



Australian Government

Department of Health, Disability and Ageing

# Roadmap Annual Progress Report 2024



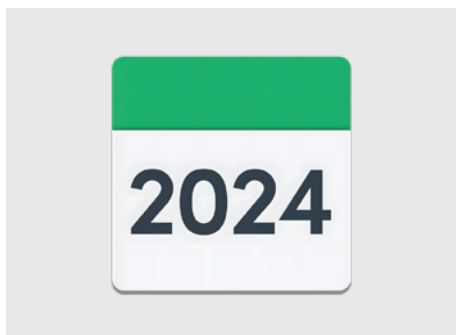
**Easy Read**

[www.health.gov.au](http://www.health.gov.au)

# Roadmap Annual Progress Report 2024



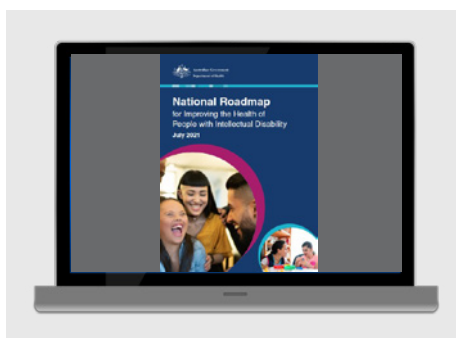
This is the **annual progress report** about the Roadmap.



An **annual progress report** says what we did about the Roadmap in 2024.



The **Roadmap** is a plan to make health care better for people with intellectual disability.



To read about the Roadmap go to this website  
**[www.bit.ly/national-roadmap](http://www.bit.ly/national-roadmap)**

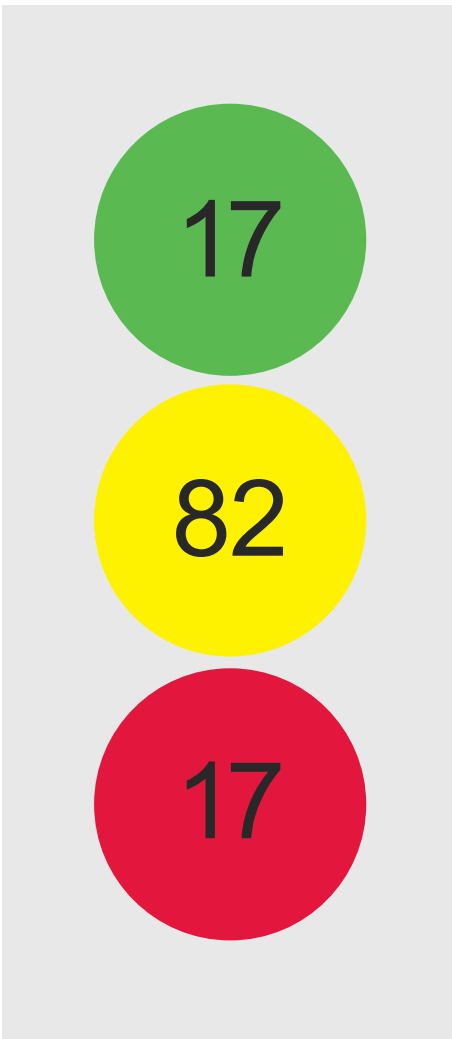


The roadmap has goals we want to work on.



The Roadmap has 116 **actions**.

**Actions** are things we want to do for the goal.



By the end of 2024 we had

- Finished 17 actions
- Started 82 actions
- Not started 17 actions.

## Goal A Better support



This goal is about better support for people with intellectual disability, their families and carers.

## What we are doing for goal A



A new version of **Julian's Key** was made for Queensland.



**Julian's Key** is a way to give health workers information about

- Your health
- Your disability
- What support you want in hospital.

## Goal B1 Making health care better



Goal B1 is about the right health care for each person with intellectual disability.

## What we are doing for goal B1



There is a new guide for health workers.



The guide will help them give the right health care to people with intellectual disability.



The **Australian Commission on Safety and Quality in Health Care** made the guide.



They also made a factsheet about **polypharmacy**.



