

Family guide

Growing and learning



Easy Read

About this information

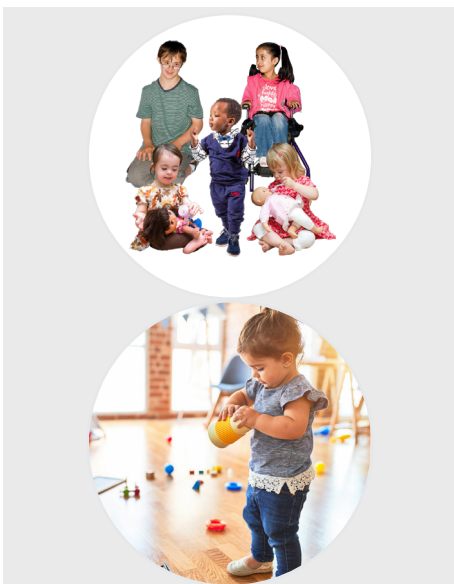


This information is about **early childhood intervention**.

We call it **ECI** for short.



ECI is a type of support for your child if they are younger than 9 years old.



Your child might need ECI if they have a

- Disability
- **Developmental delay.**



A **developmental delay** is when a child needs more time to learn and grow.

ECI activities and services can support your child to



- Grow strong



- Make friends and play with others



- Enjoy their life.



They will also work with you and the whole family.

There might be a team of ECI workers who support your child with different things like



- Talking



- Playing with others



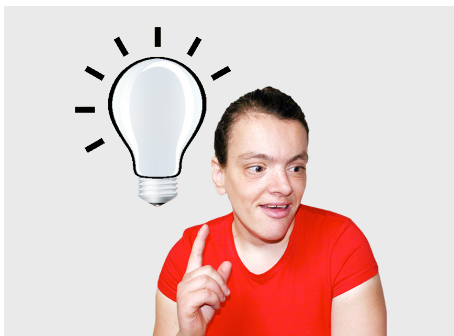
- Moving their body



- How they think and feel.

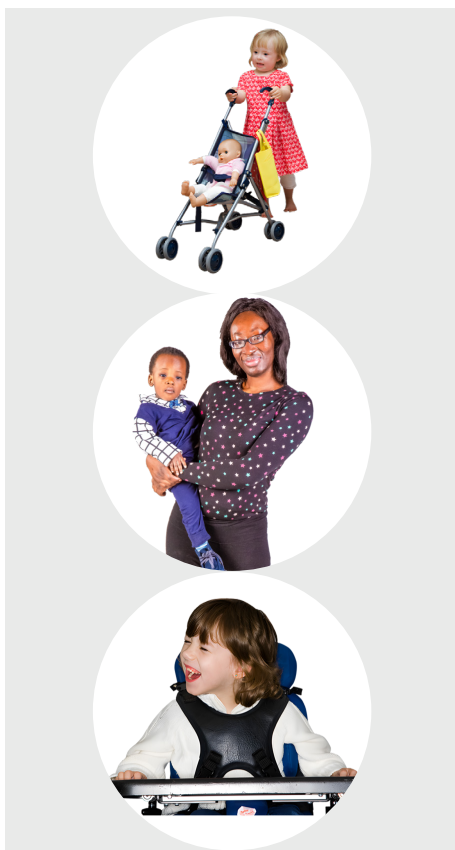


There are some easy ways you can support your child with ECI every day.



We will talk about some ideas next.

Things you can do every day



It is good to spend time every day with your child

- Playing
- Cuddling
- Laughing.



Do things your child knows how to do at first.



