ASD receiving the Early Start Denver Model in a community group setting (Australia, 2013).</p> <p>The VABS has been used to measure adaptive behavioural functioning in young children with ASD receiving different forms of early teaching interventions over a 10-month period (UK, 2010) and to assess general adaptive behaviours in relation to language and motor development in preschool children with autism (USA, 2008).</p>

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# VABS Reference List

[Link to VABS Evidence Summary](#)

## Reviews

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# National Best Practice Framework for Early Childhood Intervention

## Outcome Measures for Children



This is one measure in the **Outcome Measures for Children** suite. What is measured needs to be based on the priorities and goals of the child. The **Decision-Making Guide** can support your choice, and the **Measurement Overview** provides information about choosing and using outcome measures.

### Young Children's Participation and Environment Measure (YC-PEM)

<b>Framework Outcomes Statement(s)</b>	<b>Children:</b> <ul style="list-style-type: none"><li>- participate and feel they belong in everyday home, community, ECEC and school environments</li></ul>
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### YC-PEM Overview

<b>General description</b>	The Young Children's Participation and Environment Measure (YC-PEM) is a measure designed to evaluate the participation of young children in various activities and the environmental factors that influence their participation. The YC-PEM assesses participation across home, daycare/preschool, and community settings.
<b>Ages</b>	The YC-PEM is designed for children aged 0 to 5 years.
<b>Domains / subscales</b>	<p>The YC-PEM consists of Participation Scales and an Environment Scale.</p> <p>The YC-PEM Participation Scales have three subscales: Frequency of Participation, Level of Involvement and Desire for Change.</p> <p>The YC-PEM Environment Scale has one subscale: Environmental Support.</p>
<b>Cultural adaptation</b>	The YC-PEM has been translated into Brazilian Portuguese, Chinese, French (Canadian), German, Hebrew, Italian, Japanese, Serbian, Spanish and Turkish.

<b>Administration</b>	<p>The YC-PEM is a parent-report survey that takes approximately 20-30 minutes to complete. It is a paper-based scale, self-administered or administered via parent interview by healthcare professionals or researchers.</p> <p>The YC-PEM has been piloted as an electronic patient-reported outcome (e-PRO) in the ECI practice setting.</p>
<b>Training requirements</b>	<p>No specific training is required to administer the YC-PEM.</p> <p>Professional development opportunities, including video tutorials explaining how to use the YC-PEM, are available from CanChild.</p> <p><a href="https://www.canchild.ca/en/resources/223-young-children-s-participation-and-environment-measure-ycpem">https://www.canchild.ca/en/resources/223-young-children-s-participation-and-environment-measure-ycpem</a></p>
<b>How to access</b>	<p>The YC-PEM is available for purchase through the CanChild website as a downloadable PDF. A single license allows service providers to make unlimited copies, while educational institutions and healthcare organisations can purchase multi-user licenses.</p> <p><a href="https://www.canchild.ca/en/shop/23-yc-pem-young-children-s-participation-and-environment-measure">https://www.canchild.ca/en/shop/23-yc-pem-young-children-s-participation-and-environment-measure</a></p>

# YC-PEM Evidence Summary

[Link to YC-PEM Reference List](#)

<b>Overview</b>	14 studies were identified that report on the measurement psychometric properties of the YC-PEM or use the tool as an outcome measure in the ECI practice setting (2015-2024).
<b>Review papers</b>	A systematic review examining the psychometric properties of participation measures, including the YC-PEM, for infants and toddlers aged birth to 23 months concluded further research is needed to establish sound participation measures (Australia, 2021).
<b>Measurement properties</b>	<p>The psychometric properties of the YC-PEM have been reported for North American caregivers of children with and without developmental delays and disabilities across three studies (2015). These studies demonstrated acceptable internal consistency, mixed test-retest reliability, and evidence of construct and concurrent validity.</p> <p>The feasibility, acceptability, and value of implementing the YC-PEM as an electronic patient-reported outcome measure (YC-PEM e-PRO) in early intervention settings has been evaluated (2020).</p>
<b>Cultural adaptation papers</b>	The YC-PEM has undergone cultural adaptation and psychometric testing for children with and without disabilities in multiple countries, including Germany/Austria/Switzerland (2024), China (2021), Singapore (2016, 2018), Sweden (2018), Turkey (2024), and with historically minoritized populations in the USA including Black, non-Hispanic caregivers of children in early intervention (2023), and caregivers of Mexican descent with special health care needs (2017). These studies have examined various aspects of reliability, validity, and cultural equivalence, with most adapted versions demonstrating acceptable psychometric properties.
<b>Outcome studies in the ECI practice setting</b>	The YC-PEM e-PRO has been used as an outcome measure in evaluating the relationship between early intervention service intensity and young children's home participation (USA, 2020).

This Evidence Summary was developed with rapid synthesis methods, combining a comprehensive PubMed search, augmented literature identification, and dual reviewer screening. It represents a living resource that maps key evidence on

measurement properties, cultural adaptations, and relevant applications in the ECI practice setting for each outcome measure. For complete methodology, see our Methods Explainer.

# YC-PEM Reference List

[Link to YC-PEM Evidence Summary](#)

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