**Polypharmacy** is when a person has to take lots of medications.

## Goal B2 Using more Medicare Benefits Schedule services



Goal B2 is about the **Medicare Benefits Schedule**.

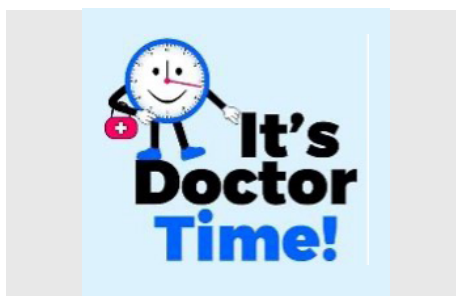


The **Medicare Benefits Schedule** is a list of health services the government can help you pay for.

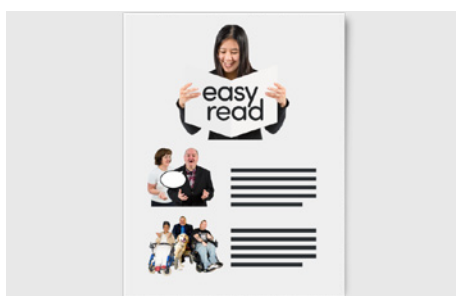
## What we are doing for goal B2



Inclusion Australia made some information about yearly health checks called **It's Doctor Time!**.



**It's Doctor Time!** helps remind people with intellectual disability to have a big health check every year.



You can also get It's Doctor Time in Easy Read and in other languages.



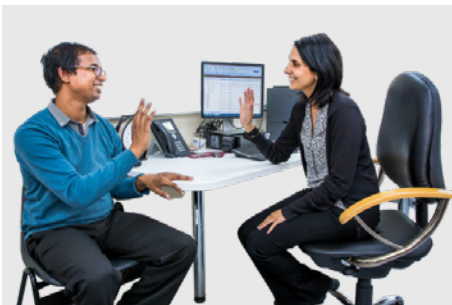
## Goal B3 Making different types of health care work well together



Goal B3 is about people being able to see the right health workers for their health care.



We want the health workers to work well together.



People with intellectual disability should also be able to see the same doctor each time.

## What we are doing for goal B3



The government has been working with some **Primary Health Networks**.

We say **PHN** for short.





**PHNs** help to make local health services like the doctors better.



A Sydney PHN came up with an easy way to remind people about yearly health checks.



Tasmania PHN has been helping train health workers.



The training shows what young people with intellectual disability need as they get older.

## Goal B4 Working together with other government services



Goal B4 is about working together with other government services.



People with intellectual disability use different government services.



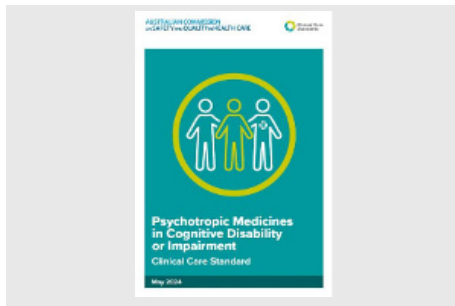
This might be services for things like

- Health
- Housing.



We want different government services to work well together.

