

# Transition of some Disability Support for Older Australians clients into aged care

#### **Client fact sheet**

#### What is changing under the DSOA Program?

From 1 January 2025, the Disability Support for Older Australians (DSOA) Program will refocus to support older people with disability who cannot be supported by the in-home aged care system.

DSOA clients who live at home, access less than \$50,000 per year in funded supports and can receive comparable services in the in-home aged care system need to take steps to transition out of the DSOA Program by 31 December 2024.

On 1 November 2023, the then Department of Health (the department) sent a letter to notify DSOA service coordinators which of their clients will need to transition out of the program.

# I am required to transition out of the DSOA Program by 31 December 2024. What options are available in the in-home aged care system?

Please contact My Aged Care on **1800 200 422** as soon as possible to organise an assessment that will determine which of the following in-home aged care programs will meet your needs:

- Commonwealth Home Support Programme (CHSP), which provides entry-level services
- Support at Home Program, which supports older people with more complex needs to live safely and independently at home.

You can learn more about <u>CHSP</u> and the <u>Support at Home program</u> on the My Aged Care website.

# Will I receive the same level of funding and the same type of supports from in-home aged care?

If you have been identified as meeting the criteria to transition to in-home aged care, this means you already receive services that can be met through the CHSP or Support at Home Program.

You should **not** see a reduction in your services, only a change in the way they are administered.

You will also benefit from greater flexibility to change your services as required and have access to supports that are not available through the DSOA Program.

#### Can I keep receiving services from my existing support workers?

Please discuss your options with your DSOA service coordinator. They will tell you if they can continue to support you when you transition to in-home aged care.

# Are there any exceptions for me to remain in the DSOA Program after 31 December 2024?

We are only transitioning DSOA clients whose individual care needs can be met through the CHSP or with an Support at Home service Classification (Class 1-8).

If an aged care assessment determines that your disability needs cannot be supported through in-home aged care, you will remain in the DSOA program.

The department will consider other exceptions on a case-by-case basis. If you believe that your individual support needs cannot be supported by in-home aged care, speak to your DSOA service coordinator who should assist with this process.

For more information, please email <a href="mailto:CommonwealthDSOA@health.gov.au">CommonwealthDSOA@health.gov.au</a>.

# If I do not want to transition to in-home aged care, what other options do I have?

You have been identified as meeting the criteria to transition to in-home aged care because the services you currently receive can be met through the CHSP or Support at Home Program.

You also have the choice to move to permanent residential aged care. Please contact My Aged Care to organise an aged care assessment to determine your eligibility.

#### What do I need to do and when should I start the transition?

There are wait times for assessments and Support at Home services, so it is important you contact My Aged Care on 1800 200 422 now to schedule an assessment or to join the Priority System.

They can also <u>book a face-to-face appointment with an Aged Care Specialist Officer</u>, available at select Services Australia centres.

Please speak with your DSOA service coordinator if you need assistance with this process.

#### What happens when I contact My Aged Care?

You will need to explain that your DSOA funding is ending on 31 December 2024 and that you would like to apply for the CHSP or Support at Home Program

If this is your first time contacting My Aged Care, they will:

register you to My Aged Care

- conduct an initial screening to determine whether to organise an assessment for:
  - o home supports if your needs can be supported through CHSP, or
  - o an assessment to assess eligibility for other in-home support programs, flexible aged care programs, residential respite or entry into residential aged care.

#### If you are already registered to My Aged Care, they will:

- confirm your details are up to date
- discuss your individual circumstances to determine whether to:
  - o change your aged care services, or
  - if you recently had an assessment that approved you for CHSP or other in-home support program, such as Support at Home, they can:
    - organise a referral to the CHSP, or
    - opt you into the Priority System to await allocation of in-home services.

## I have had an aged care assessment. Do I need to have another assessment?

This depends on when you had your assessment and if your care needs and circumstances have since changed.

If you have recently been approved for in-home aged care services, you may only need to opt into the Priority System to await allocation of in-home supports.

Everyone's circumstances are different, so please contact My Aged Care on **1800 200 422** as soon as possible to discuss your individual circumstances.

# I already receive some services from CHSP or Support at Home. Do I need to have an assessment?

Everyone's circumstances are different. Please contact My Aged Care on **1800 200 422** as soon as possible to discuss your individual circumstances.

Even if you already receive some services through CHSP or another in-home support program, such as Support at Home in addition to your DSOA funded package, you may need to arrange an assessment to ensure you receive a comprehensive assessment that will identify and address your individual care needs and goals.

#### What is involved in an aged care assessment?

An aged care assessment will determine what type of in-home aged care services will meet your individual care needs and may also assess if you are eligible for permanent residential aged care.

Aged care assessments are done in person, at your own home. The assessor will call you to arrange a time to visit.

The assessor will ask you a range of questions to find out what support you need to help you return or keep the level of independence you need to manage your day-to-day life.

If you choose, a family member, friend or carer can be with you during your assessment.

If you need a translator, let your assessor know and they can arrange one.

For more information to prepare for your assessment visit the My Aged Care website.

### How long will I have to wait for an assessment and In-home support services?

Wait times for assessments and services will be different depending on where you live.

If an assessor approves you for In-home support services, you will need to opt into the Priority System and await allocation of services. The Priority System allows for fair allocation of services based on your individual needs and circumstances.

# What happens if I was not allocated in-home support services by 31 December 2024?

To prevent any issues, please contact My Aged Care on 1800 200 422 as soon as possible.

In the event you were not assigned In-home support services by 31 December 2024 due to wait times, your DSOA service coordinator's funding agreement will be extended. This will ensure you continue to receive the support you need while you wait for In-home services.

If required, please ask your service coordinator to outline the circumstances preventing you from being allocated In-home supports in an email to <a href="mailto:CommonwealthDSOA@health.gov.au">CommonwealthDSOA@health.gov.au</a>.

#### Will I need to contribute towards the cost of my care?

You may be required to contribute towards the cost of their care under the CHSP or other In-home aged care programs, such as Support at Home.

Under the CHSP, clients are expected to contribute towards the cost of their care where they have the capacity to do so. More information can be found in the <u>National Guide to the CHSP Client</u> <u>Contribution Framework</u> on the department's website.

Under other In-home aged care programs such as Support at Home, fees are income tested. The fee is different for everyone. It is based on the individual's income, including their pension. Participants who receive a full pension or earn an income of up to \$33,849.40 per year will not pay an income tested care fee. More information about fees under the in-home aged care programs can be found on the My Aged Care website and the Department's website.

#### Easy read fact sheet

We have an Easy Read version of this fact sheet to help you better understand the transition process to in-home aged care.

To access, open the camera application on your mobile phone and hover over the QR code.



# Where can I find more information and who can I contact?

Please discuss your ongoing support requirements with your DSOA service coordinator.

You can also contact the DSOA Program Management Team by emailing <a href="mailto:CommonwealthDSOA@health.gov.au">CommonwealthDSOA@health.gov.au</a>.