



Free training opportunities for aged care workers

Topic	Description of training	Website link	Email for enquires
Aged Care Quality Standards	Information on provider responsibilities under the Quality Standards and examples on how to apply these in context.	Online learning - Alis Aged Care Quality and Safety Commission	education@agedcarequality.gov.au
Aged care volunteer training	Training available to volunteers to make them feel confident in undertaking their role.	Volunteering in aged care Volunteers in aged care training and resource kit	agedcarevolunteer@health.gov.au
ARIIA innovation capability	ARIIA's capability development programs equip the aged care workforce to adapt, apply and	Workforce Capability Development Programs ARIIA	ariia@ariia.org.au

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development programs	implement best practice to solve problems in their organisations.		
Best practice feedback and complaints handling	This module defines best practice when handling complaints and identifies the role both feedback and complaints play in enhancing the quality of care and services.	Online learning - Alis	education@agedcarequality.gov.au
Better lives for residents through innovative education (BERTIE)	Developed by the Victorian Primary Health Networks, this course presents information about recognising early deterioration to help improve the wellbeing of residents in residential aged care.	Online learning - Alis	education@agedcarequality.gov.au
Clinical governance and the Quality Standards	This course introduces key information on clinical governance and its importance.	Online learning - Alis	education@agedcarequality.gov.au
Code of conduct for aged care	This course introduces key information on the code of conduct for aged care and gives examples on how it applies in context.	Online learning - Alis	education@agedcarequality.gov.au
Code of conduct for aged care	Resources and guidance to help workers and providers understand and apply the Code of Conduct for Aged Care.	Code of Conduct for Aged Care	education@agedcarequality.gov.au
COVID 19- Infection Prevention and Control	This course introduces key information on infection prevention and control.	Online learning - Alis	education@agedcarequality.gov.au
Culturally and linguistically diverse aged care	Partners in Culturally Appropriate Care (PICACs) provide face-to-face and online workshops, training and information sessions, and resources.	Partners in Culturally Appropriate Care (PICAC)	picac.secretariat@mac.org.au

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	They help ensure aged care staff have the skills and knowledge to meet the needs of CALD older people in their care.	Centre for Cultural Diversity in Ageing resources	
Dementia care	Dementia Training Australia has a suite of learning modules, including accredited vocational education and foundational training, delivered online and face to face.	Dementia Training Australia (DTA), Free online courses and resources Learning Pathways (dta.com.au)	N/A
Dementia care	The Dementia Respite Education and Mentoring Project (DREAM) provides online learning and mentoring support for workers providing dementia respite care.	Dementia Respite Education and Mentoring (DREAM)	dream@utas.edu.au
Diversity education	The Planning for Diversity workshops promote more inclusive aged care services for older people from diverse and marginalised groups. They are beneficial for aged care staff responsible for quality improvement, service planning and compliance. Includes e-learning modules and face-to-face workshops	Diversity education - OPAN	enquiries@opan.org.au
Equip Aged Care Learning Packages	A series of short online learning modules covering a range of aged care topics, including dementia, palliative care, hearing health, oral health, wound management and cross cultural awareness.	Equip Aged Care Learning (utas.edu.au)	equiplearning@utas.edu.au
Everyone has a story – delivering culturally inclusive care	This course explains the considerations in providing culturally inclusive care to aged care people from culturally and linguistically diverse (CALD) backgrounds.	Online learning - Alis	education@agedcarequality.gov.au

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Financial and prudential standards	This training suite helps providers understand their responsibilities under the Prudential Standards and about holding and refunding refundable deposits. It demonstrates how provider responsibilities might be met in aged care contexts.	Online learning - Alis	education@agedcarequality.gov.au
Food and nutrition	Residential aged care providers, chefs, cooks and food service staff can take part in the Maggie Beer Foundation's free education and training to improve food and nutrition in aged care homes.	Maggie Beer Creating an Appetite for Life	nutritioninagedcare@health.gov.au
Food, nutrition and dining	Education that covers key information on eating, drinking and nutrition in aged care and offers support on associated challenges.	Online learning - Alis	education@agedcarequality.gov.au
Governing for reform in aged care	The program supports governing body members, leaders and emerging leaders to strengthen corporate and clinical governance capabilities and enact critical reform.	Governing for Reform in Aged Care Program	education@agedcarequality.gov.au
Grief and bereavement	Fact sheets and resources to support Australians, including older Australians, going through grief.	Resources - Grief Australia My Grief App - Grief Australia	info@grief.org.au
Intellectual disability mental health	A range of resources for health professionals including a core competency framework and online modules to build knowledge and skills to provide quality health care to people with an intellectual disability.	Health & Mental Health Professionals Department of Developmental Disability Neuropsychiatry (3DN) (unsw.edu.au)	nceidh@unsw.edu.au