# What we are doing for goal B4

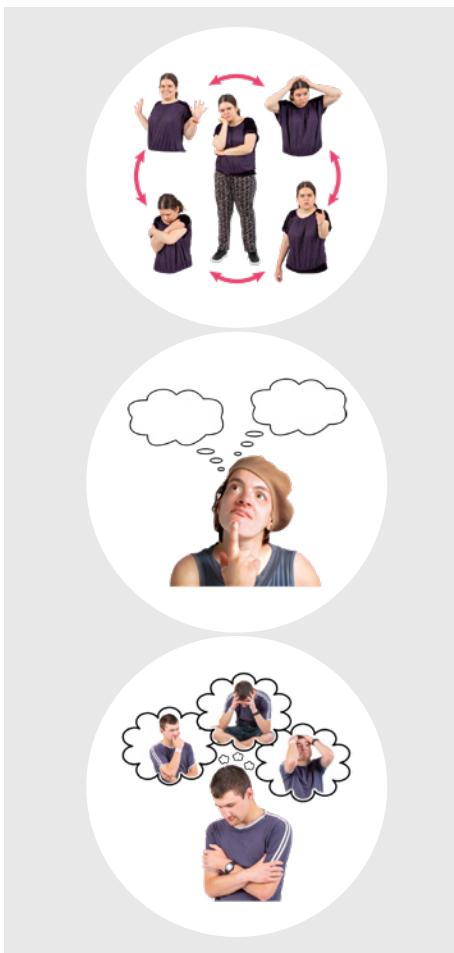


The Australian Commission on Safety and Quality in Health Care made a **clinical care standard**.

We will say **standard** for short.



This standard helps doctors give **psychotropic medicines** to people with intellectual disability in a safe way.



**Psychotropic medicines** help people change how they

- Feel
- Think
- Act.

## Goal C Supporting health care workers to provide better care



Goal C is about health workers giving good care to people with intellectual disability.

## What we are doing for goal C



The government made a guide to help teach health students.



The guide teaches them how to support people with intellectual disability well.



People with intellectual disability and their families helped make this guide.



The **National Centre of Excellence in Intellectual Disability Health** did some projects.

We say **the Centre** for short.



The Centre is doing **research** to find out what people with intellectual disability need when they get sick.



**Research** means finding out new things about something.



This research will help health services give better care for people with intellectual disability.



The Centre is making the **Knowledge Exchange Hub**.



The **Knowledge Exchange Hub** is a website with lots of health information.



It will help people with intellectual disability get the health information they need.

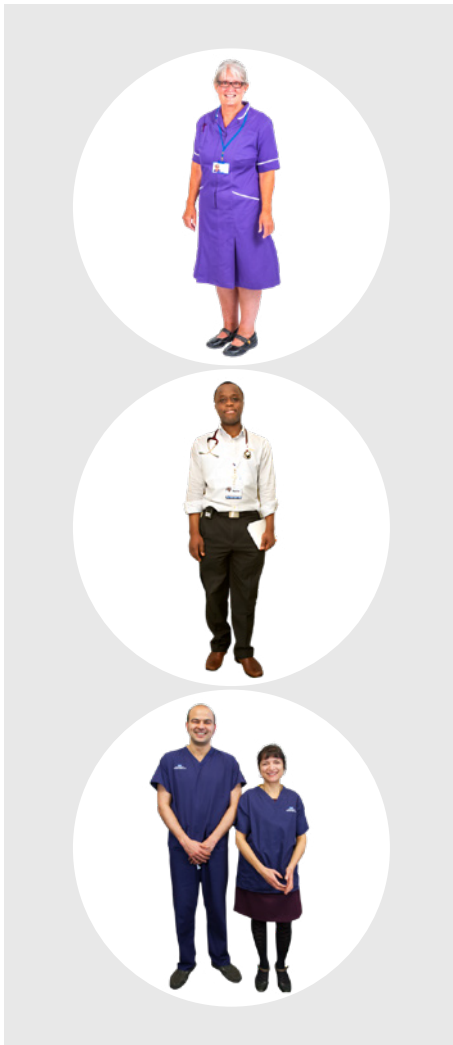


People with intellectual disability helped make the Knowledge Exchange Hub.



The Centre asked health workers to join the **National Intellectual Disability Clinician Network**.

We say the **Network** for short.



The Network has different health workers from all over Australia like

- Nurses
- Doctors
- Dentists.



They will share how to give good health care to people with intellectual disability.



## Goal D Better oral health for people with intellectual disability

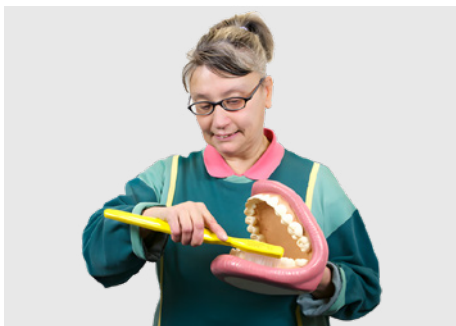


Goal D is about better **oral health** for people with intellectual disability.



