# Training checklist – older people, their families and carers

Use this to identify the modules that suit your needs and track your completion.

| Training Module | Date Available | Duration | Owner/Contact | Status |
| --- | --- | --- | --- | --- |
| **Module 1:** Your guide to the *Aged Care Act 2024*: Understanding and adaptingUnderstand how the aged care system will change, (including operations, processes, cultural safety, and workforce practices) to align with the requirements of the Act. This module provides a structured approach to implementation readiness, to ensure that older people, their families and carers, service providers and aged care workers can integrate changes. If you prefer reading or referring to a document, training content can be [downloaded as a document](https://www.health.gov.au/resources/publications/your-guide-to-the-act-understanding-and-adapting-facilitator-learning-package). | Now | 20-30 minutes | Department of Health, Disability Ageing educationnewact@health.gov.au  | [ ] Not started[ ] In progress[ ] Complete |
| **Module 2:** Aligning to changes – implementing the *Aged Care Act 2024*Learn how to interact with in the new aged care system, including operations, processes, and workforce practices to align with the requirements of the Act. It provides a structured approach to implementation readiness to ensure that older people, their families and carers, service providers and administrators can integrate changes.If you prefer reading or referring to a document, training content can be [downloaded as a document](https://www.health.gov.au/resources/publications/your-guide-to-the-act-understanding-and-adapting-facilitator-learning-package). | Now | 20-30 minutes | Department of Health, Disability Ageing educationnewact@health.gov.au  | [ ] Not started[ ] In progress[ ] Complete |
| **Module 3:** What good care looks like in practiceHow your rights are put into action in everyday care and services. It empowers you to recognise best practice, speak up about concerns, and make informed choices in an aged care system that is changing to better support you.If you prefer reading or referring to a document, training content can be [downloaded as a document](https://www.health.gov.au/resources/publications/your-guide-to-the-act-understanding-and-adapting-facilitator-learning-package). | August 2025 | 20-30 minutes | Department of Health, Disability Ageing educationnewact@health.gov.au | [ ] Not started[ ] In progress[ ] Complete |

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