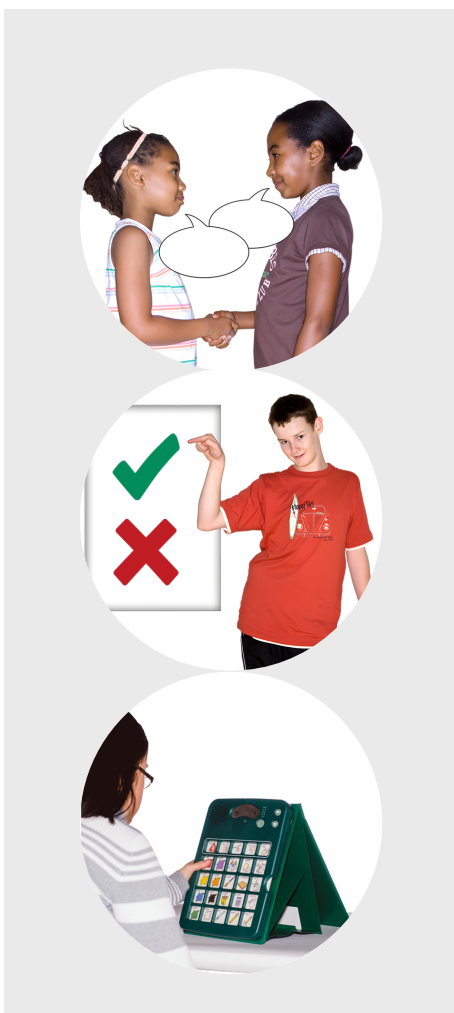
Then add new things so they can learn.



Talk with your child.



Look and listen to what they tell you.



They might

- Use words
- Point to things they choose
- Use pictures to show what they need.



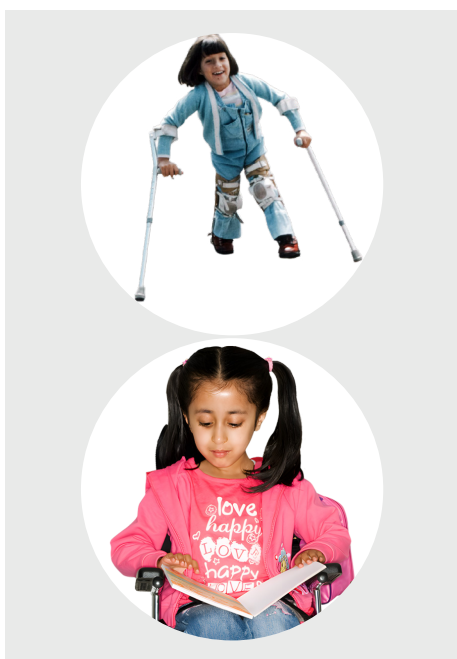
It is good to practice new skills at the same time as things they do every day like eating meals.



This is the best way for them to learn new skills.



Think about changes you could make at home or school to support your child.

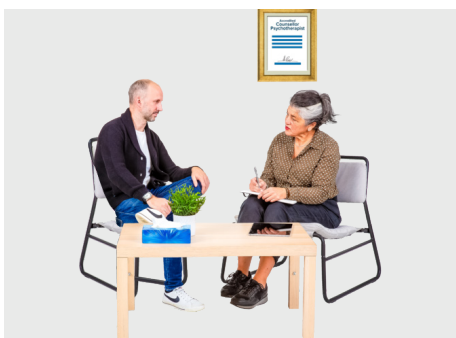


This could be using new things so they can

- Choose to sit or stand
- Show what they need.



You know your child best.



You should tell ECI workers what you think works for your child.



This is so your child gets the best support.



It is important to do things to look after yourself.



Try to make time for the whole family to have fun or relax.



It can be a big help to meet other families like yours.



This could be in person or online.

More information



This guide was made as part of a project to make a **National Best Practice Framework for Early Childhood Intervention**.

We will say **Framework** for short.



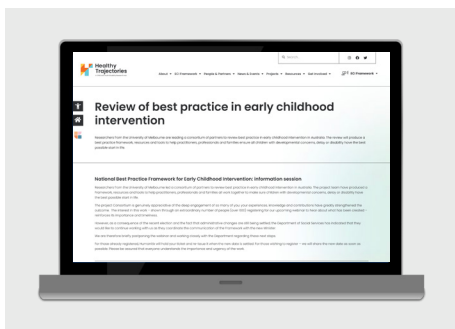
The **Framework** was made to help you know what ECI will be like.



The Framework will help you feel confident to work well with services.



It will help you feel confident to work out what is best for your child.



To to look at the Framework you can go to

www.healthy-trajectories.com.au/eci-framework



The Framework is not in Easy Read.

Council for Intellectual Disability made this document Easy Read. **CID** for short.
Email CID at **business@cid.org.au** if you want to use any of the pictures.