**Oral health** is about looking after your teeth and gums.

## What we are doing for goal D



In Victoria disability support workers got training about oral health.



The training helps them support people with intellectual disability look after their

- Teeths
- Gums.



The training was also for disability support workers in disability housing.



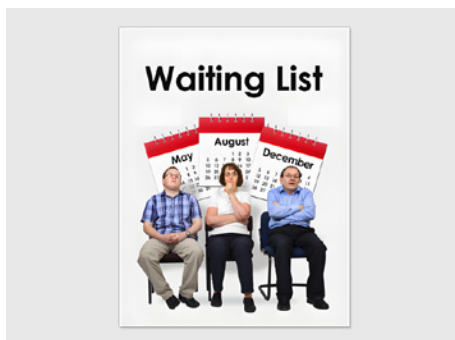
Some people with intellectual disability need **sedation** before a dentist can look at their teeth.



**Sedation** is when someone gets medicine to help them stay calm.



To have sedation people usually need to be in hospital.



This often means people have to wait a long time to get their teeth fixed.



Dentists in Tasmania can give people sedation in places that are not hospitals.



This helps people with intellectual disability get the dental care they need faster.

## Goal E Collecting information to make health care better



We want more information on how people with intellectual disability use health care.

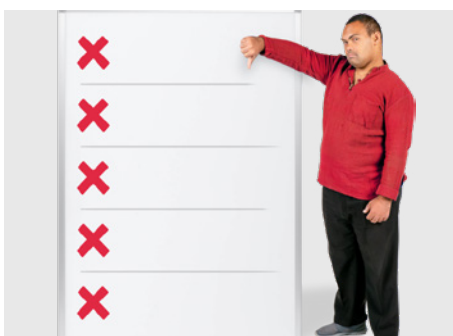


This information will help make health care better for people with intellectual disability.

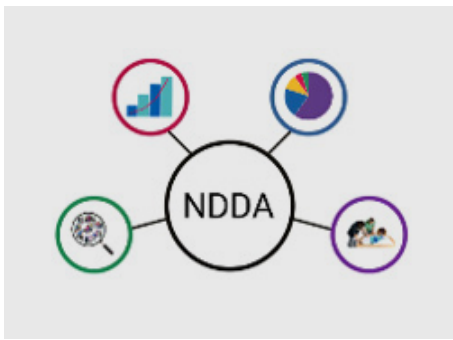
## What we are doing for goal E



Governments want to know what health services people with disability need.

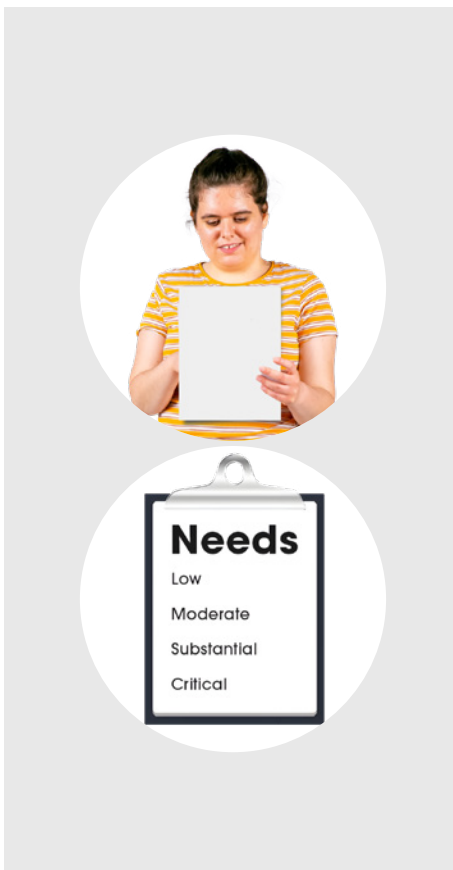


This will help them know what health care is missing for people with disability.



