



Let's yarn about ageing well



Aged care assessments and kinship care

Everyone has the right to culturally safe aged care that respects their identity and culture.

Kinship caring is important to our families and community. But sometimes kinship carers need some support too. Getting an aged care assessment or accessing services shouldn't have to impact your caring arrangements.

I am a kinship carer for my family – can I still access aged care?

Yes, if you are aged 50 years and over and you need help in your home. Aged care can help you to keep caring for your family as you get older.

How can I get help about my kinship care arrangements?

There are options to help you make decisions as an aged care recipient and kinship carer. You can:

- seek legal advice from Aboriginal and Torres Strait Islander Legal Services (ATSILS).

Call (07) 3025 3888 or visit atsils.org.au

- get advocacy from the Older Persons Advocacy Network.

Call 1800 700 600 or visit opan.org.au

- get advice or support from Carers Australia.

Call 1800 422 737 or visit carersaustralia.com.au.



ATSILS are Aboriginal, community-controlled organisations that offer free, culturally appropriate legal assistance and advice to Aboriginal and Torres Strait Islander people.

[Check your ATSILS provider](#) in your state or territory for more information.

For more information:

- Go to [MyAgedCare.gov.au](https://myagedcare.gov.au)
- Call My Aged Care on **1800 200 422**
- Visit your local Services Australia office.