

You have choices for  
**cervical**  
**screening**

Kara was in  
control of her  
own test

self-swab



# Did you know cervical cancer is preventable?

Early detection through routine screening could save your life.

Women and people with a cervix aged 25–74 should have a **Cervical Screening Test** every 5 years.



Diala felt more comfortable doing her own test in private

Your doctor can do the test, or you can do it yourself using a simple swab.



It's your Cervical Screening Test. **Own It.**

Talk to your doctor next time you're due.

Vivian found the test quick and easy to do

NATIONAL  
**CERVICAL SCREENING**  
PROGRAM

A joint Australian, State and Territory Government Program



ownit.org.au