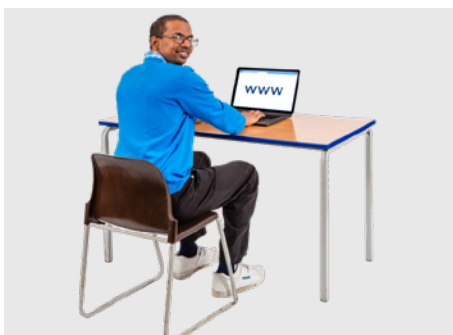
This is why the **National Disability Data Asset** is important.

We say the **NDDA** for short.



The **NDDA** has information on what services people with disability

- Use
- Need.



For more information about the NDDA you can go to

**[www.ndda.gov.au](http://www.ndda.gov.au)**

Researchers have done study on things like



- What it is like for people with intellectual disability in hospitals



- How to support nurses to do yearly health checks for people with intellectual disability



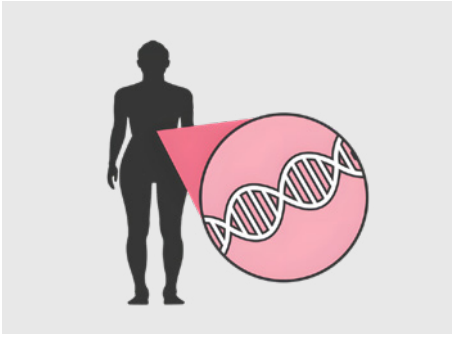
- How to make sure children with intellectual disability get the health services they need



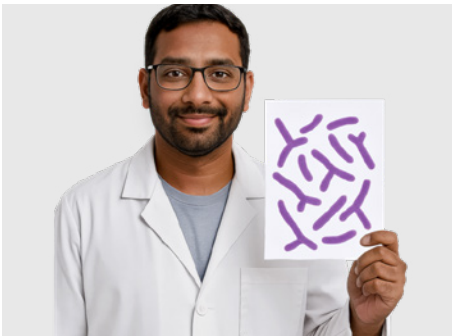
- Better health for Aboriginal and Torres Strait Islander people with intellectual disability



- What health care people need if they have a **genetic condition**.



A **genetic condition** happens if a **gene** changes.



**Genes** are things in your body that make you the way you are.



## Goal F Giving health care during emergencies



We want to make sure we can give health care during emergencies like COVID-19.

## What we are doing for goal F



The government made a **toolkit** to help people with disability in emergencies.

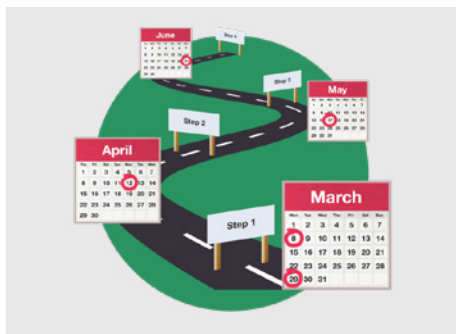


A **toolkit** is a set of resources that help people get things done.



This toolkit helps people with disability take part in making plans for emergencies.

## Goal G How we are doing what we said we would



There are things we need to do to make sure the Roadmap is being done.



Writing this report is one of the things we need to do.

## What we are doing about goal G



The **Roadmap Implementation Governance Group** checks what happens with the Roadmap.

We call it the **RIGG** for short.



The RIGG has 3 meetings a year to talk about the Roadmap.



The RIGG wrote about things in the Roadmap that have not been started yet.



The intellectual disability focus group gave advice about Roadmap projects.



You can ask questions about the Roadmap report.



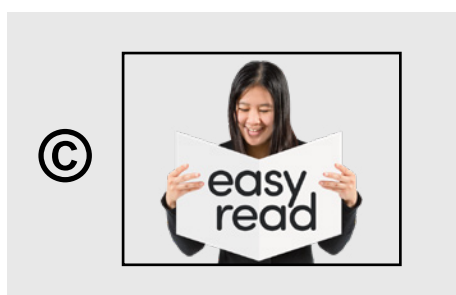
You can send an email to

**[RIGG.Secretariat@health.gov.au](mailto:RIGG.Secretariat@health.gov.au)**

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