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LGBTIQ+ aged care awareness training	Silver Rainbow promotes awareness and provides training in delivering inclusive aged care services to older people in the LGBTIQA+ community.	Silver Rainbow: LGBTIQ+ aged care awareness training	info@lgbtiqhealth.org.au
Mental Health Professional Online Development (MHPOD) Portal	A free web-based tool, designed for mental health and health professions to increase their knowledge and understanding of various mental health subject matter.	Learning Portal (mhpod.gov.au)	help@mhpod.gov.au
Mindset dementia care	MINDSET educates interpreters about dementia and its impact on cognitive and linguistic ability. It explains the tools and strategies used to assess and diagnose dementia.	MINDSET training	mindset@nari.edu.au
National Hand Hygiene Initiative	This training provides hand hygiene education for clinical, non-clinical and dental healthcare workers and students.	Online learning - Alis	education@agedcarequality.gov.au
Palliative care	Palliative care education and training programs for workers.	Palliative care education and training	palliative.care@health.gov.au
Restrictive practices	Resources and guidance to help workers and providers to understand the requirements for the use of a restrictive practice in residential aged care.	Restrictive practices provider resources	education@agedcarequality.gov.au
Serious Incident Response Scheme	Resources and guidance to help providers work effectively under the SIRS.	SIRS provider resources	education@agedcarequality.gov.au
Strengthened Aged Care Quality Standards	Resources and guidance to help prepare for the strengthened Aged Care Quality Standards.	Strengthened Quality Standards	education@agedcarequality.gov.au

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Suicide Prevention for Seniors Program	Learn how to support an older person experiencing thoughts of suicide. This program assumes no prior knowledge in mental health.	Suicide Prevention for Seniors Program Anglicare	N/A
Supporting forgotten Australians and care leavers	Provides training on respectful and inclusive conversations with older people from a background of trauma. Provides practical skills to navigate sensitive intake conversations.	Sensitive Intake Conversations – Helping Hand	info@helpinghand.org.au
Telehealth	Developed by the Victorian Primary Health Network, this program helps providers understand the benefits of telehealth in a range of contexts, set up effective logistics, support and infrastructure to enable best practice.	Online learning - Alis	education@agedcarequality.gov.au
Telehealth training for aged care	Staff who provide services to Commonwealth-funded residential aged care homes can access training on how to deliver safe and effective telehealth services.	Information - Residential Aged Care Training - PHN Telehealth Training Program	execoffice@phncooperative.org.au
The Serious Incident Response Scheme (SIRS)	This education suite supports staff in both residential and home care to use their incident management systems to capture and manage SIRS incidents. It helps people understand SIRS reportable incident types and how to identify and respond to these.	Online learning - Alis	education@agedcarequality.gov.au
Trauma training - Forgotten Australians, Stolen	An introduction to the impacts of childhood trauma for people entering aged care. It focuses on the experiences of Forgotten Australians, Stolen	Trauma Training – Helping Hand	info@helpinghand.org.au

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Generations, Former Child Migrants	Generations, Former Child Migrants and people affected by forced adoption.		
Trauma-informed Care	Short videos about Trauma-Informed Care (TIC) and grief. TIC can help improve day-to-day interactions with residents and create an environment that feels safe for everyone.	Aged Care Managers - Phoenix Australia Aged Care Workforce - Phoenix Australia	N/A
Welcome to aged care	This course supports people who are new to the aged care sector understand key information and relationships.	Online learning - Alis	education@agedcarequality.gov.au

Let's change aged care together

We invite Australians to continue to have their say about the aged care reforms.



Visit agedcareengagement.health.gov.au



Phone **1800 318 209** (Aged care reform free-call phone line)

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