



Types of pregnancy care

During your pregnancy, you'll receive care from a range of healthcare professionals.

In your first pregnancy appointment, your chosen healthcare provider(s) will discuss the different types of care available, depending on where you live and your health needs. The different types of care are sometimes called 'models' of care.

Your healthcare provider or team are there to support you and can answer any questions you have about your pregnancy, including the potential cost and type of care that would be best for you.

Types of pregnancy care in Australia include:

GP care - you see your GP throughout your pregnancy.

Midwife care - you see one midwife or a team of midwives.

Private obstetrician and GP - you see your GP regularly, with specific visits to an obstetrician.

Private obstetrician or private midwife care - you see your private obstetrician or midwife during your pregnancy.

Public hospital care - you see hospital doctors and midwives throughout your pregnancy.

Shared care - you see several health professionals throughout your pregnancy, such as GPs, midwives, other primary care health professionals, specialist obstetricians and hospital practitioners.

Other health professionals may also play a role in your pregnancy care. These can include:

- Aboriginal health workers
- Bilingual or multicultural health workers
- Child and family health workers
- Nutritionists/dietitians
- Psychologists
- Physiotherapists
- Social workers
- Diabetes educators
- Drug and alcohol workers
- Sonographers.

Your rights are important

- You have the right to explore different types of pregnancy care to find the one that suits you best.
- You have the right to ask for a different care provider at any time, and to make a complaint against a provider.
- You have the right to ask for a language interpreter at any time. You can ask your chosen healthcare provider(s) to arrange this.
- You have the right to bring a support person or family member to any of your appointments.



To learn more visit
health.gov.au/pregnancy-information-resources
or scan the QR code.

These resources provide general information about pregnancy care. They are based on the best practice, evidence-based Australian Pregnancy Care Guidelines. You can use them to discuss your own pregnancy care with your healthcare provider(s) and decide together what is best for you.