



Australian Government
Department of Social Services

Do you want to move out of residential aged care?

Options for younger people

An Easy Read fact sheet



How to use this fact sheet



The Australian Government wrote this fact sheet.
When you see the word 'we', it means the Australian Government.



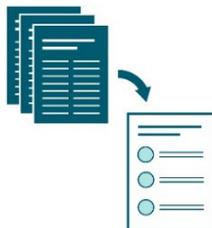
We wrote this fact sheet in an easy to read way.
We use pictures to explain some ideas.

Not bold
Bold

We have written some words in **bold**.
This means the letters are thicker and darker.



We explain what these words mean.
There is a list of these words on page 13.



This Easy Read fact sheet is a summary of another fact sheet. This means it only includes the most important ideas.



You can find more information on our website at www.dss.gov.au/disability-and-carers/programmes-services/for-people-with-disability/younger-people-with-disability-in-residential-aged-care-initiative



You can ask for help to read this fact sheet.
A friend, family member or support person may be able to help you.

What's in this fact sheet?

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What is this fact sheet about?



Residential aged care is where older Australians live when they can't live in their home anymore.



Residential aged care is for people over the age of 65.



We know that some people under the age of 65 need to live there.

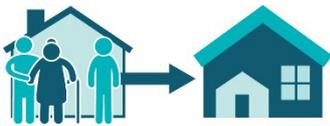
But this doesn't happen very often.



We don't want any people under the age of 65 living in residential aged care if they don't need to.



Younger people can't always get what they need in residential aged care.



In this fact sheet, we explain what help you can get if you:



- are under 65 years old
- live in residential aged care
- want to find a new home.



We also explain what happens if you want to stay in your residential aged care home.

What help can you get?

If you are an NDIS participant



The **National Disability Insurance Scheme (NDIS)** is a way to support people with disability.



Participants are people with disability who take part in the NDIS.



If you are an NDIS participant, you can get help to find another home.



You can ask your **support coordinator** about what home and living options you might have.

Your support person can help you do this.



A support coordinator is someone who helps NDIS participants plan and use their supports.

You can ask someone from the **National Disability Insurance Agency (NDIA)** to help you work out what:



- support you need



- your home and living options are.



The NDIA manages the NDIS.



You can go to the 'Home and living' page of the NDIS website for help.

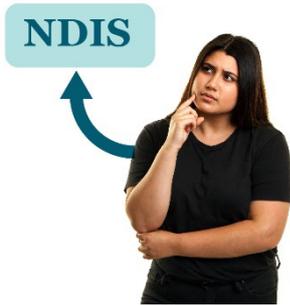
www.ndis.gov.au/participants/home-and-living



You can also call the NDIS.

1800 800 110

If you are not an NDIS participant



You can find out if you can take part in the NDIS.



You can find out more on the NDIS website.

[www.ndis.gov.au/applying-access-ndis/
am-i-eligible](http://www.ndis.gov.au/applying-access-ndis/am-i-eligible)



You can also call the NDIS.

1800 800 110



If you are not an NDIS participant, you can still get help.



We made a program to help younger people:



- who are not NDIS participants
- find better homes.



We call it the Younger People in Residential Aged Care (YPIRAC) System Coordinator Program.

Ability First
Australia



Ability First Australia manage the YPIRAC System Coordinator Program.

They will help you:



- find the support you need



- work out what home and living options you have

NDIS



- find out if you could take part in the NDIS.



If you can take part in the NDIS, they will work with the NDIS to make sure things go well.



You can call Ability First Australia for help.

1800 771 663

What if you want to stay in your residential aged care home?



You can choose to stay in your home.

You will still get support.



If you are an NDIS participant, the NDIA will check in with you.



The NDIA will want to know if you:

- change your mind
- want to find a new home.



If you are not an NDIS participant, Ability First Australia can work with you to find extra supports or services to make your life better.



You can always change your mind.



You can always ask for help to work out other options.

Word list

This list explains what the **bold words** in this document mean.



National Disability Insurance Agency (NDIA)

The NDIA manages the NDIS.



National Disability Insurance Scheme (NDIS)

The NDIS is a way to support people with disability.



Participants

Participants are people with disability who take part in the NDIS.



Residential aged care

Residential aged care is where older Australians live when they can't live in their home anymore.



Support coordinator

A support coordinator is someone who helps NDIS participants plan and use their supports.

Contact us



Phone

1300 653 227



TTY

1800 555 677



Speak and listen

1800 555 727



enquiries@dss.gov.au



www.dss.gov.au

Support for you



If you are an NDIS participant, you can call the NDIA.

1800 800 110



You can also call the NDIS Quality and Safeguards Commission.

They make sure NDIS participants are safe and get good services.

1800 035 544



If you are not an NDIS participant, you can call Ability First Australia.

They manage our Younger People in Residential Aged Care program.

1800 771 663



You can also call the Aged Care Quality and Safety Commission.

They make sure people who live in residential aged care are safe and get good services.

1800 951 822



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